## VAGINAL INFUSIONS

Hips propped up to hold infusions in

Start with 7-10 sprays of Infinite lodine (1/4 tsp distilled water & 1/4 tsp iodine)

Use an eye dropper to insert into vagina. Leave in for 1-2 minutes & then allow it to come out.

## Mix together:

10-30 ml of Silver Bullet Gel
2-5 drops of Frankincense Oil
10-20 drops or more of Bright Eyes (Nano Fulvic)
1/2-1 tsp C60
1 tiny pinch of Black Diamond (optional)

Use the Lube Syringe to inject into vagina & leave for 10+ minutes. You can even leave in overnight. Put a pantry liner in your panties.

All products can be found under the Doc of Detox section below. The Lube Syringe can be found under the Amazon/Body Care section below.

## DISCLAIMER

My posts are to educate. I do not cure, diagnose, treat, or heal. I leave that up to you, your body, and God. Dr Darrell Wolfe is my mentor and teacher and I follow his teachings. Always consult your physician before adding anything new to your medications or supplement routine. I also recommend doing your own research to make sure certain herbs and essential oils are right for you. We have the right to choose for ourselves what we put in or on our bodies.