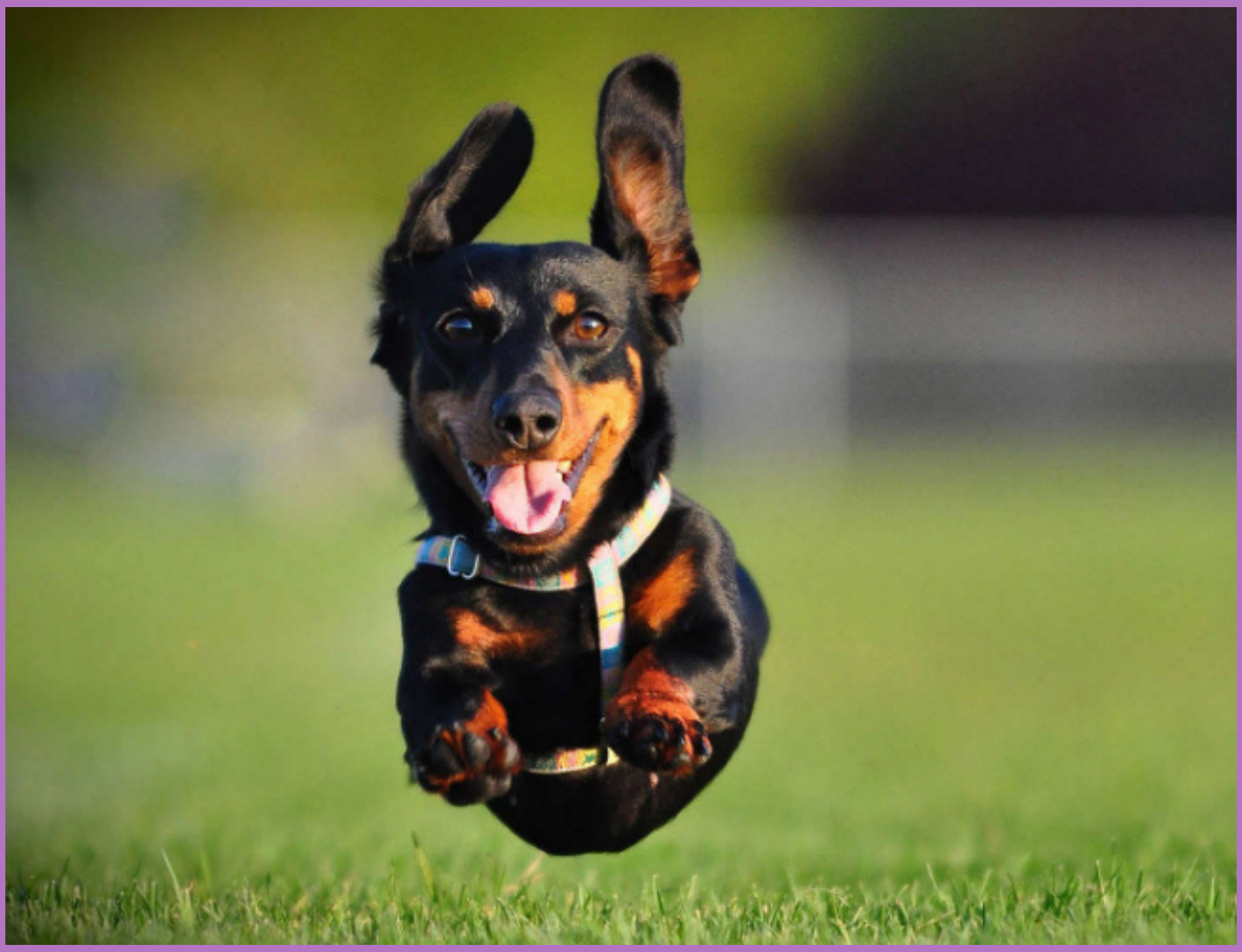
PET HEALTHCARE PREPAREDNESS

Four Paws Holistic Therapy

Peace · Balance · Health

This pet healthcare checklist will help you to be prepared to keep your pet healthy without the financial worry.



IT'S TIME TO TAKE ACTION!

Start planning now to protect your pet

FOR MORE INFO, VISIT: WWW.FOURPAWSHOLISTICTHERAPY.COM



Checklist to Prepare a Healthcare Plan for your Pets



Regular Vet Visits

- It all starts with a visit to the vet. Most pet parents take their fur babies to the vet once or twice a year for vaccines, heartworm tests and routine exams (more often if the pet is a senior). Most vets keep meticulous records and send out reminders when it's time for a pet to come in. When your pets are young you should have a full blood panel done to have a baseline when your pets are young and healthy so you can monitor any changes as they get older.

Pet Insurance

- While some vets offer discounted wellness plans, many pet parents opt for pet insurance. Like it is for humans, there are different levels of insurance, with a variety of deductibles and pricing. Insurance can cover many emergency situations, as well as regular routine care. Consider pet insurance to ensure your pets have the coverage they need as they get older. Even mixed breeds may be prone to some breed health tendencies, including arthritis. Make sure that the insurance covers alternative health options such as massage, chiropractic, acupuncture and hydro/physical therapy.
- AARV provides a free pet insurance matrix: **https://rehabvets.org/pet-insurance.lasso**

A Regular Wellness Plan

- Most will agree that no matter how old a pet is, it's important to help them live their best life. But, how do you keep them healthy, happy, comfortable and balanced as they reach various milestones? The answer is regular, ongoing wellness checks and conditioning throughout the year. At Four Paws Holistic Therapy, we provide a variety of regular wellness services to help your pet stay happy and healthy. It's important to know that these services are designed to complement traditional veterinary medicine, as we see you and your pet on a regular basis. Our wellness services include the following:

For more information visit www.FourPawsHolisticTherapy.com

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Checklist to Prepare a Healthcare Plan for your Pets



☐ Full body assessment

- This means regularly checking ears, eyes, teeth, gait and more to watch for things that you and your vet should be aware of. It can also help you plan for the year as it helps determine what's best for your furry companion.

☐ Conditioning massage

- Canine massage addresses all the different body systems and includes stretching and other specifically tailored techniques to maintain healthy muscles, increase mobility and promote overall health. Massage can also be used as a calming and trust building technique, for pre- and post-surgery/injury rehabilitation, and to promote general wellbeing.

☐ Review special needs

- Whether it's proper nutrition, supplements and/or environmental needs (like how to keep your pet from slipping on hardwood floors, or finding safe ways to get on and off the bed), we help you navigate potential challenges, also connecting you with other holistic health resources like chiropractors, trainers, water therapy facilities or acupuncturists.

☐ Connect with your pet

- Reiki energy healing and animal communication are important tools to help create balance, harmony and wellbeing for you and your pet. Connecting with your pet's energy can facilitate self-healing and provide an opportunity to build better relationships and understanding between pets and their owners, especially during times of change..

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Gillian and Zena

If you've found these tips helpful and want more help in keeping your pets safe, happy, and healthy for a longer quality of life you can follow me on FB/IG/LI @gillianedwards or contact me at:

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