

# T JIU JITSU JUNIOR TIMETABLE

AGES 2 – 15 • FUN • FITNESS • FOCUS • CONFIDENCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3:30 – 4:00PM LITTLE NINJAS 4 – 6 YEARS	3:30 – 4:00PM LITTLE NINJAS 4 – 6 YEARS	3:30 – 4:00PM LITTLE NINJAS 4 – 6 YEARS	3:30 – 4:00PM LITTLE NINJAS 4 – 6 YEARS	3:30 – 4:00PM NO CLASS —
4:00 – 4:45PM NINJA WARRIORS 6 – 11 YEARS	4:00 – 4:45PM NINJA WARRIORS 6 – 11 YEARS	4:00 – 4:45PM NINJA WARRIORS 6 – 11 YEARS	4:00 – 4:45PM NINJA WARRIORS 6 – 11 YEARS	4:00 – 4:45PM WRESTLING NINJAS 6 – 15 YEARS
4:45 – 5:30PM TEENS BJJ 11 – 15 YEARS	4:45 – 5:30PM TEENS BJJ 11 – 15 YEARS	4:45 – 5:30PM TEENS BJJ 11 – 15 YEARS	4:45 – 5:30PM TEENS BJJ 11 – 15 YEARS	4:45 – 5:30PM BLACK OPS NINJAS (INVITE ONLY) 6 – 15 YEARS



## SATURDAY

8:30 – 9:00AM

## MINI NINJAS

2 – 4 YEARS



START YOUR CHILD'S

**7 DAY FREE TRIAL**

**0423 278 188**



EXPERT COACHES



SAFE & SUPPORTIVE ENVIRONMENT



BUILD CONFIDENCE ON & OFF THE MATS