

## SUBURBAN PULMONARY MEDICINE, P.C.

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### Bronchoscopy Information

Patient's Name: \_\_\_\_\_

Date of Procedure: \_\_\_\_\_ Time: \_\_\_\_\_

Hospital: \_\_\_\_\_ Doctor: \_\_\_\_\_

#### INSTRUCTIONS

Report to the Short Procedure Unit **ONE HOUR** prior to the procedure. Bring a list of your medications and dosages with you to the hospital.

#### **DIET:**

- Nothing to eat or drink after midnight the night before the procedure.
- Clear liquid breakfast (water, tea or apple juice) before 7:00am, then nothing to eat or drink after that time.

#### **BLOOD THINNERS:**

- Stop ALL blood thinners until further notice! This includes Aspirin, Plavix, Coumadin, etc.

#### **INSURANCE:**

- Please check with your insurance company regarding any co-pay due at the time of the procedure.

#### **TRANSPORTATION:**

- You are **NOT** allowed to drive yourself to or from the procedure. Please arrange for a driver for the day of your procedure. **NO EXCEPTIONS** will be made.

## **RESULTS/FOLLOW-UP:**

- The doctor will discuss results once they are received from the pathology labs, this can take a few days. Please call our office with any questions or concerns you may have.

# **Bronchoscopy**

## **A patient's guide**

### **What is a bronchoscopy?**

A bronchoscopy is a test in which a small scope is inserted into your lungs. The scope allows the doctor to look at your lungs and take a tissue sample if needed.

Are there any risks?

There are risks associated with this procedure. You will be asked to sign a consent form. Any questions or concerns should be discussed with the doctor, therapist or nurse. Please inform us if there is a possibility you may be pregnant.

### **Why am I having a bronchoscopy done?**

- Have had an abnormal chest x-ray
- Have been coughing up blood
- Have had difficulty due to buildup of mucus

### **What should I expect during the procedure?**

- You will report to the Short Procedure Unit and from there you will be taken to the GI lab. You will change into a gown, have an IV started and your vitals will be taken. You will be given oxygen and your nose and throat will be sprayed with a numbing medication. You will feel sleepy and the doctor will place a scope through your nose or mouth into your lungs. Your blood pressure and oxygen level will be monitored the whole time.

### **How long does the procedure last?**

- A bronchoscopy takes about one hour.

### **What do I need to do after the procedure?**

You will stay in the GI lab for about 2 hours so they can monitor your vitals. You may feel nausea or headache from the medication given. You may still feel sleepy when discharged and you may need to rest at home. Sometimes you may cough up a small amount of blood or run a mild fever after the procedure. If these symptoms are persistent or you are concerned in any way, please call the doctor. Eat lightly for your first meal, then resume your normal diet and medications.