

2024 ANNUAL MEETING



MAY 3-4, 2024
HILTON DOWNTOWN RICHMOND



MEETING INFORMATION

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Eastern Virginia Medical School and the Virginia Society of Otolaryngology. Eastern Virginia Medical School is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation

Eastern Virginia Medical School designates this live activity for a maximum of 12.75 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Credit Claim Instructions

Each attendee will receive an email from EVMS with the evaluation link. Once you complete the evaluation, you will receive a certificate.

Poster Session

The posters will be available for viewing on Friday and Saturday during breakfast, breaks, and lunch. CME credit can be claimed for the poster session.

Exhibits

We extend our sincere appreciation to companies that have supported this conference. All refreshments will be served in the exhibit area. Please visit the exhibitors!

Play to Win Raffle

At registration, attendees will be given a "Play to Win" game card. Visit all of the vendors to get a signature from each one. We will raffle off two \$150 gift cards. The raffle will be held on Saturday at 12:00 pm as the meeting adjourns. You must be present to win.

Save the Date

2025 Annual Meeting | **May 2 - 3, 2025** | Westin Arlington Gateway

VSO-HNS

Whitney Conrad, VSO Society Manager

2821 Emerywood Parkway, Suite 200 | Richmond, VA 23294

804.625.3851 | wconrad@ramdocs.org | www.VSO-HNS.org



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AGENDA



FRIDAY, MAY 3

Miller Rhoads Gerhart Ballroom

- 7:00 - 7:45 am **Registration | Breakfast with Vendors | Poster Session**
River City Ballroom
- 7:45 - 8:00 am **Welcome Remarks & VSO-HNS Annual Business Meeting**
Daniel Coelho, MD | *VSO-HNS President*
- 8:00 - 8:05 am **ABSTRACT: Comprehensive Analysis of Adverse Events Associated with Hypoglossal Nerve Stimulators: Insights from the MAUDE Database**
Mihai Bentan, BA | *VCU*
- 8:05 - 8:10 am **ABSTRACT: The Impact of Resident Involvement and Postgraduate Year on Head and Neck Surgery for Obstructive Sleep Apnea**
Mihai Bentan, BA | *VCU*
- 8:10 - 8:15 am **ABSTRACT: Assessing Otolaryngology Quality Improvement Curriculum Needs: A Multi-Site Cross-Sectional Study**
Sarah Debs, MD | *VCU*
- 8:15 - 9:00 am **Practical Strategies to Establish a YouTube Presence**
Christopher Chang, MD | *Fauquier ENT Private Practice*
- 9:00 - 10:00 am **PANEL: Biologics in 2024 - A Multidisciplinary Approach**
MODERATOR:
Theodore Schuman, MD, FACS | *VCU*
- PANELISTS:**
- Farrukh Abbas, MD | *VCU*
 - Wei Zhao, PhD, MD | *VCU*
 - Kent Lam, MD | *EVMS*
- 10:00 - 10:30 am **Break with Vendors | Poster Session**
River City Ballroom

AGENDA



FRIDAY, MAY 3

- 10:30 - 10:35 am **ABSTRACT: Botulinum Toxin for Treatment of Synkinesis: Effects on Anxiety and Depression**
Feyisayo Adegboye, BS | *UVA*
- 10:35 - 10:40 am **ABSTRACT: Point of Care 3D Printing of Tracheostomy Tubes**
Mikayla Huestis, MD | *EVMS*
- 10:40 - 10:45 am **ABSTRACT: Endoscopic Assisted Presigmoid Approach to the Internal Auditory Canal: A Feasibility Study**
Lindsay Irwin, BS | *VCU*
- 10:45 - 11:15 am **Updates on Hypoglossal Nerve Stimulation**
Ryan Nord, MD | *VCU*
- 11:15 am - 12:15 pm **Elbyrne G. Gill Lecture: A Bedside to Bedside Odyssey in ORL-HNS**
John E. Fenton, FRCSI
Consultant in Academic ORL-HNS, University Hospital Limerick & University of Limerick Medical School, Ireland
- 12:15 - 1:00 pm **Lunch with Vendors | Poster Session**
River City Ballroom

AGENDA

VIRGINIA SOCIETY OF
OTOLARYNGOLOGY

FRIDAY, MAY 3

BREAKOUT SESSIONS

1:00 PM - 2:15 PM

Choose one session:

HPV-Associated Oncology

or

Pediatrics Controversies

Miller Rhoads Gerhart Ballroom

Amethyst Room

Miller Rhoads Gerhart Ballroom

MODERATOR:

KATHERINE FEDDER, MD | UVA

1:00 - 1:05 pm

ABSTRACT: Calcium Normalization Among Patients Receiving Subtotal or Total Versus Partial Parathyroidectomy for the Treatment of Tertiary Hyperparathyroidism

Suhas Bharadwaj, MD | *EVMS*

1:05 - 1:10 pm

ABSTRACT: Prospective, 5-Year Evaluation of Thyroid Function Following Thyroid Lobectomy

Ngun Chin, BS | *Navy Medical Center Portsmouth*

1:10 - 1:15 pm

ABSTRACT: Triggers for Palliative Care Consultation in Advanced Head and Neck Cancer: A Quality Improvement Project

Asheema Pruthi, MD | *EVMS*

1:15 - 2:15 pm

PANEL: Update in HPV-Associated Head & Neck Oncology

MODERATOR:

Katherine Fedder, MD | *UVA*

PANELISTS:

- Jonathan Garneau, MD | *UVA*
- Christopher Kandl, MD | *VCU*
- Jonathan Mark, MD | *EVMS*
- Christopher McLaughlin, MD | *UVA*

2:15 - 2:45 pm

BREAK WITH VENDORS | POSTER SESSION

River City Ballroom

HPV

ONCOLOGY

AGENDA



FRIDAY, MAY 3

BREAKOUT SESSIONS

1:00 PM - 2:15 PM

Choose one session:

HPV-Associated Oncology
Miller Rhoads Gerhart Ballroom

or

Pediatrics Controversies
Amethyst Room

Amethyst Room

MODERATOR: RAJANYA PETERSSON, MD | VCU

1:00 - 1:05 pm

ABSTRACT: Titration Protocol for Pediatric Upper Airway Stimulation

Robert Frederick, MD | EVMS

1:05 - 1:10 pm

ABSTRACT: Factors Predicting Adenotonsillectomy for Pediatric Mild SDB: Analysis of PATS Data

Kristina Powers, MD | EVMS

1:10 - 1:15 pm

ABSTRACT: Errors in the Otolaryngology Head and Neck Surgery Literature

Mihai Bentan, BA | VCU

1:15 - 2:15 pm

PANEL: Updates in Pediatric Controversies

MODERATOR:

Rajanya Petersson, MD | VCU/CHoR

PANELISTS:

- William Brand, MD | UVA
- Justin Brockbank, MD | VCU/CHoR
- Kelley Dodson, MD | VCU/CHoR
- Thomas Gallagher, DO | EVMS/CHKD
- Erin Hamersley, DO | EVMS

2:25 - 2:45 pm

BREAK WITH VENDORS | POSTER SESSION

River City Ballroom

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AGENDA



FRIDAY, MAY 3

Miller Rhoads Gerhart Ballroom

2:45 - 3:15 pm

Updates from the ABOTO

Brian Nussenbaum, MD | *ABOTO-HNS*

3:15 - 3:30 pm

Evaluation of Vocal Cord Dysfunction

Catherine Lintzenich, MD | *Riverside ENT Physicians & Surgeons*

3:30 - 4:30 pm

PANEL: Otalgia

MODERATOR:

Nauman Manzoor, MD | *VCU*

PANELISTS:

- John Fenton, FRCSI | *University Hospital Limerick*
- Alexandra Howell, DMD | *VCU*
- Brad Kesser, MD | *UVA*
- Shawn McMahon, DDS | *VCU*

4:30 - 5:30 pm

Resident Academic Bowl

MODERATOR:

Eric Dobratz, MD | *EVMS*

5:30 pm

Announcements and Adjourn

5:30 - 6:30 pm

RECEPTION

River City Ballroom

AGENDA



SATURDAY, MAY 4

Miller Rhoads Gerhart Ballroom

- 7:00 - 7:55 am **Breakfast with Vendors | Poster Session**
River City Ballroom
- 7:55 - 8:00 am **Welcome and Announcements**
Daniel Coelho, MD | *VSO-HNS President*
- 8:00 - 8:30 am **Legislative Update**
Aaron Castelo, AAO-HNSF
- 8:30 - 9:45 am **PANEL: Gender Affirmation Surgery Panel**
MODERATOR:
Jacob Kuperstock, MD | *Otolaryngology Associates, PC*
- PANELISTS:**
- Mary Stevenson, MD | *VCU*
 - Britt Walsh, LICSW, LCSW-C, LCSW, CPH | *Whitman Walker Clinic*
 - Jaemin Yoo, MS, CCC-SLP | *VCU*
 - Erin Wind, MS, MM, CCC-SLP | *Sheltering Arms*
- 9:45 - 10:15 am **Break with Vendors | Poster Session**
- 10:15 - 10:20 am **ABSTRACT: Incidental Findings on MRIs for Asymmetric Sensorineural Hearing Loss: A Clinical and Economic Analysis**
Lawrance Lee, MD | *VCU*
- 10:20 - 10:25 am **ABSTRACT: Examining Efficacy of Steroid Rinses and Smell Retraining in Restoring Olfactory Function in COVID-19 Anosmia**
Ethan McGann, MD | *Naval Medical Center Portsmouth*
- 10:25 - 10:30 am **ABSTRACT: Imaging and Surgical Management of Substernal Thyroid Goiters**
Katherine Webb, MD | *UVA*

AGENDA



SATURDAY, MAY 4

Miller Rhoads Gerhart Ballroom

10:30 - 11:30 am **PANEL: The Otolaryngology Workforce:
What Does the Future Have in Store?**

MODERATOR:

Brad Kesser, MD | *UVA*

PANELISTS:

- Laurence DiNardo, MD | Chair, *VCU*
- Stephen Park, MD | Chair, *UVA*
- Barry Strasnick, MD | Chair, *EVMS*
- David Salley, MD | *Virginia ENT Associates*
- Jacob Kuperstock, MD | *Otolaryngology Associates*

11:30 - 12:00 pm **Facial Reanimation**

Samuel Oyer, MD | *UVA*

12:00 pm **Final Announcements | Oral & Poster Winners | Adjourn**

ENDOWED LECTURESHIP



The Virginia Society of Otolaryngology - Head and Neck Surgery gratefully acknowledges the continued support of the **Elbyrne G. Gill Eye and Ear Foundation** in Roanoke, Virginia. Each year, our guest speaker presents the named lectures at our annual meeting.

Dr. Elbyrne Grady Gill was born in Bedford County, Virginia, October 21, 1891. His parents were Dr. Stonewall Jackson Gill and Mittie Lillian Page Gill. Following his father, he graduated from Vanderbilt Medical School in 1916. After graduation, he worked at the New York Eye & Ear Infirmary from 1917 to 1918. In 1919, he began his private practice in Roanoke, Virginia. He married Ruth Houck Meals June 26, 1923, with three daughters, Edith Page, Jean Vaughan and Betty Byrne, the results of that marriage. He founded **Gill Memorial Eye, Ear, Nose and Throat Hospital** in Roanoke in 1926, and in 1927, began the first post graduate course for ophthalmologists and otolaryngologists in the country.

During the years of the courses, he had famous lecturers such as Sir Alexander Fleming, discoverer of penicillin, Dr. Selman Waksman, discoverer of streptomycin, Commander Best, co-discover of insulin and the Mayo brothers from the Mayo Clinic. Dr. Gill did post graduate work at the University of Pennsylvania in 1930 and received additional training in Berlin, Vienna and London in 1936. He was on the board of the Virginia School for the Deaf and Blind, Chairman of the Board of Health in Roanoke, president of the Roanoke Academy of Medicine in 1950-51, was a Mason and was a trustee for the Roanoke Public Library system. As a member of the Roanoke Lions Club, he held numerous local and state offices and rose to be president of Lions International. He invited Helen Keller, who came to Roanoke as a speaker for a Lions meeting, and had the Byrd brothers, Tom, Dick (Admiral Richard) and Harry (Senator of Virginia), attend a national Lions function in Providence, Rhode Island.

He was also the Chairman of the Board of the Salvation Army in Roanoke. Always interested in civic improvements, he worked to obtain a new Health Department building, a sports stadium and a civic auditorium for Roanoke. He was president of the Roanoke Boosters, a group that had an annual day outing to the Greenbrier or the Homestead Hotel resorts. He was Chairman of the Board of Deacons at Calvary Baptist Church and taught the Young Men's Bible Class there for a number of years. Dr. Gill died in Roanoke in 1966.

ELBYRNE G. GILL LECTURER

Professor John Fenton, FRCSI, (ORL-HNS), is an ENT/Head and Neck Surgery Consultant at the Mid-Western Regional Hospital, Limerick and Barringtons Hospital. He is also an adjunct Professor in the specialty at the Faculty of Science, University of Limerick.

He has taught ENT to students in all of the medical schools in his country and contributed to teaching at the University of New South Wales and Parisian schools whilst undertaking Fellowships in Australia and France respectively. He was involved in the introduction of the new medical curriculum at the University of Liverpool during his tenure as Senior Lecturer there and has published extensively on the academic aspects of his specialty.



John E. Fenton, FRCSI

POSTER SESSIONS



POSTERS CAN BE VIEWED DURING THE FOLLOWING TIMES:

FRIDAY, MAY 3 7:00 - 8:00 am **SATURDAY, MAY 4:** 7:00 - 8:00 am
10:00 - 10:30 am 10:00 - 10:30 am
12:15 - 1:00 pm 12:15 - 1:00 pm

ABSTRACT 1: **Efficacy of Barbed Reposition Pharyngoplasty & Hypoglossal Nerve Stimulation in Patients Without the Tongue Base or Epiglottic Collapse**

Mihai Bentan, BA | VCU

ABSTRACT 2: **Gun Shot Injuries to the Temporal Bone: Anatomic Predictors of Mortality**

Mihai Bentan, BA | VCU

ABSTRACT 3: **On-Call Otolaryngology**

Thomas H. Fitzpatrick, MD | VCU

ABSTRACT 4: **Can Biomarkers Predict Treatment Strategies in Chronic Rhinosinusitis?**

Zi Guo, MS | EVMS

ABSTRACT 5: **The Effect of Immunotherapy on Incidental Thyroid Nodules in Head and Neck Cancer Patients**

Perry B. Hammond, MD | EVMS

ABSTRACT 6: **Morning Glory Plus: A Novel Association of Congenital Midline Abnormalities**

Cameron Lindeman, DO | Naval Medical Center Portsmouth

ABSTRACT 7: **Second Mountain: A Pilot Wellness Program**

Barry Daniel Long, MD | VCU

ABSTRACT 8: **A Novel Technique for a Readily Available and Customizable Pharyngocutaneous Fistula Prosthesis**

Ethan McGann, MD | Naval Medical Center Portsmouth

POSTER SESSIONS



- ABSTRACT 9:** **Otologic Considerations in Caring for the Professional Aviator**
Ethan McGann, MD | *Naval Medical Center Portsmouth*
- ABSTRACT 10:** **FESS Decreases the Risk of Cardiovascular Events in an OSA Population: A TriNetX Database Study**
Amala Nayak, BS | *VCU*
- ABSTRACT 11:** **Lefort Surgery and Post-Operative Septal Abnormalities**
Ashley Schemel, MD | *Naval Medical Center Portsmouth*
- ABSTRACT 12:** **Lefort Surgery Role in Chronic Rhinosinusitis**
Ashley Schemel, MD | *Naval Medical Center Portsmouth*
- ABSTRACT 13:** **Multidisciplinary Sleep Apnea Clinic at VCU Health: A Five-Year Retrospective**
Roberto Spilka, BS | *VCU*
- ABSTRACT 14:** **Sarcoidosis of the Olfactory Groove Presenting with Anosmia: A Case Report and Literature Review**
Brennan Wells, BS | *EVMS*
- ABSTRACT 15:** **Inpatient Dysphonia Consults: Comparing Trends and Outcomes in Relative to Intubation**
Emma West, MD | *VCU*

To view the Virtual Posters, scan the QR code below!



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