

**BY-LAWS
RULES
2015
CHEER EXHIBITION**



C.C.Y.C.A. By-Laws/Rules

Table of Contents

BY-LAWS

Philosophy

Objectives

Terminology

Board of Director's Powers

Meetings & Voting

Chapter Duties – Document to CCYCA

RULES

Participant Eligibility/Divisions

Participant Apparel

Game Day Protocol

Post Season Activities

Stunting:

Bantam Division

Junior Division

Intermediate Division

Senior Division

Violations

Coaching:

Eligibility

Responsibilities/Regulations

Violation Procedure

Penalties

Cheer Exhibition

Central Coast Youth Cheerleading Association

BY-LAWS

PHILOSOPHY

The Central Coast Youth Cheerleaders Association (CCYCA) cheerleaders shall serve as support groups for the Central Coast Youth Football League (CCYFL) and, as such, play a very important role in the administration of contests and activities. Each squad should strive to boost team spirit, promote good sportsmanship, develop good, positive crowd involvement, and help participants and spectators achieve the most worthwhile educational objectives of the program.

Being one of the most visible and recognizable representatives of an organization, spirit groups are in a position of great influence; therefore, high standards of conduct are essential. Positive personal behavior and squad cohesiveness demonstrate these standards. Appropriate behavior will help to earn the respect of the community, which is the core of developing effective leadership and involvement.

Cheerleader activities should center on “leading” or “directing” the cheering of student and adult fans. In this role, cheerleaders can become effective student leaders. These activities should be focused on: Creating a cooperative spirit among the cheerleaders, athletes, administrators, and the community; recognizing outstanding plays and examples of good sportsmanship on the part of both teams, and aiding the game officials in the promotion of good sportsmanship and in the administration of the contest. Performing is a secondary role of cheerleader groups and can effectively promote spirit when included at appropriate times at contest, rallies, and assemblies.

Participants must condition, practice and warm up the same as other athletes in preparation for a performance.

OBJECTIVES

The objective of this program is to inspire and encourage our youth, regardless of race color, gender, creed, or national origin; to practice the ideals of health, citizenship, and character; to bring our youth closer together through the means of a common interest in sportsmanship, fair play, and fellowship; to impart the games elements of safety, sanity, and intelligent supervision, and to keep the welfare of the participant first, foremost and free of adult lust for glory and self-promotion.

1. To offer a safe and fun environment for all participants.
2. To encourage and support the football players.
3. To promote teamwork and good sportsmanship.

4. To develop respect for other teams, cheerleading squads, fans and coaches.
5. To teach the fundamentals of cheerleading to all participants.

TERMINOLOGY

1. Use of the term "Chapter" refers to a Chapter franchised by the CCYFL/CCYCA under such rules and regulations as are contained in the CCYFL by-laws.
2. "Scheduled Games" refers to all weeks in which the CCYFL has games scheduled. This includes Jamborees, regular and pre-season games, post season, and playoff games. This does not include games with teams outside of CCYFL.

BOARD OF DIRECTORS POWERS

1. The CCYCA Board of Directors is empowered to deviate from the rule covering a player's assignment with the respect to age, and ability, if in the Board's opinion it would be in the best interest of the concerned player (s) and the conference as a whole.
2. The CCYCA Board of Directors is composed of a President and a representative of North, South and Central Vice Presidents to be appointed by the President.

MEETINGS & VOTING

Meetings:

1. Meetings of the Board and Board of Directors will be held monthly including specially called meetings as required. All meetings will be conducted by the "Roberts Rules of Order Revised." All decisions of the Board of Directors are binding on call coaches, teams, and individuals.
2. There will be no meetings held in the month of January or December.
3. Attendance by a Board of Directors Member is required at all CCYFL board meetings. It is encouraged that chapter Directors attend CCYFL monthly meetings.

Elections:

- CCYCA will elect their officers no later than December 31st and will notify the CCYFL in writing of their officers by the first meeting in February.
- In order to run for the position of CCYCA President or CCYCA Secretary, you must meet the following criteria: You must have served as a board member or Voting Representative within the last year, and you must have attended no less than 75% of the year's meeting or attend nine meetings to run for the positions stated above.
- In order to hold any other board position, you must have attended no less than 50% of the previous year's meetings. Exceptions to be approved by the Board of Directors with a six month probation period to be enforced, or attend six meetings.
- In order to cast a vote during CCYCA Executive Council elections, you must be a director from your chapter.
- The President of the Board of Directors, as needed may call special meetings.

- In case of special meetings, those concerned shall be notified no less the forty-eight hours in advance by telephone or in writing as to the date, time, place, and purpose. The 48-hour rule may be waived if 2/3 of the Board of Directors requests a special meeting during a regular meeting.
- No business other than that for which a special meeting is called may be discussed.
- A quorum shall consist of at least four voting members and a member of the CCYCA Board of Directors. The CCYCA President will appoint any member to preside over any meeting in which the President is unable to attend.
- Failure by a board member to attend monthly meetings will result in a fine of \$50.00 or a dismissal of the position.
- Alcoholic beverages are not allowed at any CCYCA function.
- Anything not contained herein will refer back to CCYFL By-Laws. CCYCA cannot supersede any CCYFL By-Laws or Rules.

CHAPTER DUTIES

It shall be the duty of each Chapter to establish the necessary procedures to assure compliance with the rules contained in this handbook, bearing in mind that no Chapter may establish any rules that contradict the rules and regulations contained herein. Each Chapter must submit a policy statement on the rules/policies they use to form teams within their Chapter. These statements must specifically address how team splits are accomplished and reiterate that the last to sign up will be the first to be released. In order to maintain a Chapter in good standing with the CCYFL, all organization must accept and meet the following standards:

1. Obey all rules, regulations, and by-laws.
2. Pay all fees, fines, and bills immediately upon notification.
3. Discipline all people involved, fairly, and according to this handbook.
4. Attend all special and regular meetings.
5. Maintain and active Board capable of managing their own internal affairs, and satisfying all administrative requirements.
6. Treat visitors with respect and create a positive environment of play.
7. Submit season budget to CCYFL/CCYCA.
8. Chapter squad rosters are due to the CCYFL/CCYCA on or before the first week of schedules games.
9. Each team must provide an original copy of the CCYFL contract for every participant, i.e. registration form, in addition to the team roster. Rosters should be signed by the Director and the participant agent. The roster shall be typed, ineligible participants will have a line (pencil) drawn through their name, and the team roster will then be certified with the signatures of the Chapter President and the Director of Cheer. CCYCA shall retain one original copy. One copy will go to the Chapter Director and one will be distributed to the CCYFL Secretary.
10. Each Chapter shall have at least one individual identified as the Chapter Insurance Representative. All insurance claims must be accompanied by the CCYFL accident report. Insurance claim form and the CCYFL accident report will be forwarded to the CCYFL insurance director who will mail the forms to the insurance company. A participant

requiring the services of a doctor cannot return to a practice or game until they have a written release from a doctor. The release is to be attached to the team roster and shall be available for review by any CCYFL/CCYCA official upon request. The Head Coach is responsible for insuring the written release is obtained.

11. All coaches will be required to have sideline badges in order to participate in CCYCA games.

DOCUMENTATION SUBMITTED TO CCYCA:

The President of CCYCA must receive a full and complete roster from each Chapter, broken down into individual squads. Said rosters must contain the following documents:

1. Original sign-up application
2. Copy of Childs physical exam
3. Copy of Head Coach and Assistant Coaches applications

Because the President of CCYCA does not receive a copy of the child's birth certificate, it is important that the report card or proof of grade be included. While it's true that our girls are not competing against one another, these are still restrictions and requirements on stunting. Also, we have children that cheer for teams out of normal classification in order to stay with a sibling, or to cheer for a sibling. If a parent is concerned about releasing their child's grades, they may obtain a confirmation from the attendance office of their child's school, which will act as notification on the grade the student will be going into. These notices will also provide a picture of the student.

CCYCA RULES

PARTICIPANT ELIGIBILITY/DIVISIONS

1. Participants must be Amateurs; they may not play for monetary benefits such as cash, merchandise or compensation. An amateur participant is "One who engages in sport solely for the pleasure and physical, mental or social benefits derived, and to whom sport is nothing more than an avocation."
2. Cheerleaders cannot exceeding age 14 in the season. Chapters may accommodate for siblings, as they deem necessary, understanding extreme difference in grade levels may cause a problem for sibling participation.
3. Mascots are defined as a participant who is in the first grade or younger. Every Mascot is still required to pay all fees and adhere to CCYCA Rules. Mascots are at the sole discretion of the individual chapters Cheer Director. Stunting for 1st grade and under

(mascots) is to be approved by the Director and a CCYCA Board of Directors member.

4. A cheerleader may not participate if they are in the ninth (9th) grade or attend high school.
5. Proof of age may be established by the following documents, and a copy maintained by individual chapters and must be made available if requested:
 - a. State, Federal or County Birth Certificate
 - b. Passport
 - c. U.S. Military Birth Registration or ID Card
 - d. Hospital record with hospital seal and doctor's signature

Mascot Division - Under 7 yrs old
Bantam Division – 7 and 8 yrs old
Junior Division – 9 and 10 yrs old
Intermediate – 11 and 12 yrs old
Senior Division – 13 and 14 yrs old

PARTICIPANT APPAREL

1. Jewelry *will not* be worn except for religious or medical medals, which shall be taped to the body under the uniform.
 - Existing earring must be removed prior to practices, games, and Cheer Exhibition.
 - All facial (i.e. tongue, lip, eyebrow, nose, and naval piercing must be removed during practices, games and at Cheer Exhibitions).
2. Fingernails, including artificial nails, shall be kept at a length appropriate for safe participation. The appropriate length means the nails are not visible beyond the end of the fingertips when viewed from the palm side of the hands.
3. Hair devices shall be safe and secure. All members of a stunting squad shall wear their hair away from the face and off the shoulders.
4. Cheer Approved Glitter will *ONLY* be allowed for Exhibition!!
5. Costume make-up for Mascots, Halloween, Cheer Exhibition, or play-offs is at the coach's discretion and stunts shall be adapted accordingly.
6. A coach shall not permit a team member to participate if in the judgment of the coach, the participant's hairstyle or fingernails do not conform to the rules.
7. Selections of uniforms are limited to youth styles. No suggestive styles or stomachs showing.
8. Cheerleading shoes must be worn at all times while practicing or performing. No sandals, platform shoes, croc sandals, un-tied shoes, or slip-on styles allowed.
9. Lip color, nail color, or make-up in general should promote the "All American Cheerleader" image and must be age appropriate.

GAME DAY PROTOCOL

1. Half time cheers, dances will be no more than 5 minutes per squad and are to be performed for the opposing crowd.
2. The visiting squad shall be introduced and perform first to the home team parents, then the home team squad will perform to the visiting teams parents.
3. Music and Boom boxes are allowed during time outs, quarter changes, and half-time performances.
4. If a football player becomes injured during the game, all cheerleaders are to stop cheering, kneel on one knee, or if on a dirt track, stand quietly, until the injured player is removed from the field.
5. At the end of the game, all cheerleaders will line up behind the football team for purpose of shaking hands with the opposing football players and cheerleaders.
6. All cheers and chants are to be free of vulgar words, phrases and motions.
7. Each squad must be accompanied by at least one (1) certified coach on game day. No squad will be allowed to participate without a coach in charge.
8. During the half time play. Each team will meet in the middle of the field and the home team will interlock with visiting team and escort them to the home side. The visiting team will perform for the home side. The cheerleaders will then interlock and the home team will go over to the visitor side, the home team will perform for the visiting side. (if time permits each team may perform for their own side)

POST SEASON ACTIVITIES

- All non-CCYCA post-season competitions must be approved by the CCYCA Board of Directors prior to any commitment or play.
- Off-season promotional activities such as parades, farmer's market, exhibitions, assemblies or competitions are encouraged. All practices must stay within weekly/hourly rules. Must have prior approval from CCYCA President.

STUNTING AND TUMBLING

1. All stunting must be performed in a safe manner using correct technique, with the Coach in charge at ALL times. Coaches must be with their squads AT ALL TIMES when doing chants and stunts.
2. All Coaches must complete a stunt progression worksheet with their squad and must make this available for public viewing. Progression sheets must have the signature of the Athlete Director and/or a CCYCA Vice President before stunting can be done during games or Cheer Exhibition.

3. Cheerleaders with the proper training in tumbling (I.e. cartwheels, summer salts, and round off, round off toe touch, walk overs, and handsprings) will be allowed to perform during halftime and cheer exhibition. Also pre game day performances with in the football grid with approval of football teams. Tumbling will be allowed during the game on sidelines at the following Stadium sites: Atascadero, St. Joe, Pioneer Valley, Righetti, and Santa Maria High. All tumbling will need to be signed off with the approval of the cheer director and a CCYCA Board of Directors member. **ALL TUMBLING MUST BE WITHIN THE FOOTBALL GRID. NO OTHER TUMBLING WILL BE ALLOWED!!!!**
4. There may be NO pendulum stunts, a stunt in which the flyer in a layout position falls forward and/or backwards away from the bases to catchers while maintaining hands-to-feet contact with the bases.
5. Squads are only permitted to cheer for 1 game per week.
6. CCYCA board members may vote on adding new stunts after the cheer camp. All new stunts will then need to be approved by CCYFL.
7. Coaches and Chapter Directors will b permitted to assist another squad if necessary during game day. If the coach from the squad playing is unavailable to participate during game. Stunting will only be allowed if the Chapter Director is acting in lieu of Head Coach. No Stunting will be allowed unless Head Coach or Director is Coaching.

MASCOTS

- Mascots are defined as a participant who is 7 yrs old or younger. Allowing for a Mascot is at the sole discretion of the individual Chapters Cheer Director, not the parents. Mascots are not allowed to stunt regardless of what division they are placed in. (i.e. If a Mascot has a big sister cheering in the Senior Division she can be placed on that squad.)

BANTAM DIVISION – 7 and 8 yrs old

- No stunting allowed at this level. It is recommended to work on strong arm motions, and jump techniques.
- A cheerleader may advance to a higher stunting level based on her ability at the approval of the cheer director. The cheerleader will have the opportunity to be evaluated for stunting in that division by a CCYCA Board of Directors member. The cheerleader moving up must meet all current division abilities and be signed off by a CCYCA Board of Directors member in order to perform ANY stunts.
- Failure to continue to demonstrate all approved stunts for which the participant was signed off to do will result in discontinuation of all stunts until that participant is recertified by CCYCA executive representative

JUNIOR DIVISION – 9 and 10 yrs old

- Thigh Stand height stunts only. (Must have a continuous spotter actively touching and lifting the stunt at all times.)
1. Step-Up Thigh Stand

2. Thigh Stand Dismount
 3. Step-Up Hitch
 4. Jump in Thigh Stand
 5. Thigh Stand – Any pose
 6. Half Stacker
 7. Basement
 8. Basement - any pose
- A cheerleader may advance to a higher stunting level based on her ability at the approval of the cheer director. The cheerleader will have the opportunity to be evaluated for stunting in that division by a CCYCA Board of Directors member. The cheerleader moving up must meet all current division abilities and be signed off by a CCYCA Board of Directors member in order to perform ANY stunts.
 - Failure to continue to demonstrate all approved stunts for which the participant was signed off to do will result in discontinuation of all stunts until that participant is recertified by CCYCA executive representative

INTERMEDIATE DIVISION – 11 and 12 yrs old

- All Thigh Stand height stunts (Listed above in Junior Division) must have a continuous spotter actively touching and lifting the stunt at all times.
- Two (2) Feet Jump in Half. Must have continuous spotter actively touching and lifting the stunt at all times. Must follow the progressions listed below:
 1. Hang Drill
 2. Hang Drill – Press to half
 3. Half Dismount
 4. Re-Take Hang Drill
 5. Re-Take to Thigh Stand
 6. Re-Take to Half
 7. Jump-In Half (No stop in Hang Drill)
 8. Thigh Stand to Half
 9. Half - all poses
 10. Taco Toss (As a transition, not as a dismount)
 11. Quarter turn thigh stand
 12. Step in Half
- All Stunts must dismount safely, with hand-to-hand or hand-to-shoulder contact at all times. NO CRADLING, Shove wraps, or Pop-Up Dismounts!
- No Shoulder Stands, Pony Mounts, Basket Tosses, Straddle or Split Presses, Extensions
- All Stunts must have a continuous spotter at all times.
- All Stunts must be at shoulder height or below.
- A cheerleader may advance to a higher stunting level based on her ability at the approval of the cheer director. The cheerleader will have the opportunity to be evaluated for stunting in that division by a CCYCA Board of Directors member. The cheerleader moving up must meet all current division abilities and be signed off by a CCYCA Board of Directors member in order to perform ANY stunts.
- Failure to continue to demonstrate all approved stunts for which the participant was signed off to do will result in discontinuation of all stunts until that participant is

recertified by CCYCA executive representative

SENIOR DIVISION- 13 and 14 yrs old

- All Thigh Stand height stunts (listed above in Junior Division) continuous spotter required for a Double-Based Thigh Stand. (Spotter still required for single based stunts, at the Thigh Stand height)
- All stunts from the Junior and Intermediate Division may be performed by the Senior Division.
- Half (must complete Hang Drill and Hand Drill-Press to Half)
 1. Jump in Half – Two (2) Feet
 2. One (1) Foot to Two (2) Feet Half
 3. Step-Up Half
 4. Do Si Do to half
 5. Quarter up to half
 6. Half - All Poses
 7. Dismounts
 8. Continuous hand-to-hand or hand-to-shoulder contact dismount
 9. Re-take to Thigh Stand Dismount
 10. Cradles (Must complete Taco-Toss, NO Pop-up Dismounts)
 11. Twist up to half
 12. Shoulder Sits
 13. Chair

- Transitional Stunts
 1. Shoulder Height Flat Back
- NO Basket Tosses, Straddle Presses, Split Presses, Shoulder Stands, Twist Cradles, or Extensions.
- All Stunts must be shoulder height or below

***ANY STUNT NOT LISTED ABOVE WILL REQUIRE APPROVAL FROM THE
CCYFL/CCYCA.***

***ANY CHAPTER CAUGHT IN VIOLATION OF THESE STUNTING RULES WILL RESULT
IN THE FOLLOWING ACTIONS:***

1ST Violation - \$125.00

2nd Violation - \$250.00 fine and possible Dismissal of the coach

COACHING

Eligibility:

1. Each Chapter's Cheer Director must be 21 years of age or older.
2. All Head Coaches must be 21 years of age or older.
3. Assistant Coaches must in or above high school level at the discretion of the cheer director.
4. All coaches and assistant coaches will be required to have sideline passes in order to

- participate during game time
5. A maximum of Four (4) coaches will be allowed per squad.
 6. All personnel must register with their Chapter using their chapters Coaches forms
 7. Persons convicted of crimes under section 290 of the California Penal Code Section 11590 Health and Safety Code are ineligible to participate.
 8. Persons advocating the overthrow of the United States Government are ineligible to participate.
 9. Coaches found guilty of any crime may be found ineligible to participate by their chapter, by the Executive Council of the CCYFL/CCYCA or by the Board of Directors of the CCYCA.
 10. Head Coaches must attend a Coaches Clinic by CCYCA. Assistant Coaches are strongly encouraged to attend these clinics also. A coach must attend CCYCA said coaches clinic in order for cheer squad they coach to be eligible for stunting.
 11. Coaches will be permitted to assist another squad if necessary during game day if the coach from squad playing is unable to participate during game. **NO STUNTING WILL BE ALLOWED.**

Responsibilities/Regulations:

Coaches, officials, parents, or any other adult acting in an official capacity may be barred from participation in the CCYFL/CCYCA for violating any of the following regulations:

1. All Head Coaches shall have complete responsibility for the conduct and activities of their squad, and shall be held accountable by the Chapter and the CCYFL/CCYCA.
2. All Coaches shall insure the coaching rules, ethics, spectator control and any other game control requirements are adhered to at all times.
3. All Coaches must be familiar with the CCYFL/CCYCA Rules and comply with the provisions set forth.
4. Coaches are responsible for teaching in a safe and fun atmosphere, remembering who their students are and the ability level at which they can perform.
5. Coaches shall not criticize participants in front of spectators, but reserve constructive criticism for private, or in the presence of the cheerleading team.
6. Coaches will accept the decision of the officials on the field, without question, remaining positive at all times.
7. Coaches are not to criticize the officials, opposing team, opposing cheerleaders or fans by gesture or word of mouth.
8. Coaches will emphasize the aspects of working as a team, and respect, NOT winning.
9. Coaches will not use inappropriate language or profanity around anyone connected with the game.
10. Drug use and alcohol use are not permitted at any time.
11. Coaches will be examples for all involved in the CCYFL/CCYCA.
12. Coaches are not to wear revealing or provocative clothing at any time during CCYFL/CCYCA functions including practices.
13. Coaches may not receive payment for services.
14. Coaches may not physically, mentally, or verbally assault any other coach, athletic director, officials, spectators, or participants.
15. Coaches shall not knowingly permit any player to participate with an injury that may

- jeopardize their health. Coaches must obtain written authorization from a physician to allow a previously injured child to participate in practices, performances or games.
16. Coaches shall not allow ineligible children to participate.
 17. Coaches shall not “cut”, or discourage a child from participating. Boundary waivers are available upon approval of both Directors. There shall be no waiting lists, reserves, alternates or other terminology to hold children back from participating. Everyone who wants to register must be placed on a team and be allowed to participate.

Violation Procedure:

If a violation does occur, the individual Chapter shall be the first to handle the situation. The CCYCA Board of Directors has the right to increase or decrease any penalty imposed by the Chapter. All protests and appeals must be presented in writing to their respective Chapters. All such written documents must be submitted to the CCYCA Board of Directors within 72 hours of receipt. A protest/appeal must be in writing and must specify the articles and section of the CCYCA handbook in question.

The CCYCA may take action on a violation without the individual Chapter first presenting it, if, in the Board of Directors eyes, the action is in the best interest of the participants and the organization.

All decisions of the CCYCA are final and binding on all Chapters, teams, and individuals.

Penalties:

A violation of any rule or rules contained herein may subject a Chapter, team, or individual to any or all of the following penalties:

1. Disqualification from exhibition or taking part in any cheer activity.
2. Disqualification from participation in bowl or post-season games.
3. Suspension, expulsion, ineligibility, disbarment, or probation.
4. Loss of franchise.
5. A Chapter subject to a fine of not less than \$50.00 and not more than \$250.00
6. CCYFL oversees CCYCA. CCYFL Executive Council can and will ban any coach caught in violation of any rules or by-laws set forth in this rule book.
7. Stunting Violations:
 - a. 1st Violation – \$125.00 fine
 - b. 2nd Violation – Dismissal of Coach and \$250.00 fine
8. Rule Violation -
 - a. 1st violation - \$75.00 fine
 - b. 2nd violation - 125.00 Fine and possible dismissal of Coach

NOTIFICATION OF SUSPECTED CHILD ABUSE:

As an advocate for the children in our care, it is our job and duty to notify the police if there is any behavior or indication that a child is being abused. This abuse could be in the form of physical, sexual or mental. If a child comes to practice, bruised and shaken, or mentions within our hearing that there is something inappropriate taking place at home, we must notify the police. Once that notification has taken place however, it is not our place to follow up. We must step back, and

allow the professionals to do their job.

CHEER EXHIBITION

MUSIC SELECTION:

All Chapters must adhere to a strict code where music is concerned. No music that has expletives or derogatory language will be permitted. The message in the song must also reflect the “All American Cheerleader” image that CCYCA represents. There are songs currently on the market that while they do not contain vulgar language, the messages they send we still feel, would be inappropriate to use. Two examples are:

“Milshake” by Kelis: “My milkshake brings all the boys to the yard”

As well as a song by 50 Cent, “Candy Shop”: “I take you to the candy shop, I’ll let you lick the lollipop, go ‘head girl, don’t you stop, keep going ‘til you hit the spot (woah)”

Please make sure you use sound judgment in selecting your chapter’s music for Cheer Exhibition. If the CCYCA Board of Directors feel any music is inappropriate, your squad will not be allowed to perform during Cheer Exhibition.

DANCE MOVEMENTS:

In keeping with appropriate music, the dance steps must also reflect that of “All American Cheerleader” image. The children in our programs are typically between the ages of 8-14 years of age, and the movements they use should reflect that age group. There will be no sexually or suggestive movements allowed during Cheer Exhibition.

MAKE-UP:

The use of light make-up will be accepted. This will be up to the discretion of the individual Chapters Cheer Director. Please remember, again we need to reflect the “All American” image and heavy make-up should not be allowed. As in our CCYCA rules, cheer approved glitter will ONLY be allowed during Cheer Exhibition.

JEWELRY:

NO JEWELRY is allowed during practice or games, the same goes for Cheer Exhibition. Any participant with jewelry will be asked to remove it prior to performing at Cheer Exhibition.

Exhibition:

All chapters will perform on the same day, during the same session. There will be no split sessions of chapters. The girls may practice as long as needed, in as much as that practice falls within the normal boundaries of scheduled practices.

Exhibition with focus on spirit and Comradery. Every chapter will receive an all chapter team awards.