



SERIES ON FOCUS

March 11 – April 12

Thursdays 7–8pm, Sundays 2–3pm

@ Yoga AH Studio,
Northside, Cincinnati



"It can be tough for kids to focus these days...
so we practice."

Your child will finish this series with a more relaxed, **naturally focused** mind and tools they'll always have in their back pockets. Led by 300HR registered child & adult yoga teacher and director of Busy Being Kids Yoga, Emily Hunt.

Please contact Emily and visit busybeingkids.com for more information.

Emily Hunt

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