



# YAK UPDATES

## HOT NEWS

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## THANK YOU FOR CELEBRATING COACHES APPRECIATION WEEK WITH US!

Thank you to everyone who helped celebrate Coach Appreciation week in October! From the generous donations we received we were able to provide our coaches with gift cards to various stores for them to enjoy treats, dinner, a little bit of shopping and gas to get to practice! Thank you to all the swimmers who graciously posed for a Thank You photo on the pool deck so we could put together a short video for our coaches as well. If you haven't had a chance yet, be sure to check out our Facebook page to see the compilation. And another THANK YOU to our coaches for their dedication to our swimmers!



# MAKING WAVES: CELEBRATING FIRST MEET SUCCESS AND OUTSTANDING ACHIEVEMENTS!



Congratulations to all our Central York Aquatics swimmers who competed in their very first USA Swim Meet! Each swimmer showed incredible energy, sportsmanship, and determination, making it a memorable event for the entire 12 & Under team.

Special recognition goes to **Kaelyn Henry**, who earned the **Most Time Drop** award in her age group at the Hershey Developmental Meet! Her hard work and dedication truly paid off, setting a fantastic example for her teammates. We are so proud of each swimmer's effort and look forward to seeing them continue to grow and achieve. Keep up the great work, team!

## HOLIDAY CANDLE SALE



Support Central York Aquatics with our White Clover Farms candle fundraiser! We're excited to offer four exclusive scents that bring the swim season to life: Early Morning Meet (buttermilk pancake), Hippy Holiday (patchouli, black raspberry, and peppermint), Meet Warm-Ups (flannel), and Yak Frost (buttercream, peppermint, and vanilla). Each 16 oz candle is available for \$18, with orders open until December 2. Light up your home with these unique, cozy scents while supporting CYA!

Order Form:





# NEWS & EVENTS

## USA SWIMMING VOLUNTEER OPPORTUNITIES:

Are you looking for ways to fulfill your volunteer points? Look no further, USA swimming is in need of various trained volunteers to ensure our swimmers have fully staffed meets to participate in. There are many volunteer positions that are needed in order for teams to successfully run a USA meet: stroke and turn official, starter, administrative official, operational risk director and so many more! Most of these positions do require some type of training and certification. But fear not, you can easily get started online (some only require an online training!) And your final training sessions (if needed) can be completed at any of our upcoming meets. The process is simple and we have board members willing to walk you through each step. The benefits of becoming a USA certified volunteer?

- Front row seat to watch your swimmer
- More swimming knowledge
- Fulfill your volunteer points faster
- Work your way up to work at National level meets, even USA Swimming Olympic trials!!
- Meet and work with top level USA swimming staff
- Support CYA in hosting a HOME meet
- And so much more!

To learn more reach out to [swimcyavicepresident@gmail.com](mailto:swimcyavicepresident@gmail.com)

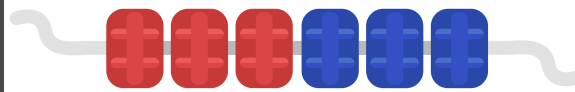


### REMINDERS

- New practice schedule starts Nov. 4
- USA Swimming Registration is due!

## UPCOMING MEETS

- CVAC Aquafest Nov. 1-3
- DAAC Pentathlon Nov. 10
- HAC Chocolate Splash - Dec 6-8
- 12 Annual Jingle Bell Splash- Dec. 15



## NOVEMBER BIRTHDAYS

- 1 Eli Jones
- 2 Coach Aaron
- 7 Amelia Lingg



## SPIRIT WEAR SALE

Spirit wear sale has ended, and orders will be shipped as soon as they are ready. Chelsey Kane will reach out directly to coordinate pick-up when orders arrive to help keep any Christmas gifts a surprise, preventing swimmers from spotting them early. Thank you for helping us keep the holiday spirit alive!





## ***CYA SWIMMERS MAKE A SPLASH AT THE HOMECOMING PARADE!***

This October, our Central York Aquatics swimmers took part in the Homecoming Parade, bringing team spirit and energy to the streets! Decked out in CYA gear, our swimmers enjoyed the fall festivities, handing out candy, cheering on the community, and showing everyone the heart of CYA!

Thank you to all our swimmers and families who came out to represent CYA. Your enthusiasm and support were incredible and made the day a memorable one for everyone involved.

If you know anyone who's interested in joining the team, remind them that CYA offers a free trial to experience what it's like to swim with us. Spread the word and bring a friend to practice!

### **Our Sponsors**

