

BAY VALLEY ATHLETIC LEAGUE SWIMMING 2025

- First Practice: February 10
- Final regular season competition date: May 3
- Dual meets begin at 3:30 pm
- Diving dates/locations to be determined by coaches
- Any changes in day, time or location must be agreed upon by the principals or designees of the school

Friday, March 7

HOST: Deer Valley - Visiting Schools: Emerald, Heritage, Pittsburg

HOST: Antioch - Visiting Schools: Freedom, Liberty

Friday, March 14

HOST: Liberty - Visiting Schools: Emerald, Deer Valley, Antioch

HOST: Pittsburg - Visiting Schools: Freedom, Heritage

Friday, April 4

HOST: Freedom - Visiting Schools: Emerald, Pittsburg, Antioch

HOST: Heritage - Visiting Schools: Deer Valley, Liberty

Friday, April 18

HOST: Emerald - Visiting Schools: Liberty, Pittsburg

HOST: Antioch - Visiting Schools: Deer Valley, Freedom, Heritage

Thursday, May 1

BVAL Dive Championships @ Heritage

Friday-Saturday, May 2-3

BVAL Championships @ Heritage

NCS entries due Sunday, May 4, 1:15 pm

NCS seeding meeting is Monday, May 5

Thursday, May 8

NCS Diving Championships @ Concord Comm.

Friday-Saturday, May 9-10

NCS Swim Championships @ Concord Comm.

Friday-Saturday, May 16-17

CIF Championships

Approved: 11/20/24