



## BAY VALLEY ATHLETIC LEAGUE

---

Commissioner: Steve Ahonen

Email: [slahonen@comcast.net](mailto:slahonen@comcast.net)

Website: [www.bvalsports.org](http://www.bvalsports.org)

2019 All-BVAL Girls Cross Country

*Team Champion – Heritage/Liberty*

*Most Valuable Runner*

*Kylee Denver - Freedom*

### **First Team**

<b><u>Name</u></b>	<b><u>School</u></b>	<b><u>Year</u></b>
Kylee Denver	Freedom	Sophomore
Gabriella Hernandez	Pittsburg	Freshman
Sarah Smith	Heritage	Senior
Keanna Shipley	Liberty	Junior
Sabrina Rogers	Heritage	Sophomore
Renny Buchanan	Heritage	Junior
Lauren Lane	Heritage	Sophomore
Lily Castro	Liberty	Junior
Jasmine Chuey	Liberty	Senior
Ashley Hernandez	Deer Valley	Junior

Antioch – Deer Valley – Freedom – Heritage – Liberty – Pittsburg



## BAY VALLEY ATHLETIC LEAGUE

---

Commissioner: Steve Ahonen  
Email: [slahonen@comcast.net](mailto:slahonen@comcast.net)  
Website: [www.bvalsports.org](http://www.bvalsports.org)

### Second Team

<u>Name</u>	<u>School</u>	<u>Year</u>
Brooke Killips	Antioch	Senior
Kayla Pakulski	Liberty	Senior
Marisol Becerra	Freedom	Junior
Kiran McWilliams	Liberty	Sophomore
Karyss Mendes	Liberty	Freshman
Taraine Jimenez	Pittsburg	Senior
Tigist Tesfaye	Deer Valley	Junior
Rylee Preble	Antioch	Freshman
Jessica De La Rosa	Freedom	Senior
Megan Ratcliffe	Liberty	Junior

### Sportsmanship Award

<u>Name</u>	<u>School</u>	<u>Year</u>
Brooke Killips	Antioch	Senior
Odera Osakwe	Deer Valley	Junior
Talia Brown	Freedom	Junior
Isabella Meadows	Heritage	Senior
Lilian Rodriguez	Liberty	Freshman
Taraine Jimenez	Pittsburg	Senior

Antioch – Deer Valley – Freedom – Heritage – Liberty – Pittsburg