

SALTED. *On the Harbor* lunch

to start

one won't do... have a few

New England Clam Chowder

northport maritime festival best chowder contest winner...for good reason 12

Crispy Asian Brussels Sprouts

wok-fired brussels sprouts, general tso glaze 14

Eggplant Meatballs

Spicy "nonna" style marinara 16

Lawbsta Fries

butter poached lobster, truffled crème, melted cheese curds, sour cream, applewood smoked bacon, scallions 28

French Onion Soup

with frizzled onions 14

Tempura Asparagus Fries

with truffle aioli 16

Tuna Poke Nachos

mango-cucumber salsa, ginger, guacamole, cucumber wasabi sauce, crispy wonton chips & pickled jalapeños 26

Edamame Guacamole (V)

edamame, avocado, cilantro, toasted pepitas, tortilla chips 16

SALTED. Mac n Cheese

just get it 14

Short Rib Sliders (2)

cherry pepper mayo, pepper jack cheese 16

Jumbo Wings

buffalo, chili lime - hot honey or BBQ Jerk (8) 18

salads

wrap it up + 4 with choice of side

add chicken 8 / shrimp 16 / steak 16 / salmon 14

Shaved Brussel Caesar

shaved brussel sprouts, mixed greens, parmesan cheese croutons, citrus caesar vinaigrette 16

Honest Bowl

ancient grains, brussels sprouts, roasted beets, edamame, arugula, avocado, roasted corn, pepitas, lemon vinaigrette 18

California Cobb

bacon, crumbled hard boiled egg, roasted corn, avocado, tomatoes, edamame, cucumbers, crumbled bleu cheese, tossed, basil-lemon vinaigrette 18

SALTED. Greek Salad

cucumbers, red onions, tomatoes, feta cheese, jalapeños, tzatziki sauce, lemon vinaigrette served over toasted pita 18

Ahi Tuna (Sushi) Bowl

smashed avocado, cucumbers, carrots, chipotle mayo, mango, wasabi cucumber sauce 28

Mediterranean

grilled salmon, hummus, baby kale, mixed greens, cucumber, tomato, red onion, sliced avocado, crumbled feta, crispy falafel, lemon vinaigrette 32

sandwiches

Served with choice of side salad or french fries.

Truffle fries + 4

Callie Chicken Club

Chicken breast, avocado, bacon, lettuce, tomatoes, herbed mayo 19

The Thick Chick

crispy chicken thigh, peach hot sauce, low country slaw, bread and butter pickles 24

***Sliced Steak Sandwich**

sliced steak, caramelized onions, melted pepperjack, cured tomatoes, arugula, hot cherry pepper mayo 26

B.L.T.A.

maplewood bacon, avocado, roma tomatoes, lettuce, chipotle aioli, on a croissant 16

Thanksgiving Wrap

fresh cut roasted turkey, stuffing, mashed potatoes, cranberry sauce, gravy & choice of side 22

Chicken Parmesan a la Vodka

breaded chicken cutlet over Cavatappi a la vodka 28

Swiss Bacon Jam Burger Stack

house blend burger, swiss, bacon jam, frizzled onions, portobello "bun", choice of side 26

Fried Cod Sandwich

malt vinegar slaw, tartar sauce, brioche bun, choice of side 24

tacos tacos tacos

made on our signature cheese stuffed white corn tortillas

*add mexican skillet :
rice, beans, pico de gallo,
queso fresco 9*

***Seared Pepper-Crusted Ahi Tuna**

cucumber wasabi sauce, shredded red & white cabbage, pineapple mango salsa 2 /26

Chipotle Chicken

adobo braised chicken, tomato salsa fresca, avocado crema 2 /18

Buffalo Cauliflower

bleu cheese, shredded carrot and scallion 2 /14

Shrimp Tempura

miso sesame ginger coleslaw, pineapple, red onion mango salsa 2 /18

Short Rib

braised shredded beef, cheese sauce, lettuce, jalapeno, chipotle ranch, tortilla shreds 2/22

Voodoo Steak Tacos

Blackened steak, caramelized peppers & onions, jalapeño cheese sauce 2/24

*Consuming raw or undercooked meats, fish, shell fish, or fresh eggs may increase your risk of foodborne illness, especially if you have certain medical conditions