

# Shabos Table Discussion

## Week Two | March 11-16

LETTER #8 (#6562) | MOTZEI SHABBOS, 18 ADAR - MARCH 11

Printed in Igros Kodesh Vol. 18 pp 61

### How to Reach the Youth

*The Rebbe writes to an Israeli judge about the secret to reaching the younger generation in Israel. Even when Jews have been uprooted from their tradition, the connection to Judaism is still present inside their souls.*

**Conversation Starter:** Have you ever encountered a Jew who had little to know Jewish education or knowledge? Were you able to make a successful connection with this Jew? What did you try?

LETTER #9 (#6611) | SUNDAY 19 ADAR - MARCH 12

Printed in Igros Kodesh Vol. 18 pp 109-110

### Don't Compromise in Kashrus of Children's Food

*The Rebbe writes to a mother about her dilemma over whether to give her children food that may not be up to her usual standards of Kashrus.*

**Conversation Starter:** Do you think some people would be hesitant to write to the Rebbe to ask how to deal with a child who is a picky eater? Why or why not?

LETTER #10 (#6639) | MONDAY 20 ADAR - MARCH 13

Printed in Igros Kodesh Vol. 18 pp 137-138

### Gratitude Increases Your Blessings

*The Rebbe responds to a woman who says that her life has never been good and she therefore expects that it will never be good.*

**Conversation Starter:** Have you ever observed that your attitude can actually affect your situation? Can you share a specific example?

LETTER #11 (#5563) | TUESDAY 21 ADAR - MARCH 14

Printed in Igros Kodesh Vol. 18 pp 151-152

### A Yeshiva Student's Guide to Identifying the Yetzer Hara

*A newly observant Yeshiva student complains that his current Yeshiva is not living up to his expectations and says he wants to leave. The Rebbe gives him another way of looking at things.*

**Conversation Starter:** Have you ever been able to change your perception of a situation in the way that the Rebbe is advising this young man to do? What happened?

LETTER #12 (#6743) | WEDNESDAY 22 ADAR - MARCH 15

Printed in Igros Kodesh Vol. 18 pp 242-243

## Connecting to a Loved One Who Has Passed Away

*The Rebbe comforts a couple who lost their son and gives them direction on how to best benefit the departed's soul.*

**Conversation Starter:** Why do you think the Rebbe tells the letter writer that she should stop thinking about how her son passed away and that will be to the benefit of his neshama in gan eden?

LETTER #13 (#6745) | THURSDAY 23 ADAR - MARCH 16

Printed in Igros Kodesh Vol. 18 pp 244-245

## Overcoming Feelings of Failure and Guilt

*The Rebbe helps a young man overcome his feelings of failure and guilt so that he can move on and plan a future for himself.*

**Conversation Starter:** The Rebbe tells the letter writer that if he can find objective people to tell him that he for sure is unqualified to teach, then he should look into a different field, but the Rebbe also says that his opinion is that the letter writer is qualified to teach. Why do you think the Rebbe even suggests that the letter writer get other opinions when the Rebbe has already made his own opinion clear?

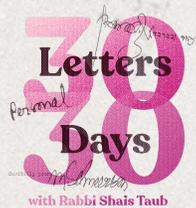
LETTER #14 (#6747) | THURSDAY 23 ADAR - MARCH 16

Printed in Igros Kodesh Vol. 18 pp 246-248

## Moshe's Eternal Influence

*The Rebbe writes to the administration of the Chabad yeshiva in Montreal on the occasion of the yearly fundraising event and explains to them the eternal and enduring role of Moshe Rabeinu.*

**Conversation Starter:** How does the knowledge that Moshe Rabeinu is still actively involved in our lives affect the way you live your life? Do you think this is an important idea in general? What difference does it make to you?



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