



17-18 Mid-Season Goalie Camp

January 2 – 5, 2018 (Tues, Wed, Thurs + Friday)

2.5 Hours on Ice Per Day

Canlan at York, Toronto - 8:30am – 1:00pm



Be ready for the second half of the season and the playoffs by attending our Mid-Season Goaltender Skill Development + Conditioning Camp.

As always there will be a large focus on goalie specific power skating, foot work, speed + agility.

There will also be a large variety of different skill development stations during the 4 days to ensure that goalies of all ages and levels will be able to maintain and improve on their technique.

Daily Camp Format

- 8:30am – 9:00am – Arrival at Canlan York
- 9:00am – 9:30am – Professional Group Warm-Up (Age Specific)
- 10:00am – 12:30pm – On Ice Training
- 30 Minutes - Goalie Specific Power-skating
- 90 Minutes - Station Training
- 30 Minutes - Competitions + Battle Drills
- Pick Up is between 12:30pm – 1:00pm

Camp Rates

- Full Camp Rate - \$475 + HST = \$536.75
- Per Day Rate - \$125 + HST = 141.25

Success is a Choice

McGUIRE GOALTENDING + HOCKEY DEVELOPMENT

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