

VIRGINIA SOCIETY OF OTOLARYNGOLOGY

2022 ANNUAL MEETING



APRIL 8 & 9, 2022

Kingsmill Resort | Williamsburg, Virginia

MEETING INFORMATION

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Eastern Virginia Medical School and Virginia Society of Otolaryngology. Eastern Virginia Medical School is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation

Eastern Virginia Medical School designates this live activity for a maximum of 13.25 *AMA PRA Category 1 Credits*[™].

Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Credit Claim Instructions

Each attendee will receive an email from EVMS with the evaluation link. Once you complete the evaluation, you will receive a certificate.

Poster Session

The posters will be available for viewing on Friday and Saturday. Please refer to the agenda for the times that the presenters will be at their poster to discuss it. CME credit can be claimed for the poster session.

Exhibits

We extend our sincere appreciation to companies that have supported this conference. All refreshments will be served in the exhibit area. Please visit the exhibitors!

Play to Win Raffle

At registration, attendees will be given a "Play to Win" game card. Visit all of the vendors to get a signature from each one. We will raffle off two Apple HomePod Minis. The raffle will be held on Saturday after the 10:30a networking break.

Save the Date

2023 Annual Meeting | March 31 & April 1, 2023 | Hilton Virginia Beach Oceanfront

VSO-HNS

2821 Emerywood Parkway, Suite 200 | Richmond, VA 23294
804.643.6631 | www.VSO-HNS.org

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VIRGINIA SOCIETY OF OTOLARYNGOLOGY 2021 - 2022 OFFICERS & DIRECTORS

AGENDA

FRIDAY, APRIL 8, 2022

James River Ballroom

- 7:00 - 7:55 am **Registration & Breakfast**
Poster Sessions 1-5
Visit with Exhibitors
- 7:30 - 7:55 am **VSO-HNS Annual Business Meeting**
- 7:55 - 8:00 am **Welcome**
Wayne Shaia, MD | VSO-HNS President
- 8:00 - 9:00 am **Surgical Management of the Paralyzed Face**
Dimitrios Sismanis, MD | *VCU Health*
Thomas Lee, MD | *VCU Health*
- 9:00 - 9:15 am **Introducing: Hearing-Targeted CMV Screening in Virginia**
Stephani Moody-Antonio, MD | *EVMS*
Deepali Sanghani, MPH | *Virginia Department of Health*
- 9:15 - 10:00 am **Harm Reduction for Adult Smokers Unable or Unwilling to Quit**
Mohamadi Sarkar, M. Pharm., PhD, FCCP
Fellow, Regulatory Affairs | *Altria*
- 10:00 - 10:30 am **BREAK**
Visit with Exhibitors
Poster Sessions 1-5

AGENDA

FRIDAY, APRIL 8, 2022

10:30 AM - 12:25 PM

BREAKOUT SESSIONS | Choose one session to attend: **Pediatrics** or **Otology/Neurotology**

James River Ballroom

PEDIATRICS

MODERATORS: TRAVIS REEVES, MD | CARILION CLINIC
STEPHANIE WONG, MD | VCU

10:30 - 10:40 am **Impact of Apnea vs. Hypopnea Predominance on Adenotonsillectomy Outcomes in Children with OSA**
Saadhana Kukkala, MS; Turaj Vazifedan, MS; Cristina M. Baldassari, MD | *EVMS*

10:40 - 10:50 am **Prognostic Factors in the Management of Pediatric Subglottic Stenosis**
Sarah Debs, MD; Aasif A Kazi, PharmD, MD; Dustin Bastaich, BS;
Leroy Thacker, PhD; Rajanya Petersson, MS, MD | *VCU*

10:50 - 11:00 am **Evaluation of Nocturnal Enuresis After Adenotonsillectomy in Children with Obstructive Sleep Apnea: A Secondary Analysis of a Randomized Clinical Trial**
Aaron Snow, MS; Turaj Vazifedan DHSc; Cristina Baldassari, MD | *EVMS*

11:00 - 11:10 am **Clinical Characteristics of Pediatric Patients with Chronic Rhinosinusitis: A Retrospective Review of Patients in the Children's Hospital of The King's Daughters**
Timothy W. Liu, BS; Daniel Trotier, BS; Kent Lam, MD; Joseph K. Han, MD | *EVMS*

11:10 - 12:10 pm **Treating Kids Who Choke: An Aspirational Talk**
Travis Reeves, MD | Carilion Clinic
Stephanie Wong, MD | *VCU*

12:10 - 12:25 pm Q&A

12:25 - 1:25 pm **LUNCH**
Visit with Exhibitors
Poster Sessions 6-10

AGENDA

FRIDAY, APRIL 8, 2022

Fairfax Room

OTOLOGY/NEUROTOLOGY

- MODERATOR:** WAYNE SHAIA, MD | THE BALANCE AND EAR CENTER
- 10:30 - 10:40 am **COVID-19 Vaccine Hesitancy in an Active Duty Military Population**
Ashley Schemel (LT, MC, USN), MD; Christopher J. Hill LCDR, MC, USN;
Ethan McGann LT, MC, USN; Gregory Capra CDR, MC, USN;
John D. Peters LCDR, MC | *NMCP*
- 10:40 - 10:50 am **Melbourne Scale in Cadaveric Temporal Bone Dissection**
Mikayla Huestis, MD; Daniel Heshmatipour, MS; Stephani Moody-Antonio, MD;
Peter Volsky, MD | *EVMS*
- 10:50 - 11:00 am **Dizziness and Vestibular Disease Among Hospitalized Patients in the U.S., Commonwealth of Virginia and the Tidewater Region**
Kevin Guy, MS; Peter Volsky, MD | *EVMS*
- 11:00 - 11:10 am **Management of Complicated Acute Sinusitis and Mastoiditis in Setting of COVID-19**
Kevin Guy, MS; Matthew Lelegren, MD; Kyrie Shomaker, MD; Joseph Han, MD;
Kent Lam, MD | *EVMS*
- 11:10 - 12:10 pm **Surgical Management of Vertigo**
Wayne Shaia, MD | The Balance and Ear Center
- 12:10 - 12:25 pm Q&A
- 12:25 - 1:25 pm **LUNCH**
Visit with Exhibitors
Poster Sessions 6-10

AGENDA

FRIDAY, APRIL 8, 2022

1:25 - 3:15 PM

BREAKOUT SESSIONS | Choose one session to attend: **Sinus** or **Sleep**

James River Ballroom

SINUS

MODERATORS: JOSEPH HAN, MD | *EVMS*
KENT LAM, MD | *EVMS*

1:25 - 1:35 pm **A Validation of a Chronic Rhinosinusitis Disease Activity Measure**
Banruo Yang, MD; Joseph Han, MD; Kent Lam, MD; Robert Campbell, PhD;
Jaclyn Simpkins, PhD; Jiangtao Luo, PhD; Matthew Lelegren, MD;
Daniel Trotier, BS | *EVMS*

1:35 - 1:45 pm **Predicting Blood Loss in Microscopic Versus Endoscopic Transsphenoidal Pituitary Tumor Resection**
Asha Krishnakumar, BA; Kyle Cicalese, BS; Ashwin Ghadiyaram, BS;
Akshay Murthy, BS; Anthony Ranasinghe, BS; Srikar Sattiraju, BS;
Charles Opalak, MD, MPH; Theodore Schuman, MD; William Broaddus, MD | *VCU*

1:45 - 1:55 pm **Characterization of Biologic Switching for Type II Inflammatory Conditions**
Thomas Marshall, BA; Matthew Lelegren, MD; Kent K. Lam, MD;
Joseph Han, MD | *EVMS*

1:55 - 2:05 pm **Secretory Nature of Pituitary Tumor as a Predictor of Postoperative Hospital Stay**
Kyle Cicalese, BS; Asha Krishnakumar, BA; Ashwin Ghadiyaram, BS;
Akshay Murthy, BS; Anthony Ranasinghe, BS; Srikar Sattiraju, BS;
Charles Opalak MD, MHP; Theodore Schuman, MD; William Broaddus, MD | *VCU*

2:05 - 3:05 pm **In Office Rhinology Procedures**
Joseph Han, MD | *EVMS*
Kent Lam, MD | *EVMS*

3:05 - 3:15 pm Q&A

3:15 - 3:45 pm **BREAK**
Visit with Exhibitors
Poster Sessions 11-15

AGENDA

FRIDAY, APRIL 8, 2022

Fairfax Room

SLEEP/HEAD & NECK

MODERATOR: RYAN NORD, MD | VCU

1:25 - 1:35 pm

Postoperative Pain Protocol: A 5-Year Resident-Led Effort to Standardize Postoperative Opioid Prescribing Patterns

Charles Meyer, MD, LCDR, MC, USN; Élan Bresslour-Rashap, ENS, MC, USN; Jessica Winters, MD, LCDR, USN; Craig Folsom, MD, LCDR, USN; Dinchen Jardine, MD, FACS, CDR, USN | NMCP

1:35 - 1:45 pm

Patient Attitudes Towards Telemedicine in Head and Neck Oncology

Ashley Schemel (LT, MC, USN), MD; Aru Panwar, MD; Vikram S. Menon; Robert Lindau, MD | NMCP

1:45 - 1:55 pm

Hypoglossal Nerve Exposure Characterization

Andrew Chafin, BS; Ryan Nord, MD | VCU

1:55 - 2:05 pm

Fibula Osteocutaneous Free Flap for Vertebral Column Reconstruction

Jacob Benedict, MD; Jonathan Mark, MD; Matthew Bak, MD | EVMS

2:05 - 2:15 pm

Impact of Hypoglossal Nerve Stimulator Implantation on Daytime Functioning in Older Adults with Obstructive Sleep Apnea

Graham Pingree, BA; Emma West, MD; Joseph Dierzewski, PhD; Elliottnell Perez, MA; Ryan Nord, MD, Pablo Soto, MS | VCU

2:15 - 3:15 pm

Sleep Surgery: Procedures, Pathways, and Progress

Ryan Nord, MD | VCU

3:15 - 3:45 pm

BREAK

Visit with Exhibitors | Poster Sessions 11-15

AGENDA

FRIDAY, APRIL 8, 2022

James River Ballroom

- 3:45 - 4:30 pm **Facial Plastics Surgery: Form and Function in Septorhinoplasty: Harmonious Techniques for Addressing Septal and Valve Deformities**
William Dougherty, MD | *EVMS*
- 4:30 - 5:30 pm ***Resident Academic Bowl***
MODERATOR: ERIC DOBRATZ, MD | *EVMS*
- 5:30 pm **Announcements and Adjourn**
- 5:30 - 6:30 pm **VSO-HNS Reception**
James River Ballroom D / Terrace
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SATURDAY, APRIL 9, 2022

James River Ballroom

- 7:00 - 7:55 am **Breakfast & Visit Exhibits**
Poster Sessions 16 - 18
- 7:55 - 8:00 am **Announcements**
Wayne Shaia, MD | VSO- HNS President
- 8:00 - 8:40 am **Management Algorithm for Acute Laryngeal Injury**
Patrick O. McGarey, Jr, MD | *UVA*
-

AGENDA

SATURDAY, APRIL 9, 2022

8:45 - 10:25 AM

BREAKOUT SESSIONS | Choose one session to attend: **Rhinoplasty or Sinus**

James River Ballroom

RHINOPLASTY

MODERATOR:

MATTHEW BRIDGES, MD | COMMONWEALTH FACIAL PLASTIC SURGERY

8:45 - 8:55 am

**Video-Based Tracheostomy Care Education for Medical Students:
An Assessment of Efficacy**

John Boyle, MD; Serena Pu, BS; Benjamin Rubinstein, MD; Matthew Bak, MD;
Brooke Hooper, MD; Jonathan Mark, MD | *EVMS*

8:55 - 9:05 am

**Bleeding Complications Associated with Perioperative Aspirin Use in
Patients Undergoing Thyroid Surgery**

Giorgia Borgarelli, MD candidate; Te-Ana Harris, MD; Brady Dehart, PhD,
Brian Gross, MD | *UVA*

9:05 - 9:15 am

**Clival Chordoma Presenting with CSF Leak and Possible Relation to KIT
Gene**

Karam Obeid, BS; Mikayla Huestis, MD; Kent Lam, MD | *EVMS*

9:15 - 10:15 am

Why I Completely Abandoned Open Rhinoplasty

Matthew Bridges, MD | *Commonwealth Facial Plastic Surgery*

10:15 - 10:25 am

Q&A

10:25 - 11:00 am

BREAK

Visit with Exhibitors

Poster Sessions

AGENDA

SATURDAY, APRIL 9, 2022

Fairfax Room

SINUS

MODERATOR: ERIC HOLBROOK, MD | MASSACHUSETTS EYE AND EAR

8:45 - 8:55 am **Characterization of Chronic Rhinosinusitis Patients Receiving Biologics in a Rhinology Practice**

Matthew J. Lelegren, MD; T. Blaise Marshall, BA; Kent K. Lam, MD;
Joseph Han, MD | *EVMS*

8:55 - 9:05 am **Pediatric Free Flap Reconstruction of the Head and Neck: Analysis of the ACS NSQIP-P Database**

Kevin J. Carlson, MD; Suhas R. Bharadwaj MD, MS; Jonathan R. Mark, MD, FACS |
EVMS

9:05 - 9:15 am **Gender and Surgical Approach Associated with Risk of Post-Operative Diabetes Insipidus in Patients Undergoing Transsphenoidal Pituitary Tumor Resection**

Ashwin Ghadiyaram, BS; Asha Krishnakumar, BA; Kyle Cicalese, BS;
Akshay Murthy, BS; Anthony Ranasinghe, BS; Srikar Sattiraju, BS;
Charles Opalak, MD, MPH; Theodore Schuman, MD; William Broaddus, MD | *VCU*

9:15 - 9:25 am **LH/FSH Secreting Pituitary Tumors are Associated with Vision Loss and Reduced Blood Loss**

Akshay Murthy, BS; Ashwin Ghadiyaram, BS; Asha Krishnakumar, BA;
Kyle Cicalese, BS; Anthony Ranasinghe, BS; Srikar Sattiraju, BS;
Charles Opalak, MD MPH; Theodore Schuman, MD; William Broaddus, MD | *VCU*

9:25 - 10:25 am **CSF Leaks and Skull Base Repair**

Eric H. Holbrook, MD
Massachusetts Eye and Ear Associates

10:25 - 11:00 am **Break**
Visit with Exhibitors
Poster Sessions

AGENDA

SATURDAY, APRIL 9, 2022

James River Ballroom

- 11:00 - 12:00 pm **ELBYRNE G. GILL LECTURE SERIES**
Smell Loss in the Era of COVID-19
Eric H. Holbrook, MD
Division Chief of Rhinology, Massachusetts Eye and Ear Associates
Professor in Otolaryngology, Harvard Medical School
- 12:00 - 12:45 pm Q&A
- 12:45 pm **Final Announcements and Adjourn**

ENDOWED LECTURESHIP

The Virginia Society of Otolaryngology - Head and Neck Surgery gratefully acknowledges the continued support of the **Elbyrne G. Gill Eye and Ear Foundation** in Roanoke, Virginia. Each year, our guest speaker presents the named lectures at our annual meeting.

Dr. Elbyrne Grady Gill was born in Bedford County, Virginia, October 21, 1891. His parents were Dr. Stonewall Jackson Gill and Mittie Lillian Page Gill. Following his father, he graduated from Vanderbilt Medical School in 1916. After graduation, he worked at the New York Eye & Ear Infirmary from 1917 to 1918. In 1919, he began his private practice in Roanoke, Virginia. He married Ruth Houck Meals June 26, 1923, with three daughters, Edith Page, Jean Vaughan and Betty Byrne, the results of that marriage. He founded **Gill Memorial Eye, Ear, Nose and Throat Hospital** in Roanoke in 1926, and in 1927, began the first post graduate course for ophthalmologists and otolaryngologists in the country.



During the years of the courses, he had famous lecturers such as Sir Alexander Fleming, discoverer of penicillin, Dr. Selman Waksman, discoverer of streptomycin, Commander Best, co-discover of insulin and the Mayo brothers from the Mayo Clinic. Dr. Gill did post graduate work at the University of Pennsylvania in 1930 and received additional training in Berlin, Vienna and London in 1936. He was on the board of the Virginia School for the Deaf and Blind, Chairman of the Board of Health in Roanoke, president of the Roanoke Academy of Medicine in 1950-51, was a Mason and was a trustee for the Roanoke Public Library system. As a member of the Roanoke Lions Club, he held numerous local and state offices and rose to be president of Lions International. He invited Helen Keller, who came to Roanoke as a speaker for a Lions meeting, and had the Byrd brothers, Tom, Dick (Admiral Richard) and Harry (Senator of Virginia), attend a national Lions function in Providence, Rhode Island.

He was also the Chairman of the Board of the Salvation Army in Roanoke. Always interested in civic improvements, he worked to obtain a new Health Department building, a sports stadium and a civic auditorium for Roanoke. He was president of the Roanoke Boosters, a group that had an annual day outing to the Greenbrier or the Homestead Hotel resorts. He was Chairman of the Board of Deacons at Calvary Baptist Church and taught the Young Men's Bible Class there for a number of years. Dr. Gill died in Roanoke in 1966.

Elbyrne G. Gill Lecturer



Eric H. Holbrook, MD, MS

Eric H. Holbrook, MD, MS earned his undergraduate degree from Cornell University and medical degree/masters in science degree from the State University of New York Health Science Center in Syracuse. He completed a National Institutes of Health post-doctoral fellowship and residency in otolaryngology at the Medical College of Virginia/Virginia Commonwealth University. He completed further training with a fellowship in Rhinology and Sinus Surgery at the University of Nebraska Medical Center under Dr. Donald Leopold. He has been a member of the full-time faculty at the Massachusetts Eye and Ear (MEE) since 2003, is an Associate Professor of Otolaryngology at Harvard Medical School and serves as Director of the Rhinology Division at MEE. His principal clinical interests are diseases of the nose and sinuses, chronic rhinosinusitis, endoscopic skull base surgery, and olfactory disorders. His research interests include characterization of human olfactory tissue and effects of age, altering olfactory regeneration with odor exposure, alternative forms of olfactory stimulation, and developing methods for manipulating human olfactory stem cells for potential restoration of smell function.

POSTER SESSIONS

FRIDAY, APRIL 8 | 7 - 7:15 AM

Abstract 1: A Unique Case of Papillary Thyroid Carcinoma in a Pediatric Patient with MELAS Syndrome
Jeffrey P. Aldinger, MD; David C. Lieb, MD; Matthew J. Bak, MD; Thomas Q. Gallagher, DO | *EVMS*

Abstract 2: Solitary Extramedullary Plasmacytoma of the Paranasal Sinuses and Nasopharynx:
A Case Series
Andrew Biscardi; Theodore Schuman, MD; Rajeswari Jayakumar, MD Evan Reiter, MD | *VCU*

Abstract 3: COVID-19 Impact on Otolaryngology Surgical Volume
Srihari Daggumati, MD; Christopher Kandl, MD; Pavan S Krishnan, BA; Nima Vahidi, MD; Cheryl Yu, MD;
Kevin Quinn, MD; Jonathan Widmeyer, BS | *VCU*

Abstract 4: Lessons Learned From Inspire Super-Performers
Thomas H. Fitzpatrick IV, MD¹; Pavan S. Krishnan, BS²; Noah J. Hillerbrand, BS²; and Ryan S. Nord, MD¹ |
1 Department of Otolaryngology – Head and Neck Surgery, VCU | 2 VCU

Abstract 5: Sinonasal Lymphoma Presenting with Cranial Neuropathies: A Case Report with a
Diagnostic Dilemma
LCDR Christopher J. Hill, MD; LT Thomas P. McDonald, MD; LCDR Kerry Baumann, DDS;
CDR Gregory G. Capra, MD; LCDR; Michael E. Eliason, MD | *NMCP*

FRIDAY, APRIL 8 | 12:10 - 1:10 PM

Abstract 6: Congenital Granular Cell Tumor Presenting as an Oral Cavity Mass in a Newborn:
A Case Report and Literature Review
Thomas McDonald, MD; James McLean, MD; Erin Hamersley, DO | *NMCP*

Abstract 7: IgG4 Related Disease of the Salivary Glands Progressing to Hypophysitis:
A Case Report and Literature Review for the Otolaryngologist
Ethan K. McGann, MD; Jessica Winters, MD | *Naval Medical Center Portsmouth*

Abstract 8: Parapharyngeal Mass Arising in a Patient with Loeys-Dietz Syndrome:
Case Report and Review of the Otolaryngologic Manifestations of the Syndrome
Shaidy Moronta, DO; Brian Gross, MD | *Lewis Gale Medical Center*

Abstract 9: Critical Assessment of Gender and Ethnicity in the Residency Selection Process
Kaylee R. Purpura, MD¹; Benjamin Rubinstein, MD¹; Angela J. Toepp, PhD¹; Lucia Diaz Garcia, MD²;
Eric Dobratz, MD¹
1 EVMS | 2 Cooper Medical School at Rowan University

Abstract 10: An Evaluation of the Predictive Value of a Modified Frailty Index on Perioperative Morbidity
and Mortality Following Otologic Surgery
Kevin Quinn, MD; Yuchi Ma, BS; Daniel Coelho, MD | *VCU*

POSTER SESSIONS

FRIDAY, APRIL 8 | 3:05 - 3:35 PM

Abstract 11: First Injection Aspiration of Hyaluronic Acid Filler to Avoid Vascular Complications
Kevin Quinn, MD; Brandon Wachal, MD; Srihari Daggumati, MD; Christina Nam, BS;
Michael Godin, MD | *VCU*

Abstract 12: Diastrophic Dysplasia Presenting as Bilateral Auricular Seromas in a Newborn
Leah Sax, MD; Michael Larson, MD, Christine Kim, BS, Thomas Gallagher, DO,
David Darrow, MD | *EVMS*

Abstract 13: Melanotic Oncocytic Metaplasia: A Mimic of Melanoma
Ashley Schemel (LT, MC, USN), MD; Theresa McAlister (2ndLt, MC, USAF); Robert Lindau, MD |
Naval Medical Center Portsmouth

Abstract 14: Spiradenocarcinoma: A Case Report and Review of the Literature
Ashley Schemel (LT, MC, USN), MD; Theresa McAlister (2ndLt, MC, USAF), Andrew Coughlin, MD | *Naval
Medical Center Portsmouth*

Abstract 15: Prospective Trial Comparing Anesthetic Efficacy of a Novel Intranasal
Tetracaine/Oxymetazoline Foam to Cotton Pledget Application for Flexible Nasolaryngoscopy
Emily Wikner, MD; Jonathan Mark, MD | *EVMS*

SATURDAY, APRIL 9 | 7 - 7:55 AM

Abstract 16: The Case for Intra-Operative X-Ray Imaging in Cochlear Implantation: Three Illustrative
Cases and Literature Review
Cheryl Yu, MD; Rhea Singh, BS; Sean Kastetter, CCC-A; Akilah Pierre-Louis, BS; Daniel H. Coelho, MD | *VCU*

Abstract 17: Ex Utero Intrapartum Treatment (EXIT) Procedure Case Series: Multidisciplinary approach
to Planning, Decision Making, and Execution
Cheryl Yu, MD; Gregory Vorona, MD; Jacqueline Urbine, MD; Beata Evans, MD;
Fatoumata Kromah, MD; Edward Springel, MD; Rajanya Petersson, MD | *VCU*

Abstract 18: HPV+ Oropharyngeal Large Cell Neuroendocrine Carcinoma: A Case Report and Review of
the Literature
LCDR Jason M. Wray II, MC, USN, LCDR Kerry B. Baumann, DC, USN, CAPT Kevin R. Torske, DC, USN,
CAPT Terence E. Johnson, MC, USN | *Naval Medical Center Portsmouth*



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