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CYA Swimmer Code of Conduct

- I will demonstrate and encourage good sportsmanship from fellow swimmers, coaches, officials and parents at all times.
- I will remember that swimming is an opportunity to learn and have fun.
- I will remember that practices and meets are equally important.
- I will not use drugs, tobacco, and/or alcohol.
- I will do the best I can at every practice, remembering that all swimmers have talents and weaknesses, the same as I do.
- I will treat my coach, other swimmers and coaches, meet officials, other officials, volunteers, and fans with respect always.
- I will always control my temper.
- I will always exercise self-control, including not using foul language.
- I will concentrate on swimming; always giving my best effort.
- While practicing and competing, I will conduct myself so as to be a credit to myself and to my swim team.
- I will be a team player.
- I will respect the facilities that we use.

- I will have a positive attitude and strive to be a positive influence for my teammates.
- I understand that failure to comply may result in my suspension from CYA events or dismissal from CYA as determined by the CYA Board.