



# THE CHURCHMOUSE

Windsor Presbyterian Church

October 2021



## To the Flock . . .

### Living with JOY! Before the LORD.

At the beginning of September, as we kicked off our fall worship, I shared that this fall I wanted to focus on **JOY!** With all of the difficulty of the last year, it has been easy to focus on what is wrong in our lives, in the church and in the world. After a couple of weeks away with family on our not-quite-what-we-planned, hodgepodge vacation, I was struck by how much we need to focus on joy, especially as a group of believers in Jesus Christ.

The Westminster Catechism makes it clear the purpose of our living, or our chief aim of our life, *is to glorify and enjoy God forever.*

This doesn't mean grief, sorrow and hardships magically disappear, but that we are intentional about naming and acknowledging our joys along with our sorrows. In light of all that our world is going through, we still have so much to be grateful for and need to give thanks and praise to our maker. We know a daily naming of our gratuities is one of the best things we can do to raise our happiness level.

So this fall and into the coming year, a theme of our worship, my preaching and all our ministry together will be living joyfully. In

2021-2022 we will celebrate a year of living JOY!fully before the Lord.

One way we are doing this is by adding a time of sharing **Milestones** in worship. These are simply the big or small happening in your family, work and life. This might be as small as a loose tooth, a birthday or a tomato harvest, or as big as the passing of a loved one and anything in between. Those in the sanctuary are invited to come forward to share their milestone and place a stone into the glass container. After each sharing we will celebrate together, saying "milestone." When we are done, we will give thanks and praise to God by singing the doxology.

It is my hope that this light-hearted way of sharing will help us know each other better and share our joy. In the coming year, let's find more and more ways to live JOY!fully before the Lord.

What are some other ways we can live with joy? I would love to put your joy-spreading ideas into action!

*Shamaine*



### Inside this issue

Christian Formation.....	2
Session Highlights.....	2
Congregational Care.....	3
Prayer Requests.....	3
Mission & Stewardship.....	4
Burial for Leitches	4
Worship & Media.....	5
Calendar.....	6
Finance & Personnel.....	7
Do You Know These?.....	7
God's Work Be Done.....	8
Pastor's Office Hours.....	8
Dwigft's Photos.....	9
My Favorite Hymn.....	11



## Christian Formation - Angie King

### Presbyterian Women

Fifteen wonderful, Windsor women attended our kick-off Presbyterian Women meeting on September 11. Since our study this year is about Jesus' genealogy, specifically his grandmothers, everyone was asked to bring a picture of their grandma and a special object that reminded them of her.



We had a great time talking about our grandmas and sharing stories about them and other family members. It was interesting to learn that over half of the women had German ancestors. We also learned that Shamaine's

grandma was quite a character! Ask her! Telling about those precious memories of special times spent with Grandma reinforced the strong, indelible bonds we have with our families and how important our genealogy is.

Our next meeting is Saturday, October 9, at 10:00 in Ward Hall. This time, we are bringing pictures of wedding parties, either our own or someone else's. That's going to be fun! For the new people who come, Laura will show you our secret PW "handshake" that she taught all of us in September. I mean, what's a club without a secret sign of some sort!! Right?

### Membership Class

A new member class will be offered this fall. Current members will be invited to come and get a refresher course. It never hurts to brush up on what it means to be a Presbyterian.



If you are interested in being part of the class, please contact Shamaine or the office .



## Session Highlights - Angie King

Session met on September 9 and started with our Session formation topic of "Discerning God-Sized Dreams." Very often, God works with small things like mustard seeds. God's dreams are huge, like creation, and small, like the mustard seed. Session shared remembered small dreams from the Bible and discussed specific small ways to connect with our community and within our congregation. God uses a little to do a lot, and the elders brainstormed ways to do little things as a little church that can have a big impact. If you have any ideas, please share.

We are still investigating the possibility of installing a digital sign in front of the church. Right now, this is going to go on the back burner as the church tackles other current projects and needs.

Shamaine reported that she is going to start taking Mondays off, which the Session heartily endorsed! She talked about revisiting some of the things we do now and finding new, joyous ways to connect people into the ministries of the church. Some of these ideas, like bringing new ways of having Sunday School, will be fleshed out in the coming weeks.

The next meeting is October 14. If you want Session to address some particular topic or have ideas, thoughts, or concerns, let Shamaine or Dwight know.

# Congregation Care & Fellowship - Sue Cooper

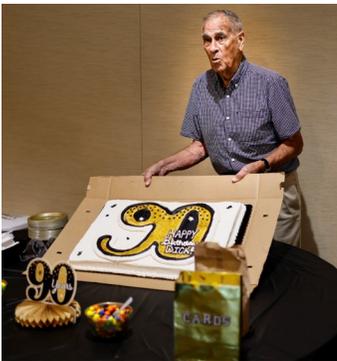


Things are going to stay the same in the sanctuary at this time. We are wearing masks and social distancing. After worship, we have been gathering outside and enjoying fellowship without masks. Last Sunday we enjoyed snacks and coffee with each other. We will not have snacks every Sunday but are looking forward to the time when we can

meet in Ward Hall and have fellowship and coffee without masks.

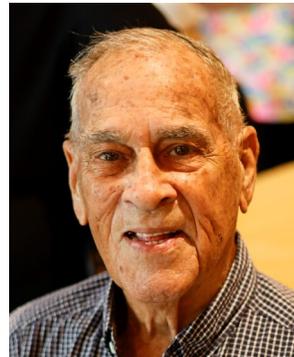
Thank you for this beautiful congregation and the love and support for each other.

Sue Cooper



## Happy Birthday, Dick!

**Dick Cox** turned 90 years old on September 15. Jody had a celebration for him on Sunday, September 12, at the Windsor Heights Community Center.



## Women's Lunch

On Thursday, October 28, Windsor women will gather at Trostel's Greenbriar for lunch at 12:30 p.m. Please RSVP to Ruth Hardin ([ruth.crossroads@gmail.com](mailto:ruth.crossroads@gmail.com)) or Cindy Ray ([cindyray@gmail.com](mailto:cindyray@gmail.com)) by October 25, so that a count can be called in that afternoon. If, at the last minute, you find that you can join us, please come and a seat at the table will be provided!



*(To add or remove a name, contact the church office.)*

**Recent Prayer Requests:** Anita Behrens, Eric Lawlor (hopefully his last surgery, in a couple of weeks), Tom Yost (Pam Lawlor's brother, ICU with COVID), Coralee's daughter and granddaughter (ill with COVID)

**Continuing Prayers:** Brad Behrens, Phyllis Bryan, Jim & Georgia Burnes, Jean Carlston, Dick Cox, Wanda Hill, Maurice Lubalo, Virginia Nichols, Steve Pope, Curt Weatherby

**Friends of the Church:** Kayla (treatment for MS) and Marvin (Angie King), Bruce Baker (Gloria Ashby's brother-in-law), Nancy Jo Baker (Barb Pomeroy), Jean Bower, Vickie Brown, Gisma Butras (Esther Chol), Jody Cox's mother, Will Cox, Darrel Cox, Barb Dally (Laura Ward), Donna Eckham, Norma Grinstead (Linda Newsom), Anna Krull (Jayne Owen & Dwight Tomes), Ken Lee (Laura Ward), David Leitch, Ron Livermore (Angie King), Chris McDougal Family, Derek Mullennax (Ruth Hardin), the Ray Family, Paul Pederson (Shamaine's uncle), Baby Salem and his parents, Mason and Jesse (Ruth Hardin), Jasper & Quincy (Kings)

## October



### Birthdays

- 1 JoAnn Hinschberger
- 4 Shamaine Chambers King
- 4 Coralee Meusburger
- 10 Angie King
- 11 Peggy Paschall
- 17 Jayne Owen
- 24 Jean Carlston (101)
- 26 Keira McKenna
- 27 Joselynn McKenna

### Anniversaries

- 22 Hank & Beth Adams

*(Let the office know if we are missing your birthday or anniversary.)*





## Mission & Stewardship - Rich Teig

On September 2, 100 sacks of hot meals were prepared in the WPC kitchen for **CFUM**. Thanks again to the loyal volunteers who do the preparation and cooking. These sacks were then taken to Trinity United Methodist Church for distribution to those who live in the neighborhood. There was some miscommunication, as there was also a youth group wanting food sacks. Fortunately, there was some other food provided from another organization so all were fed. On October 7, CFUM meals will be prepared and this time we will prepare 125 sacks.



In September, **local mission donations** of \$250 were made to both the Iowa Homeless Youth Center and the Beacon for Life. Both of these nonprofit organizations provide a valuable service to persons needing a place to stay until they can find a new safe home.

Michelle Book, President and CEO of the Food Bank, says that 10% of the people in the Des Moines metro area experience food insecurity. Many of these people are children. In addition, the eviction moratorium has ended and some residents will need to find a way to pay back rent or move. These are reasons to continue our support of the **DMARC Food Pantry**. WPC has generously donated to the Food Pantry for a long time. In July, \$760 was donated and in August, \$765. We were behind in our expected giving, but these two months have moved us up close to our budget. Since the Food Pantry buys food wholesale, hundreds of people in our community are being fed thanks to our donations. Thank you to all on behalf of the customers of the Food Pantry.

The 2021 **Hunger Hike** will be a hybrid hike with two ways to participate:

### DES MOINES AREA



- Join them for a modified hike downtown on Sunday, October 10, beginning at 1:30 p.m. at the World Food Prize building, 100 Locust St. in Des Moines. Parking is free on Sundays!

As cautionary measures they have decided to forgo in-person speakers. Videos from their speakers will be available online. There will be no food and drink, so please take your own water.

- Or host your own walk and share your Hike on social media using the hashtag #DSMHungerHike.

If you would like to make a donation, go to [www.desmoineshungerhike.com/donate](http://www.desmoineshungerhike.com/donate) or mail a check to Des Moines Area Hunger Hike, PO Box 489, Des Moines, IA 50302.

---

### Military Burial for Leitches

The Leitch family will be interring Eunice and Duncan's ashes at the Veteran's Cemetery in Van Meter, IA Friday, **October 1 at 12:30 p.m.** There will be a short committal ceremony and the family welcomes any of their Windsor PC family to attend. Everyone is welcome.

After the ceremony, you're invited to join Eunice and Duncan's children (David, Brian and Carol) for pie and coffee at The Machine Shed, 11151 Hickman Rd. (It was a favorite place and favorite pastime for Eunice and Duncan!) Please contact Carol ([clfries@gmail.com](mailto:clfries@gmail.com) or 303-870-9703) if you plan to come.

## Worship & Media – Jody Cox



Being back in the sanctuary together with some of you has been a real treat. We seem to be falling into a little groove mixing the Zoom crowd with the sanctuary crowd (well, maybe a crowd is stretching it). There are still challenges with the technology but it is getting better and better.

It was great to have communion together in the sanctuary and we hope to continue this. We will have communion again on October 3, which is



**World Communion Sunday**, as Christians all over the world celebrate this sacrament. We will also serve communion on October 31, which is **Reformation Sunday**.

We are still encouraging everyone to maintain social distancing, encouraging mask wearing and limiting singing. Fellowship outside is now including a couple tables and a few chairs, along with drinks and treats. We hope you will stay a few minutes and visit. This may change quickly as the weather does.

We are working on a few new ideas to offer other opportunities for worshipping and learning together. More information will come, as this is in the early planning stages.

Fall is the most beautiful time of year. We wait all year for the trees to turn their beautiful colors and for the air to become crisp and cool. Pumpkin spice everything is available now and we enjoy apple cider, scarves, and boots.



I get excited to get out all my pumpkin decorations. The season changes give me something to look forward to! God made that part of us—waiting and hoping part. God allows us the ability to think ahead and hope for what beauty will be created next!

If you have any thoughts or ideas about worship opportunities, don't hesitate to reach out to me.

## Worship in October

**10/3 Genesis 22:1-19**  
*Abraham's Sacrifice*  
**World Communion Sunday**

**10/10 1 Kings 3:4-9, 16-28**  
*Solomon Prays for Wisdom*

**10/17 1 Kings 5:1-12**  
*Solomon Builds the Temple*

**10/24 1 Kings 8:1-13, 27-30, 41-43**  
*Solomon Dedicates the Temple*

**10/31 1 Kings 12:1-17, 25-29**  
*The Kingdom Is Divided*  
**Reformation Sunday with Communion**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>October 2021</h1>						
<b>Regular Sunday Schedule:</b> 9:00 a.m. Orthodox Church (Lower Level) 10:30 a.m. Worship Fellowship	<b>Regular Monday Schedule:</b> Pastor's Day Off	<b>Regular Tuesday Schedule:</b> 9:30 a.m. Text Bible Study	<b>Regular Wednesday Schedule:</b> 7:00 Choir Tone-Up (Zoom)	<b>Monthly Events</b> <b>First Thursday:</b> 10:00 a.m. Staff Meeting 12:00 p.m. CFUM Meal 7:00 p.m. Uke Jam <b>First Saturday:</b> 10:00 a.m. PW Meeting		
<b>Office Hours:</b> Monday through Thursday 8:30–11:00 a.m.	<b>Coming in November:</b> 11/4 Thur. CFUM Dinner 11/7 Sun. All Saints Sunday 11/13 Sat. Windsor PW 11/21 Sun. Christ the King 11/25 Thur. Thanksgiving				1 1:00 p.m. Leitches' Interment 5:00 p.m. Arabic Church in Kitchen	2
3 Worship & Fellowship 	4	5 Text Study	6 Choir Tone-Up (Zoom)	7 10:00 Staff Mtg. <b>12:00 CFUM Meal Prep</b> <b>4:30 PM CFUM Meal Served</b> <b>7:00 PM Uke Jam</b>	8	9 10:00 a.m. WPC Presbyterian Women
10 Worship & Fellowship	11	12 Text Study	13 Choir Tone-Up (Zoom)	14 4:30 Session Meeting (East Hall)	15	16
17 Worship & Fellowship <b>Food Pantry Sunday</b>	18	19 Text Study	20 Choir Tone-Up (Zoom)	21	22	23
24 Worship & Fellowship 31 Worship & Fellowship <b>Reformation Sunday</b>	25 <b>Newsletter Articles Due</b>	26 Text Study	27 Choir Tone-Up (Zoom)	28 12:30 Women's Lunch	29	30

# Finance & Personnel - Richard Ankeney



August was a positive month for Windsor Presbyterian Church financially! Both contributions and operating income exceeded monthly expectations, by \$4,902.67 and \$668.33 respectively.

Although general contributions are lagging behind for the year, greater income combined with lower operating expenses has reduced our deficit to \$1,305.78 through August.

Financial Report 2021	August 2021	1-Month Budget	Year-to-Date Actual	Year-to-Date Budget
General Contributions	16,111.00	11,208.33	80,171.30	89,666.67
Operating Income	2,835.00	2,166.67	19,047.30	17,333.33
Operating Expenses	13,137.86	13,375.00	100,569.38	107,000.00
Net Gain (Loss)	5,808.14	—	(1,350.78)	—
Capital Income	35.00	—	70.00	—
Capital Expenses	31.80	—	3,254.40	—
Net Gain (Loss)	3.20	—	(3,184.40)	—



## Do You Know These Girls?

Imagine our surprise in our staff retreat on September 2 when we turned the PCUSA calendar to make plans in October and saw two familiar faces! Yes, they are our own Makya Lubalo and Nicole Behrens. Dwight Tomes submitted the photo for use in the calendars. We had no idea that the photo had been accepted until we turned to that page.

We have contacted the presbytery office for any extra calendars they may have. They have a couple that they will give us at the end of the year so the families may have a copy.



## God's Will Be Done - Cindy Ray

Since almost the beginning of time, we humans—you know, the ones made in God's image—have felt the need to mess with God's plan. It is hard to understand this. You wouldn't think that we would constantly question the one who created everything. However, that's exactly what we do.

Abram left his homeland at the age of seventy-five. That's another thing. You would think at that age there would be some wisdom. Apparently not so. God was leading them to a new land. He had promised a beautiful land with food o' plenty, and there would be made of Abram a great nation.

As Abram and Sarai traveled, a famine began to be in the land. They went to Egypt for help. "You are beautiful, Sarai," Abram said to his wife, "and because of this, the men there will want to kill me so they can have you. Therefore, you must tell them you are my sister." I would like to think she refused because who, as someone's wife, would want to be called their sister? But I have to remember this was another time and another place.

It all happened as Abram said it would, and soon Sarai was in Pharaoh's house. God saw this and was not pleased, so he inflicted plagues on the king until Pharaoh realized that Abram had fooled him into thinking the woman was his sister. The Pharaoh released Sarai to Abram, chastised him for tempting him with his wife,

gave him some animals, and Abram left better off than he had been.

How did God feel about this? I would suggest that God wasn't altogether pleased. He had a plan. I am not sure he wanted Abram to take things into his hands, doing what he thought was right, rather than awaiting God's resolution to the problem.

It isn't hard to understand this reaction by Abram. It is one of all of our weaknesses. We always think we know best, and we go about hatching plans and scheming schemes as if we knew more than God. One of the things we need to pray for, I think, is humility, and another is the ability to be patient and wait on the Lord. This can be one of our prayers.

*Loving God, as we travel through our week, help us see the ways in which we stray from you because we believe we are right. Guide us back onto the right path and help us to listen, to be patient, and to know that You are the Lord our God. We pray this without ceasing in the name of Jesus the Christ.*

*Amen.*



### Pastor's Office Hours

This fall I have begun to take Mondays off. Thank you to those of you who have encouraged me to be more intentional about having a day off every week. I will use Mondays to rest and restore, to be in nature, exercise, read and attend to personal matters.

I will be in the office most Tuesday-Thursday mornings and early afternoons. The mornings are often full of meetings and the afternoons tend to be less scheduled. You are always welcome to set up a time to talk or drop by and see if I am available.

I won't be in the office on Fridays, but would be happy to meet—especially if coffee or food are involved.

Email is not my favorite method for most ministry conversations. I prefer meeting in person or a phone call. Please don't hesitate to call—if I am not available, I won't answer. You can leave a voicemail or send a text and I will try to get back to you that day. If I have not responded to an email, call or text or you need a quick answer, please call again in case I missed the message.

~ Shamaine

# WPC in Photos - Dwight Tomes



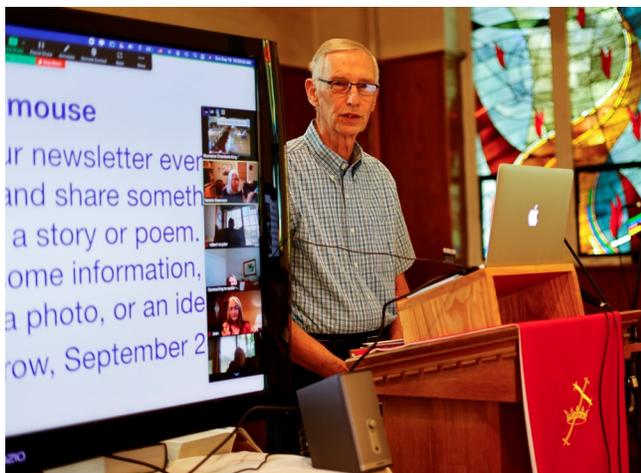
Worship on September 12



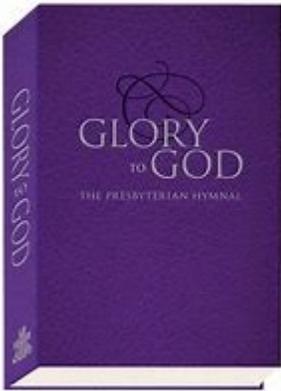
Fellowship on the Lawn



# WPC in Photos - Dwight Tomes



# My Favorite Hymn - Ann McGowan



This month Ann McGowan shares one of her favorite hymns with us.

## ***Be Still, My Soul***

As I said last year when I wrote for this column, as a musician I cannot narrow down to only one favorite hymn; I have so many that are my “favorites.” But the

music to one hymn I have loved since I was in high school is ***Be Still, My Soul***.

The music to this hymn is from the tone poem ***Finlandia***, by Jean Sibelius. We played this when I was in high school band. I liked it so much that I bought an LP album with the music on it. My band director was very good at exposing us to well-known classical music. I already had known since I was in sixth grade that I wanted to be an elementary music teacher, but it was in high school band that I became a lover of classical music.

The words are meaningful to me because of the scripture in Psalm 46:10, “Be still and know that I am God.” I must admit that I just don’t take enough time to be quiet. I turn on the TV as soon as I get home. I have a couple of small plaques with that scripture in my home. These help me remember that sometimes I just need to chill out and calm down.

***Finlandia*** is a tone poem by the Finnish composer Jean Sibelius. It was written in 1899 and revised in 1900. The piece was composed for the Press Celebrations of 1899, a covert protest against increasing censorship from the Russian Empire, and was the last of seven pieces performed as an accompaniment to a tableau depicting episodes from Finnish history. The premiere was on July 2, 1900, in Helsinki.

In order to avoid Russian censorship, *Finlandia* had to be performed under alternative names at various musical concerts. Titles under which the piece masqueraded were numerous and often confusing. Famous examples

include *Happy Feelings at the awakening of Finnish Spring* and *A Scandinavian Choral March*.

~ taken from Wikipedia

Little is known about the author of this hymn. Katharina Amalia Dorothea von Schlegel was born in 1697. The date of her death is unknown. As her name suggests, she may have come from an aristocratic family. Other than that she was connected with a small court at Köthen, north of Halle, in Germany, little is known of her life. Some hymnologists suggest that she may have become a Lutheran nun.

~ taken from Discipleship Ministries

## **Glory to God #819**

- 1 Be still, my soul: the Lord is on thy side.  
Bear patiently the cross of grief or pain.  
Leave to thy God to order and provide,  
who through all changes faithful will remain.  
Be still, my soul: thy best, thy heavenly Friend  
through thorny ways leads to a joyful end.
- 2 Be still, my soul: thy God doth undertake  
to guide the future surely as the past.  
Thy hope, thy confidence let nothing shake;  
all now mysterious shall be bright at last.  
Be still, my soul: the waves and winds still know  
his voice who ruled them while he dwelt below.
- 3 Be still, my soul: the hour is hastening on  
when we shall be forever with the Lord;  
when disappointment, grief, and fear are gone,  
sorrow forgot, love’s purest joys restored.  
Be still, my soul: when change and tears are past  
all safe and blessed we shall meet at last.

Do you have a favorite hymn that you would like to share with the congregation? If so, please email the church office and tell us why it is special to you. You can write it yourself or talk to Ann in the office and she will write it.

CCLI License #1986457



# WINDSOR PRESBYTERIAN

Return Service Requested

6301 University Avenue  
Windsor Heights, IA 50324-1815  
Phone: 515-277-8379  
E-mail: [info@windsorpc.org](mailto:info@windsorpc.org)



**We're on the Web!**  
**[www.windsorpc.org](http://www.windsorpc.org)**

It is the mission of Windsor Presbyterian Church to be a warm, supporting family for worshipping God, learning and practicing Christ's teachings, and sharing Christ's good news with others.

**Like us on Facebook!**

### Staff

**Shamaine Chambers King**, Pastor  
**Ann McGowan**, Administrative Assistant  
**Natalie Steenson**, Director of Music, Worship & Arts  
**Jim Behrens**, Organist  
**Deb Hibbert**, Accountant  
**Duda Plavulj**, Custodian

### Session

**Sue Cooper** (2022), Congregational Care & Fellowship  
**Rich Teig** (2022), Mission & Stewardship  
**Jody Cox** (2023), Worship & Media  
**Angie King** (2023), Christian Formation  
**Richard Ankeney** (2024), Finance & Personnel  
**Don Beeson** (2024), Building & Grounds  
**Dwight Tomes**, Clerk of Session

### Deacons

**Cindy Ray** (2022), Moderator  
**Laura Ward** (2022)  
**Beth Mogle** (2023)  
**Judy Teig** (2023)  
**Gloria Ashby** (2024)  
**Mary Willson** (2024)

## Important October Dates

3 - World  
Communion  
Sunday

7 - CFUM Meal  
& Uke Jam

9 - Windsor PW

31 - Reformation  
Sunday