

KEY TESTIMONIES

LEADERSHIP, FUNDRAISING, AND INSPIRATION

It has been an absolute pleasure working with AFRIPADS to ensure that women in Kiboga, Uganda gain access to reusable menstrual products. I started my small business Woolf's Torn Pages when I was 15 years old with the mission of combatting period poverty globally, and by working with AFRIPADS, I was able to make a personal dream of mine come true.

I hope that the donation made will be a significant contribution to those who need it the most. Female education is incredibly important, especially in vulnerable areas where girls are often held back from fulfilling their academic potential. Thank you for the opportunity, it means a lot to me.

Ahana Raghavan, Founder of Woolf's Torn Pages, Chairwoman of FCUSD Menstrual Hygiene Council



ACCESS TO MENSTRUAL HEALTH AND HYGIENE

Our girls were **deeply grateful for the training**. Many struggle to afford sanitary products, often resorting to unhygienic clothes that lead to costly infections. This training has been transformative. We've seen a dramatic decrease in staining incidents, and **the girls are now better prepared – not just for their periods, but for their futures** as potential leaders."

Healing and Resilience after Trauma Staff

FEMALE EMPOWERMENT

As Head Girl, I'm thankful for this opportunity. Before, girls would ask me for advice during their menstruation, and I didn't always have the answers. Now, with your support, I can be a true leader and help girls of all ages in our school."

Mugala Miriam, 14, Primary 7, Muyagu Foundation P/S



A PAD BANK IN SCHOOL

Teachers were excited, knowing that the recurring absenteeism of girls at the start of each month would finally decrease. Parents felt relieved and recognized the significant savings from no longer having to buy pads every month

Strengthening Hope and Resilience Empowerment