



YAK UPDATES




SUMMER 2025 OFF TO A GREAT START

What an incredible way to open our Summer season! Central York Aquatics took on Mechanicsburg Swim Club on June 7th in an exciting head-to-head dual meet. The energy on deck was electric and the Yaks came ready to race!

Shout out to Maddie Altland who completed her first 25 free, placing 7th! Also, a big congrats to Lucy Clancy who swam in two individual events and helped on two relays - what a debut!



High Point Scores

Valerie Delgado - 22 points
 Londyn Kitrell - 19 points
 Emme Clark - 16 points
 John Le - 16 pointss
 Liz Le - 16 points
 Elliott Soffer - 16 points
 Moriah Grab - 15 points
 Bennett King - 15 points

EXCITING THINGS AHEAD

1776 SWIM-A-THON AND PANCAKE BREAKFAST

It's a CYA annual tradition! July 4th our Yaks take to the pool for a friendly competition (and a little bit of fundraising) to swim the 1776 to celebrate the year of independence. This year's event will be held at the Graham Aquatic Center outdoor pool. Get family and friends to sponsor your swimmer for this exciting event. We have set a goal of \$50 for each swimmer.. but all swimmers are encouraged to participate, no matter the amount they are able to raise! Awards will be given to the fastest swimmers in each group as well as an Arena swim bag full of goodies for the top fundraiser. *See Ashley Martz for additional sponsorship forms*

Finish up the morning with a delicious pancake breakfast for swimmers and families! Cost is \$5.00 per person (Cash at entry appreciated, but Commit accounts can be charged with processing fee). Please RSVP in Commit.

WHO? CYA Swimmers and Families




WHAT? 1776 Swim-A-Thon and Pancake Breakfast

WHEN? July 4th, 2025 6:00am - 8:00am

WHERE? Graham Aquatic Center - Outdoor Pool

WHY? Why not!?!



SWIMMER: _____

	Sponsor's Name	Email	Total Pledged Amount
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
Total			

MAKING WAVES

JULY CAR WASH FUNDRAISER

Our second car wash of the season is scheduled for SATURDAY, JULY 5TH! Our first car wash proved to be a huge success. Our swimmers had a great time washing fancy cars and making memories with their teammates. Please share the flier and help us make this one even better than the first. We hope to see all our Yaks there!



**MAY 3RD
&
JULY 5TH**

1:00 PM - 3:00 PM



**CAR
WASH FUNDRAISER**

**AL'S AUTO PARTS & SERVICE
1301 N. SHERMAN ST.
YORK, PA 17406**

CENTRAL YORK AQUATICS

DONATE WHAT FEELS RIGHT FOR YOU

SWIMCYA.COM

YAK SPOTLIGHT

AMELIA BENKERT



Congratulations to Amelia Benkert for completing the York YMCA Kids Triathlon. Amelia represented CYA with strength, spirit and a winning smile. She crushed all three events - swimming, biking and running. We are so proud of her for pushing her limits. Way to go, Amelia!

NEWS & EVENTS

Monthly Meet-ups

We have made a change to the June monthly meet up. In order to avoid another weather cancellation, this month's meet up will be at Infinitos (1550 N. George St, York) Wednesday, June 25th.

Junior groups can plan to meet at 6:30pm and Senior groups will meet after practice concludes. Senior swimmers should have rides ready in case practice finishes early.

Swimmers and families are invited! Please remember, you are responsible for your own transportation and purchases.

July's monthly meet up will be at the Lancaster Barnstormers game. Please be sure to RSVP in Commit so we can be sure we have the correct number of tickets available.

REMINDERS

- Popsicles after Practice Fridays prior to a meet!
- Swim in 3 dual meets to be eligible for Divisionals

IMPORTANT DATES

- June 14: HOME meet vs Carlisle
- June 21: @ Gettysburg
- June 25: Monthly Meet-up
- June 28: HOME meet vs Dover



JUNE BIRTHDAYS

- | | |
|----|-----------------|
| 12 | Zach Damazo |
| 16 | Sachen Ruit |
| 18 | Claire Hammaker |
| 26 | Austin Welsh |
| 28 | Chase Monroe |
| 29 | Aaron Young |



Our Sponsors



CASL SWIMMING

SUMMER LEAGUE

THANK YOU to all of our CYA parents who attended the live or recorded training to become a CASL certified Stroke & Turn official. If you are interested in becoming a certified USA official for the Fall/Winter season, reach out to a board member for assistance.

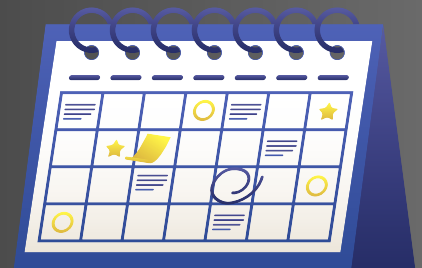


Our newly trained CASL Officials:

Lindsay Altland
John Grab
Mandy Jones
Erin McGruder
Greg Otte

2025 Summer Meet Schedule

June 7: CYA @ Mechanicsburg Swim Club
June 14: Home vs Carlisle Swim Club
June 21: CYA @ Gettysburg YWCA
June 28: Home vs Dover Area Aquatic Club
July 12: CYA @ Seahorse Swim
July 19: Divisionals
July 20: All Stars
July 26: Mid Caps



June 6th Popsicles after Practice



Thank you to the Thompson Family for providing the team with popsicles for the first Popsicles after Practice of the season!

