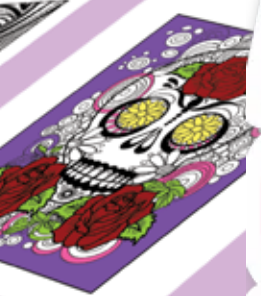


**CHRONIC MIGRAINE
AWARENESS, INC.
ARE YOU AWARE?**

Color Therapy

RALLY AGAINST CHRONIC MIGRAINE

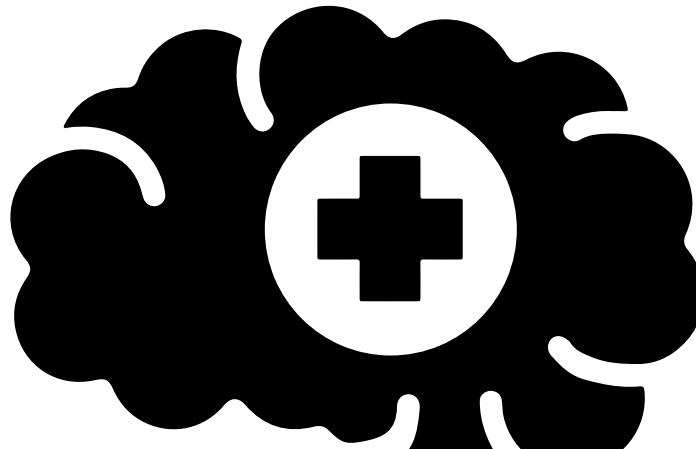


**Illustrations by:
Cheryl Poppe**

25
**assorted
coloring pages**



**ARE YOU AWARE?
CHRONIC MIGRAINE
AWARENESS, INC.**



**ARE YOU AWARE?
CHRONIC MIGRAINE
AWARENESS, INC.**

Chronic Migraine Awareness, Inc. is a 501(c)(3) nonprofit, the voice of the chronic migraine community, offering support, information, and education to empower individuals to advocate for their own health.

#RallyAgainstChronicMigraine is a program brought to you by Chronic Migraine Awareness, Inc. (CMA). Our rally mascot is here to remind society that people with chronic migraine “rally”, fight and will persevere against this disease! To learn more about this exciting new migraine awareness initiative, please visit www.chronicmigraineawareness.org/rally.

We’d like to give a special “Thank You” to the artist, Cheryl Lynn Poppe. Cheryl lives with chronic migraine and we appreciate the time and effort it took to create this amazing coloring book for you.

FIND US ONLINE!

chronicmigraineawareness.org

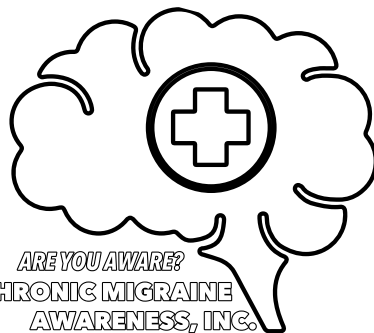
  @CMAware  @chronicmigraineawareness

SCAN ME!



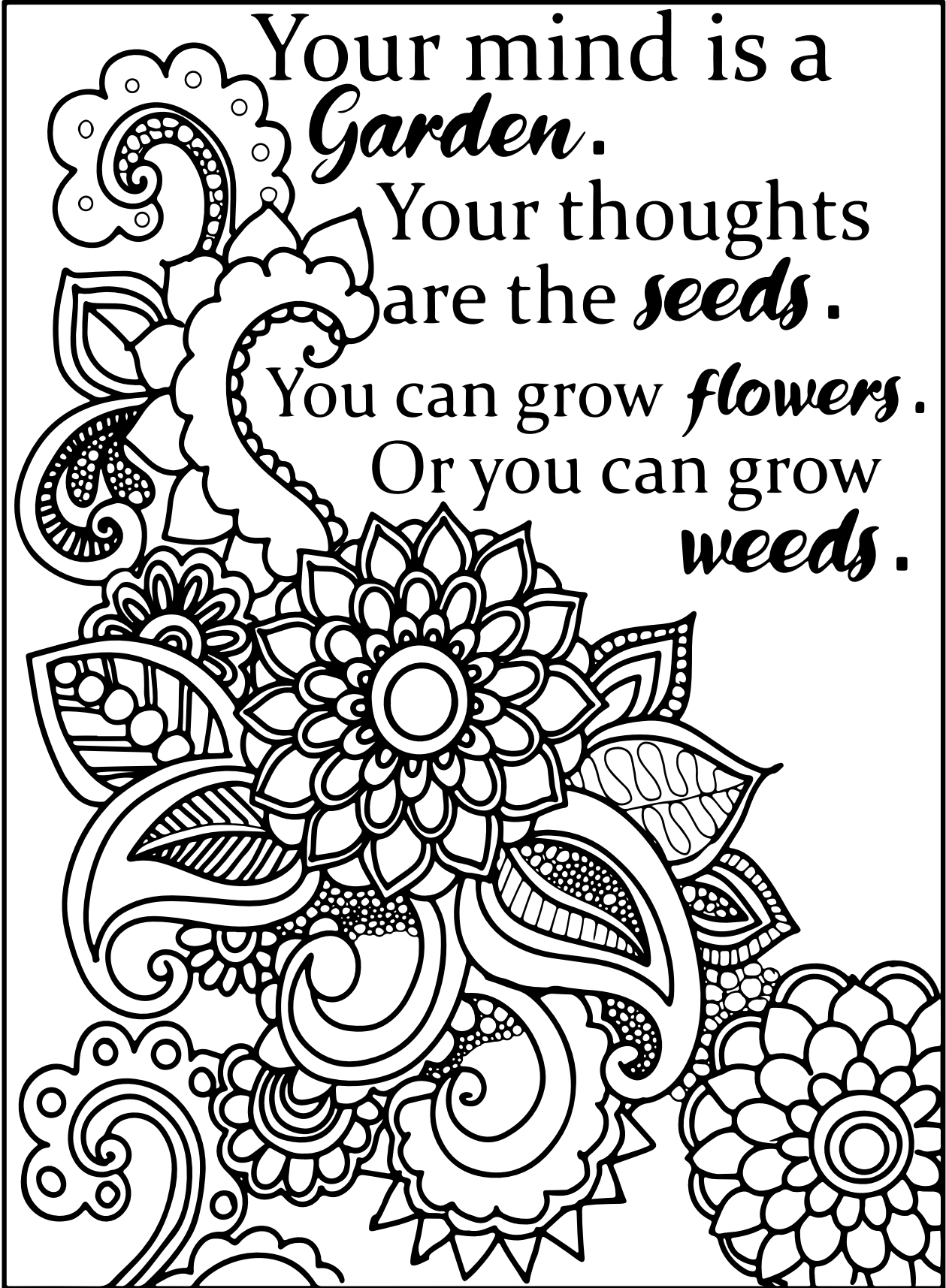
Color Therapy

COLORING BOOK



ARE YOU AWARE?
CHRONIC MIGRAINE
AWARENESS, INC.





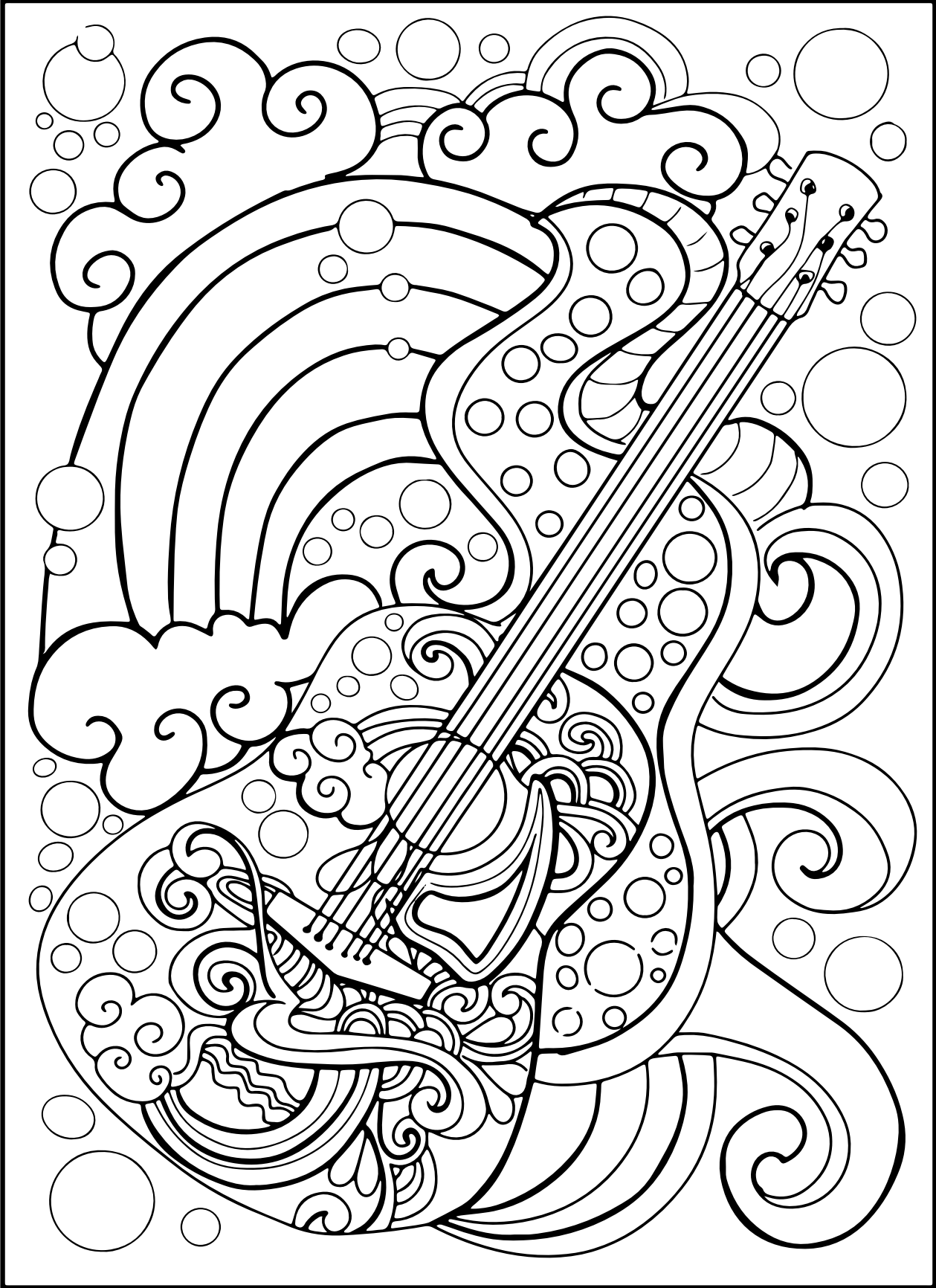
Your mind is a
Garden.

Your thoughts
are the *seeds.*

You can grow *flowers.*

Or you can grow
weeds.

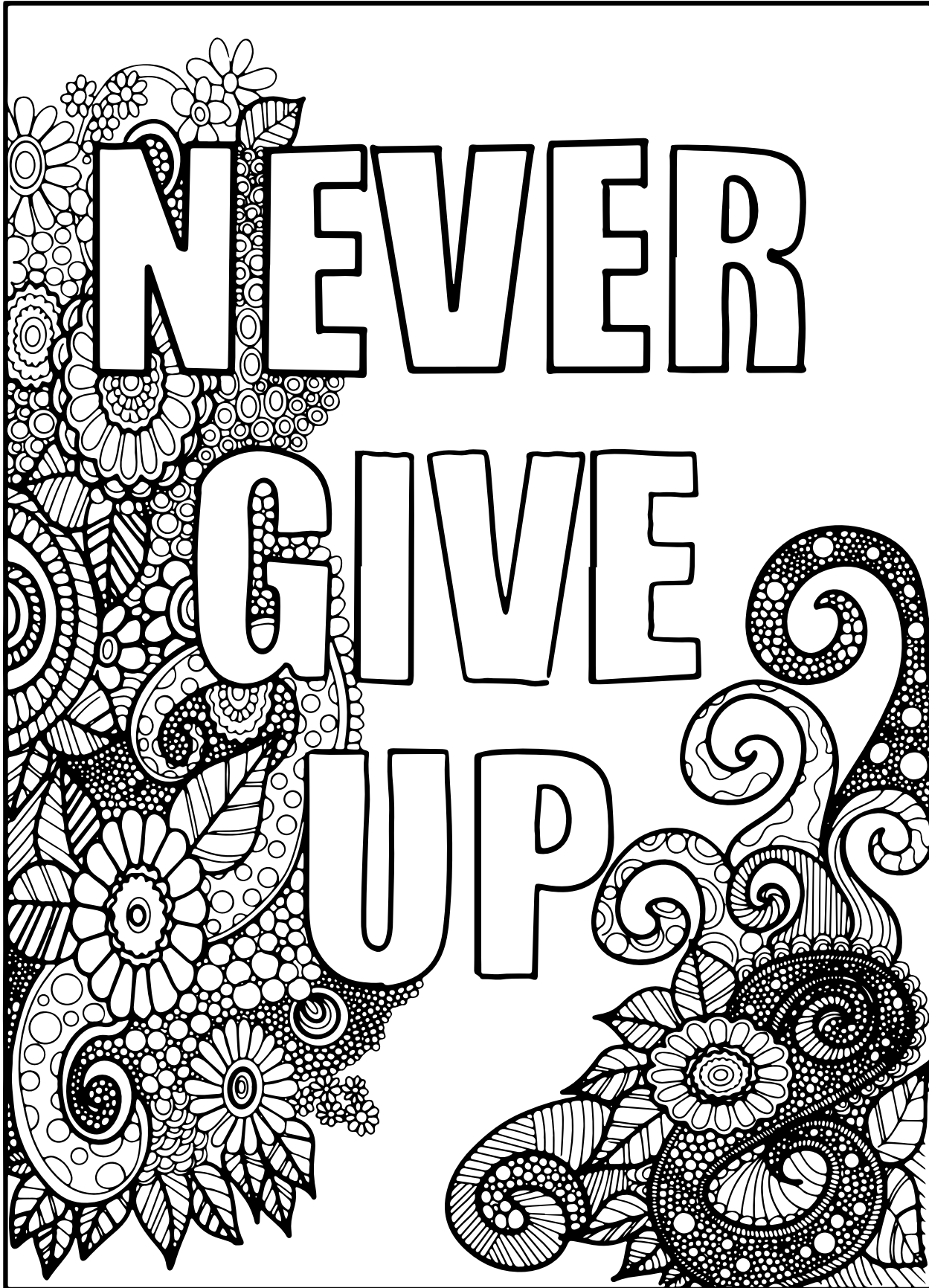






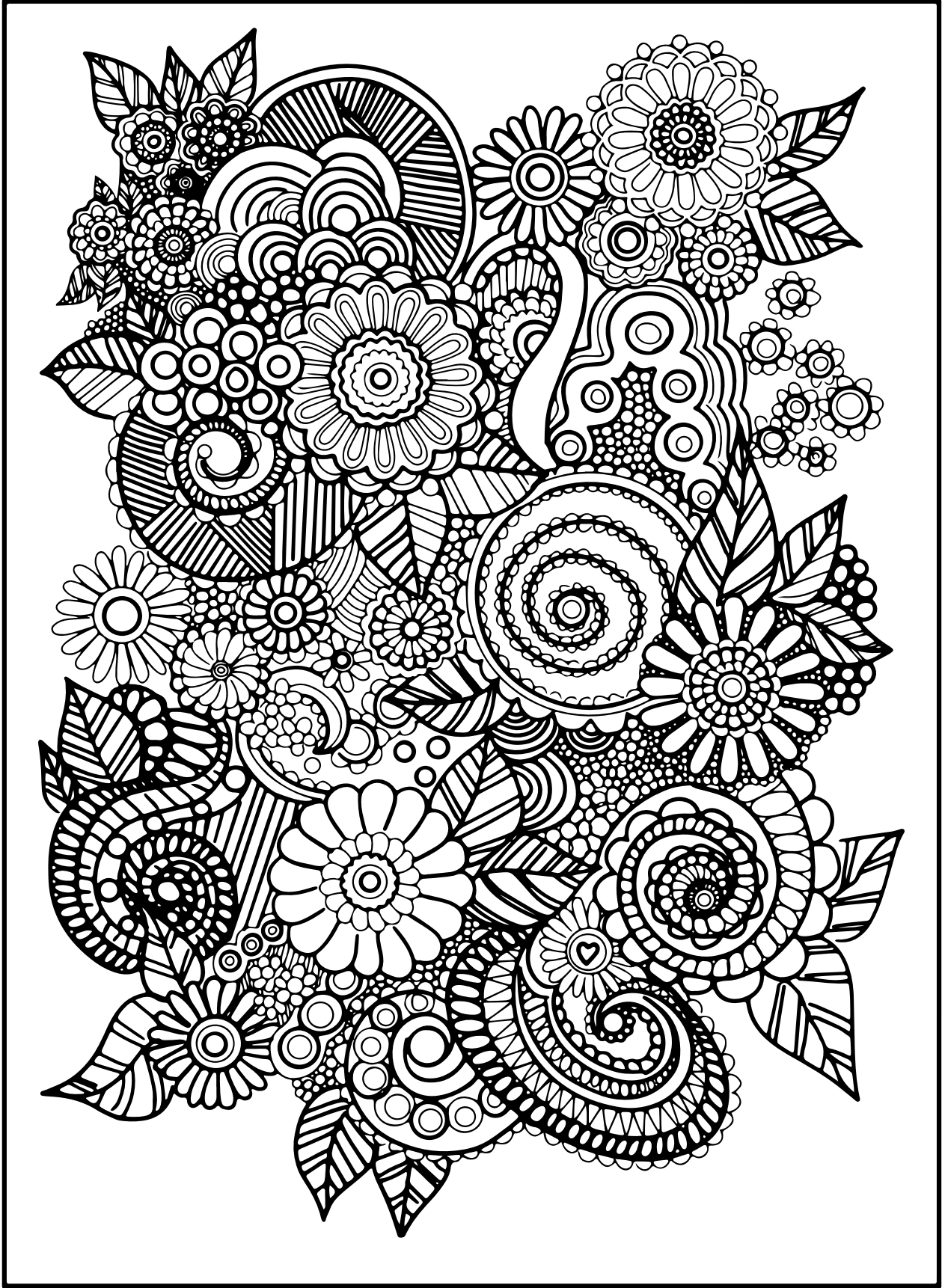




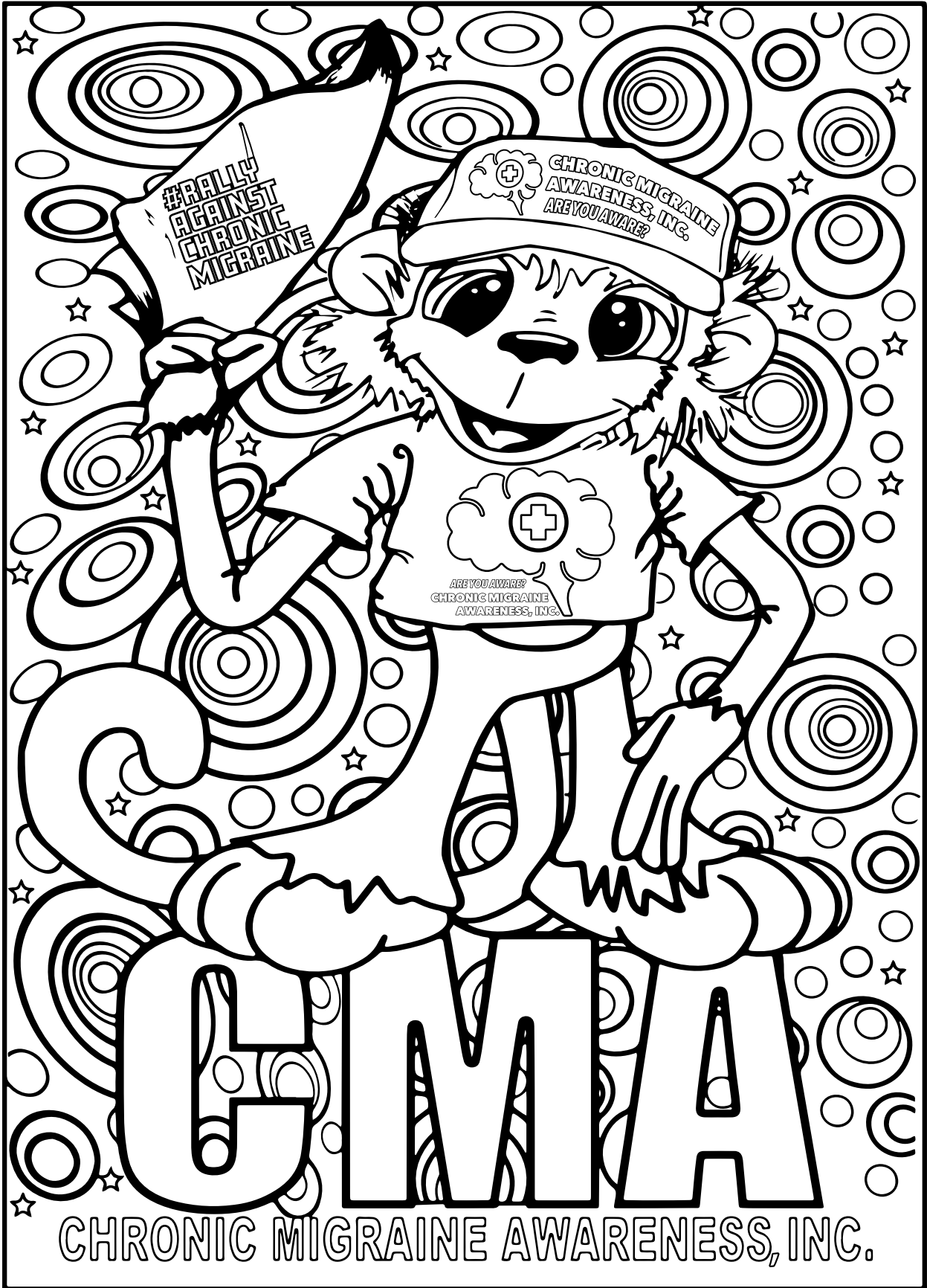












#RALLY
AGAINST
CHRONIC
MIGRAINE

CHRONIC MIGRAINE
AWARENESS, INC.
ARE YOU AWARE?

ARE YOU AWARE?
CHRONIC MIGRAINE
AWARENESS, INC.

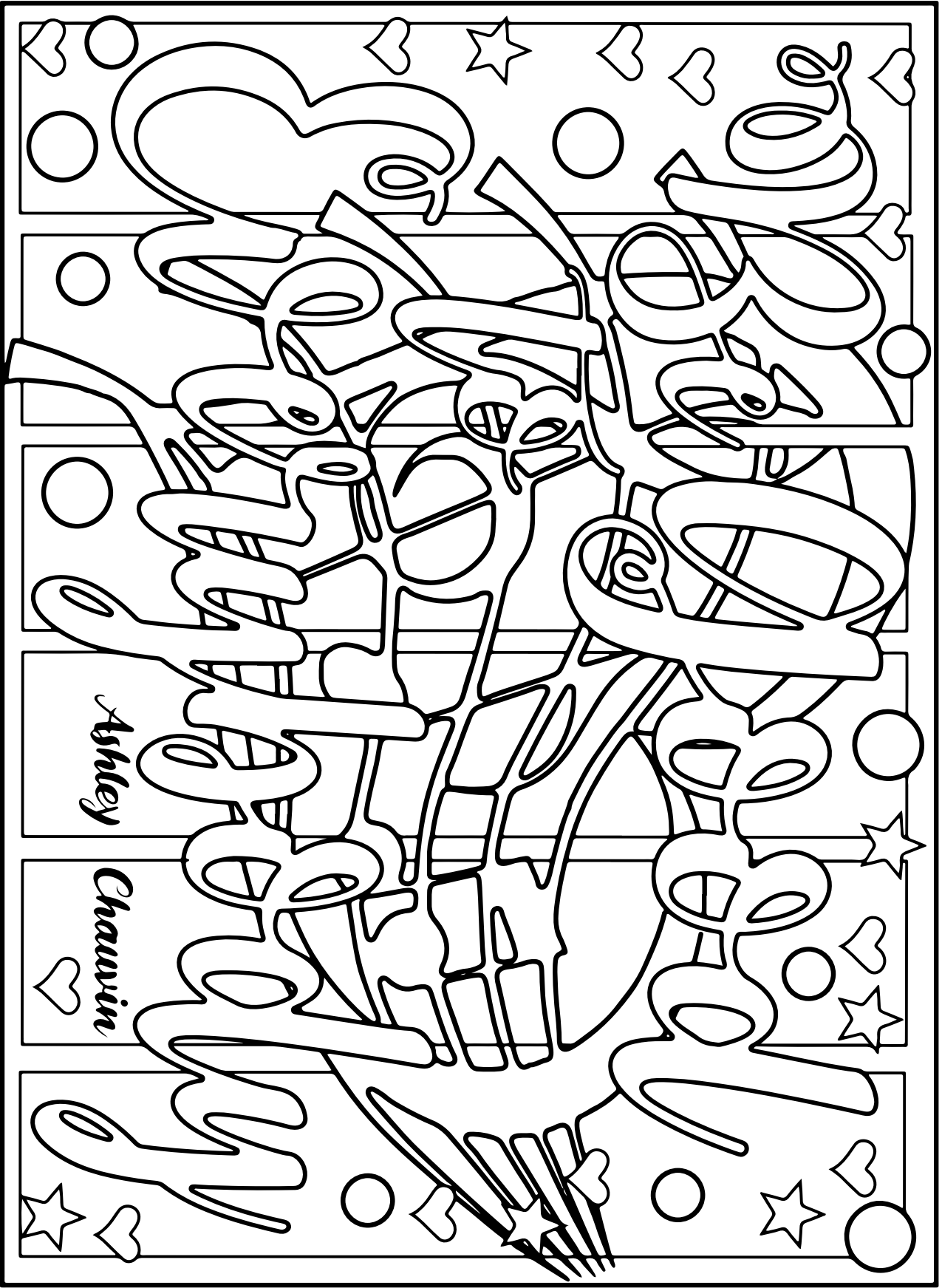
GMAA

CHRONIC MIGRAINE AWARENESS, INC.



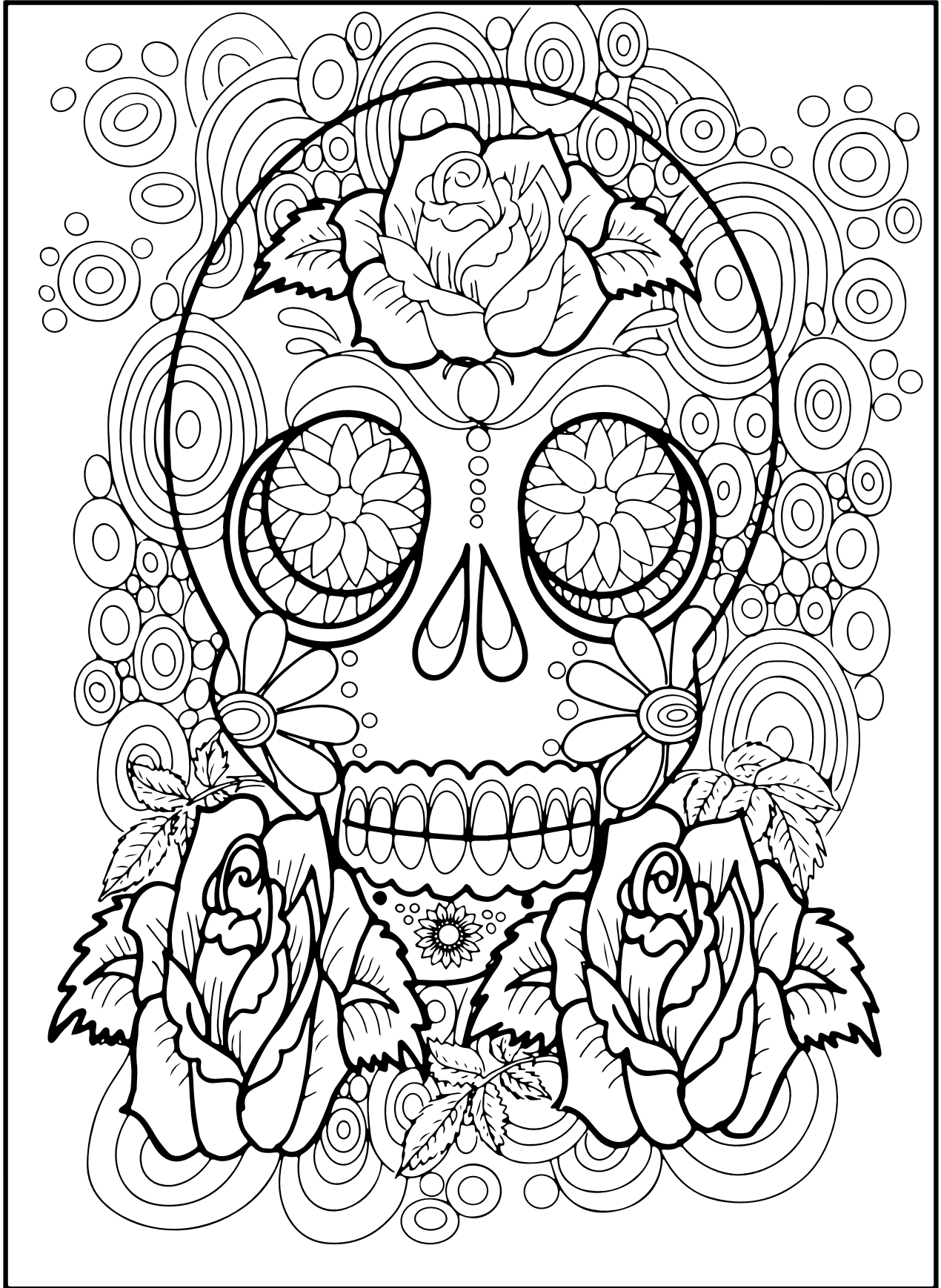






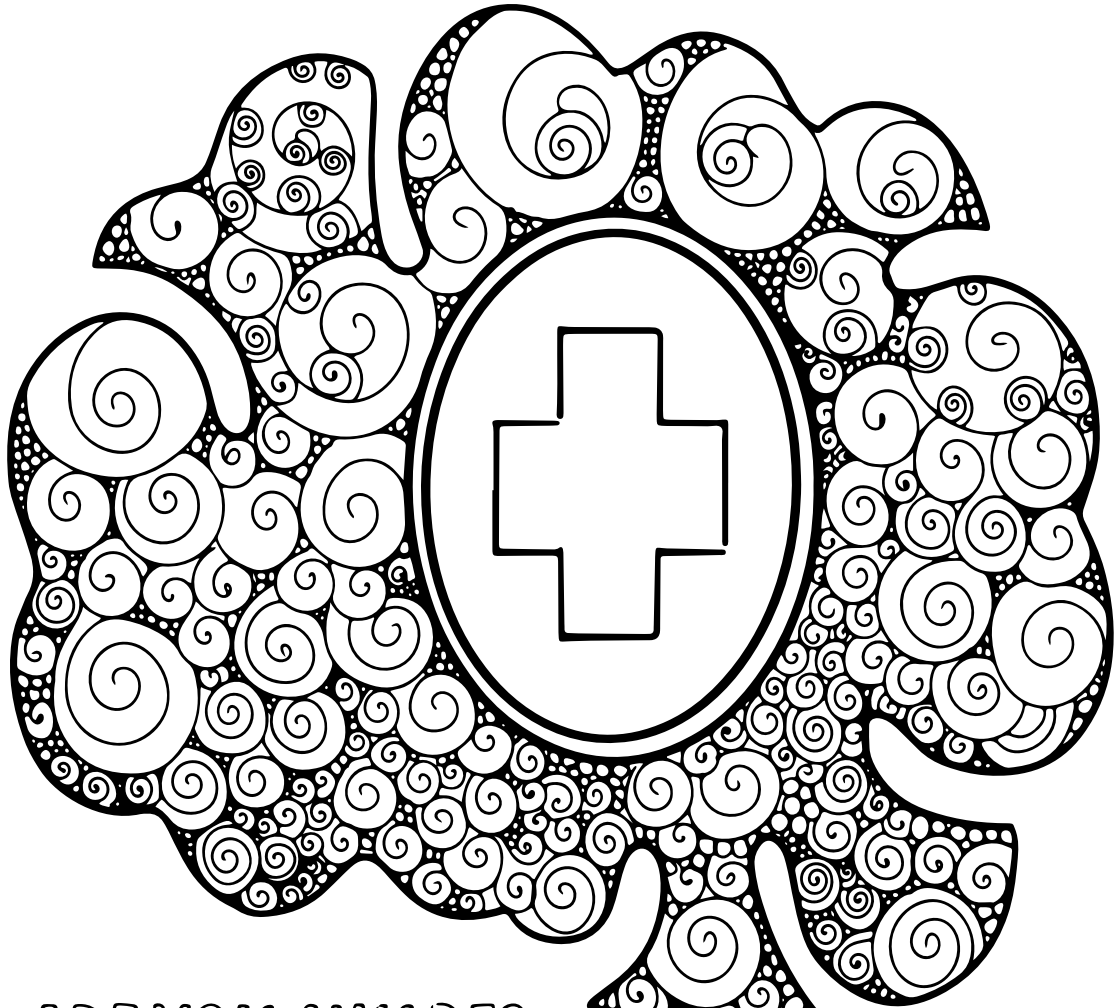
Ashley

Chauvin





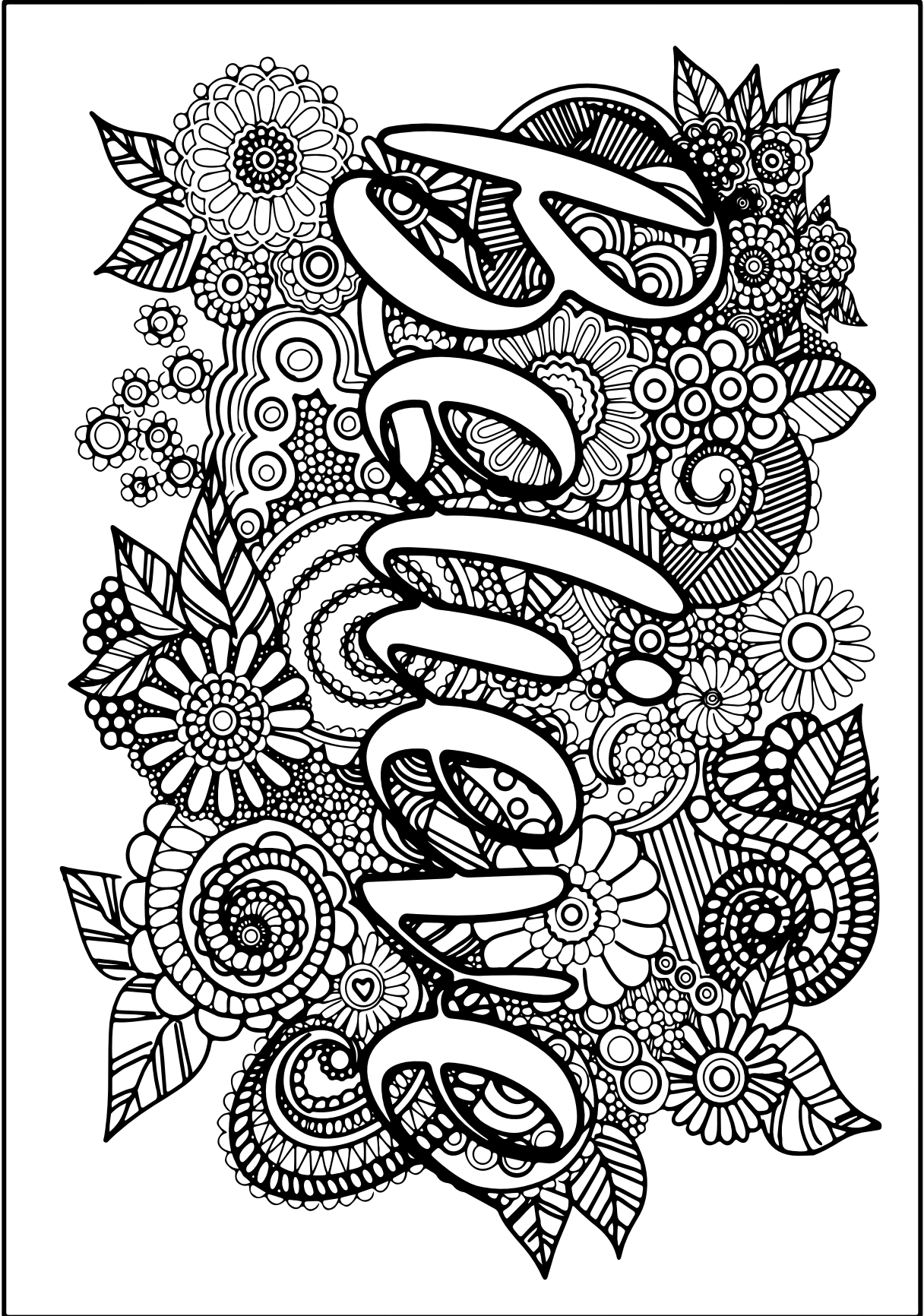


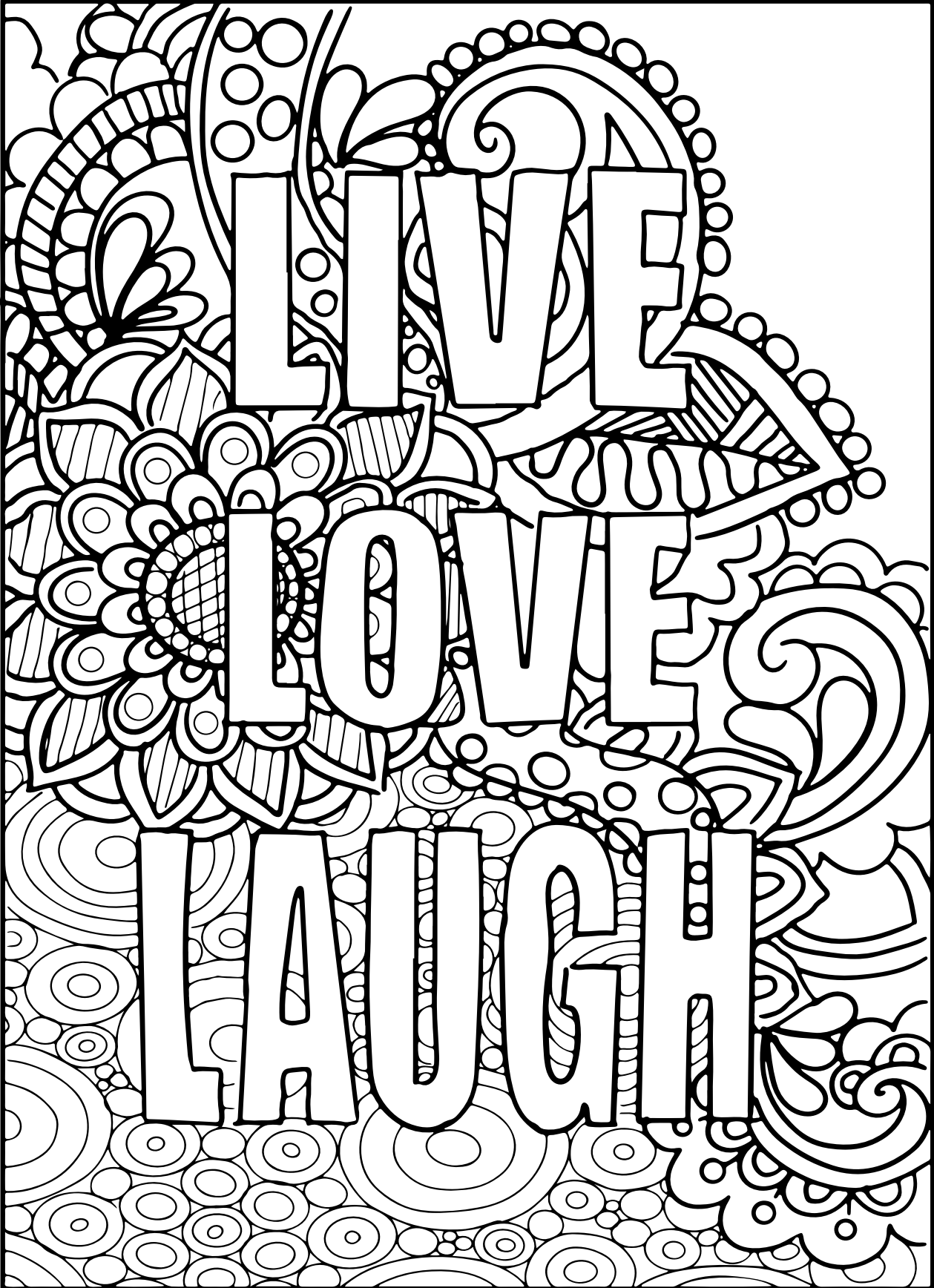


ARE YOU AWARE?
**CHRONIC MIGRAINE
AWARENESS, INC.**











Credits:

**"Be Good To Everybody"
is credited to the creator
Ashley Chauvin for
creating this powerful message.**

**In Loving Memory of
Jude Michael Chauvin**

**Coloring Book and Drawings
by
Cheryl Lynn Poppe**



Color Therapy

25

assorted
coloring pages



Visit us at
chronicmigraineawareness.org