



2020 ANNUAL MEETING

Friday, May 15, 2020

8:30 a.m. – 9:30 a.m.	VSO Board Meeting
9:00 a.m. - 10:00 a.m.	Registration Opens Exhibits & Refreshments
9:00 a.m. - 10:00 a.m.	Poster Session
9:50 a.m. - 10:00 a.m.	Welcome & Opening Remarks John C. Mason, MD <i>President</i>
	Invocation Ed Pelausa, MD
10:00 a.m. – 10:05 a.m.	The Impact on Nasal Septal Anatomy and Physiology following Le Fort I Osteotomy for Orthognathic Surgery LCDR Michael Eliason MD, MC, USN; LCDR Jeffrey Schafer MD, MC, USN; CDR Gregory Capra MD, MC, USN <i>Naval Medical Center Portsmouth</i>
10:05 a.m. - 10:10 a.m.	UVA Facial Trauma: An Experience in Bony Trauma Harrison Bartels, MD; Garrett Casale, MD; J. Jared Christophel, MD, MPH <i>UVA Health</i>
10:10 a.m. – 11:10 a.m.	Keeping the Art of Medicine in Laryngology C. Gaelyn Garrett, MD, MMHC <i>Professor and Vice Chair</i> <i>Department of Otolaryngology</i> <i>Guy M. Maness Chair in Laryngology and Voice</i> <i>Vanderbilt University</i>

- 11:10 a.m. – 11:40 a.m. **Neurotology and Skull Base Surgery**
 John Carey, MD
Chief, Division of Otolaryngology, Neurotology and Skull Base Surgery
Professor of Otolaryngology - Head and Neck Surgery
Johns Hopkins Medicine
- 11:40 a.m. – 11:45 a.m. **NSAID Use is not Associated with Postoperative Hemorrhage Following Adult Tonsillectomy**
 James McLean, MD, LT, MC, USN; Christopher Hill, MD, LT, MC, USN;
 Michael Eliason, MD, LCDR, MC, USN
Naval Medical Center Portsmouth
- 11:45 a.m. – 11:50 a.m. **Opioid Use in Ambulatory Otolaryngology**
 Geoffrey C. Casazza, MD¹; Ryan Cardon, PharmD²; Alexander Ramirez, MD²; Paul R. Krakovitz, MD²; Jeremy D. Meier, MD³
¹*Department of Otolaryngology – Head and Neck Surgery, University of Virginia*
²*Intermountain Healthcare, Salt Lake City, Utah*
³*Division of Otolaryngology – Head and Neck Surgery, University of Utah*
- 11:50 a.m. – 11:55 a.m. **Post-Operative Opioid Prescribing Practices in an Otologic Surgery Practice: A One-Year Retrospective Review**
 John Boyle, MD; James Coxe, BS; Stephanie Moody-Antonio, MD; Barry Strasnick, MD
Eastern Virginia Medical School
- 11:55 a.m. – 12:00 p.m. **Incidence of Mingo Hormone Replacement Following Thyroid Lobectomy: A Long-Term Retrospective Review**
 LCDR Charles Meyer, MD, MC, USN; LCDR Danielle Anderson, DO, MC, USN;
 Jeanelle Braxton Riddick, MPA; CDR Marco Ayala, MD, MC, USN
Naval Medical Center Portsmouth
- 12:00 p.m. – 12:40 p.m. **Lunch | Visit Vendors**
- 12:00 p.m. – 12:40 p.m. **Poster Session**
- 12:40 p.m. – 1:40 p.m. **Innovation in Laryngology**
Moderator: James Daniero, MD ~ *UVA Health*
Panelists: C. Gaelyn Garrett, MD ~ *Vanderbilt University*
 Patrick McGarey, MD ~ *UVA Health*
 Benjamin Rubinstein, MD ~ *Eastern Virginia Medical School*
 John Sinacori, MD ~ *Eastern Virginia Medical School*
- 1:40 p.m. – 1:45 p.m. **25 Year Review of Pediatric Cutaneous Malignancies of the Head and Neck, a Single Institution**
 Heather Koehn, MD; William Swift, MS3; Mark Russell, MD; Stephen Park, MD
UVA Health

- 1:45 p.m. – 1:50 p.m. **Impact of Adenotonsillectomy on Bedwetting in Children with Sleep Apnea: A Randomized Trial**
 Aaron Snow; Turaj Vazifedan; Cristina Baldassari, MD
Eastern Virginia Medical School
- 1:50 p.m. – 1:55 p.m. **Effect of Adenotonsillectomy on Behavior and Quality of Life in Children with Autism and Sleep-Disordered Breathing**
 LCDR Michael Eliason MD, MC, USN¹; CDR Marilisa Elrod MD, MC, USN¹;
 Thomas Q. Gallagher, DO²
¹*Naval Medical Center Portsmouth*
²*Children's Hospital of the King's Daughters*
- 1:55 p.m. – 2:55 p.m. **Lumps and Bumps: A Case-Based Discussion on Pediatric Head and Neck Disorders**
Moderator: Thomas Q. Gallagher, DO ~ *Children's Hospital of the King's Daughters*
Panelists: Will Brand, MD ~ *UVA Health*
 Raj Petersson, MD ~ *VCU Health*
 Travis Reeves, MD ~ *Carilion Clinic*
 Carlton Zdanski, MD ~ *UNC Healthcare*
- 2:55 p.m. – 3:25 p.m. **Break | Visit Vendors**
- 2:55 p.m. – 3:25 p.m. **Poster Session**
- 3:25 p.m. – 3:45 p.m. **How to Incorporate APPs into your Practice**
Moderator: John C. Mason, MD ~ *UVA Health*
Panelists: Richard Gardner, MD ~ *ENT Specialists of Northern VA*
 Deena Hollingsworth, NP ~ *ENT Specialists of Northern VA*
 Raj Petersson, MD ~ *VCU Health*
 Margaret Zwicker, NP ~ *VCU Health*
- 3:45 p.m. – 4:45 p.m. **Every Day Challenges in Otology - A Pecha Kucha**
Moderator: Stephanie Moody- Antonio, MD ~ *Eastern Virginia Medical School*
Panelists: Kelley Dodson, MD ~ *VCU Health*
 Bradley Kesser, MD ~ *UVA Health*
 H. Jeffery Kim, MD ~ *Georgetown University Medical Center*
 Jeffery Kuhn, MD ~ *Bayview Physicians Group*
 Wayne Shaia, MD ~ *Balance and Ear Center*
 Carlton Zdanski, MD ~ *UNC Healthcare*
- 4:45 p.m. – 5:45 p.m. **Academic Bowl**
Moderator: Eric Dobratz, MD ~ *Eastern Virginia Medical School*
- 6:15 p.m. – 8:15 p.m. **Reception**
Blue Ridge Terrace

Saturday, May 16, 2020

- 7:00 a.m. – 7:30 a.m. **Visit Vendors**
Continental Breakfast
- 7:00 a.m. – 7:30 a.m. **Poster Session**
- 7:30 a.m. – 8:00 a.m. **Morning Announcements & Annual Business Meeting**
John C. Mason, MD
President
- 8:00 a.m. – 8:05 a.m. **Mandibular Titration using George Gauge during DISE May Identify the Optimal Advancement Position for Oral Appliance Success**
Michael Bauschard, MD; Harmeet Chiang, DDS; Ryan Nord, MD
VCU Health
- 8:05 a.m. – 9:05 a.m. **Sleep Surgery in 2020**
Moderator: Ryan Nord, MD ~ VCU Health
Panelists: Cristina Baldassari, MD ~ *Children’s Hospital of the King’s Daughters & Eastern Virginia Medical School*
Timothy Egan, MD ~ *INOVA*
Mark Weidenbecher, MD ~ *MetroHealth*
- 9:05 a.m. – 9:35 a.m. **Trans-oral Robotic Surgery in the Pediatric Population**
Carlton Zdanski, MD
Division Chief, Pediatric Otolaryngology/Head and Neck Surgery; Surgical Director, North Carolina Children’s Airway Center; Herbert H. Thorp & Julian T. Mann Distinguished Professor
UNC Healthcare
- 9:35 a.m. – 9:40 a.m. **Impact of the Affordable Care Act on Head and Neck Cancer Patients**
Matthew Lelegren, MD; Aliasgher M. Khaku, MD; Jonathan Mark, MD, FACS;
Matthew Bak, MD, FACS; Daniel Karakla, MD, FACS
Eastern Virginia Medical School
- 9:40 a.m. – 9:45 a.m. **Comparable Disease-Free Survival and Overall Survival for T1N0 and T2N0 Oral Cavity Cancers who were Treated with Elective Neck Dissection Versus Observation at 3 Years**
Michael Larson, MD⁴; Jerrah Pickle B.S.⁴; Alice L. Tang MD¹; Vinita Takiar MD, PhD³; Colin Edwards MD¹; John Sullenbarger BA¹; David L. Steward MD¹; Meredith E. Tabangin MPH²; Mekibib Altaye PhD²; Jonathan Mark⁴, MD
¹*Department of Otolaryngology – Head and Neck Surgery, University of Cincinnati, College of Medicine*
²*Division of Biostatistics and Epidemiology, Cincinnati Children’s Hospital Medical Center*
³*Department of Radiation Oncology, University of Cincinnati College of Medicine*
⁴*Department of Otolaryngology – Head and Neck Surgery, Eastern Virginia Medical School*

9:45 a.m. – 9:50 a.m.	<p>Triggers for Palliative Care Consultation in Advanced Head and Neck Cancer: A Quality Improvement Project Tyler Mingo, MD; Jonathan Mark, MD <i>Eastern Virginia Medical School</i></p>
9:50 a.m. – 10:10 a.m.	<p>Visit Exhibitors</p>
9:50 a.m. – 10:10 a.m.	<p>Poster Session</p>
10:10 a.m. – 11:10 a.m.	<p>Current Trends in Radiation Therapy for Head and Neck Cancer Moderator: Katherine Fedder, MD ~ <i>UVA Health</i> Panelists: Paul Read, MD ~ <i>UVA Health</i> Allan Thornton, MD ~ <i>Hampton University</i></p>
11:10 a.m. – 11:30 a.m.	<p>Janice Brannon Legislative Update <i>AAO State Advocacy Director</i></p>
11:30 a.m. – 12:30 p.m.	<p>Why am I Still Sick? Approach to the Patient with Recalcitrant Chronic Rhinosinusitis Moderator: Theodore A. Schuman, MD, FACS ~ <i>VCU Health</i> Panelist: Greg Capra, MD ~ <i>UNC School of Medicine</i> Kent Lam, MD ~ <i>Eastern Virginia Medical School</i> Jose Mattos, MD, MPH ~ <i>UVA Health</i> Ameet Singh, MD ~ <i>INOVA</i></p>
12:30 p.m.	<p>Adjourn</p>

Poster Session

Solitary Fibrous Tumor of the Nasal Cavity with Expansion into the Intracranial Fossa; A Case Report and Review of the Current Literature

Randall Bloch, BS; Kent Lam, MD; Joseph Han, MD
Eastern Virginia Medical School

Riedel's Thyroiditis – Presentation and Surgical Management of a Rare Thyroid Disorder

Kevin J. Carlson, MD¹; Medha Joshi, MD²; David H. Lasseter, MD³; David C. Lieb, MD²; Aaron B. Nelson, MD²; Daniel W. Karakla, MD¹

¹*Department of Otolaryngology, Eastern Virginia Medical School*

²*Division of Endocrinology and Metabolism, Eastern Virginia Medical School*

³*Endocrinology Consultants, Bayview Physicians Group*

Complex Airway Reconstruction Following Total Cricoidectomy for Laryngeal Chondrosarcoma

Margeaux Corby, MD; Annesha Basu, MD; Katherine Fedder, MD; James Daniero, MD
UVA Health

Use of an Ultrasonic Surgical Aspirator for Endoscopic Management of Type IV Posterior Glottic Stenosis

James Daniero, MD, MS; Delaney Carpenter, MD
UVA Health

Bilateral Melolabial Flaps and Free Temporalis Fascia Graft; A Unique Solution to Caudal Septal Reconstruction

LCDR Michael Eliason, MD, MC, USN; CDR Virginia Teti, MD, MC, USN
Naval Medical Center Portsmouth

Laryngeal Neurofibroma: A Case Report

Katherine Fedder, MD; Delaney Carpenter, MD
UVA Health

Mucoepidermoid Carcinoma of the Palate in an Adolescent Male

Emma Graf, MD; Lexie Wang, MD; Rajanya Petersson, MD
VCU Health

Review of Nasal Nitric Oxide and Sinonasal Disease

Joseph Han, MD, FARS, FAAOA; Kent Lam, MD; Jacob Benedict, MD
Eastern Virginia Medical School

Case Report: Invasive Salivary Duct Carcinoma and Intraductal Carcinoma Arising in the Background of Sclerosing Polycystic Adenosis

Andrew T. Heffernan, MD; Stephen P. Hadford, MD; Marc L. Silverberg, MD; Daniel W. Karakla, MD; Bruce M. Wenig, MD
Eastern Virginia Medical School

Epithelioid Sarcoma of the Tongue: An Unusual Tumor Mimicking Squamous Cell Carcinoma

Aasif Kazi, MD, PharmD; Nima Vahidi, MD; Austin Wiles, MD; Evan Reiter, MD
VCU Health

Evaluation of Atopic Profiles in Allergic Rhinitis and Chronic Rhinosinusitis with and Without Nasal Polyposis

Kent Lam, MD; Randall Bloch, BS; Joseph Han, MD

Eastern Virginia Medical School

Quality Improvement of Timing Metrics for Definitive Surgical Management in Head and Neck Cancer Care at the Eastern Virginia Medical School (EVMS) Department of Otolaryngology

Jonathan Mark, MD; Kaylee R. Purpura, MD

Eastern Virginia Medical School

Sinonasal Seromucinous Hamartoma: A Case Report and Review

James McLean, MD, LT, MC, USN; Michael Eliason, MD, LCDR, MC, USN; Wesley Abadie, MD, Lt Col, MC, USAF, FS

Naval Medical Center Portsmouth

A Unique Case of Sudden Sensorineural Hearing Loss and Incidental Idiopathic Superficial Siderosis: Case Report and Review of the Literature

Mehreen Shahid, MS4¹; Brain Gross, MD, FACS, CPE²

¹ *Edward Via College of Osteopathic Medicine – Virginia Campus*

² *Lewis Gale Medical Center*

Pediatric Laryngeal Nerve Injury: Practice Updates and Treatment Outcomes

Brandon Temel, BS; Malek Bouzaher, MS

Virginia Tech Carilion School of Medicine

Could Osteotomies Cause Nasal Obstruction- A Cadaver and CT Guided Study

CDR Virginia Teti, MD; Katherine Zamperini, MD

Naval Medical Center Portsmouth

Otolaryngologic Manifestations of CRMO

Jason Toy, BS¹; Emily Wikner, MD¹; Thomas Gallagher, DO^{1,2}; William Owen, MD^{1,2}

¹*Eastern Virginia Medical School*

²*Children's Hospital of The King's Daughters*

Drug-Induced Sleep Endoscopy: A Single Institution Study

Nima Vahidi, MD; Aasif Kazi, MD; Pavan Krishnan, BS; Evan Reiter, MD; Ryan Nord, MD

VCU Health

Multidisciplinary Sleep Apnea Clinic at VCU Health: A First Year Retrospective

Nima Vahidi, MD; Ryan Nord, MD; Aasif Kazi, MD, PharmD; Reginald Osardu, BS; Samuel Taylor, MS, MD;

Robert Strauss, DDS, MD; Harmeet Chiang, BDS, MS, DDS

VCU Health

Eagle Syndrome: A Rare Case of Atraumatic Painful Cervical Neck Swelling

Cameron P. Worden, BS; Sanjeeb S. Bhandari, MD; Benjamin B. Cable, MD; Damon R. Kuehl, MD

Virginia Tech Carilion School of Medicine

Eosinophilic Angiocentric Fibrosis: A Rare Complication After Open Septorhinoplasty

Jason M. Wray II, MD; Jeffrey M. Schafer, MD; Kevin R. Torske, DDS; Virginia P. Teti, MD

Naval Medical Center Portsmouth