

BAY VALLEY ATHLETIC LEAGUE

WRESTLING 2025-26

- First Practice: November 3
- Maximum of 40 matches
- Starting times: JV 6/6:30 pm, Varsity 7 pm
- Times, days and locations of matches may not be changed without approval of the principals or designees of the respective schools

Wednesday, December 3

Pittsburg @ Emerald
Liberty @ Freedom
Heritage @ Antioch
BYE - Deer Valley

Wednesday, December 10

Heritage @ Liberty
Freedom @ Pittsburg
Emerald @ Deer Valley
BYE - Antioch

Wednesday, December 17

Liberty @ Deer Valley
Emerald @ Antioch
Freedom @ Heritage
BYE - Pittsburg

Wednesday, January 7

Freedom @ Antioch
Liberty @ Emerald
Deer Valley @ Pittsburg
BYE - Heritage

Wednesday, January 14

Pittsburg @ Antioch
Deer Valley @ Heritage
Freedom @ Emerald
BYE - Liberty

Wednesday, January 21

Emerald @ Heritage
Deer Valley @ Antioch
Pittsburg @ Liberty
BYE - Freedom

Wednesday, January 28

Freedom @ Deer Valley
Heritage @ Pittsburg
Liberty @ Antioch
BYE - Emerald

NCS Dual applications due Weds, Jan 28, 10 pm

Saturday, January 31

NCS Boys Dual Team Championships @ WACC TBD
NCS Girls Dual Team Championships @ TBD

Saturday, February 7

BVAL Championships @ Heritage

Novice Tournament Date TBD @ TBD

NCS boys divisional seeding meeting on Monday, Feb 9

NCS girls divisional seeding meeting on Tuesday, Feb 10

Friday-Saturday, February 13-14

NCS Divisional Tournament @ MVAL TBD

Friday-Saturday, February 20-21

NCS Championships @ James Logan

Thursday-Saturday, February 26-28

CIF Championships @ Bakersfield Arena

Approved: 5/13/25