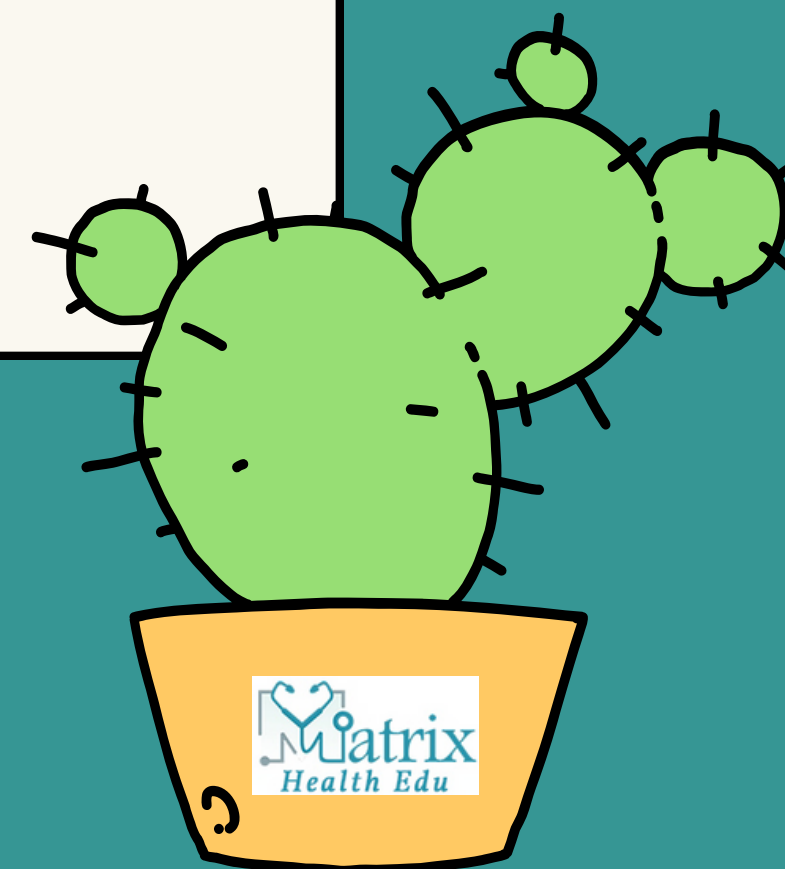


Class Agenda

Home Health Aide

Test and Answers Part 1

1-25





MNMMM'S Matrix Health Edu

Making Health Care Great

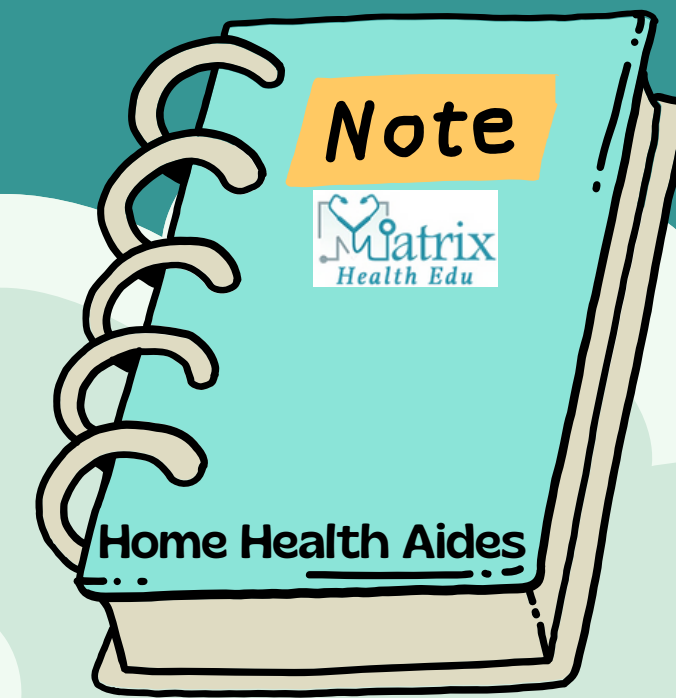
1. Who assists individuals who are chronically ill, elderly, or in need of home caregiving in their homes

Home Health Aides

Families

Therapists

Surgeons



2. Which skilled professional supervises all home health aides?

A doctor

A registered nurse

The client's family

Physical therapist



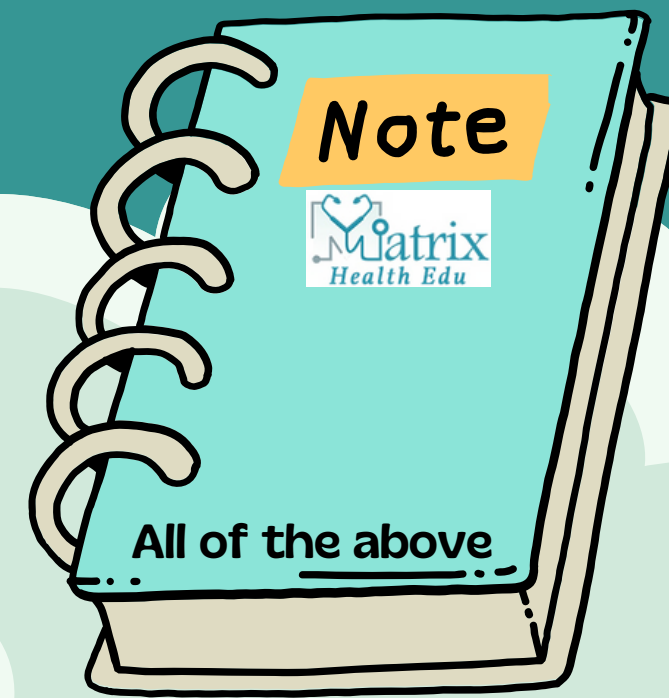
3. What factors increase the risk of falls?

Clutter

Poor lighting

Slippery floors

All of the above



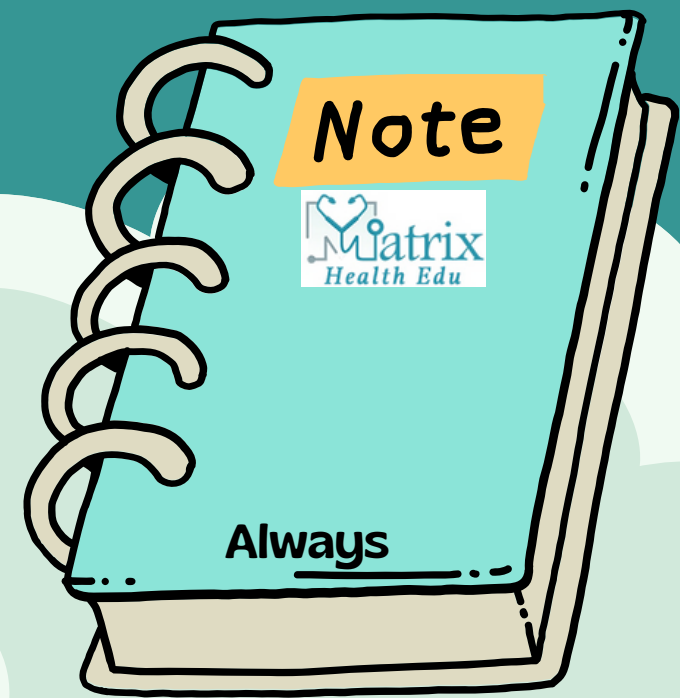
4. Is it important to maintain personal hygiene as a caregiver?

Sometimes

Always

Never

Just on weekends



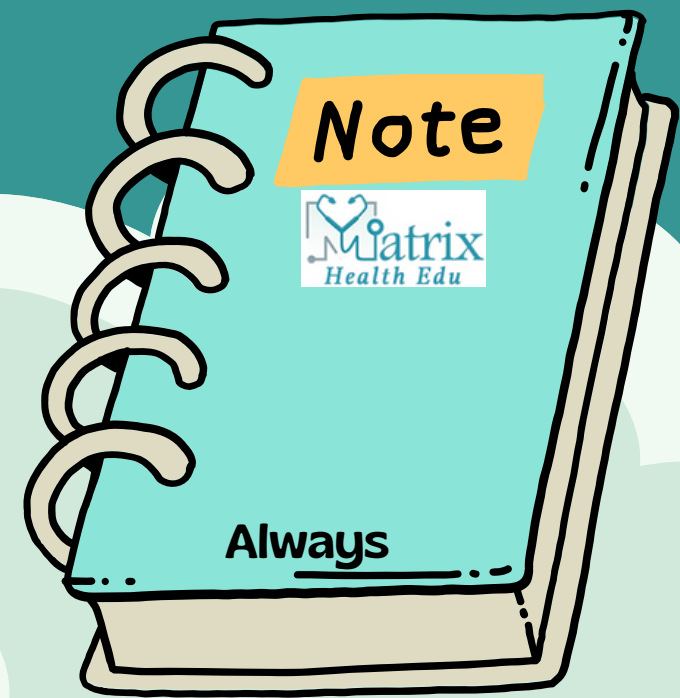
4. Is it important to maintain personal hygiene as a caregiver?

Sometimes

Always

Never

Just on weekends



5. Home health aides help with skills like bed baths, tub bathing, and shower bathing.

True

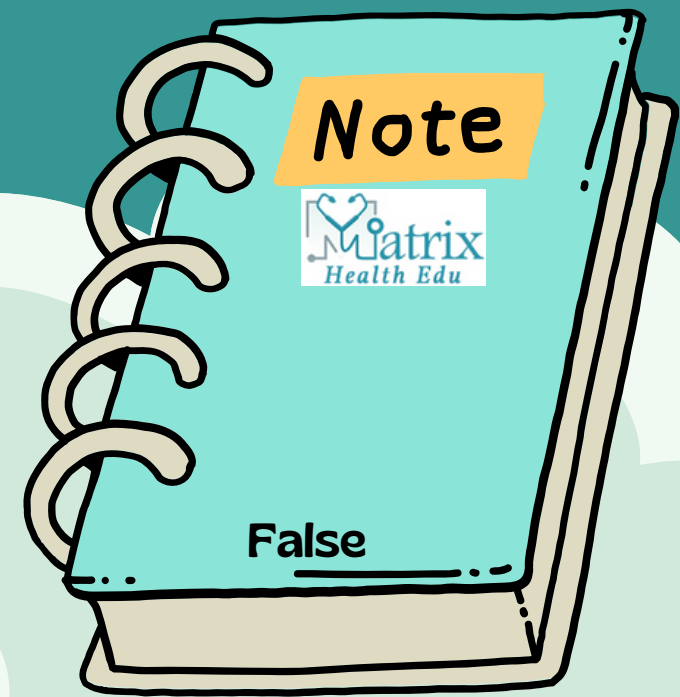
False



6. Should diabetics consume foods rich in sugars?

True

False



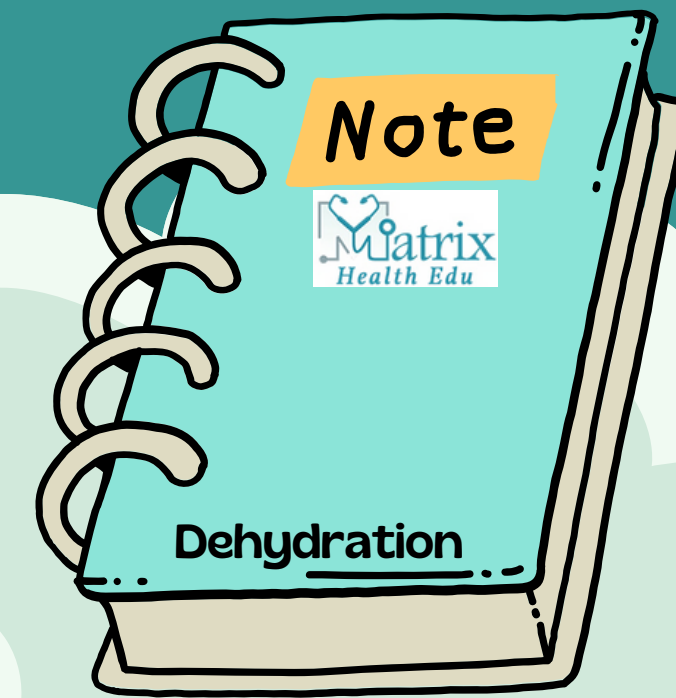
7. What is excessive water loss from body tissue due to insufficient fluid intake called?

Thirst

Anorexia

Malnutrition

Dehydration



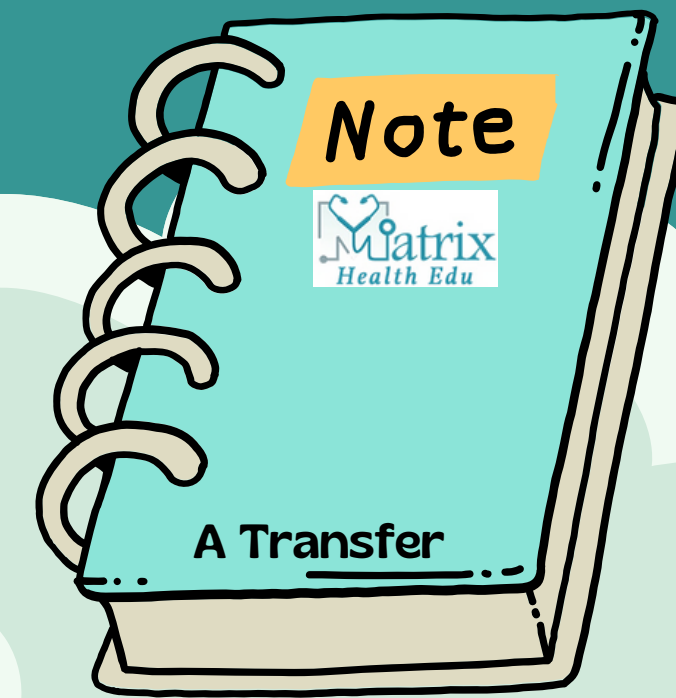
8. What is it called when you move a client from one place to another?

A transfer

Sharing

Lifting

Helping



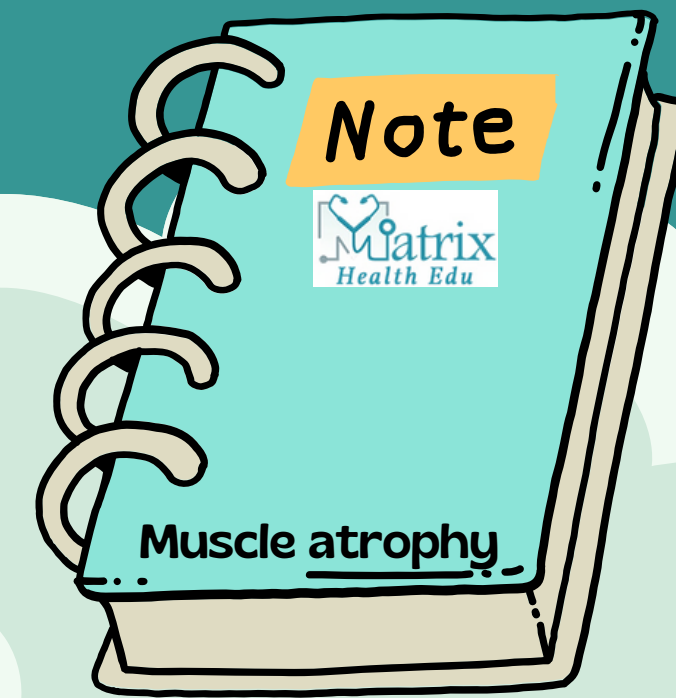
9. What is it called when muscle wasting occurs?

Weakness

Illness

Muscle atrophy

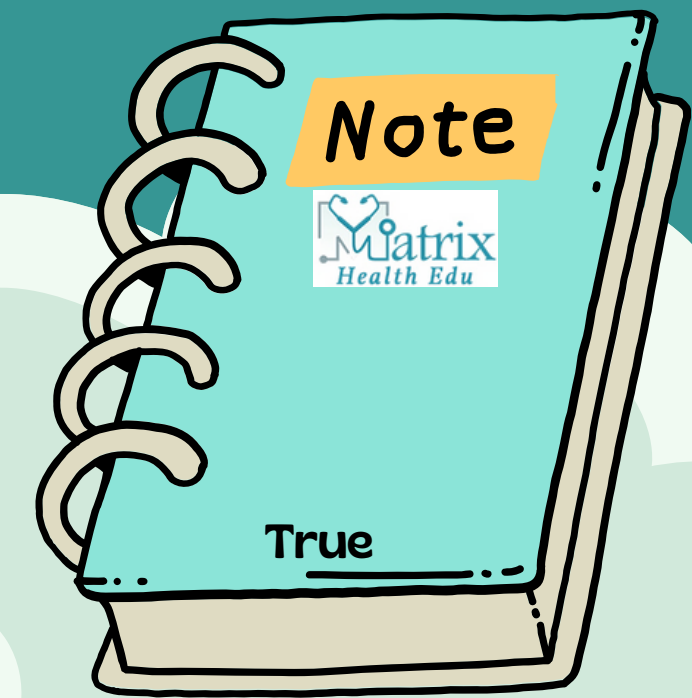
Sickness



10. Can home health aides prepare simple meals in the client's home?

True

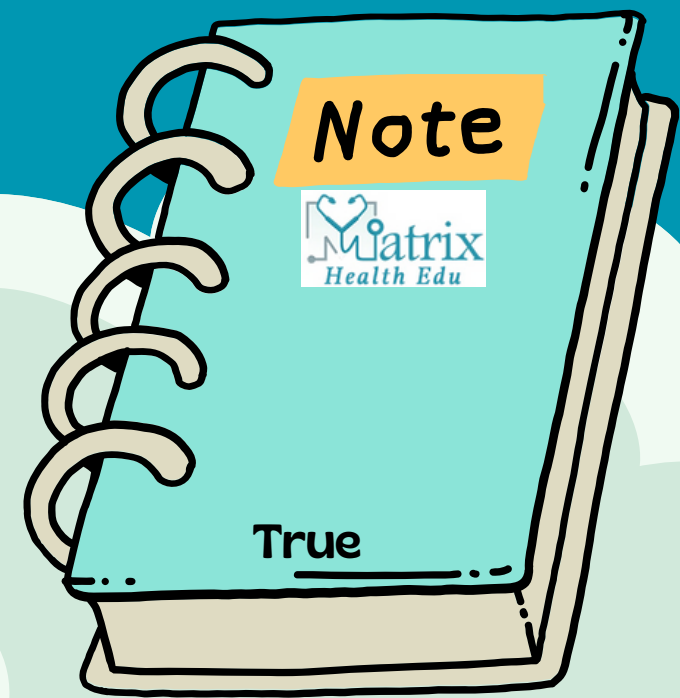
False



11. Should home health aides ask for assistance when moving a client?

True

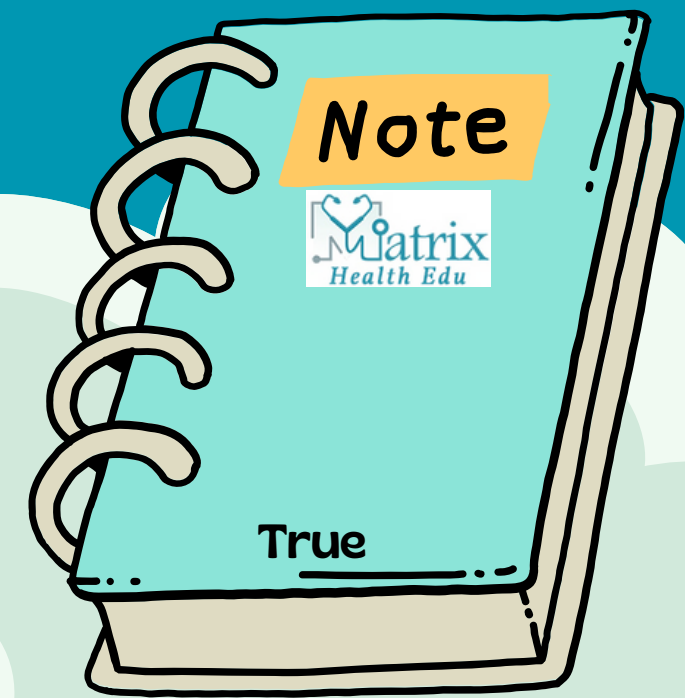
False



12. Does the role of a home health aide include assisting with bathing, dressing, and toileting?

True

False



13. How long should you take a client's pulse?

2 minutes

60 seconds

10 seconds

5 seconds



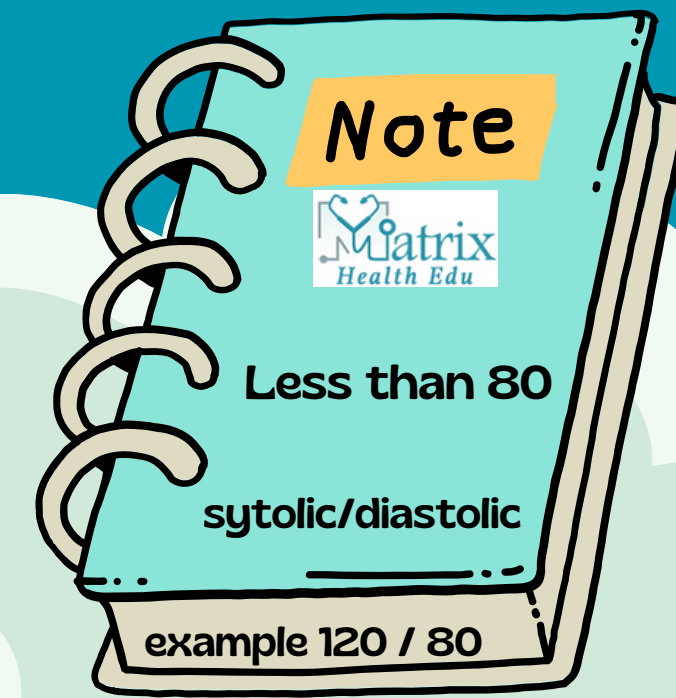
14. What is a normal diastolic blood pressure level?

120

90

60

Less than 80



15. Should gloves always be worn when changing soiled linens?

True

False



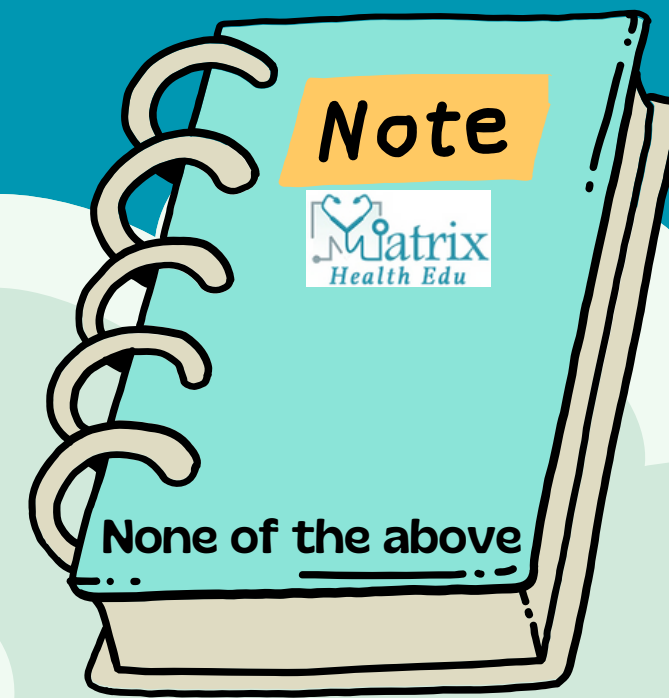
16. What does a professional relationship with a client involve?

Maintaining a negative attitude

Doing only assigned tasks

Not knocking before entering a room

None of the above



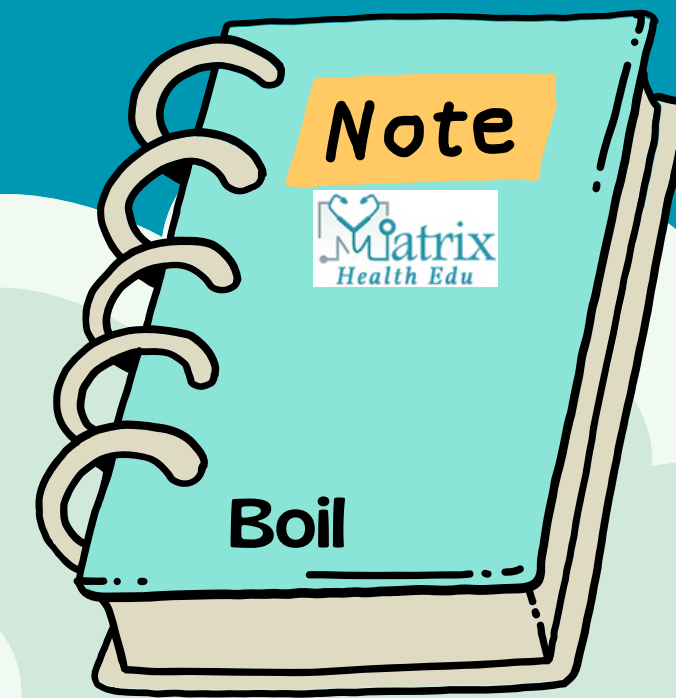
17. Which of the following is not an airborne disease?

Measles

Chickenpox

Tuberculosis

Boil



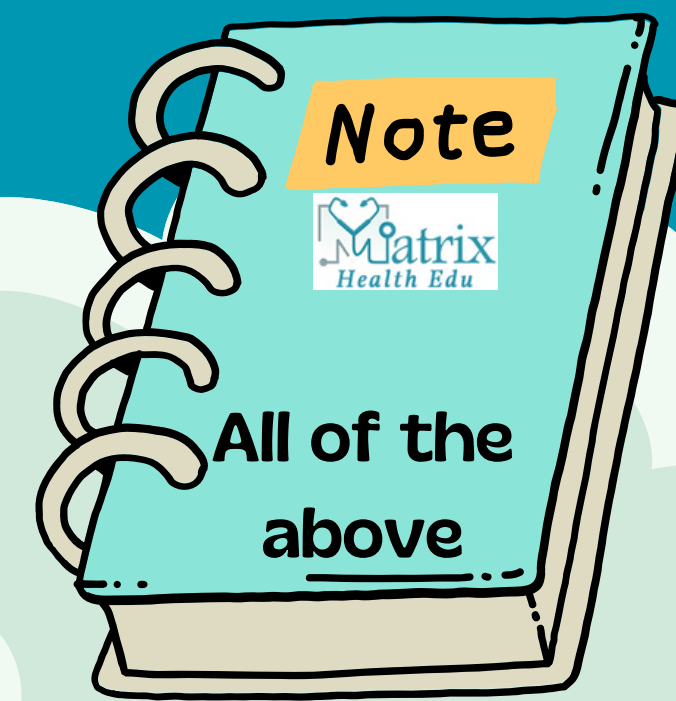
18. What does personal protective equipment include?

Masks

Gloves

Goggles

All of the above



19. What are hygiene and grooming activities, dressing, eating, and toileting collectively called?

Activities of daily living

Recreational activities

Indoor activities

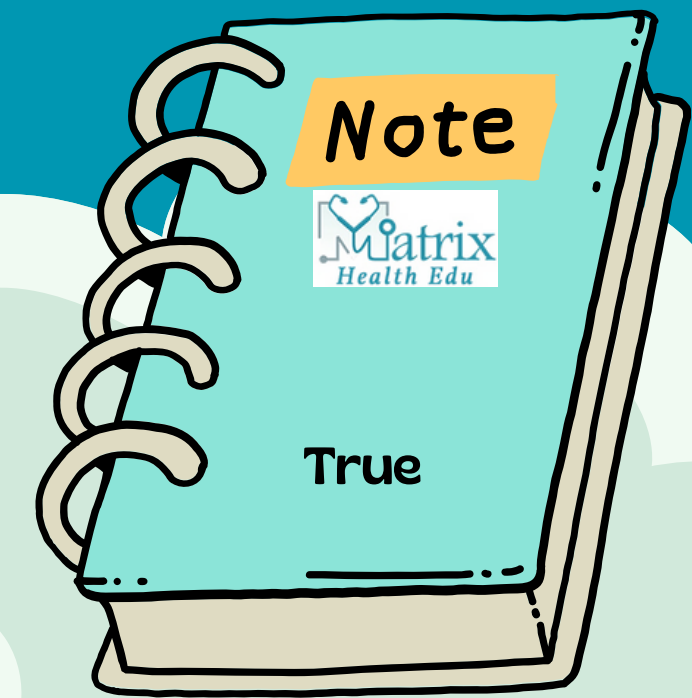
All of the above



20. Should you only wash your hands at the beginning of your shift?

True

False



21. What are the signs of a stroke?

Confusion

Nausea

Facial drop

Chest pain



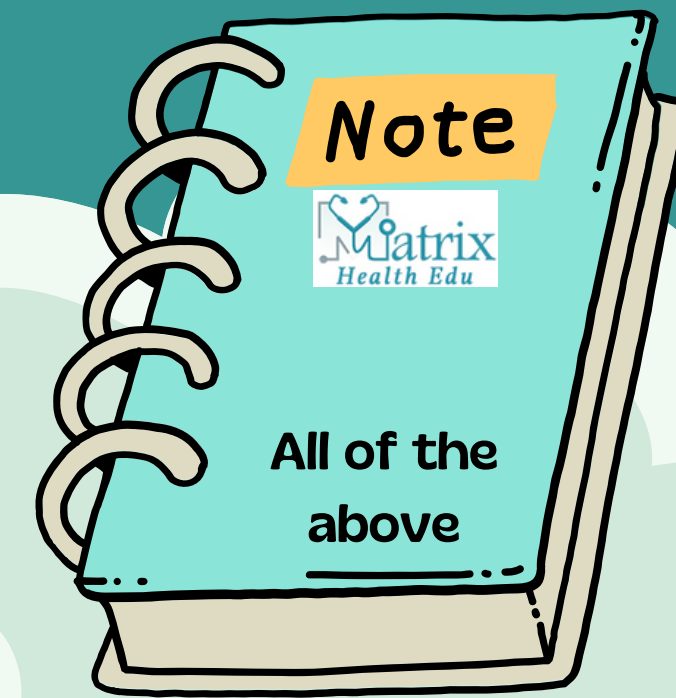
22. What is important when communicating with your client?

Being courteous and kind

Listen

Showing respect

All of the above



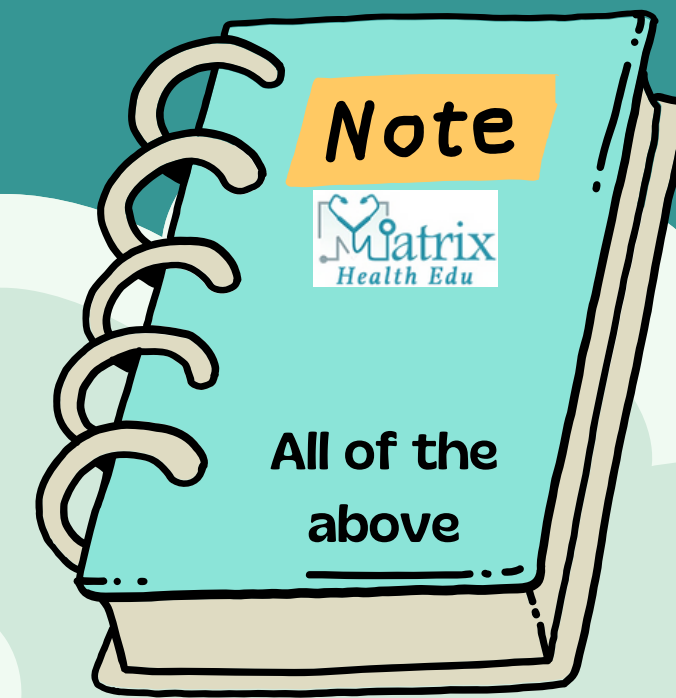
22. What is important when communicating with your client?

Being courteous and kind

Listening

Showing respect

All of the above



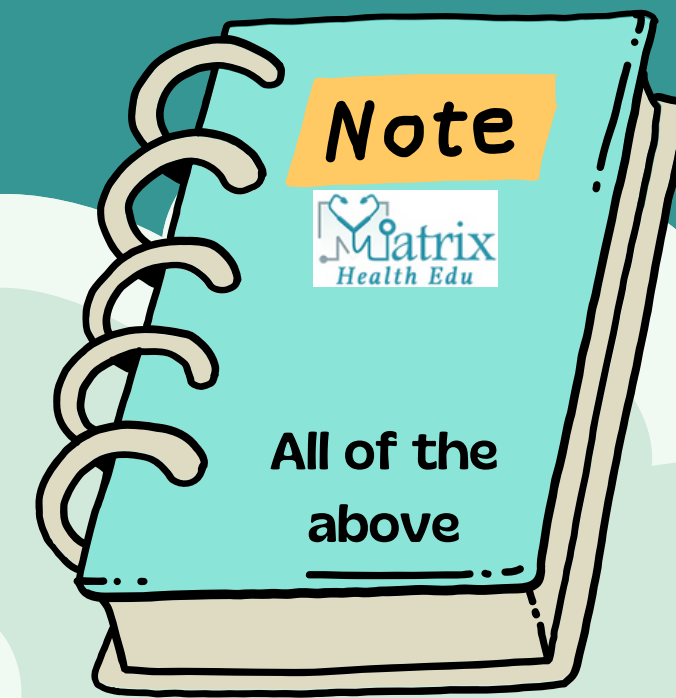
23. What should you do if your client is unconscious and not breathing?

Put on gloves

Call your supervisor

Call 911

Count to 10



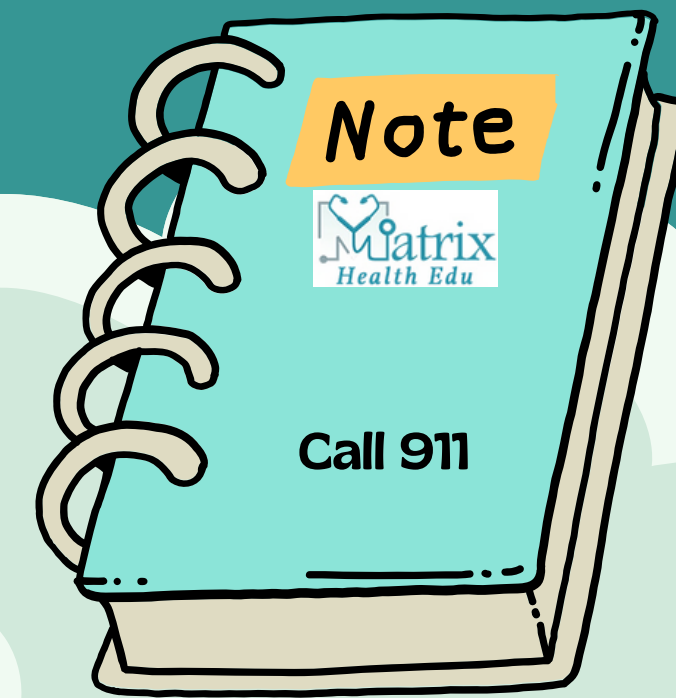
23. What should you do if your client is unconscious and not breathing?

Put on gloves

Call your supervisor

Call 911

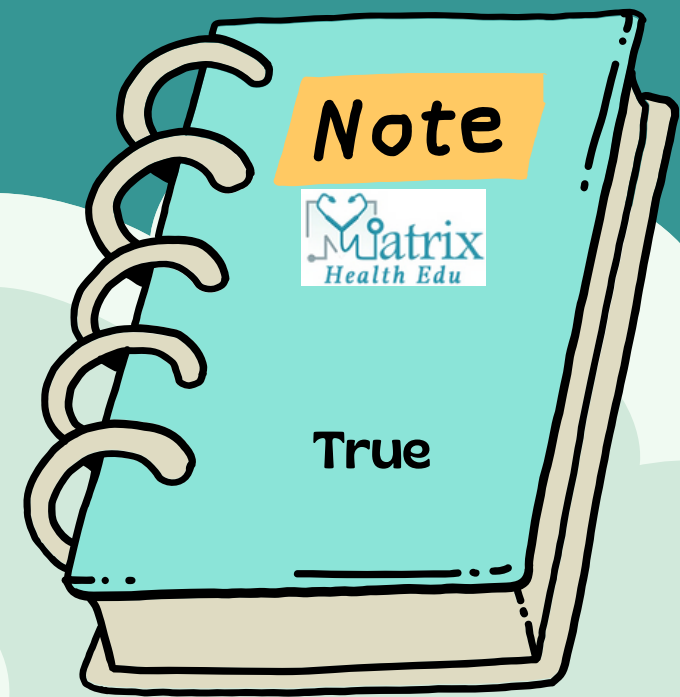
Count to 10



24. Is keeping clients safe the top priority for home health aides?

True

False



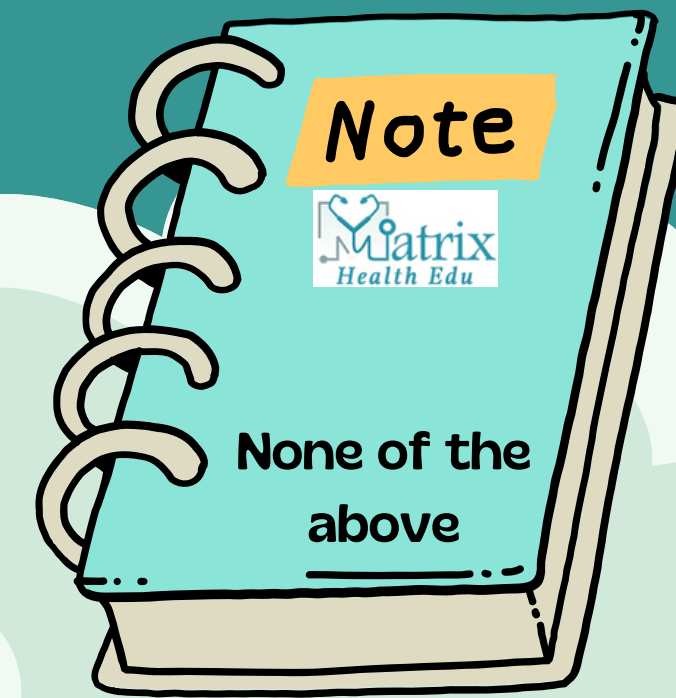
25. How can bed sores be avoided?

Not move the patient.

Using a hard mattress

Using an air mattress

None of the above



**None of the
above**

25. How can bed sores be avoided?

Not move the patient.

Using a hard mattress

Using an air mattress

None of the above

