



ARE YOU AWARE?
CHRONIC MIGRAINE
AWARENESS, INC.

The Voice Of The Chronic Migraine Community

Chronic Migraine Awareness, Inc. is a 501(c)(3) nonprofit, the voice of the chronic migraine community, offering support, information, and education to empower individuals to advocate for their own health.

Offering Support Groups and Volunteer Opportunities

A*R*M*S
Advocates Removing Migraine Stigma

SUPPORT SQUAD

facebook Support Groups:

Chronic Migraine Awareness, Inc.
CMA Crafters
CMA Migraine Mania
CMA "The Squad"

CMA Military Families & Chronic Migraine
CMA Alternative Approaches & Gluten Free Diet
CM Moms with Migraine
and CMA Groups for different countries!

FIND US ONLINE!

chronicmigraineawareness.org

@CMAware @chronicmigraineawareness



ARE YOU AWARE?
CHRONIC MIGRAINE
AWARENESS, INC.

OUR PROGRAMS



A*R*M*S
CHRONIC MIGRAINE
AWARENESS, INC.

ADVOCATES REMOVING MIGRAINE STIGMA

ARMS is a volunteer program to help empower people with migraine disease advocate for themselves, as well as help end migraine stigma.



AWARE CARE
CHRONIC MIGRAINE
AWARENESS, INC.



Online Support Groups

From our general support group to specific populations and topics, such as Mom's With Migraine, Men With Migraine, and Caregiver Support, you always have a safe place to ask questions.

CMAware Care

encompasses our Support Squad, Rally Against Chronic Migraine campaign, and the Triage Kit program for people living with chronic migraine.

FIND US ONLINE!

chronicmigraineawareness.org

@CMAware @chronicmigraineawareness

