

PEDIATRIC TRAVEL MEDICINE KIT

For Appointment & Online
Consultation

What's App on 9879891082

Dr Vishal Parmar

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BORIVALI MUMBAI

DCH MRCPCH (UK)

FELLOW IN NEONATOLOGY

PEDIATRICIAN

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From 5kg to 30kg Weight

SYMPTOM	MEDICINE	TIMES per day	5 KG	10 KG	15 KG	20 KG	30 KG
FEVER	Paracetamol (crocin /fevago) 120 mg /5 ml 100 mg/ ml 250 mg / 5 ml Ibuprofen syrup	4 - 5	- 0.6 ml -	 1.2 ml 	 7.5 ml - 4 ml	 10 ml - 6 ml	 15 ml - 7.5 ml
HIGH FEVER	100 mg/ 5 ml ibugesic, brufen	3 - 4	Not Advised	3.75 ml	5 ml	7.5 ml	10 ml
COLIC	Cyclopam syr.	3 - 4	1.25 ml	2.5 ml	3.75 ml	5 ml	5 ml
VOMITING	Domperidone (Domstal) Liquid 1 mg / ml or Ondem Syrup	3 - 4 3 - 4	1.25 ml -	2.5 ml 2.5 ml	3.75 ml 3.75 ml	4 ml 5 ml	5 ml 7.5 ml
COUGH	Piriton CS SYRUP	 3	Not Advised	1.25 ml	2.5 ml	3.75 ml	5 ml
ALLERGY	Cetizine Liquid 5 mg/ 5 ml Cetzine / Alerid	1 - 2	Not Advised	1.25 ml	2.5 ml	2.5 ml	5 ml
EYE DISCHARGE	Ciplox Eye drops	4 - 5	1 Drop				
EAR PAIN	Otogesic / Soliwax Ear drop	S.O.S	3 Drop				
NOSE BLOCK	Otrivin P / Nasomist	S.O.S	1 Drop				
CONSTIPATION	Cremaffin		Not Advise	2.5 ml	3.75 ml	5 ml	7.5 ml
INJURY	T BACT Cream Band - Aids						

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From 30kg to 60 kg & above

PROBLEM	MEDICINE	TIMES	DOSE		
		PER DAY	30 KG	45 KG	60 KG
1. Fever	Crocin tab	4	1/2	1	1
2. Vomiting	ondem Tab(4mg)	3	1	1	1
3. Pain in Abdomen	Cyclopam Tab	4	1/2	1	1
4. Pain or or High Fever	lbugesic(200 mg) tab	4	1	1	2
5. Travel Sickness	ondem tab (4mg)	3	1	1	1
6. Cough / Cold	Alex / Chericof Lozenges	3	1	1	1
7. Loose Stools	Ridol Tab	3	1	1	1
8. wheezing/Coughing	syp. Asthalin (2mg)	3	5ml	5ml	5ml
9. Allergy /cold	Cetzine Tab	1	1/2	1	1
10. Injuries	t bact Cream	2			
11. Conjunctivitis	ciplox Eye Drops	4			
12. Nose Block	Otrivin Nose Drops	3			



Dedicated To Child Health Care



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WARNING: Consulting a healthcare professional before taking any medication is essential. Incorrect usage can cause adverse effects and complications. A doctor's guidance ensures the medicine is appropriate for your health needs, maximizing benefits while minimizing risks. Always prioritize your health by seeking professional advice for any medical treatment.

THIS IS FOR JUST GUIDANCE ONLY FOR EMERGENCY OUTSIDE HOSPITALS