

YAK UPDATES



CYA TO HOST USA MEET IN 2025

We are excited to announce the return of home meets in 2025! We will kick off our first USA hosted meet with a developmental meet to be held Saturday, March 1, 2025. It takes a whole village to run a smooth and successful meet, so we are asking that all parents and swimmers be available to volunteer (even if your swimmer is not swimming in the meet). Volunteer positions will include timers, announcer, safety marshalls, admissions, volunteer/coach check-in, concessions and many more! Be on the lookout for more information in the near future.

HOLIDAY CELEBRATION

YAKS CELEBRATE THE HOLIDAY SEASON

CYA had a wonderful time celebrating the holiday season with all of our swimmers on December 14th. Thank you to our Events Committee for putting together a great party! Everyone enjoyed the delicious food, fun games and time spent with our swim friends.



YAK SPOTLIGHT



Coach Aaron participated in the York Candy Cane Catch Masters swim meet on December 22nd at the Graham Aquatic Center where he swam the 400 IM, 100 Free, 100 IM and 200 IM! Way to go Coach! Coach Aaron is an active member of the York Masters Swim team where he trains daily and participates in numerous swim meets through out the year. His ultimate goal is to qualify for the Masters National Meet to be held in San Antonio, Texas of April, 2025.

Stay tuned for his next local meet!

MAKING WAVES

YAKS BREAK MEET RECORDS AT JINGLE BELL SPLASH



Congratulations to all of our Yaks who participated in the 12th Annual Jingle Bell Splash on December 15th at Northeastern High School. Everyone had amazing swims!

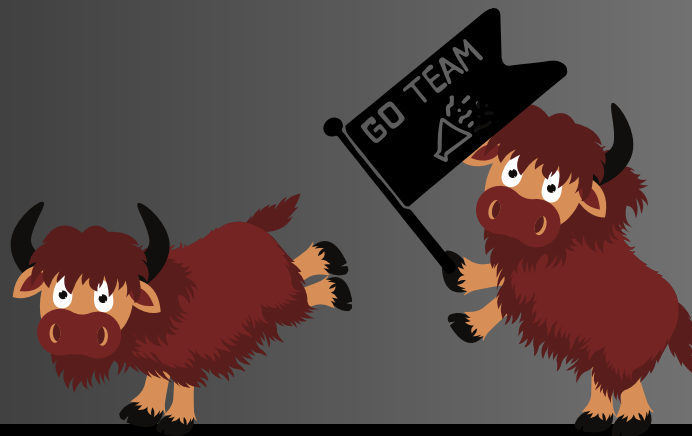
Our Boys team finished in 1st place and our Girls in 4th place, with a combined overall finish of 2nd place for CYA! Way to go team!

Special shout out to Landon Harnish, John Le and Foxx Monroe for breaking long-standing meet records in their age divisions!

Landon Harnish
Boys 14 200 Back
Boys 14 200 Fly

John Le
Boys 11 50 Breast

Foxx Monroe
Boys 12 200 Fly



NEWS & EVENTS

CURRENT CHAMPIONSHIP QUALIFIERS

Check out all the new events we added since December! (**noted in bold**)

For the current qualifying times check out MA Swimming.

10 & Under Champs

- Emme Clark (25 FR, 25 BK)
- Beckett Crawford (50 & **100** FR, 50 & 100 BK, 50 BR, 50 Fly, 100 & **200** IM)
- Valerie Delgado (**100** FR)
- Avnoor Mahil (25 FR, 25 BK)
- Lilly McGruder (50 & **100** BK, **50** BR)
- Camden Rupp (25 FR, 25 BK)
- Aubrey Shaw (50 FR, 50 Fly)
- Dylann Spence (25 FR, 25 BK)

Silver Champs

- Landon Harnish (50, 100 & 200 FR, 100 & 200 BK, 100 & **200** BR, 100 Fly, **200** IM)
- Trey Hess (100 BR)
- Aidan Kane (**50**, **100**, 200 & 500 FR 100 & **200** BR, 100 Fly, 200 & **400** IM)
- Levi Kane (50, 100 & 200 FR, 100 & **200** BR, **100** Fly, **200** & **400** IM)
- Bennett King (50, 100 & 200 FR, **100** BK, **100** Fly, 200 IM)
- Liz Le (100 FR)
- John Le (50 & 100 FR, 50 & 200 BR, 50 & 100 Fly)
- Leo Le (50, 100, 200 & 500 FR, 100 Fly)
- Foxx Monroe (100 & **200** FR, **100** BK, **50** BR, **50** & 100 Fly, 100 & **400** IM)
- Sophia Quigley (50 & 100 BR, 100 IM)
- Ugyen Ruit (**200** FR, 100 BK)
- Taurean Shaw (100 & 200 FR, 100 BK, 100 BR, 100 Fly, 200 IM)
- Elliott Soffer (**100** FR, **100** BK)
- Evan Starner (50 & 100 FR, 100 BK, **100** & 200 BR, 100 Fly, 200 & **400** IM)
- Aaron Young (**100** & **500** FR, **100** BK, **100** BR, **100** Fly)

Junior Champs: Who will be the first?

Senior Champs: Who will be the first?

REMINDERS

- When signing up to volunteer at an away meet, please be sure to sign-up on Commit as well

UPCOMING MEETS

- WSY Mid Winter Classic Jan. 10-12
- HAC Distance Meet Jan. 18
- Mighty Titans Developmental Jan. 18
- WSY Presidents Day Meet Feb. 14-16
- Yak Dash Developmental March 1

JANUARY BIRTHDAYS

- 13 Landon Harnish
25 Vivian Ellis



CHAMPIONSHIP DATES & LOCATIONS

10 & Under Champs
March 8-9, 2025
Derry Township Community Center

Silver Champs
March 28-30, 2025
Graham Aquatic Center



USA SWIMMING

VOLUNTEER POINTS FOR FALL/WINTER '24-'25

As a member of the Central York Aquatics club, all families are required to fulfill volunteer points each season. For the Fall/Winter season the team handbook states each family is required to fulfill 40 volunteer points as well as donations for concession points. We are aware that there have not been significant opportunities at meets for families to fulfill these points. Fear not! With the newly approved home Yak Dash meet in March and Championship meets, there will be many more opportunities for you to fulfill these points.

If you are able to volunteer at any of the away meets (USA or league) please be sure to sign-up on Commit as well as registering through the host team's sign-up site. This will ensure we have your points recorded in more than one place when double checking what is on Commit and what the host team recorded. Additionally, if you are at a meet and asked to volunteer but did not sign up prior to the day of, please send an e-mail to swimcyaactive@gmail.com so we can record your points in Commit.

For any questions or concerns regarding volunteer points, please reach out to any board member. We appreciate all of your support and dedication to our swimmers! Thank you for all you do!

VOLUNTEER OPPORTUNITIES

Are you looking for ways to fulfill your volunteer points? Look no further, USA swimming is in need of various trained volunteers to ensure our swimmers have fully staffed meets to participate in. There are many volunteer positions that are needed in order for teams to successfully run a USA meet: stroke and turn official, starter, administrative official, operational risk director and so many more! Most of these positions do require some type of training and certification. But fear not, you can easily get started online (some only require an online training!) And your final training sessions (if needed) can be completed at any of our upcoming meets. The process is simple and we have board members willing to walk you through each step.



To learn more reach out to swimcyavicepresident@gmail.com



TEAM PHOTOS STILL AVAILABLE

Pictures can still be purchased through the photographers website. Any questions or concerns please reach out to the photographer directly at <https://www.orendorffstudios.com/>

Coach Aaron would like to have individual swimmer photos available to use for spotlights. If you purchased the digital version of your swimmer's individual photo, please forward a copy to swimcyavicepresident@gmail.com



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