

VIRGINIA SOCIETY OF
OTOLARYNGOLOGY



WEST VIRGINIA ACADEMY
OF OTOLARYNGOLOGY

2026 ANNUAL MEETING



MAY 7 - 9, 2026

THE GREENBRIER RESORT

WHITE SULFUR SPRINGS, WV



MEETING INFORMATION

Accreditation Statement

In support of improving patient care, this activity has been planned and implemented by the West Virginia Academy of Otolaryngology (WVAO) and CAMC Institute for Academic Medicine. CAMC Institute for Academic Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.



JOINTLY ACCREDITED PROVIDER™
INTERPROFESSIONAL CONTINUING EDUCATION

Credit Designation

The CAMC Institute designates this live activity for a maximum of 13.75 hours for AMA PRA Category I Credit(s)™ for Friday, May 9, and Saturday, May 10. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Disclosures

It is the policy of the CAMC Institute for Academic Medicine that any faculty (speaker) who makes a presentation at a program designated for AMA Physician's Recognition Award (PRA) Category I or II must disclose any financial interest or other relationship; (i.e. spouses/partners, grants, research support, consultant, honoraria) that faculty member has with the manufacturer(s) of any commercial product(s) that may be disclosed in the educational presentation. Program Planning Committee Members must also disclose any financial interest or relationship with commercial industry that may influence their participation in this conference. The following disclosures have been shared: Dr. Cunningham is a consultant with Plural Publishing; Dr. Goudy is a major shareholder with Dr. Noze Best and Oridivus; Dr. Lam has research support from AstraZeneca, is a consultant for Regeneron/Sanofi, and is on the Speakers' Bureau for GSK, Eli Lilly and Paratek; Dr. Tollefson has grants from AO Foundation and Johnson and Johnson. Faculty relationships with industry, if any, will be made available on-site and disclosure made from the podium to the participants. All presentations are HIPAA compliant.

Poster Session

The posters will be available for viewing on Friday and Saturday. Please refer to the agenda for the times that the presenters will be at their poster to discuss it. CME credit can be claimed for the poster session.



Vote your
top poster!



MEETING INFORMATION

Objectives

The participant will be able to:

- Plan and execute a successful humanitarian mission
- Understand the management of complex airway interventions during an EXIT procedure
- Distinguish the risks and benefits of extracapsular tonsillectomy versus intracapsular tonsillectomy with respect to the management of their pediatric obstructive sleep apnea patients
- Appreciate that professionalism in surgery requires the self-discipline to practice in accordance with ethical principles with every choice we make
- Describe the options for service as a surgeon in volunteer global surgery engagements
- Evaluate the use of biologics in the treatment algorithm for chronic rhinosinusitis with nasal polyps
- Understand various management strategies of a variety of topics in otology
- Improve understanding of surgical management of OSA

Credit Claim Instructions

In order to receive your CME credits, scan the QR code or complete the survey here:

<https://form.jotform.com/251965734587069>



***ONCE YOU COMPLETE THE EVALUATION,
YOU WILL HAVE THE OPTION TO DOWNLOAD YOUR
CERTIFICATE AND YOU WILL AUTOMATICALLY
RECEIVE A CERTIFICATE VIA EMAIL.***

Contact Information

Virginia Society of Otolaryngology

Charis Deadwyler | Society Manager

vsodirector@ramdocs.org

804.625.3851

West Virginia Academy of Otolaryngology

Diane Slaughter | Executive Director

info@wvao-hsn.org

304.984.0308



VIRGINIA SOCIETY OF OTOLARYNGOLOGY 2025-2026 OFFICERS & DIRECTORS

OFFICERS:

President:
ERIC DOBRATZ, MD
Norfolk, VA

President Elect:
RAJANYA PETERSSON, MD
Richmond, VA

Vice-President:
THOMAS GALLAGHER, DO
Portsmouth, VA

Secretary:
KATHERINE FEDDER, MD
Charlottesville, VA

Treasurer:
JOHN LIESER, MD
Fredericksburg, VA

Board Chair:
ASHLEY O'REILLY, MD
Springfield, VA

BOG REPRESENTATIVES:
CRISTINA BALDASSARI, MD
Governor
Norfolk, VA

JOSEPH HUTCHISON, MD
Alternate Governor
Lynchburg, VA

MEMBERS-AT-LARGE:

STEVE BAKOS, MD
Fredericksburg, VA

WILLIAM BRAND, MD
Charlottesville, VA

BRIAN GROSS, MD
Salem, VA

MATTHEW HUBBARD, MD
Abingdon, VA

CATHERINE LINTZENICH, MD
Williamsburg, VA

ROBERT REED, MD
Winchester, VA

APP Representative:
**SHANNA HARRIS, MSN, RN, CPNP,
CORLN, CLC**
Chesapeake, VA

Resident Representatives:
ASHEEMA PRUTHI, MD | EVMS
ALEEZA LEDER MACEK, MD | UVA
JOHN CURNES, MD | NMCP
LAWRANCE LEE, MD | VCU



WEST VIRGINIA ACADEMY OF OTOLARYNGOLOGY 2025-2026 OFFICERS & DIRECTORS

President:

MONIKA FREISER, MD

Morgantown, WV

Vice-President:

JOSEPH TOUMA, MD

Huntington, WV

Secretary-Treasurer:

MATT OLIVERIO, MD

Morgantown, WV

Immediate Past President:

BRIAN KELLERMEYER, MD

Morgantown, WV

Director:

CHADI MAKARY, MD

Martinsburg, WV

Director:

MEGHAN TURNER, MD

Morgantown, WV

Director:

SCOTT GIBBS, MD

Barboursville, WV

Ex Officio Director:

HASSAN RAMADAN, MD

Morgantown, WV



AGENDA | FRIDAY, MAY 8

7:00 – 8:00 AM **Registration | Breakfast | Poster Session**
Eisenhower Foyer

Eisenhower A-C

8:00 – 8:15 AM **Welcome Remarks**
Eric Dobratz, MD | VSO President
Monika Freiser, MD | WVAO President

8:15 – 8:30 AM **RESIDENT ORAL PRESENTATIONS**

8:15 – 8:20 AM **Laryngologic Conditions of Pregnancy: A Retrospective Cohort Study**
Aleeza Leder Macek, MD | UVA Health

8:20 – 8:25 AM **Aggressive Idiopathic Subglottic Stenosis in a Patient With Acquired Lipodystrophy: Exploring a Shared Fibrotic Pathway**
Sonam Patel, MPH | UVA Health

8:25 – 8:30 AM **Outcomes after Transoral Robotic Surgery for Minor Salivary Gland Cancer: A Database Study**
Olivia Nieto Rickenbach, MD | WVU Health

ELBYRNE G. GILL LECTURE

8:30 – 9:15 AM **Surgeons Volunteering - Reshaping the Conversation of Giving**
Travis T. Tollefson, MD, MPH | UC Davis Health

9:15 – 9:45 AM **Panel | International Humanitarian Missions**
Moderator
Travis T. Tollefson, MD, MPH | UC Davis Health
Panelists
Mark Armeni, MD | WVU Medicine
Rajanya Petersson, MD | VCU Health
John Sinacori, MD | EVMS at ODU

9:45 – 10:15 AM **Break | Poster Session**
Eisenhower Foyer



AGENDA | FRIDAY, MAY 8

Eisenhower A-C

10:15 - 10:35 AM RESIDENT ORAL PRESENTATIONS

10:15 - 10:20 AM **Clinical Outcomes of Hypoglossal Nerve Stimulation Versus Continuous Positive Airway Pressure in Obstructive Sleep Apnea**
Iman Adibi, BS | VCU Health

10:20 - 10:25 AM **Post-operative Titration Sleep Studies may Overestimate Hypoglossal Nerve Stimulator Efficacy**
Ian Sunyecz, DO | WVU Health

10:25 - 10:30 AM **Increased Risk of Inner Ear Disease in Patients with Inflammatory Bowel Disease - A National Database Study**
Yashnoor Sandhu, BS | VCU Health

10:30 - 10:35 AM **Radiomorphometric Analysis of Internal Auditory Canal Access: Retrolabyrinthine vs Established Hearing-Preserving Approaches**
Brendon Warner, MD | VCU Health

10:35 - 11:05 AM **The Surgical Management of Pediatric Obstructive Sleep Apnea: Does Technique Matter?**
Michael J. Cunningham, MD | Boston Children's Hospital

11:05 - 11:50 PM **Panel | Evaluation and Treatment of Sleep Apnea**
Moderator
Cristina Baldassari, MD | EVMS at ODU
Panelists
Ryan Nord, MD | VCU Health
Delaney Carpenter, MD | UVA Health
Michael Cunningham, MD | Boston Children's Hospital

11:50 AM - 1:05 PM **Lunch | Poster Session**
Eisenhower Foyer

Optional | Explore Sustained Control in CRSwNP and AFRS
Spencer Payne, MD
Eisenhower A-C

Optional | Parathyroid Detection and Autofluorescence
Simon Holoubek, MD
Washington Room



AGENDA | FRIDAY, MAY 8

Rhinology Breakout | Eisenhower A | 1:05 – 2:05 PM

- 1:05 – 1:10 PM **Coal Worker’s Pneumoconiosis Increases Risk of Chronic Rhinosinusitis: A U.S. Population Study**
Ryan S. Ziltzer, MD, MPH | WVU Health
- 1:10 – 1:15 PM **Cumulative Systemic Steroid Exposure and Adverse Outcomes in Chronic Rhinosinusitis: Evidence for a Threshold Effect**
Zachary Whong, BS | VCU Health
- 1:15 – 1:20 PM **Clinical and Voice Outcomes After Systemic Antifungal Therapy for Suspected Fungal Laryngitis**
Suhas Bharadwaj, MD | EVMS at ODU
- 1:20 – 2:05 PM **Panel | That’s a Lot of Biologics - How Do You Use Biologics for Nasal Polyps**
Moderator
Kent Lam, MD | EVMS at ODU
Panelists
Chadi Makary, MD | WVU Medicine
Spencer Payne, MD | UVA Health
Theodore Schuman, MD | VCU Health

Facial Plastic Surgery Breakout | Eisenhower B-C | 1:05 – 2:05 PM

- 1:05 – 1:10 PM **Botulinum Toxin for Treatment of Synkinesis: Effects on Anxiety and Depression**
Sam Oyer, MD | UVA Health
- 1:10 – 1:15 PM **International, Multi-specialty Expert Consensus on Nomenclature for Facial Paralysis**
Sam Oyer, MD | UVA Health
- 1:15 – 1:20 PM **Comparing Outcomes in Patients Treated with Chemodenervation Versus Surgery for Facial Synkinesis: A Systematic Review and Meta-analysis**
Alexander Murr, MD | UVA Health



AGENDA | FRIDAY, MAY 8

1:20 – 2:05 PM **Panel | Contemporary Management of Facial Nerve Disorders**

Moderator

William Dougherty, MD | EVMS at ODU

Panelists

Travis T. Tollefson, MD, MPH | UC Davis Health

Samuel Oyer, MD | UVA Health

Rhorie Kerr, MD | EVMS at ODU

Eisenhower A-C

2:15 – 2:45 PM **Dermatologic Disorders in the Head and Neck**

Christian Carr, MD

UVA Health

2:45 – 3:15 PM **Vascular Malformations in the Head and Neck**

David Darrow, MD

EVMS at ODU

3:15 – 3:45 PM **Break | Poster Session**

Eisenhower Foyer

Eisenhower A-C

3:45 PM **Raffle Winner Announcement**

3:45 – 4:30 PM **Panel | Contemporary Management of Parotid Gland Lesions:
Practical Updates for Comprehensive Otolaryngologists**

Moderator

Jonathan Mark, MD | EVMS at ODU

Panelists

Christopher Kandl, MD | VCU Health

Katherine Fedder, MD | UVA Health

Amanda Gemmiti, MD | EVMS at ODU

Adam Howard, MD | WVU Health



AGENDA | FRIDAY, MAY 8

4:45 – 5:15 PM **Resident Academic Bowl**
Moderator: Eric Dobratz, MD | EVMS at ODU

5:15 PM **Announcements & Adjourn**

Eisenhower Foyer

5:15 – 6:30 PM **Cocktail Reception**

6:00 – 7:00 PM **Optional | Investigating Epithelial-Driven Inflammation in CRSwNP:
A New Perspective From the Top of the Cascade**
Joseph Han, MD
EVMS at ODU



AGENDA | SATURDAY, MAY 9

7:00 – 8:00 AM **Registration | Breakfast | Poster Session**
Eisenhower Foyer

Eisenhower A-C

7:45 – 8:10 AM **VSO Business Meeting**
Eric Dobratz, MD | VSO President

8:10 – 8:15 AM **Welcome Remarks**
Eric Dobratz, MD | VSO President
Monika Freiser, MD | WVAO President

8:15 – 8:30 AM Resident Oral Presentations

8:15 – 8:20 AM **Outcomes for Hypopharyngeal Cancer Treated with TORS:
A Database Study**
Elsie Barry, MD | WVU Health

8:20 – 8:25 AM **Review of Computed Tomography Imaging can Decrease
Nontherapeutic Transfer after Facial Trauma**
Sairisheel Gabbireddy, MD | WVU Health

8:25 – 8:30 AM **Impact of Primary Immunodeficiency on Morbidity and Mortality
Among Patients with Head and Neck Cancer: A Propensity-Matched
Cohort Analysis**
Taral K. Jella, BA | Virginia Tech Carilion School of Medicine

KEYNOTE LECTURE

8:30 – 9:30 AM **Professionalism: A Tale of Two (Three) Cases**
Michael J. Cunningham, MD
Boston Children's Hospital

9:30 – 10:15 AM **Panel | Scary Cases in Pediatric Otolaryngology**
Moderator

Helene Dabbous, MD | WVU Health

Panelists

Michael J. Cunningham, MD | Boston Children's Hospital

David Darrow, MD | EVMS at ODU

Steven Goudy, MD | EVMS at ODU

10:15 – 10:45 AM **Break | Poster Session**
Eisenhower Foyer



AGENDA | SATURDAY, MAY 9

Eisenhower A-C

10:45 - 11:15 AM Resident Oral Presentations

10:45 - 10:50 AM **An Expert-Validated Survey to Assess Lead Tethering Following Hypoglossal Nerve Stimulation Surgery**

Rishi Raghavan, BA | VCU Health

10:50 - 10:55 AM **Efficacy of Inspire™ Hypoglossal Nerve Stimulation in Lowering Supine Apnea-Hypopnea Index**

Rishi Raghavan, BA | VCU Health

10:55 - 11:00 AM **Risk Factors of Oral Tongue Lesions in Nonsmoking, Nondrinking Adults: A National Database Case-Control Study**

Jared Stewart, BS | VCU Health

11:00 - 11:05 AM **Validation of a Child-Reported Version of Pediatric OSA-18 Quality of Life Instrument**

Kristina Powers, MD | EVMS at ODU

11:05 - 11:10 AM **Accessibility of Otolaryngology Care in Virginia: A Geospatial Workforce Analysis**

Jazlyn A. Selvasingh, BA | Virginia Tech Carilion School of Medicine

11:10 - 11:55 AM **Panel | Otologic Jeopardy**

Moderator

Peter Volsky, MD | EVMS at ODU

Panelists

Brian Kellermeyer, MD | WVU Health

Joseph Touma, MD | HIMG

Benjamin Lovin, MD | UVA Health

Nauman Manzoor, MD | VCU Health

11:55 AM **Closing Remarks**

Eric Dobratz, MD | VSO President

Monika Freiser, MD | WVAO President

12:48 PM **Golf Tournament**
The Meadows Golf Course



POSTER PRESENTATIONS

Programming Changes in Hypoglossal Nerve Stimulation Patients with Discomfort

Iman Adibi, BS | VCU Health

Impact of the COVID-19 Pandemic on Characteristics of Idiopathic Subglottic Stenosis Patients Undergoing Endoscopic Dilation

Abigail Andrade, BS, BA | VCU Health

Auditory Perceptions Associated with Hypoglossal Nerve Stimulation for Obstructive Sleep Apnea

Andrew Belilos, BS | VCU Health

Hearing Loss Perceptions in Patients with Subjective Asymmetry: Analysis and Implications

Andrew Belilos, BS | VCU Health

Multidisciplinary Evaluation and Speech-Language Therapy in Supragastric Belching

Anushka Biswas, BS | UVA Health

The Current Landscape of Otolaryngology Care in Malawi, Africa - A Scoping Review

Sarah Brandt, BS | Edward Via College of Osteopathic Medicine

A Case Report of a Neonate with a Large Cervicofacial Lymphatic Malformation Requiring Ex Utero Intrapartum Treatment (EXIT) and Sclerotherapy

Alyssa Calder, MD | VCU Health

Facial paralysis secondary to Granulomatous Disease in a Child: Case Report and Review of the Literature

Jordan Chappell, MD | VCU Health

Neonatal Nasopharyngeal Teratoma: Diagnostic Challenges and Management of Acute Respiratory Distress

Michael Gessler, BS | EVMS at ODU

Anaplastic Thyroid Carcinoma Presenting as a Level II Neck Mass

Hailey Harbert, BSN | Edward Via College of Osteopathic Medicine



POSTER PRESENTATIONS

The Association Between Birth Delivery Method and Pediatric Otologic Disease

Morgan Johnson, BS | VCU Health

Rare Case of CD10-Positive Large B-Cell Lymphoma Presenting as Cervical and Systemic Lymphadenopathy in a Middle-Aged Male

Taral K. Jella, BA | Virginia Tech Carilion School of Medicine

Efficacy of Endoscopic Sinus Surgery for Allergic Fungal Rhinosinusitis: A Systematic Review with Meta-analysis

Amani Kais, MD | WVU Health

Safety and Efficacy of Nebulized Tranexamic Acid in the Treatment of Pediatric Post-tonsillectomy Hemorrhage: A Systematic Review

Meghan Lee, BS, MS | EVMS at ODU

Cryptococcal Laryngitis in Immunocompetent Patients on Steroid Inhalers: A Case Series

Aleeza Leder Macek, MD | UVA Health

Trends in Complications of Pediatric Acute Bacterial Sinusitis Before and After the COVID-19 Pandemic: A TriNetX Analysis

Yashnoor Sandhu, BS | VCU Health

Gender-Affirming Rhinoplasty—Critical Analysis of Outcomes Using The 2 Standardized Cosmesis and Health Nasal Outcomes Survey (SCHNOS)

Nicole Senderovich, MD | UVA Health

Taste Dysfunction in Bell's Palsy: Prevalence, Assessment, and Prognostic Implications

Sherina Thomas, BS | UVA Health

Spontaneous Otogenic Pneumocephalus in Setting of Ventriculoperitoneal Shunt: Case Report and Literature Review

Brendon K. Warner, MD | VCU Health

Hearing Loss in Joubert Syndrome

Adelaide Zhao, MD | UVA Health



Vote your
top poster!



GUEST SPEAKERS

ELBYRNE G. GILL LECTURER

The Virginia Society of Otolaryngology - Head and Neck Surgery gratefully acknowledges the continued support of the Elbyrne G. Gill Eye and Ear Foundation in Roanoke, Virginia. Each year, our guest speaker presents the named lectures at our annual meeting.

Dr. Travis T. Tollefson is a double-board certified surgeon by the American Board of Facial Plastic and Reconstructive Surgeon and the American Board of Otolaryngology-Head and Neck Surgery, and a Fellow in the American College of Surgeons. As Professor and Director of Facial Plastic & Reconstructive Surgery at UC Davis, he shares responsibility for teaching medical students, residents, and fellows, guiding research teams, and leading faculty education programs. As Director of Mentorship, he uses educational and feedback principles that he acquired when he completed a Masters in Public Health at Harvard. He enjoys teaching and collaboration with other surgeons globally, with current projects in Rwanda, Zimbabwe, Cambodia, China, and Haiti and heads educational efforts for the craniomaxillofacial (CMF) division of AO Alliance in resource-limited countries.



**Travis T.
Tollefson, MD, MPH**

WVAO INVITED SPEAKER



**Michael J.
Cunningham, MD**

Michael J. Cunningham, M.D. is a graduate of Princeton University (1977) and the Rochester University School of Medicine (1981). He completed Pediatrics training at the Massachusetts General Hospital and Otolaryngology training at the University of Pittsburgh. He has practiced as a pediatric otolaryngologist in Boston since 1989.

He is currently Otolaryngologist-in-Chief of the Department of Otolaryngology and Communication Enhancement at Boston Children's Hospital, and Professor of Otology and Laryngology at the Harvard Medical School.

He is the previous Director of the Harvard Residency Program in Otolaryngology, and presently serves as vice chair of the Accreditation Council of Graduate Medical Education committee responsible for overseeing otolaryngology residency and fellowship training in the United States.

He has played an active role in many professional societies. He was a member of the Executive Committee of the Section on Otolaryngology - Head and Neck Surgery of the American Academy of Pediatrics from 1996-2006, serving as chair from 1998-2002. He additionally chaired the AAP Surgery Advisory Panel, also known as the Surgical Sections Action Group, from 2002-2006. He is a past treasurer and president of the American Society of Pediatric Otolaryngology, and a past president of the New England Otolaryngological Society.

