2020 Annual Meeting
Friday, May 15, 2020

8:30 a.m. – 9:30 a.m.  VSO Board Meeting

9:00 a.m. - 10:00 a.m.  Registration Opens
Exhibits & Refreshments

9:00 a.m. - 10:00 a.m.  Poster Session

9:50 a.m. - 10:00 a.m.  Welcome & Opening Remarks
John C. Mason, MD
President

Invocation
Ed Pelausa, MD

10:00 a.m. – 10:05 a.m.  The Impact on Nasal Septal Anatomy and Physiology following Le Fort I Osteotomy for Orthognathic Surgery
LCDR Michael Eliason MD, MC, USN; LCDR Jeffrey Schafer MD, MC, USN; CDR Gregory Capra MD, MC, USN
Naval Medical Center Portsmouth

10:05 a.m. - 10:10 a.m.  UVA Facial Trauma: An Experience in Bony Trauma
Harrison Bartels, MD; Garrett Casale, MD; J. Jared Christophel, MD, MPH
UVA Health

10:10 a.m. – 11:10 a.m.  Keeping the Art of Medicine in Laryngology
C. Gaelyn Garrett, MD, MMHC
Professor and Vice Chair
Department of Otolaryngology
Guy M. Maness Chair in Laryngology and Voice
Vanderbilt University
11:10 a.m. – 11:40 a.m.  
**Neurotology and Skull Base Surgery**  
John Carey, MD  
*Chief, Division of Otology, Neurotology and Skull Base Surgery*  
*Professor of Otolaryngology - Head and Neck Surgery*  
Johns Hopkins Medicine

11:40 a.m. – 11:45 a.m.  
**NSAID Use is not Associated with Postoperative Hemorrhage Following Adult Tonsillectomy**  
James McLean, MD, LT, MC, USN; Christopher Hill, MD, LT, MC, USN; Michael Eliason, MD, LCDR, MC, USN  
*Naval Medical Center Portsmouth*

11:45 a.m. – 11:50 a.m.  
**Opioid Use in Ambulatory Otolaryngology**  
Geoffrey C. Casazza, MD; Ryan Cardon, PharmD; Alexander Ramirez, MD; Paul R. Krakovitz, MD; Jeremy D. Meier, MD  
1Department of Otolaryngology – Head and Neck Surgery, University of Virginia  
2Intermountain Healthcare, Salt Lake City, Utah  
3Division of Otolaryngology – Head and Neck Surgery, University of Utah

11:50 a.m. – 11:55 a.m.  
**Post-Operative Opioid Prescribing Practices in an Otologic Surgery Practice: A One-Year Retrospective Review**  
John Boyle, MD; James Coxe, BS; Stephanie Moody-Antonio, MD; Barry Strasnick, MD  
*Eastern Virginia Medical School*

11:55 a.m. – 12:00 p.m.  
**Incidence of Mingo Hormone Replacement Following Thyroid Lobectomy: A Long-Term Retrospective Review**  
LCDR Charles Meyer, MD, MC, USN; LCDR Danielle Anderson, DO, MC, USN; Jeanelle Braxton Riddick, MPA; CDR Marco Ayala, MD, MC, USN  
*Naval Medical Center Portsmouth*

12:00 p.m. – 12:40 p.m.  
**Lunch | Visit Vendors**

12:00 p.m. – 12:40 p.m.  
**Poster Session**

12:40 p.m. – 1:40 p.m.  
**Innovation in Laryngology**  
*Moderator: James Daniero, MD ~ UVA Health*  
*Panelists: C. Gaelyn Garrett, MD ~ Vanderbilt University*  
Patrick McGarey, MD ~ UVA Health  
Benjamin Rubinstein, MD ~ Eastern Virginia Medical School  
John Sinacori, MD ~ Eastern Virginia Medical School

1:40 p.m. – 1:45 p.m.  
**25 Year Review of Pediatric Cutaneous Malignancies of the Head and Neck, a Single Institution**  
Heather Koehn, MD; William Swift, MS3; Mark Russell, MD; Stephen Park, MD  
*UVA Health*
Impact of Adenotonsillectomy on Bedwetting in Children with Sleep Apnea: A Randomized Trial
Aaron Snow; Turaj Vazifedan; Cristina Baldassari, MD
Eastern Virginia Medical School

Effect of Adenotonsillectomy on Behavior and Quality of Life in Children with Autism and Sleep-Disordered Breathing
LCDR Michael Eliason MD, MC, USN1; CDR Marilisa Elrod MD, MC, USN1;
Thomas Q. Gallagher, DO2
1Naval Medical Center Portsmouth
2Children’s Hospital of the King’s Daughters

Lumps and Bumps: A Case-Based Discussion on Pediatric Head and Neck Disorders
Moderator: Thomas Q. Gallagher, DO ~ Children’s Hospital of the King’s Daughters
Panelists: Will Brand, MD ~ UVA Health
Raj Petersson, MD ~ VCU Health
Travis Reeves, MD ~ Carilion Clinic
Carlton Zdanski, MD ~ UNC Healthcare

Break | Visit Vendors

How to Incorporate APPs into your Practice
Moderator: John C. Mason, MD ~ UVA Health
Panelists: Richard Gardner, MD ~ ENT Specialists of Northern VA
Deena Hollingsworth, NP ~ ENT Specialists of Northern VA
Raj Petersson, MD ~ VCU Health
Margaret Zwicker, NP ~ VCU Health

Every Day Challenges in Otology - A Pecha Kucha
Moderator: Stephanie Moody- Antonio, MD ~ Eastern Virginia Medical School
Panelists: Kelley Dodson, MD ~ VCU Health
Bradley Kesser, MD ~ UVA Health
H. Jeffery Kim, MD ~ Georgetown University Medical Center
Jeffery Kuhn, MD ~ Bayview Physicians Group
Wayne Shaia, MD ~ Balance and Ear Center
Carlton Zdanski, MD ~ UNC Healthcare

Academic Bowl
Moderator: Eric Dobratz, MD ~ Eastern Virginia Medical School

Reception
Blue Ridge Terrace
Saturday, May 16, 2020

7:00 a.m. – 7:30 a.m.  Visit Vendors  
Continental Breakfast

7:00 a.m. – 7:30 a.m.  Poster Session

7:30 a.m. – 8:00 a.m.  Morning Announcements & Annual Business Meeting  
John C. Mason, MD  
President

8:00 a.m. – 8:05 a.m.  Mandibular Titration using George Gauge during DISE May Identify the Optimal Advancement Position for Oral Appliance Success  
Michael Bauschard, MD; Harmeet Chiang, DDS; Ryan Nord, MD  
VCU Health

8:05 a.m. – 9:05 a.m.  Sleep Surgery in 2020  
Moderator: Ryan Nord, MD ~ VCU Health  
Panelists: Cristina Baldassari, MD ~ Children’s Hospital of the King’s Daughters & Eastern Virginia Medical School  
Timothy Egan, MD ~ INOVA  
Mark Weidenbecher, MD ~ MetroHealth

9:05 a.m. – 9:35 a.m.  Trans-oral Robotic Surgery in the Pediatric Population  
Carlton Zdanski, MD  
Division Chief, Pediatric Otolaryngology/Head and Neck Surgery; Surgical Director, North Carolina Children’s Airway Center; Herbert H. Thorp & Julian T. Mann Distinguished Professor  
UNC Healthcare

9:35 a.m. – 9:40 a.m.  Impact of the Affordable Care Act on Head and Neck Cancer Patients  
Matthew Lelegren, MD; Aliasgher M. Khaku, MD; Jonathan Mark, MD, FACS; Matthew Bak, MD, FACS; Daniel Karakla, MD, FACS  
Eastern Virginia Medical School

9:40 a.m. – 9:45 a.m.  Comparable Disease-Free Survival and Overall Survival for T1N0 and T2N0 Oral Cavity Cancers who were Treated with Elective Neck Dissection Versus Observation at 3 Years  
Michael Larson, MD; Jerrah Pickle B.S.; Alice L. Tang MD; Vinita Takiar MD, PhD; Colin Edwards MD; John Sullenbarger BA; David L. Steward MD; Meredith E. Tabangin MPH; Mekibib Altaye PhD; Jonathan Mark, MD  

1Department of Otolaryngology – Head and Neck Surgery, University of Cincinnati, College of Medicine  
2Division of Biostatistics and Epidemiology, Cincinnati Children’s Hospital Medical Center  
3Department of Radiation Oncology, University of Cincinnati College of Medicine  
4Department of Otolaryngology – Head and Neck Surgery, Eastern Virginia Medical School
9:45 a.m. – 9:50 a.m.  
Triggers for Palliative Care Consultation in Advanced Head and Neck Cancer: A Quality Improvement Project  
Tyler Mingo, MD; Jonathan Mark, MD  
Eastern Virginia Medical School

9:50 a.m. – 10:10 a.m.  
Visit Exhibitors

9:50 a.m. – 10:10 a.m.  
Poster Session

10:10 a.m. – 11:10 a.m.  
Current Trends in Radiation Therapy for Head and Neck Cancer  
Moderator: Katherine Fedder, MD ~ UVA Health  
Panelists: Paul Read, MD ~ UVA Health  
Allan Thornton, MD ~ Hampton University

11:10 a.m. – 11:30 a.m.  
Janice Brannon  
Legislative Update  
AAO State Advocacy Director

11:30 a.m. – 12:30 p.m.  
Why am I Still Sick? Approach to the Patient with Recalcitrant Chronic Rhinosinusitis  
Moderator: Theodore A. Schuman, MD, FACS ~ VCU Health  
Panelist: Greg Capra, MD ~ UNC School of Medicine  
Kent Lam, MD ~ Eastern Virginia Medical School  
Jose Mattos, MD, MPH ~ UVA Health  
Ameet Singh, MD ~ INOVA

12:30 p.m.  
Adjourn
Solitary Fibrous Tumor of the Nasal Cavity with Expansion into the Intracranial Fossa; A Case Report and Review of the Current Literature
Randall Bloch, BS; Kent Lam, MD; Joseph Han, MD
Eastern Virginia Medical School

Riedel’s Thyroiditis – Presentation and Surgical Management of a Rare Thyroid Disorder
Kevin J. Carlson, MD1; Medha Joshi, MD2; David H. Lasseter, MD3; David C. Lieb, MD2; Aaron B. Nelson, MD2; Daniel W. Karakla, MD4
1Department of Otolaryngology, Eastern Virginia Medical School
2Division of Endocrinology and Metabolism, Eastern Virginia Medical School
3Endocrinology Consultants, Bayview Physicians Group

Complex Airway Reconstruction Following Total Cricoidectomy for Laryngeal Chondrosarcoma
Margeaux Corby, MD; Annesha Basu, MD; Katherine Fedder, MD; James Daniero, MD
UVA Health

Use of an Ultrasonic Surgical Aspirator for Endoscopic Management of Type IV Posterior Glottic Stenosis
James Daniero, MD, MS; Delaney Carpenter, MD
UVA Health

Bilateral Melolabial Flaps and Free Temporalis Fascia Graft; A Unique Solution to Caudal Septal Reconstruction
LCDR Michael Eliason, MD, MC, USN; CDR Virginia Teti, MD, MC, USN
Naval Medical Center Portsmouth

Laryngeal Neurofibroma: A Case Report
Katherine Fedder, MD; Delaney Carpenter, MD
UVA Health

Mucoepidermoid Carcinoma of the Palate in an Adolescent Male
Emma Graf, MD; Lexie Wang, MD; Rajanya Petersson, MD
VCU Health

Review of Nasal Nitric Oxide and Sinonasal Disease
Joseph Han, MD, FARS, FAAOA; Kent Lam, MD; Jacob Benedict, MD
Eastern Virginia Medical School

Case Report: Invasive Salivary Duct Carcinoma and Intraductal Carcinoma Arising in the Background of Sclerosing Polycystic Adenosis
Andrew T. Heffernan, MD; Stephen P. Hadford, MD; Marc L. Silverberg, MD; Daniel W. Karakla, MD; Bruce M. Wenig, MD
Eastern Virginia Medical School

Epithelioid Sarcoma of the Tongue: An Unusual Tumor Mimicking Squamous Cell Carcinoma
Aasif Kazi, MD, PharmD; Nima Vahidi, MD; Austin Wiles, MD; Evan Reiter, MD
VCU Health
Evaluation of Atopic Profiles in Allergic Rhinitis and Chronic Rhinosinusitis with and Without Nasal Polyposis
Kent Lam, MD; Randall Bloch, BS; Joseph Han, MD
Eastern Virginia Medical School

Quality Improvement of Timing Metrics for Definitive Surgical Management in Head and Neck Cancer Care at the Eastern Virginia Medical School (EVMS) Department of Otolaryngology
Jonathan Mark, MD; Kaylee R. Purpura, MD
Eastern Virginia Medical School

Sinonasal Seromucinous Hamartoma: A Case Report and Review
James McLean, MD, LT, MC, USN; Michael Eliason, MD, LCDR, MC, USN; Wesley Abadie, MD, Lt Col, MC, USAF, FS
Naval Medical Center Portsmouth

A Unique Case of Sudden Sensorineural Hearing Loss and Incidental Idiopathic Superficial Siderosis: Case Report and Review of the Literature
Mehreen Shahid, MS41; Brain Gross, MD, FACS, CPE 2
1 Edward Via College of Osteopathic Medicine – Virginia Campus
2 Lewis Gale Medical Center

Pediatric Laryngeal Nerve Injury: Practice Updates and Treatment Outcomes
Brandon Temel, BS; Malek Bouzaher, MS
Virginia Tech Carilion School of Medicine

Could Osteotomies Cause Nasal Obstruction- A Cadaver and CT Guided Study
CDR Virginia Teti, MD; Katherine Zamperini, MD
Naval Medical Center Portsmouth

Otolaryngologic Manifestations of CRMO
Jason Toy, BS1; Emily Wikner, MD1; Thomas Gallagher, DO1,2; William Owen, MD1,2
1 Eastern Virginia Medical School
2 Children’s Hospital of The King’s Daughters

Drug-Induced Sleep Endoscopy: A Single Institution Study
Nima Vahidi, MD; Aasif Kazi, MD; Pavan Krishnan, BS; Evan Reiter, MD; Ryan Nord, MD
VCU Health

Multidisciplinary Sleep Apnea Clinic at VCU Health: A First Year Retrospective
Nima Vahidi, MD; Ryan Nord, MD; Aasif Kazi, MD, PharmD; Reginald Osardu, BS; Samuel Taylor, MS, MD; Robert Strauss, DDS, MD; Harmeet Chiang, BDS, MS, DDS
VCU Health

Eagle Syndrome: A Rare Case of Atraumatic Painful Cervical Neck Swelling
Cameron P. Worden, BS; Sanjeeb S. Bhandari, MD; Benjamin B. Cable, MD; Damon R. Kuehl, MD
Virginia Tech Carilion School of Medicine

Eosinophilic Angiocentric Fibrosis: A Rare Complication After Open Septorhinoplasty
Jason M. Wray II, MD; Jeffrey M. Schafer, MD; Kevin R. Torske, DDS; Virginia P. Teti, MD
Naval Medical Center Portsmouth