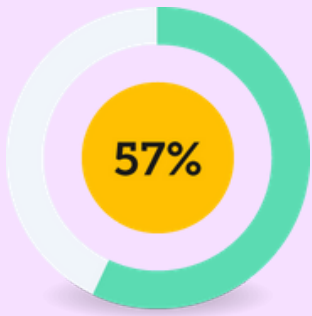


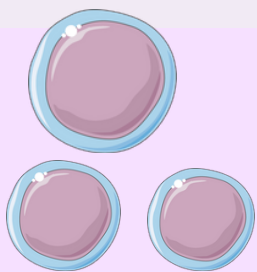
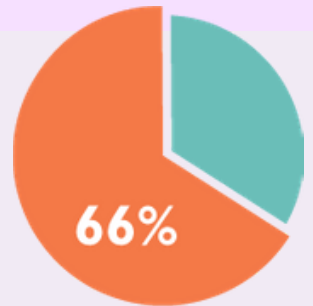
# HOW STRESS WEAKENS THE IMMUNE SYSTEM

In the long-term, sustained, high levels of inflammation point to an overworked, over-tired immune system that can't properly protect you.



Research conducted by EverydayHealth.com suggests that 57% of people are "paralyzed" by the stress they experience.

Stress caused sleep deprivation for 66% of American workers in 2018. Two thirds of respondents said that their trouble sleeping was due to work-stress.



Stress reduces the number of lymphocytes in the immune system. These white blood cells are essential to fight off infection. The lower your numbers of lymphocytes, the more risk you may be for viral attacks.

When stress levels are not controlled, inflammation increases leading to the development of emotional and physical problems.



Remember: we need to control our stress levels. The key to reducing chronic stress is to help the immune system return to homeostasis—to its natural balance. Use HyperIg PL-100, the original hyperimmune egg, to partner with your body.