



The **2021 Virtual Annual Meeting** will be held on **Saturday April 24, 2021**.

We encourage you to mark your calendars and join us for another outstanding educational program. Resident participation is an integral part of the VSO meeting and we will again incorporate resident research into the Annual Meeting. However, due to the virtual format, we will not have resident oral presentations. Instead, we will have a robust resident poster session as part of our Annual Meeting.

### **POSTER SUBMISSIONS**

All members are invited to submit abstracts to be considered for inclusion in the scientific program and ask the academic Department Chairs to encourage their residents to participate in the meeting.

Abstracts for the 2021 program must be submitted by **February 5, 2021**. Please use the Submission Form below.

### **AWARDS**

A first and second place award will be awarded to the top two poster presentations (\$150 and \$50 respectively).

### **HOW TO SUBMIT AN ABSTRACT**

All abstracts must be submitted electronically to Isabelle Folmer, Society Manager, at [ifolmer@ramdocs.org](mailto:ifolmer@ramdocs.org). You will receive confirmation of receipt of your abstract after it is submitted. If you do not receive a confirmation within 48 business hours, please contact Isabelle via email or by phone at 804.625.3851.

Send the below document as a Word file. In addition, send a second document as a PDF of only the abstract *without any identifying information* (remove your contact information). Name both files as follows: <<your last name>> VSO Abstract-Poster. If you submit more than one abstract, label them as instructed above, but add a number (1, 2, etc.). Send to: Isabelle Folmer, VSO Society Manager, [ifolmer@ramdocs.org](mailto:ifolmer@ramdocs.org), by **February 5, 2021**.



## 2021 Annual Meeting Poster Abstract Submission | Title Page

### Presenter's Information

Name and degree(s):

Title of the Abstract:

Institution:

Preferred Mailing Address:

Preferred Phone Number:

Email Address:

VSO Member?

Send this completed document as a Word file. In addition, send a PDF of only the abstract *without any identifying information* (remove your contact information). Name both files as follows: <<your last name>> VSO Abstract-Poster. If you submit more than one abstract, label them as instructed above, but add a number (1, 2, etc.). Send to: Isabelle Folmer, VSO Society Manager, [ifolmer@ramdocs.org](mailto:ifolmer@ramdocs.org), by **February 5, 2021**.

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### Specifications for abstracts

Abstracts for the 2021 program must be submitted by **February 5, 2021**. Abstracts should be no longer than 250 words and should include the following sections: Objectives, Materials and Methods, Results, and Conclusions. (One Figure and Table allowed). *If your abstract exceeds 250 words, it will not be considered* (this title page is not included in that count).

**Principal Author's Name, degree, and affiliation:**

**Co-Authors (include degrees and affiliations):**

**Title of Abstract:**

**Begin abstract here:**