

Holistic wellbeing counselling

Adult consent form

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Holistic wellbeing counselling service collects your information in confidence and only your counsellor has access to this information. The counsellor may discuss your case with her external supervisor in confidence, without releasing your personal information.

Your information will only be shared outside Holistic wellbeing Counselling service if:

- You consent to the information being shared
- The counsellor believes you or someone else at risk of immediate harm
- The counsellor believes your child is being abused/ harm or at risk of abuse/harm
- The counsellor needs to share information for the court

☐ I have understood the information on this consent form

☐ My rights, including my privacy rights have been explained to me in a way that I understand

☐ I know who to talk with Holistic Wellbeing Counselling service if I have any question or concern.

Name and signature of client:	Date:
Name and signature of counsellor:	Date