



**Igor J. Koralnik, MD,  
FAAN, FANA**  
Northwestern Medical  
Group



**Paul Mathew, MD,  
DNBPAS, FAAN, FAHS**  
Mass General Brigham  
Health Care Center



**Diana Page, APRN-ACNP**  
Maine Medical Partners



**Anup Patel, MD**  
The Ohio State University  
College of Medicine

## MNS VIRTUAL PROGRAM

7:30 am – 8:00 am	<b>Virtual Breakfast with Exhibitors</b>
8:00 am – 8:20 am	<b>Welcome and Introductions</b> (includes Exhibitors)
8:20 am – 8:30 am	<b>Resident Presentation</b> – Clifton Lewis
8:30 am – 9:15 am	<b>Burnout and Self-Care</b> Faculty: Diana Page, APRN-ACNP
9:15 am – 10:00 am	<b>Headache: It's All In Your Head... Or Is It?</b> Faculty: Paul Mathew, MD, DNBPAS, FAAN, FAHS
10:00 am – 10:15 am	<b>Break</b>
10:15 am – 11:00 am	<b>Neuro-COVID Research</b> Faculty: Igor J. Koralnik, MD, FAAN, FANA
11:00 am – 11:45 am	<b>Advances in the Treatment of Epileptic Seizures</b> Faculty: Anup Patel, MD
11:45 am – 11:55 am	<b>Resident Presentation</b> - Tyler Crissinger
11:55 am – 12:00 pm	<b>Break</b>
12:00 pm – 12:30 pm	<b>Maine Neurological Society Annual Business Meeting</b>
12:30 pm – 12:35 pm	<b>Closing Remarks</b>
12:35 pm – 1:00 pm	<b>Breakout with Exhibitors</b>



## **Igor J. Koralnik, MD, FAAN, FANA**

**Chief of Neuro-infectious Disease and Global Neurology in the Department of Neurology Archibald Church  
Professor of Neurology**

Professor of Neurology (Neuro-infectious Disease and Global Neurology) Northwestern Memorial Hospital  
Dr. Igor Koralnik is the Archibald Church Professor of Neurology, Northwestern University, as well as Chief of the Division of Neuro-Infectious diseases & Global Neurology at Northwestern Memorial Hospital in Chicago. He is the outgoing President of the International Society of Neuro Virology. Dr. Koralnik's laboratory is investigating how viruses affect the nervous system. These include the polyoma-virus JC (JCV), the etiologic agent of progressive multifocal leukoencephalopathy (PML). Dr. Koralnik's COVID clinic, which opened in May 2020, focuses on treating patients who have neurological complications associated with the disease. When he was at Harvard Medical School, Dr. Koralnik initiated in 2010 a Global Neurology research program at the University Teaching Hospital in Lusaka, Zambia. Over the years, this program has grown tremendously and become a Multi-institutional consortium, the Zambia Institute for Neurological Care, Research, and Education (ZINCARE).



## **Paul Mathew, MD, DNBPAS, FAAN, FAHS**

**Mass General Brigham Health Care Center**

Paul G. Mathew, MD, DNBPAS, FAAN, FAHS completed his neurology residency at Temple University Hospital in Philadelphia, PA, and then completed a fellowship in headache medicine at Mayo Clinic in Rochester, MN. He is board certified in neurology and headache medicine. He is currently an Assistant Professor of Neurology at Harvard Medical School (HMS), and holds positions at three HMS affiliated institutions. He has clinical appointments at Brigham & Women's Hospital and Harvard Vanguard Medical Associates/Atrius Health, as well as a teaching appointment at the Cambridge Health Alliance. In addition to conventional headache treatments, Dr. Mathew performs Botox injections, trigger point injections, and nerve blocks.

In terms of his academic responsibilities, he has been involved in the education of countless neurology, psychiatry, internal medicine, family medicine, dental medicine, pain medicine, and headache medicine trainees. Regarding medical student education, he is the founder of the Harvard Medical School Advanced Neurology Clerkship at Brigham & Women's Faulkner Hospital.

He has written over 80 publications and has presented at both national and international conferences. Dr. Mathew has served as a peer reviewer for multiple journals including the American Journal of Managed Care, the British Medical Journal, Cephalalgia, Headache, Headache Currents, Pain Medicine, Mayo Clinic Proceedings, Neurology, the Journal of Neuroimaging, and the New England Journal of Medicine. He is the Co-Chief Medical Editor of the journal Practical

## **Paul Mathew, MD, DNBPAS, FAAN, FAHS (continued)**

Neurology. In addition, Dr. Mathew applies his passion for writing as a contributing editor on the Harvard Medical School Health Blog, which is intended to educate the public on a wide array of subjects in medicine. He is a member of several medical societies including the Massachusetts Neurological Association, the American Academy of Neurology, the American Headache Society, and the International Headache Society. He is the current Chairman of the American Headache Society Procedural Special Interest Section.

Dr. Mathew also applies his passion and expertise to the role of advocate for both patients and fellow physicians. He has participated in multiple successful lobbying efforts in Washington, DC headed by the American Academy of Neurology to improve patients' access to healthcare and research funding. In March, 2015, Dr. Mathew was appointed as the neurology representative on the advisory board of the National Board of Physicians and Surgeons, and in January, 2019 was appointed Director of Legislative Affairs. The National Board of Physicians and Surgeons is an organization committed to providing board re-certification that ensures physician compliance with national standards



## **Diana Page, APRN-ACNP**

### **Maine Medical Partners**

As a nurse practitioner, I have always valued a holistic approach when caring for my patients. I consider it a privilege to be involved in patient care as a subspecialist in neurology, specifically epilepsy. I am sure to listen closely to patient concerns and work hard to not only improve quality of life but also provide education and support to my patients and their families. I spend my free time with my family. We like to get outside as much as possible and love exploring Maine's beautiful landscape.



## **Anup Patel, MD**

### **The Ohio State University College of Medicine**

Anup Patel, M.D. is board certified in neurology with special qualifications in child neurology. In addition, he is board certified in epilepsy and clinical neurophysiology. He is the President-Elect for the Child Neurology Foundation. He is an associate medical director for quality improvement at Nationwide Children's Hospital and the director of quality improvement for neurology. He is an associate professor for neurology and pediatrics at Nationwide Children's Hospital and The Ohio State University Medical Center in Columbus, Ohio. He has journal publications and clinical research interests in the field of pediatric epilepsy, health care utilization, learning healthcare systems, and quality improvement.