

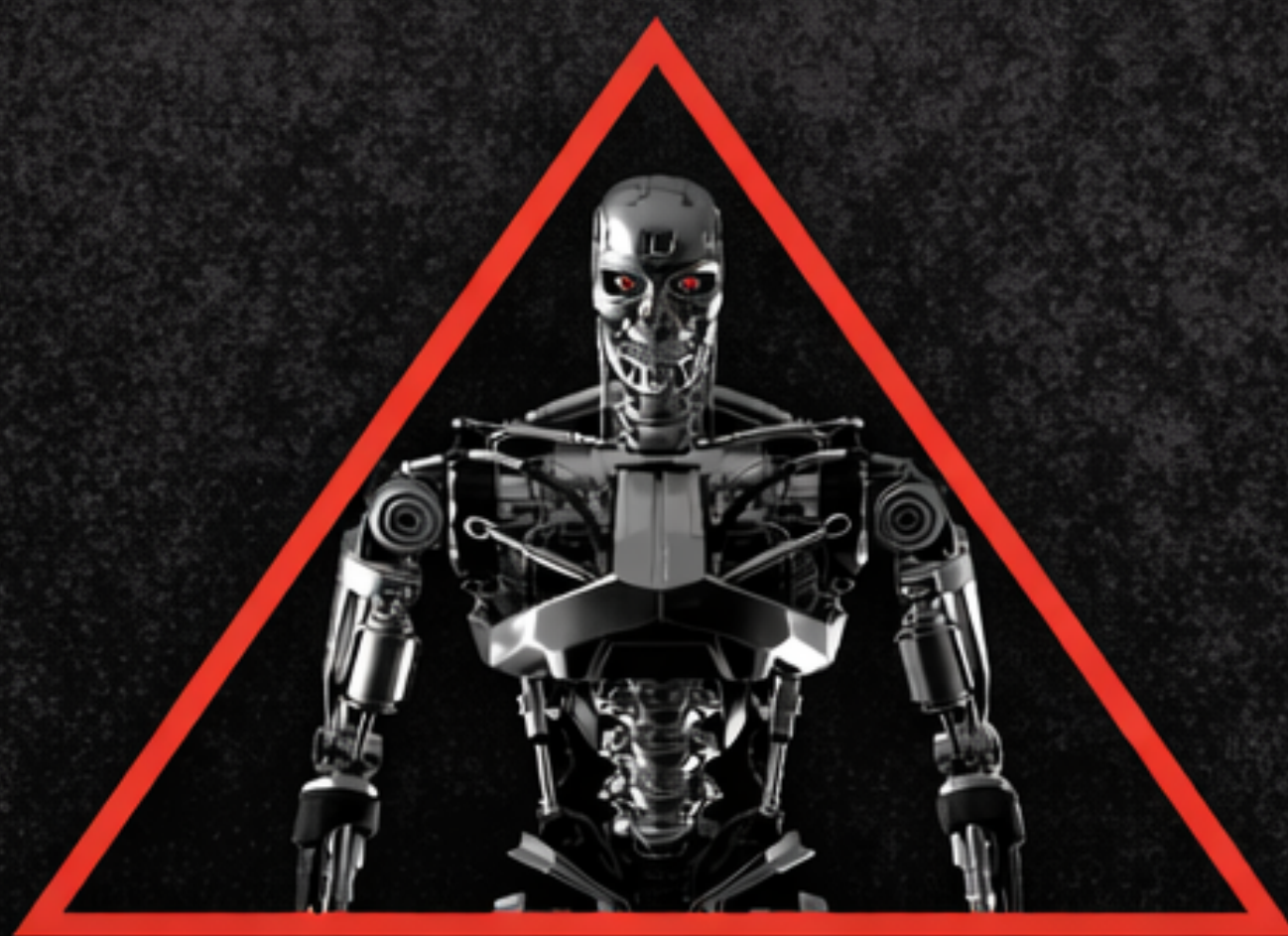
FREE

SELF-DEFENCE CLASS

Every last Tuesday of the month

5:30pm – 6:30pm

Men & women • All experience levels welcome



TJIL JITSU