

2023 ANNUAL MEETING



MARCH 31 & APRIL 1, 2023
HILTON VIRGINIA BEACH OCEANFRONT



MEETING INFORMATION

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Eastern Virginia Medical School and the Virginia Society of Otolaryngology. Eastern Virginia Medical School is accredited by the ACCME to provide continuing medical education for physicians.

Credit Designation

Eastern Virginia Medical School designates this live activity for a maximum of 11.25 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



Credit Claim Instructions

Each attendee will receive an email from EVMS with the evaluation link. Once you complete the evaluation, you will receive a certificate.

Poster Session

The posters will be available for viewing on Friday and Saturday. Please refer to the agenda for the times that the presenters will be at their poster to discuss it. CME credit can be claimed for the poster session.

Exhibits

We extend our sincere appreciation to companies that have supported this conference. All refreshments will be served in the exhibit area. Please visit the exhibitors!

Play to Win Raffle

At registration, attendees will be given a "Play to Win" game card. Visit all of the vendors to get a signature from each one. We will raffle off two prizes: Apple AirPods Pros & a Bose Speaker. The raffle will be held on Saturday after the 10:15 am networking break.

Save the Date

2024 Annual Meeting | **May 3 & 4, 2024** | Hilton Downtown Richmond

VSO-HNS

Carly Miller, VSO Society Manager
2821 Emerywood Parkway, Suite 200 | Richmond, VA 23294
804.625.3851 | cmiller@ramdocs.org | www.VSO-HNS.org



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AGENDA



FRIDAY, MARCH 31

Peacock Salon A

- 7:00 - 7:45 am **Registration | Breakfast with Exhibitors | Poster Session**
- 7:45 - 8:15 am **Welcome Remarks & VSO-HNS Annual Business Meeting**
Ashley Schroeder, MD | *VSO-HNS President*
- 8:15 - 8:20 am **ABSTRACT: Respiratory Sensor Lead Malfunction in Upper Airway Stimulation: A Single Institution Report**
Albina Islam, BS | *VCU Health*
- 8:20 - 8:25 am **ABSTRACT: Correlation Between Pediatric OSA Severity and Endocan Biomarker Levels**
Matthew Lelegren, MD | *EVMS*
- 8:25 - 8:55 am **Sleep Studies: Interpreting the Hieroglyphics**
Aarthi Vemana, MD | *INOVA*
- 8:55 - 9:45 am **Dilemmas in Pediatric Sleep Panel Discussion**
MODERATOR:
Stephanie Wong, MD | *VCU*

PANELISTS:
 - Aarthi Vemana, MD | *INOVA*
 - Ariana Greenwell, MD | *UVA*
 - Cristina Baldassari, MD | *EVMS/CHKD*
- 9:45 - 10:15 am **Break with Exhibitors | Poster Sessions**

AGENDA



FRIDAY, MARCH 31

BREAKOUT SESSIONS

10:15 AM - 12:15 PM

Choose one session:

Facial Plastics or **Otology**

Peacock Salon A

MODERATORS:

RAJAYNA PETERSSON, MD | VCU
WILLIAM DOUGHERTY, MD | EVMS

10:15 - 10:20 am

ABSTRACT: Left Complete Facial Paralysis Following Chemical Explosion

Michael Larson, MD | *EVMS*

10:20 - 10:25 am

ABSTRACT: Patient Reported Pain and Narcotic Usage Following Septorhinoplasty

Kevin Carlson, MD | *EVMS*

10:25 - 10:30 am

ABSTRACT: Cosmetic Alar Deformity after Radiofrequency Treatment of the Nasal Valve

Michael Larson, MD | *EVMS*

10:30 - 11:00 am

Facial Plastics Survival Manual

Jared Christophel, MD | *Hampton Roads ENT*

11:00 - 12:15 pm

Establishing Tip Projection & Rotation in Rhinoplasty

MODERATOR:

William Dougherty | *EVMS*

PANELISTS:

- Eric Dobratz, MD | *EVMS*
- Jared Christophel, MD | *Hampton Roads ENT*
- Mark Rubinstein, MD | *INOVA*

12:15 - 1:15 pm

Lunch with Exhibitors | Poster Sessions

FACIAL PLASTICS

AGENDA



FRIDAY, MARCH 31

BREAKOUT SESSIONS

10:15 AM - 12:15 PM

Choose one session:

Facial Plastics or **Otology**

Peacock Salon C

MODERATORS: **ASHELY SCHROEDER, MD | EVMS**
PETER VOLSKY, MD | EVMS

10:15 - 10:20 am **ABSTRACT: Increased Incidence of Vestibular Disorders in Patients with SARS-CoV-2**
Lawrence Lee, MD | VCU

10:20 - 10:25 am **ABSTRACT: Pneumolabyrinth Secondary to Head Trauma Causing Profound Hearing Loss**
Shreya Mandava, MD | UVA

10:25 - 10:30 am **ABSTRACT: Ex Utero Intrapartum Treatment (EXIT) Procedure Case Series: Multidisciplinary Approach to Planning, Decision Making, and Execution**
Sarah Debs, MD | VCU

10:30 - 11:00 am **Pulsatile Tinnitus: Contemporary Diagnosis & Management**
Daniel H. Coelho, MD, FACS | VCU

11:00 - 12:15 pm **Management Tips for Tough Ears and Workup of Vexing Complaints**
MODERATOR:
Peter Volsky, MD | EVMS

PANELISTS:

- Bradley Kesser, MD | UVA
- Mitch Eliason, MD | NMCP
- Daniel H. Coelho, MD, FACS | VCU
- Virginia Teti, MD | NMCP

12:15 - 1:15 pm **Lunch with Exhibitors | Poster Sessions**

OTOLARYNGOLOGY

AGENDA



FRIDAY, MARCH 31

BREAKOUT SESSIONS

1:15 PM - 3:15 PM

Choose one session:

Laryngology or **Rhinology**

Peacock Salon A

MODERATORS: **RAJAYNA PETERSSON, MD | VCU**
BEN RUBINSTEIN, MD | EVMS

1:15 - 1:20 pm **ABSTRACT: Utility of LMA in Pediatric Tonsillectomy: A Randomized Trial**
Matthew Lelegren, MD | *EVMS*

1:20 - 1:25 pm **ABSTRACT: Efficacy of In-Office Balloon Dilation for Patients with Cricopharyngeal Abnormalities**
Adithya Reddy, BS | *UVA*

1:25 - 1:30 pm **ABSTRACT: Evolving Endotracheal Tube Preferences and Practices: Intensivist Knowledge Gaps and Sex Disparities**
Cameron Stadlin, BS | *UVA*

1:30 - 2:00 pm **Chronic Cough: A Clinician's Perspective**
John Sinacori, MD, FACS | *EVMS*

2:00 - 3:15 pm **Laryngology Panel: Selected Clinical Cases**
MODERATOR:
Ben Rubinstein, MD | *EVMS*

PANELISTS:

- Nanazeen Grant, MD | *MedStar Georgetown*
- Catherine Lintzenich, MD, FACS | *Riverside ENT Physicians & Surgeons Williamsburg*
- Sarah Rapoport, MD | *Georgetown University*
- John Sinacori, MD, FACS | *EVMS*

3:15- 3:45 pm **Break with Exhibitors | Poster Sessions**

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AGENDA



FRIDAY, MARCH 31

BREAKOUT SESSIONS

1:15 PM - 3:15 PM

Choose one session:

Laryngology or **Rhinology**

Peacock Salon C

MODERATORS: **ASHLEY SCHROEDER, MD | EVMS**
KENT LAM, MD | EVMS

1:15 - 1:20 pm **ABSTRACT: Synergistic Effect of Electronic and Conventional Cigarette Use on Sinonasal Symptomatology**
Graham Pingree, BA | VCU

1:20 - 1:25 pm **ABSTRACT: Reliability of Commercially Available Digital Endoscopes in an Outpatient Setting**
Michael McWilliams, MD | VCU

1:25 - 1:30 pm **ABSTRACT: Impact of Dual Electronic and Conventional Cigarette Use on Diagnosis and Surgery for Chronic Rhinosinusitis: A Multicenter Study**
Graham Pingree, BA | VCU

1:30 - 2:15 pm **Approach to Revision Sinus Surgery**
Gregory Capra, MD, FARS | NMCP

2:15 - 3:15 pm **Rhinology Potpourri: Expert Approaches to Challenging Cases**
MODERATOR:
Kent Lam, MD | EVMS

PANELISTS:

- Gregory Capra, MD, FARS | NMCP
- Ameet Singh, MD | INOVA

3:15- 3:45 pm **Break with Exhibitors | Poster Session**

RHINOLOGY

AGENDA



FRIDAY, MARCH 31

Peacock Salon A

3:45 - 4:45 pm

Incorporating APPs into Your Practice

MODERATOR:

John Mason, MD | *Charlottesville ENT Associates*

PANELISTS:

Jonathan Lively, PA-C, MSPAS | *EVMS*

Thomas Gallagher, DO | *CHKD*

William Brand, MD | *VCU*

Shanna Harris, MS, RN, CPNP, CLC | *CHKD*

Denise Jackson, PA-C, CCC-SLP | *UVA*

4:45 - 5:45 pm

Resident Academic Bowl (Not for CME)

MODERATOR: Eric Dobratz, MD | *EVMS*

5:45 pm

Announcements and Adjourn

5:30 - 6:30 pm

VSO-HNS Reception

SATURDAY, APRIL 1

Peacock Salon A

7:00 - 7:50 am

Breakfast with Exhibitors

7:50 - 7:55 am

Announcements

Ashley Schroeder, MD | *VSO- HNS President*

7:55 - 8:55 am

Dental Considerations in Treating Head & Neck Cancer

MODERATOR:

Jonathan Mark, MD | *EVMS*

PANELISTS:

- David Cagnetti, MD | *Thomas Jefferson University*
- Erik K. Lappinen, MD | *EVMS*
- Patrick Morgan, MD | *EVMS*
- Pandora Lee, DMD | *VCU*

AGENDA



SATURDAY, APRIL 1

Peacock Salon A

- 8:55 - 10:00 am **ELBYRNE G. GILL LECTURE**
The Stones & Groans of Sialendoscopy
David Cognetti, MD
Chair, Department of Otolaryngology - Head and Neck Surgery
The Herbert Kean, MD, Professor of Otolaryngology -
Head and Neck Surgery
Thomas Jefferson University
- 10:00 - 10:05 am **ABSTRACT: Hurthle Cell Carcinoma: A Single Institution's 30-Year Experience**
Nelson Gruszczyński, MD | UVA
- 10:05 - 10:10 am **ABSTRACT: Syphilis Presenting as Oropharyngeal Lesions with Cervical Lymphadenopathy Concerning for Malignancy: A Case Series**
Serena Pu, BA | EVMS
- 10:10 - 10:15 am **ABSTRACT: Establishment of Interdisciplinary Hands-on Didactics for Thyroid and Neck Ultrasound and Fine Needle Aspiration: A Single Institution Experience**
Sarah Sun, MD | EVMS
- 10:15 - 10:45 am **Break with Exhibitors | Poster Session**
- 10:45 - 10:50 am **ABSTRACT: How Has COVID-19 Affected Resident Well-Being and the Clinical Learning Environment?**
Graham Pingree, BS | VCU
- 10:50 - 10:55 am **ABSTRACT: Tracheoesophageal Fistula as a Complication of Invasive Ventilation in COVID-19 Repaired with a Pectoralis Major Muscle Flap**
Kevin Carlson, MD | EVMS
- 10:55 - 11:45 am **Update from the American Academy of Otolaryngology**
Tom Radder
Senior Manager for Congressional & Political Advocacy
- 11:45 - 12:00 pm **Final Announcements | Oral & Poster Winners | Adjourn**

ENDOWED LECTURESHIP



The Virginia Society of Otolaryngology - Head and Neck Surgery gratefully acknowledges the continued support of the **Elbyrne G. Gill Eye and Ear Foundation** in Roanoke, Virginia. Each year, our guest speaker presents the named lectures at our annual meeting.

Dr. Elbyrne Grady Gill was born in Bedford County, Virginia, October 21, 1891. His parents were Dr. Stonewall Jackson Gill and Mittie Lillian Page Gill. Following his father, he graduated from Vanderbilt Medical School in 1916. After graduation, he worked at the New York Eye & Ear Infirmary from 1917 to 1918. In 1919, he began his private practice in Roanoke, Virginia. He married Ruth Houck Meals June 26, 1923, with three daughters, Edith Page, Jean Vaughan and Betty Byrne, the results of that marriage. He founded **Gill Memorial Eye, Ear, Nose and Throat Hospital** in Roanoke in 1926, and in 1927, began the first post graduate course for ophthalmologists and otolaryngologists in the country.

During the years of the courses, he had famous lecturers such as Sir Alexander Fleming, discoverer of penicillin, Dr. Selman Waksman, discoverer of streptomycin, Commander Best, co-discover of insulin and the Mayo brothers from the Mayo Clinic. Dr. Gill did post graduate work at the University of Pennsylvania in 1930 and received additional training in Berlin, Vienna and London in 1936. He was on the board of the Virginia School for the Deaf and Blind, Chairman of the Board of Health in Roanoke, president of the Roanoke Academy of Medicine in 1950-51, was a Mason and was a trustee for the Roanoke Public Library system. As a member of the Roanoke Lions Club, he held numerous local and state offices and rose to be president of Lions International. He invited Helen Keller, who came to Roanoke as a speaker for a Lions meeting, and had the Byrd brothers, Tom, Dick (Admiral Richard) and Harry (Senator of Virginia), attend a national Lions function in Providence, Rhode Island.

He was also the Chairman of the Board of the Salvation Army in Roanoke. Always interested in civic improvements, he worked to obtain a new Health Department building, a sports stadium and a civic auditorium for Roanoke. He was president of the Roanoke Boosters, a group that had an annual day outing to the Greenbrier or the Homestead Hotel resorts. He was Chairman of the Board of Deacons at Calvary Baptist Church and taught the Young Men's Bible Class there for a number of years. Dr. Gill died in Roanoke in 1966.



ELBYRNE G. GILL LECTURER

David M. Cognetti, MD, is a Professor and Chair in the Department of Otolaryngology – Head and Neck Surgery at Thomas Jefferson University and is a member of the Sidney Kimmel Cancer Center. Dr. Cognetti received his medical degree from the University of Pittsburgh School of Medicine. He completed his residency training in Otolaryngology at Jefferson prior to returning to the University of Pittsburgh for a one-year fellowship in Advanced Head and Neck Oncologic Surgery. Dr. Cognetti currently serves as Director of the Jefferson Center for Head and Neck Surgery as well as President for Pennsylvania Academy of Otolaryngology - Head and Neck Surgery. His clinical and research interests focus on less invasive approaches in the head and neck including transoral robotic surgery, endoscopic laser surgery, sentinel node biopsy, and sialendoscopy. He holds many leadership positions at the local, regional and national levels. He currently has over 80 publications.



**David M.
Cognetti, MD, FACS**

POSTER SESSIONS



FRIDAY, MARCH 31 | 9:45 - 10:15 AM

**ABSTRACT 1: Timing of Post-Traumatic Mandibular Reconstruction:
A Case Report and Review of the Literature**

Jeffrey Bellinger, BS | *UVA*

**ABSTRACT 2: Congenital Aural Stenosis Complicated by
Cholesteatoma: A Case Report**

Jeffrey Bellinger, BS | *UVA*

**ABSTRACT 3: Chondrosarcoma of the Larynx: A Case Report and
Review of the Literature**

Ana Brennan, BS | *UVA*

**ABSTRACT 4: Quality, Readability, and Understandability of Online
Posterior Glottic Stenosis Information**

Julian De La Chapa, BS | *UVA*

FRIDAY, MARCH 31 | 12:15 - 1:15 PM

**ABSTRACT 5: Should Lateral Wall Collapse Be a Contraindication for
Upper Airway Stimulation?**

Thomas Fitzpatrick, MD | *VCU*

**ABSTRACT 6: Large Sinonasal Solitary Fibrous Tumor Mimicking a
Lobular Capillary Hemangioma: A Case Report and
Review of the Literature**

Claudia Gutierrez, MD, MS | *UVA*

**ABSTRACT 7: Imperial Epistaxis and Edema: Insights Into the Death
of the Roman Emperor Hadrian**

Perry Hammond, MD | *EVMS*

ABSTRACT 8: CSF Leak Management with Dehiscent Facial Nerve

Mikayla Huestis, MD | *EVMS*

**ABSTRACT 9: NSQIP Outcomes of Superficial Parotidectomy With or
Without Facial Nerve Dissection: The Case for
Extracapsular Dissection**

Michael McWilliams, MD | *VCU*

POSTER SESSIONS



FRIDAY, MARCH 31 | 3:15 - 3:45 PM

- ABSTRACT 10:** **Vagal Nerve Schwannoma: A Rare Entity Diagnosed With the Aid of Imaging and Pathology**
Claudia Mondragon, MD | *NMCP*
- ABSTRACT 11:** **A Case of Perineural Invasion of Right Facial and Vidian Nerves by Squamous Cell Carcinoma Misdiagnosed as Bell's Palsy**
Adithya Reddy, BS | *UVA*
- ABSTRACT 12:** **Respiratory Epithelial Adenomatoid Hamartoma in the Midst of Polyposis: A Case Report and Review of the Literature**
Ashley Schemel, MD | *NMCP*
- ABSTRACT 13:** **Vestibular Schwannoma and Paraganglioma: A Rare Concurrent Presentation**
Ashley Schemel, MD | *NMCP*
- ABSTRACT 14:** **Cochlear Implantation in the Setting of Traumatic Pneumolabyrinth**
Mariah Servos Li, MD | *EVMS*

SATURDAY, APRIL 1 | 10:15 - 10:45 AM

- ABSTRACT 15:** **Laryngeal Melanoma: A Case Report and Review of the Literature**
Ashley Schemel, MD | *NMCP*
- ABSTRACT 16:** **Glottic Spindle Cell Carcinoma: A Case Report and Review of the Literature**
Ashley Schemel, MD | *NMCP*
- ABSTRACT 17:** **Atypical Carcinoid Tumors of the Larynx; a Case Report and Review of Presentation and Treatment Options**
Katherine Webb, MD | *UVA*
- ABSTRACT 18:** **Orbital Pseudotumor Associated with Chronic Rhinosinusitis and Maxillary Fungus Ball Responsive to Oral Antifungal Therapy**
Emma West, MD | *VCU*

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