

101st Annual Meeting

SATURDAY, APRIL 24, 2021

Elbyrne G. Gill Lectures



The Virginia Society of Otolaryngology - Head and Neck Surgery gratefully acknowledges the contribution of the Elbyrne G. Gill Eye and Ear Foundation in Roanoke, Virginia in support of Philip Zapanta, MD, FACS who will be presenting this year's Elbyrne G. Gill Lectures.

Elbyrne G. Gill, MD was born in Bedford, Virginia in October 1891 and began practice as an ENT physician in 1919. He founded the Gill Memorial Eye, Ear, Nose and Throat Hospital in1926. Dr. Gill established the Post Graduate Program in 1927 which was, at the time and for many years thereafter, the only refresher course held in this country for graduates in medicine specializing in eye, ear, nose and throat care. The weeklong course, held in Roanoke, featured many outstanding physicians from the U.S. and abroad.

After Dr. Gill's death in 1966, Gill Memorial Hospital continued the programs for several years, and the Gill Foundation subsequently held a number of eye and ear symposia in cooperation with the continuing education department of Carilion Roanoke Memorial Hospital. Dr. Gill's daughters, Edith Page Gill Breakell and Betty Byrne Gill Ware, served on the board of the Gill Foundation. Edith's son, Stan Breakell, is the president of the Gill Foundation. The Foundation continues to be dedicated to the prevention of blindness and deafness.



Philip Zapanta, MD, FACS is a Clinical Skills and Reasoning Instructor, Medical Student Otolaryngology Clerkship Director, Otolaryngology Residency Program Director, and Associate Professor of Surgery at The George Washington University School of Medicine & Health Sciences. He is also an Adjunct Associate Professor of Biomedical Engineering at Carnegie Mellon University.

Dr. Zapanta earned his B.A. in Biology and Biochemistry from Eastern Mennonite University where he played Varsity Soccer and ran Varsity Track. He then earned his M.D. from the University of Virginia School of Medicine. After a year of general surgery at the University of Virginia, he completed his otolaryngology residency at The George Washington University School of Medicine & Health Sciences (GWU SMHS). To improve his skillset as an educator, he enrolled in GWU SMHS' Master Teacher Leadership Development Program and earned a graduate certificate in Leadership Development from the George Washington University's Graduate School of Education and Human.

Dr. Zapanta has multiple journal and book publications, has developed several national education modules through the American Academy of Otolaryngology – Head and Neck Surgery, and has presented and lectured at the local and national levels and in combat zones. He has a strong interest in resident and medical student education. In recognition of his teaching achievements, he has twice been named as the Non-Medicine Attending of the Year by the Department of Medicine residents and was recently awarded the inaugural Otolaryngology Clinical Teaching Award by the Division of Otolaryngology residents. For his clinical work, the Washingtonian and Northern Virginia Magazine has repeatedly named Dr. Zapanta as one of Washington, DC's top doctors and otolaryngologists.

Dr. Zapanta currently serves as a Colonel in the United States Army Reserves Medical Corps and has been an active reservist since joining after the events of 9/11. His mobilizations have included Fort Sill, Fort Wainwright, Fort Hunter Liggett, Fort Polk, Fort Campbell, and Walter Reed Army Medical Center. He was recently deployed to Iraq as an ENT trauma surgeon in support of Operation Inherent Resolve. He has received military awards for his service including the Army Commendation Medal, Army Achievement Medal with one bronze oak leaf cluster, the Army Reserves Component Achievement Medal with 2 bronze oak leaf clusters, Armed Forces Reserve Medal with bronze hourglass and mobilization device, the National Defense Service Medal, the Global War on Terrorism Service Medal, the Inherent Resolve Campaign Medal, and the Army Physical Fitness Badge. His reserve duty includes being the faculty advisor for GWU's Military Medical Student Association and mentoring GWU military medical students.

His clinical interests include snoring and sleep apnea surgery and treating facial trauma. His research interests focus on medical student and resident education, sleep apnea, and facial/neck trauma. In his spare time, he enjoys family game nights, family hikes, soccer, riding his motorcycle, and his (way too) early morning workouts.



SATURDAY, APRIL 24, 2021

8:00 - 8:15a.m. Overview and Welcome Video from Governor Northam

Edilberto Pelausa, MD | VSO President

8:15 - 9:15a.m. Elbyrne G. Gill Lecture Series

Patriotism as an Otolaryngologist in the 21st Century Philip Zapanta, MD, FACS | George Washington University

9:15 - 10:00a.m. Panel: Pediatric Head & Neck Masses

Moderator: Thomas Gallagher, DO | CHKD

Panelists: William Brand, MD | UVA

Erin Hamersley, DO | Naval Medical Center Portsmouth

Rajanya Petersson, MD, MS, FACS | VCU

Carlton Zdanski, MD | UNC Health

10:00 - 10:45a.m. Panel: Sleep Surgery

Moderator: Ryan Nord, MD | VCU

Panelists: Cristina Baldassari, MD | CHKD

Timothy Egan, MD | Fairfax ENT

Mark Weidenbecher, MD | MetroHealth

10:45 - 11:00a.m. Break | Visit Virtual Exhibit Booths

Visit our exhibitors at vso-hns.org/virtual-exhibit-hall

11:00 - 11:45a.m. Panel: Everyday Challenges in Otology

Moderator: Stephanie Moody-Antonio, MD | EVMS Panelists: Selena Briggs, MD | MedStar Health

Kelley Dodson, MD | VCU Bradley Kesser, MD | UVA

H. Jeffery Kim, MD | Georgetown

Peter Volsky, MD | EVMS

11:45a.m. - 12:30p.m. Panel: Recalcitrant Rhinosinusitis

Moderator: Theodore Schuman, MD I VCU

Panelists: Kent Lam, MD | EVMS Jose Mattos, MD, MPH | UVA Ameet Singh, MD | INOVA

12:30 - 1:00p.m. Annual Business Meeting | Break | Visit Virtual Exhibit Booths

Visit our exhibitors at vso-hns.org/virtual-exhibit-hall



SATURDAY, APRIL 24, 2021

1:00 - 2:00p.m. Panel: Lessons Learned from COVID-19

Moderator: Edilberto Pelausa, MD | Hampton Veterans Affairs Medical Center

Panelists: Clifford Deal, III, MD | HCA Fred Lassen, MD | Retired Physician

Deena Hollingsworth, MSN, FNP-BC, CORLN | ENT Specialists of Northern VA

Wayne Shaia, MD | The Balance and Ear Center

Barry Strasnick, MD, FACS | EVMS

Lilian Peake, MD | VDH

2:00 - 2:45p.m. Panel: Innovations in Laryngology

Moderator: James Daniero, MD | UVA Panelists: William Gao, MD | Georgetown

Patrick McGarey Jr., MD | UVA

Jamie Moore, MD | VCU

2:45 - 3:00p.m. Break | Visit Virtual Exhibit Booths

Visit our exhibitors at vso-hns.org/virtual-exhibit-hall

3:00 - 4:00p.m Panel: APPS in Otolaryngology-Head and Neck Surgery

Moderator: John Mason, MD | UVA

Panelists: Thomas Gallagher, DO | CHKD

Richard Gardner, MD | ENT Specialists of Northern VA Shanna Harris, MSN, RN, CPNP, CORLN, CLC | CHKD

Deena Hollingsworth, MSN, FNP-BC, CORLN | ENT Specialists of Northern VA

4:00 - 4:05p.m. Raffle Drawling | Resident Abstract Awards

Edilberto Pelausa, MD | VSO President

4:10p.m. Virtual Cocktail Hour

Spencer Payne, MD | UVA

Zoom Link: click here to join the happy hour!

CME Information

Learning Objectives:

- Identify innovate techniques and new research in pediatric head and neck disorders, sleep surgery, otology, rhinosinusitis, COVID-19, and laryngology.
- Create opportunities to incorporate Advanced Practice Providers into physician practices.
- Examine everyday challenges in Otology and identify solutions.
- Relate lessons learned and resolutions implemented during a pandemic.

CONTINUING MEDICAL EDUCATION CREDIT

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Eastern Virginia Medical School and Virginia Society of Otolaryngology. Eastern Virginia Medical School is accredited by the ACCME to provide continuing medical education for physicians.

CREDIT DESIGNATION

Eastern Virginia Medical School designates this live activity for a maximum of 7.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

How do I Claim Credit!

An attestation & evaluation survey will be sent via Survey Monkey following the conference.

In order to receive CME credits, you must complete the survey. Once the survey is complete you will receive an electronic certificate.

If you have any questions regarding the attestation process, please contact EVMS CME at 757-446-6140.

Sowe the Date



APRIL 8 & 9

2022 ANNUAL MEETING

—— KINGSMILL RESORT —



Visit our Virtual Exhibit Hall at vso-hns.org/virtual-exhibit-hall

Silver Level

Cochlear Medtronic Oticon Medical Xhance

Exhibit Level

Acclarent

BD

Bryan Medical

DePuy Synthes

Elbyrne G. Gill Eye and Ear Foundation

Fuel Medical

Hill Derm Pharmacy

Inspire

Intersect ENT

Jedmed

Nautilus Surgical

Professional Arts Pharmacy

Sleep Source

Stryker

Virginia Early Hearing Detection and Intervention

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A special Thank You to this year's Program Committee:

Drs. Daniel Coelho (Chair), Rajanya Petersson (Co-Chair), William Brand, Thomas Gallagher, Ashley O'Reilly and Mrs. Deena Hollingsworth

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