

**Patient Intake Form**

***Patient Information:***

Last name: \_\_\_\_\_ First Name: \_\_\_\_\_ Sex: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ SSN: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

Zip Code: \_\_\_\_\_ Preferred Contact Phone #: (     ) \_\_\_\_\_ Cell/Home/Work (circle one)

Alternative Phone #: (     ) \_\_\_\_\_ Cell/Home/Work (circle one)

Email: \_\_\_\_\_

Marital Status: Single \_\_\_\_\_ Married \_\_\_\_\_ Divorced \_\_\_\_\_ Widowed \_\_\_\_\_ Domestic Partner \_\_\_\_\_

Employer's Name: \_\_\_\_\_ Occupation: \_\_\_\_\_

Physician's Name: \_\_\_\_\_ Diagnosis: \_\_\_\_\_

Injury: Work or Auto related?    Yes     No    (circle one) If yes, which: \_\_\_\_\_

Allergies or Medical Precautions: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone #: (     ) \_\_\_\_\_

***Insurance Information:***

Insurance Co. Name: \_\_\_\_\_ Policy #: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Primary Policy Holder: \_\_\_\_\_ SS #: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address (if different from above): \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Insured's Employer's Name: \_\_\_\_\_

*I hereby accept responsibility for the cost of this examination or treatment in the event that the insurance company denies this claim.*

***Patient Signature:*** \_\_\_\_\_

**Patient History**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Right or \_\_\_\_\_ Left handed

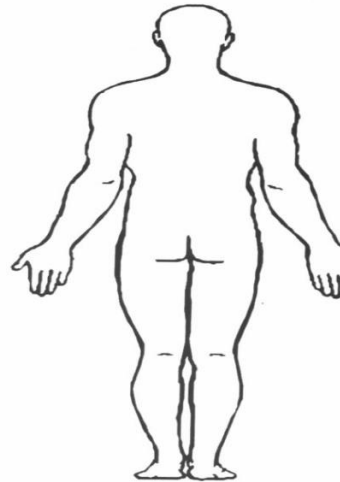
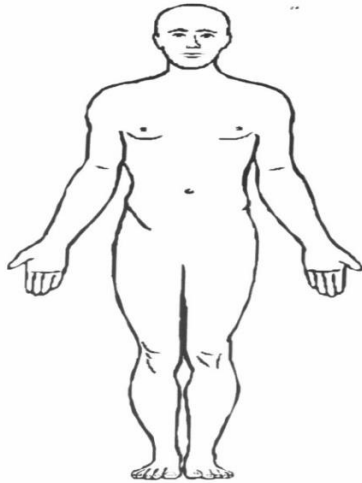
What is your Chief Complaint? \_\_\_\_\_

Where is your problem? Indicate on the body chart. Represent symptoms with the following characters:

*Pain xxx*

*Numbness ooo*

*Tingling zzz*



Indicate the nature of your pain & symptoms: \_\_\_\_\_ Sharp \_\_\_\_\_ Dull \_\_\_\_\_ Piercing \_\_\_\_\_ Shooting \_\_\_\_\_ Aching  
\_\_\_\_\_ Deep \_\_\_\_\_ Superficial \_\_\_\_\_ Tingling \_\_\_\_\_ Numbness \_\_\_\_\_ Intermittent \_\_\_\_\_ Burning \_\_\_\_\_ Stabbing

When and how did this problem begin: \_\_\_\_\_

What makes your symptoms/pain worse? \_\_\_\_\_

What makes your symptoms/pain lessen? \_\_\_\_\_

Rate your pain on a visual scale (0-10) 0 = no pain, 10=excruciating: \_\_\_\_\_

Worst it has been: \_\_\_\_\_ Past 2-4 weeks \_\_\_\_\_ Past 24 hours \_\_\_\_\_ At this moment \_\_\_\_\_

Are your symptoms worse in the: \_\_\_\_\_ Morning \_\_\_\_\_ Afternoon \_\_\_\_\_ Evening \_\_\_\_\_ Inconsistent

Are your Symptoms (circle one):            Improving                      Worse                      Stable

Has this problem affected your daily life or routine? Briefly describe in what ways \_\_\_\_\_

Have you had past similar episodes of this current problem? If yes, were you treated with (circle disciplines, which apply): Physical Therapy, Acupuncture, Medical Doctor (Meds), Massage Therapist, Chiropractor, Pilates, General Exercise, Exercise with trainer, Self-medicated (Advil, Tylenol), ignored it, other, Did they help to alleviate your symptoms? \_\_\_\_\_

Have you undergone any special tests for this condition? (X-rays, MRI's, ETC) If yes, do you know the results: \_\_\_\_\_

Medications (Please write in or provide a list): \_\_\_\_\_

Any Allergies: \_\_\_\_\_

Please answer the following questions:

	Yes	No
1) Do the current problems interrupt your sleep?		
2) Do your symptoms change with coughing or sneezing?		
3) Have you had any recent changes in bowel or bladder function?		
4) Do you experience any dizziness or vertigo?		
5) Have you any recent change in your weight or appetite?		
6) Do you have any bruising or bleeding disorders?		
7) Have you experienced any changes in your vision, such as blurring, double vision, or decrease in your visual fields?		
8) Have you had a recent episode of nausea/vomiting?		
9) Do you have osteoporosis? Date of your last bone scan:		
10) Have you used steroids for any prolonged period of time?		
11) Have you noticed any shortness of breath or decrease in exercise tolerance		
12) Do you have high blood pressure?		
13) Do you have any cardiac problems?		
14) Do you have diabetes?		
15) Have you ever had cancer of any sort?		
16) Do you have a pacemaker?		
17) Are you pregnant (women only)?		

Any other illness, past injuries or medical history I should be aware of? \_\_\_\_\_

Past surgeries \_\_\_\_\_ yes, \_\_\_\_\_ no, give brief details: \_\_\_\_\_

\_\_\_\_\_

### **Social History**

Are you presently working? \_\_\_\_\_ Yes, \_\_\_\_\_ No, since: \_\_\_\_\_

Physical/Emotional demands of present occupation? (High, moderate, minimal) \_\_\_\_\_

\_\_\_\_\_

Sports and Exercise (type, frequency, duration) \_\_\_\_\_

\_\_\_\_\_

Use of Tobacco \_\_\_\_\_ Yes, \_\_\_\_\_ No    Use of Alcohol \_\_\_\_\_ Yes, \_\_\_\_\_ No

### **Family Medical History**

Does anyone in your immediate family (mother, father, siblings) have any history of diabetes, high blood pressure, cardiac problems or cancer? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please list 3 goals you have for Physical Therapy

1) \_\_\_\_\_

2) \_\_\_\_\_

3) \_\_\_\_\_

Who can we thank for this referral? \_\_\_\_\_

# Patient Authorization

## Release of Information & Consent to Treatment

I attest to the fact that all information herein is true and correct. I am aware of my diagnosis and wish to receive treatment at Delmarva PT, its subsidiaries, and/or affiliates. I permit its employees to treat me in ways they judge are beneficial to me. I understand that this care can include an evaluation, testing, and treatment. No guarantees have been made to me about the outcome of this care. I give permission to Delmarva PT, its subsidiaries, and/or affiliates to release information, verbal and written, contained in my medical record, and other related information, to my insurance company, rehab nurse, case manager, attorney, employer, school, related healthcare provider, assignees and/or beneficiaries and all other related persons as it relates to my treatment or payment for services provided. I authorize Delmarva PT, its subsidiaries, and/or its affiliates to obtain medical records and/or professional information from my physician or other medical professional as it relates to my treatment.

## Notice of Privacy Practices (HIPAA Acknowledgement/Consent)

I hereby acknowledge that I am aware of The Notice of Privacy Practices for Delmarva PT, its subsidiaries, and/or affiliates. In addition, I hereby consent to the use and disclosure of my personal health information for the purposes of treatment, payment, and health care operations. Please see associate if you wish to view a copy of The Notice of Privacy Practices

## Assignment of Benefits

I authorize payment directly to Delmarva PT, its subsidiaries, and/or affiliates for services and to bill and release payment directly to Delmarva PT, its subsidiaries, and/or affiliates for any physical therapy services provided. This is a direct assignment of my rights and benefits under this policy. A photocopy of this assignment shall be considered as effective and valid as the original.

I hereby waive any and all claims against Delmarva PT or any other party for any actions carried out in reliance upon the consent and permission granted herein.

*The signature below certifies that I have read and understand the above information.*

\_\_\_\_\_  
Patient or Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Patient Name Printed

\_\_\_\_\_  
Parent or Guardian Name Printed