

# BAY VALLEY ATHLETIC LEAGUE FLAG FOOTBALL 2026

- First Practice: August 10
- Maximum number of contests: 24 plus two scrimmages
- Game times are JV 5:30 and Varsity 7:00
- Final contest date: Oct 24
- Any changes in day, time or location must be agreed upon by the principals or designees of the school
- NCS Playoffs: Oct 27, Oct 29, Nov 3, Nov 5

## Wednesday, August 26

Liberty @ Heritage  
Pittsburg @ Freedom  
Deer Valley @ Emerald  
BYE - Antioch

## Monday, September 28

Heritage @ Liberty  
Freedom @ Pittsburg  
Emerald @ Deer Valley  
BYE - Antioch

## Monday, August 31

Deer Valley @ Liberty  
Emerald @ Antioch  
Freedom @ Heritage  
BYE - Pittsburg

## Wednesday, September 30

Liberty @ Deer Valley  
Antioch @ Emerald  
Heritage @ Freedom  
BYE - Pittsburg

## Wednesday, September 2

Antioch @ Freedom  
Liberty @ Emerald  
Pittsburg @ Deer Valley  
BYE - Heritage

## Wednesday, October 7

Freedom @ Antioch  
Emerald @ Liberty  
Deer Valley @ Pittsburg  
BYE - Heritage

## Wednesday, September 9

Pittsburg @ Antioch  
Deer Valley @ Heritage  
Emerald @ Freedom  
BYE - Liberty

## Monday, October 12

Antioch @ Pittsburg  
Heritage @ Deer Valley  
Freedom @ Emerald  
BYE - Liberty

## Monday, September 14

Heritage @ Emerald  
Antioch @ Deer Valley  
Liberty @ Pittsburg  
BYE - Freedom

## Wednesday, October 14

Emerald @ Heritage  
Deer Valley @ Antioch  
Pittsburg @ Liberty  
BYE - Freedom

## Wednesday, September 16

Freedom @ Deer Valley  
Heritage @ Pittsburg  
Antioch @ Liberty  
BYE - Emerald

## Monday, October 19

Deer Valley @ Freedom  
Pittsburg @ Heritage  
Liberty @ Antioch  
BYE - Emerald

## Wednesday, September 23

Emerald @ Pittsburg  
Freedom @ Liberty  
Heritage @ Antioch  
BYE - Deer Valley

## Wednesday, October 21

Pittsburg @ Emerald  
Liberty @ Freedom  
Antioch @ Heritage  
BYE - Deer Valley

Approved: 12/9/25

NCS applications due Saturday, October 24, 10 pm  
NCS seeding meeting on Sunday, October 25