



52 Songwriting Prompts for 2025

1. **Unexpected Joy:** Write about a moment of unexpected joy while exploring a hidden beach during low tide.
2. **Special Place:** Describe a hike in the forest that holds special memories, capturing the scent of cedar and the sound of rustling leaves.
3. **Historical Figure:** Imagine a conversation with a local Indigenous leader from the past about their connection to the land.
4. **Longing:** Explore the feeling of longing for someone who's moved away, using imagery of misty mountains and rainy days.
5. **Lost Love:** Create a story about finding an old love letter while kayaking on a tranquil lake.
6. **Vivid Dream:** Write a song inspired by a dream of sailing through the San Juan Islands under a starlit sky.
7. **Sunset Sensation:** Describe the colours of a Pacific Northwest sunset reflected in the water, using only sensory details.
8. **Future Self:** Imagine your future self sharing wisdom on a hike along the Pacific Crest Trail.
9. **Changing Seasons:** Write about the transformation of a favourite spot in nature from summer to fall, focusing on the vibrant colours and sounds.
10. **Vulnerability:** Explore a moment of vulnerability experienced while watching the waves crash against the shore.
11. **Old Photograph:** Create a story based on an old photograph of friends gathered around a campfire on a warm summer night.
12. **Taking Risks:** Write about the exhilaration and fear of bungee jumping off a bridge into a stunning river valley.
13. **Comforting Routine:** Describe the comforting routine of brewing a cup of local coffee while watching the fog roll in.
14. **Inanimate Object:** Write a song from the perspective of a tree standing in a secluded forest.

15. **Resilience:** Explore the theme of resilience in nature, like the way trees adapt to strong winds and storms.
16. **Favourite Book:** Write a song inspired by a book that showcases the beauty and challenges of life in the Pacific Northwest.
17. **Strange Encounter:** Describe an encounter with a stranger on a ferry, sharing stories as the islands drift by.
18. **Family Tradition:** Write about a family tradition of going clam digging at the coast and the memories tied to it.
19. **Lost in a Crowd:** Explore the feeling of being lost in a bustling city market filled with diverse sounds and smells.
20. **Dream Destination:** Create a song about a dream of visiting the enchanting Olympic National Park and its old-growth forests.
21. **Independence:** Write about the first time you felt truly independent while exploring a new city in the Pacific Northwest.
22. **Meaning of Home:** Describe the feeling of home as you walk through the misty streets of your hometown on a rainy evening.
23. **Perspective of Others:** Write from the perspective of a resident watching tourists enjoy the beauty of the coastline.
24. **Forgiveness:** Explore the theme of forgiveness while hiking up a mountain, reflecting on relationships that need healing.
25. **Magical Object:** Create a story about a magical rock found on the beach that grants wishes during the full moon.
26. **Letting Go:** Write about a time you had to let go of a childhood home as the city around it changed.
27. **Nature Connection:** Describe a moment of connection with nature while watching salmon run upstream.
28. **Secret:** Write about a secret you've never shared, inspired by the solitude of a remote cabin in the woods.
29. **Nostalgia:** Explore the feeling of nostalgia for the wildflowers that bloomed in your childhood backyard.
30. **Personal Growth:** Create a song that reflects your personal growth during a winter spent snowboarding in the mountains.
31. **Animal Perspective:** Write from the perspective of a curious raccoon wandering through a campsite.
32. **Significant Meal:** Describe a meal enjoyed at a beach bonfire with friends, capturing the flavours and laughter.
33. **Adventure Gone Wrong:** Write about an adventure hiking a challenging trail that didn't go as planned.
34. **Theme of Hope:** Explore the theme of hope while watching the sunrise over a fog-covered valley.
35. **Unforgettable Trip:** Create a song about an unforgettable trip to a local hot spring, capturing the warmth and relaxation.

36. **Chance Encounter:** Write about a chance encounter in a cozy café that sparks a meaningful connection.
37. **Inspired by Art:** Write a song inspired by a local artist's mural that reflects the spirit of the community.
38. **Pivotal Moment:** Describe a pivotal moment in your life that took place on a rainy day in the city.
39. **Feeling Misunderstood:** Explore the feeling of being misunderstood while walking along a bustling waterfront.
40. **Difficult Choice:** Write about a time you had to make a difficult choice while gazing at a tranquil lake.
41. **Favourite Season:** Create a song that reflects the beauty of spring as flowers bloom and life returns to the forest.
42. **Imperfection:** Write about the beauty of imperfection found in a handcrafted piece of pottery from a local market.
43. **Excitement:** Explore the feeling of excitement as you prepare for a summer music festival in a vibrant park.
44. **Significant Song:** Describe a song that reminds you of a special moment spent with friends on the beach in the summertime.
45. **Clarity:** Write about a moment of clarity experienced while standing atop a mountain, looking out over the landscape.
46. **Secret World:** Create a story about a secret world hidden beneath the roots of an ancient tree in the forest.
47. **Fairy Tale Perspective:** Write from the perspective of a mermaid observing humans from a rocky coastline.
48. **Theme of Change:** Explore the theme of change by reflecting on how your favourite hiking trail has evolved over the years.
49. **Impactful Memory:** Describe a memory of a childhood summer spent exploring tide pools and discovering sea creatures.
50. **Connection with the Past:** Write about a connection you feel to your ancestors while visiting a historic site in the region.
51. **Cultural Fusion:** Explore the blending of cultures in a local community event, focusing on music, food, and art.
52. **Transformation:** Write about the transformation of a rainy day into a beautiful, clear night under the stars.