

# Shabos Table Discussion

## Week Four | March 25 -30

LETTER #22 (#6805) | SHABBOS 3 NISSAN - MARCH 25

*Printed in Igros Kodesh, Vol. 18, pp. 317-319*

### The Meaning of Pesach

*In a public letter to all Jews everywhere, the Rebbe explains one of the messages of Pesach: in a short amount of time one can experience a radical transformation from one extreme to the other.*

**Conversation Starter:** Why do you think it is important to know that not only can a person experience complete transformation but that it can happen in a very short amount of time?

LETTER #23 (#6809) | SUNDAY 4 NISSAN - MARCH 26

*Printed in Igros Kodesh, Vol. 18, pp. 323-324*

### To a Young Woman Seeking Friendship

*The Rebbe gives advice to a young woman who finds it difficult to make friends in her new seminary.*

**Conversation Starter:** Why do you think the Rebbe tells the letter writer to think about the fact that everyone is imperfect including herself? Why should she think about her own lack of perfection?

LETTER #24 (#6845) | MONDAY 5 NISSAN - MARCH 27

*Printed in Igros Kodesh, Vol. 18, pp. 357-358*

### Committing to Grow a Beard

*The Rebbe encourages a father who has recently committed to grow a beard and advises him not to be intimidated by scoffers.*

**Conversation Starter:** Why is "Do not be ashamed before the scoffers" the foundation of all Torah observance?

LETTER #25 (#6847) | TUESDAY 6 NISSAN - MARCH 28

*Printed in Igros Kodesh, Vol. 18, p. 359*

### Dealing with Intrusive Thoughts

*The Rebbe gives advice to a mother who experiences pervasive, unwanted thoughts about calamity and disaster.*

**Conversation Starter:** How does one not fight a negative thought? Can you explain what that means?



LETTER #26 (#6857) | WEDNESDAY 7 NISSAN - MARCH 29

Printed in Igros Kodesh, Vol. 18, pp. 369-370

### Why Do Others Have It Easier?

The Rebbe gives a new perspective to a young man who complains that his peers who are not religious seem to be more successful in life than him.

**Conversation Starter:** The Rebbe told the letter writer that the answer to his own question was to be found in his own letter. Have you ever been able to figure out how a question you are asking already contains the answer?

LETTER #27 (#6922) | THURSDAY 8 NISSAN - MARCH 30

Printed in Igros Kodesh, Vol. 18, pp. 441-442

### Taking a Financial Leap of Faith

The Rebbe advises a philanthropist to take a financial risk that will ultimately increase his ability to give more charity.

**Conversation Starter:** The Rebbe said that it is known that his general approach to things is to behave in a broadminded manner. What are some examples from your experience or the experiences of others where demonstrating "breitkait" was instrumental in achieving success?

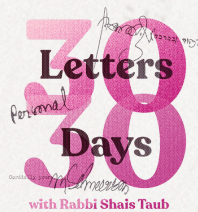
LETTER #28 (#6987) | THURSDAY 8 NISSAN - MARCH 30

Printed in Igros Kodesh, Vol. 18, pp. 515-516

### Moshe & Mashiach

The Rebbe responds to a question from Reb Yankel Katz of Chicago regarding the teaching that Moshe Rabbeinu and Mashiach are the same person.

**Conversation Starter:** In this letter, the Rebbe explains that the body is compared metaphorically to the clothing of the soul but that the metaphor is not exact. What is the purpose of the metaphor if it is not completely the same as the idea being described?



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