



BAY VALLEY ATHLETIC LEAGUE

Commissioner: Steve Ahonen
Email: slahonen@comcast.net
Website: www.bvalsports.org

2024 ALL-BVAL BOYS SWIMMING & DIVING

Team Champion - Liberty
Most Valuable Swimmer: Nicholas Cadero - Heritage - Sophomore

FIRST TEAM

<u>Event</u>	<u>Name</u>	<u>School</u>	<u>Year</u>
200 medley relay	Cadero-Kok-Mata-Lendaris		Heritage
200 free	Nicholas Woolery	Heritage	Junior
200 IM	Zachary Lengyel	Heritage	Senior
50 free	Q Drief	Liberty	Junior
1 mtr dive	Gavin Capelli	Liberty	Senior
100 fly	Isaiah Warner	Heritage	Junior
100 free	Nicholas Cadero	Heritage	Sophomore
500 free	Nicholas Woolery	Heritage	Junior
200 free relay	Kralj-Warner-Cadero-Woolery		Heritage
100 back	Nicholas Cadero	Heritage	Sophomore
100 breast	Calvin Tam	Deer Valley	Senior
400 free relay	Warner-Lengyel-Mata-Woolery		Heritage

HONORABLE MENTION

<u>Event</u>	<u>Name</u>	<u>School</u>	<u>Year</u>
200 medley relay	Metez-Bennett Nava-Ceja-Venables		Liberty
200 medley relay	Scott-Criswell-Alcayga-Burr		Freedom
200 medley relay	Delgadillo-Tecson-Stone-Benedict Mallari		Pittsburg
200 free	Zachary Pierce	Liberty	Sophomore
200 free	Stephen Pasamonte	Heritage	Senior
200 free	Colton Oravec	Liberty	Freshman
200 IM	Jacob Ceja	Liberty	Freshman
200 IM	Calvin Tam	Deer Valley	Senior
200 IM	Christian Ceja	Liberty	Senior
50 free	Joe Greer	Freedom	Junior
50 free	Isaiah Warner	Heritage	Junior

Antioch - Deer Valley - Freedom - Heritage - Liberty - Pittsburg

50 free	Luke Gunderman	Liberty	Senior
1 mtr dive	Tanner Andersen	Liberty	Junior
1 mtr dive	Ryley Farley	Liberty	Freshman
1 mtr dive	Dominic Bailey	Liberty	Freshman
100 fly	Luke Gunderman	Liberty	Senior
100 fly	Adrian Bennett-Nava	Liberty	Senior
100 fly	Cole Fujinaga	Heritage	Sophomore
100 free	Joe Greer	Freedom	Junior
100 free	Q Drief	Liberty	Junior
100 free	David Metez	Liberty	Junior
500 free	Dakota Mata	Heritage	Sophomore
500 free	Christian Ceja	Liberty	Senior
500 free	Colton Oravec	Liberty	Freshman
200 free relay	Drief-Venables-Pierce-Gunderman		Liberty
200 free relay	Greer-Morales-Tryon-Pearman		Freedom
200 free relay	Benedict Mallari-Tecson-Delgadillo-Stone		Pittsburg
100 back	David Metez	Liberty	Junior
100 back	Montana Lendaris	Heritage	Sophomore
100 back	Dominic Scott	Freedom	Junior
100 breast	Zachary Pierce	Liberty	Sophomore
100 breast	Adrian Bennett-Nava	Liberty	Senior
100 breast	Jacob Ceja	Liberty	Freshman
400 free relay	Metez-Drief-Pierce-Gunderman		Liberty
400 free relay	Greer-Tryon-Morales-Pearman		Freedom

SPORTSMANSHIP AWARD

<u>Name</u>	<u>School</u>	
Maliek Jones	Deer Valley	Senior
Dakota Mata	Heritage	Sophomore
Levi Simms	Liberty	Sophomore
Blaze Levy-Tecson	Pittsburg	Sophomore