



# BAY VALLEY ATHLETIC LEAGUE SWIM/DIVE 2022



- First Practice: February 7
- Final regular season competition date: April 30
- Dual meets begin at 3:30 pm
- Diving dates/locations to be determined by coaches
- Any changes in day, time or location must be agreed upon by the principals or designees of the school

## Wednesday, March 16

Pittsburg @ Heritage  
Deer Valley @ Liberty  
Freedom @ Antioch

## Wednesday, March 23

Freedom @ Heritage  
Liberty @ Pittsburg  
Deer Valley @ Antioch

## Wednesday, March 30

Liberty @ Freedom  
Deer Valley @ Pittsburg  
Antioch @ Heritage

## Wednesday, April 6

Heritage @ Deer Valley  
Antioch @ Liberty  
Pittsburg @ Freedom

## Wednesday, April 13

Heritage @ Liberty  
Antioch @ Pittsburg  
Freedom @ Deer Valley

## Thursday, April 21

BVAL Dive Championships @ Freedom

## Friday-Saturday, April 22-23

BVAL Championships @ Antioch

NCS entries due Sunday, May 1, 1:15 pm

NCS seeding meeting is Monday, May 2

## Thursday, May 5

NCS Diving Championships

## Friday-Saturday, May 6-7

NCS Swim Championships

## Friday-Saturday, June 13-14

CIF Championships

Approved: 9/21/2021