



BAY VALLEY ATHLETIC LEAGUE WRESTLING 2022-23



- First Practice: October 31
- Maximum of 40 matches
- Starting times: JV 6/6:30 pm, Varsity 7 pm
- Times, days and locations of matches may not be changed without approval of the principals or designees of the respective schools

Wednesday, January 4

Pittsburg @ Heritage
Deer Valley @ Liberty
Freedom @ Antioch

Wednesday, January 11

Heritage @ Freedom
Liberty @ Pittsburg
Antioch @ Deer Valley

Wednesday, January 18

Freedom @ Liberty
Pittsburg @ Deer Valley
Heritage @ Antioch

Tuesday, January 24

Heritage @ Deer Valley
Antioch @ Liberty
Pittsburg @ Freedom

Tuesday, January 31

Liberty @ Heritage
Deer Valley @ Freedom
Antioch @ Pittsburg

NCS Dual applications due Weds, Feb 1, 10 pm

Saturday, February 4

NCS Dual Team Championships

Thursday, February 9

BVAL Championships @ Antioch

Novice Tournament Date TBD @ Deer Valley

NCS girls applications due Sat, Feb 11, 5 pm

NCS boys applications due Sat, Feb 11, 11:59 pm

NCS seeding meeting on Sunday, Feb 12

Friday-Saturday, February 17-18

NCS Championships @ James Logan

Thur-Saturday, February 23-25

CIF Championships @ Bakersfield Arena

Approved: March 8, 2022