

SALTED. *On the Harbor* lunch

to start
one won't do... have a few

Crispy Asian Brussels Sprouts

wok-fired brussels sprouts,
general tso glaze, nori dust 12

Eggplant Meatballs

Spicy "nonna" style marinara 12

Tuna Poke Nachos

mango-cucumber salsa, ginger, smashed
avocado guacamole, cucumber wasabi sauce,
crispy wonton chips & pickled jalapeños 22

Maryland Crab cakes

crispy vegetables, wasabi crème 20

Spicy Blackbean Hummus

insanely good blackbean hummus with a kick,
grilled pita & crudité 14

Short Rib Sliders (2)

cherry pepper mayo, pepper jack cheese 14

salads

add chicken 8 / shrimp 16 / steak 16 / salmon 14

Shaved Brussel Caesar

shaved brussel sprouts, mixed greens,
parmesan cheese croutons, asiago cheese,
citrus caesar vinaigrette 14

Ahi Tuna (Sushi) Bowl

smashed avocado, cucumbers, carrots, chipotle
mayo, mango, wasabi cucumber sauce 26

Mediterranean

grilled salmon, hummus, baby kale, cucumber,
tomato, red onion, smashed avocado, crumbled
feta, crispy falafel, white balsamic dressing 26

Honest Bowl

grilled chicken, ancient grains, brussels sprouts,
roasted beets, edamame, arugula, avocado,
roasted corn, pepitas, lemon vinaigrette 20

SALTED. Greek Salad

cucumbers, red onions, tomatoes, feta cheese,
jalapeños, tzatziki sauce, lemon vinaigrette
served over toasted pita 16

Spring Salad

fresh strawberries, sliced almonds, cucumbers, feta,
red onion, spring mix, house dressing 14

SALTED. Burrito Bowl

mexican rice, black beans, pico de gallo, queso
fresco, guacamole, jalapeños, sour cream 14

California Cobb

marinated grilled chicken, bacon, crumbled hard
boiled egg, roasted corn, avocado, tomatoes,
edamame, cucumbers, crumbled bleu cheese,
basil-lemon vinaigrette 20

Edamame Guacamole (V)

edamame, avocado, cilantro pesto,
toasted pepitas, tortilla chips 14

Lawbsta Fries

butter poached lobster, truffled
lobster crème, melted cheese curds,
sour cream, applewood
smoked bacon, scallions 26

Tempura Asparagus Fries

truffle parmesan aioli 12

Jumbo Wings

buffalo or BBQ Jerk (6) 16

SALTED. Mac n Cheese

just get it.....14

soups

New England Clam Chowder

northport maritime festival best chowder
contest winner... for good reason 10

French Onion Soup

Our ridiculously good french onion soup 12

tacos tacos tacos

add mexican skillet :

rice, beans, pico de gallo, queso fresco 9

***Seared Pepper-Crusted Ahi Tuna**

cucumber wasabi sauce, shredded red &
white cabbage, pineapple mango salsa 2 / 24

Chipotle Chicken

adobo braised chicken, melted pepperjack,
tomato salsa fresca, avocado crema 2 / 16

Buffalo Cauliflower

bleu cheese, shredded carrot
and scallion 2 / 12

Shrimp Tempura

miso sesame ginger coleslaw, pineapple,
red onion mango salsa 2 / 16

Butter Poached Lobster

butter lobster, charred corn, black beans,
tomato salsa, old bay mayo 2 / 26

Carne Asada

salsa verde, avocado, black bean hummus,
lime crema 2 / 20

mains

Served with choice of side salad, french fries. Truffle fries + 4 substitute soup + 6

SALTED. Lobster Roll

chunk maine lobster, celery,
bibb lettuce, tarragon mayo mp

Iceberg-er Stack

sirloin-shortrib patty, tempura sweet
potato, frizzled onions, truffle parmesan aioli,
iceberg cups, choice of side 22

The Thick Chick

crispy chicken thigh, sticky peach hot sauce,
low country slaw, bread and butter pickles
on toasted brioche 18

***Sliced Steak Sandwich**

sliced steak, caramelized onions, melted
pepperjack, cured tomatoes, arugula,
hot cherry pepper mayo 22

Callie Chicken Club

Chicken breast, avocado, bacon, lettuce,
tomatoes, herbed mayo 18

Fish n Chips

beer battered halibut, coleslaw, fried
pickle chips, malt vinegar 24

*Consuming raw or undercooked meats, fish, shell fish, or fresh eggs may increase your risk of foodborne illness, especially if you have certain medical conditions