

| | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|-------------------------------------|--------------------------------------|-------------------------------------|--------------------------------------|--|--|--|--|
| Breakfast 6:30 - 9:30 | | | | | | | |
| Fresh Fruit | Fresh Fruit Buffet | Fresh Fruit Buffet | Fresh Fruit Buffet | Fresh Fruit Buffet | Fresh Fruit Buffet | Fresh Fruit Buffet | Fresh Fruit Buffet |
| Hot Cereal | Oatmeal Buffet Bar | Oatmeal Buffet Bar | Oatmeal Buffet Bar | Oatmeal Buffet Bar | Oatmeal Buffet Bar | Oatmeal Buffet Bar | Oatmeal Buffet Bar |
| Omelette Station | Made to Order | Made to Order | Made to Order | Made to Order | Made to Order | Made to Order | Made to Order |
| AM Snack 10:30 - 11:30 | | | | | | | |
| Soup | Shitake Barley | Tomato Watermelon Gazpacho | Curried Lentil | Lima Bean | Roasted Tomato Basil | Mushroom Edamame | Three Squash Puree |
| Snack | Crispy Potato Skins w/ Chive Cream | Lemon Broccoli Dip | Black Rice Salad | Vegetable Salad w/ Tangerine Cream | Sweet Potato Apple Salad | Crispy Potato Skins w/ Chive Cream | Three Bean Salad |
| Lunch 12:30 - 2:00 | | | | | | | |
| Soup | Spicy Zucchini & Corn Puree | Creamy Carrot | El Paso Bean | Hearty Okra Vegetable | Cannelini Bean | Yellow Split Pea | Mung Bean |
| | Hearty Vegetable | Hearty Vegetable | Hearty Vegetable | Hearty Vegetable | Hearty Vegetable | Hearty Vegetable | Hearty Vegetable |
| Entrées | "Pulled Beef" Tacos with Jicama Slaw | Vegetable Lasagna | Sweet and Sour Mango So-Soya | Curry Chick Pea Stew | Grilled Vegetable Quesadilla | Pumpkin Ravioli w/ Sage Cream Sauce | Wild Mushroom Potato Stoganoff |
| | Baby Butter Bean Stew | Chipotle Black Bean Burger | Stuffed Portabella w/Creamed Spinach | Individual Pizza with Sauteed Vegetables | Tofu and Vegetable Stir-Fry | Black Eye Pea Stew | Crepe Florentine |
| Desserts | Butterscotch Pudding | Lemon Cheesecake | Lemon Mango Popsicle | Crispy Apple Turnover | Pumpkin Pie | Caramelized Pineapple Yogurt | Chocolate Pudding |
| | Fruit & Yogurt Swirl | Fruit & Yogurt Swirl | Fruit & Yogurt Swirl | Fruit & Yogurt Swirl | Fruit & Yogurt Swirl | Fruit & Yogurt Swirl | Fruit & Yogurt Swirl |
| PM Social Hour 3:30 - 4:30 | | | | | | | |
| Soup | Green Split Pea | Sweet Potato Kale | Chilled Honeydew & Grapes | Broccoli Bisque | Garbanzo Puree w/ Sauteed Spinach | Pepperpot | Black Bean |
| Snack | Toasted Sesame Snap Pea Salad | Roasted Pepper Hummus | Roasted Parsnips | Crispy Cauliflower Bites | Roasted Eggplant & Pepper Salad | Vegetable Salad w/ Cilantro Lime Cream | Wheat Berry Salad |
| Dinner 5:30 - 7:00 | | | | | | | |
| Salad | Gooseberry Salad | Asian Salad | La Serenata Salad | Pritikin Caesar | Honeycrisp Apple with White Balsamic Glaze | Marinated Cucumber and Tomato | Artichoke & Apple w/ Carmelized Orange |
| | Pritikin Chopped | Pritikin Chopped | Pritikin Chopped | Pritikin Chopped | Pritikin Chopped | Pritikin Chopped | Pritikin Chopped |
| Soup | Ajiaco | Mixed Bean | Green Chili Tomato | Navy Bean | Roasted Red Pepper | Cream of Mushroom | Creamy Green Pea |
| Entrées | Grilled Fish (Catch of the Day) | Chicken in Sweet Chili Garlic Sauce | Bison Taco | Salmon with Mustard Cream | Turkey Loaf with Mushroom Sauce | Lemon Braised Salmon | Grilled Bison |
| | Spinach Ravioli | Cranberry Bean Stew | Seafood Taco | Quinoa Stuffed Acorn Squash | African Stew | Veg Wrap w/ Grilled Scallion Cream | Grilled Fish (Catch of the Day) |