

Competitive Sport Cheer (CSC) Guidelines
Bay Valley Athletic League

Season:

- A. Competitive Sport Cheer is defined as a spring sport by NCS.
- B. Contests will be played according to CIF state bylaws.
- C. There shall be a limit of twenty-four maximum contests.
- D. Each performance event counts as a contest.
- E. The earliest day practice may begin is the first day of the NCS Spring Sports Calendar as described by NCS.
- F. Sunday practice, team meetings, or contests are expressly prohibited due to state bylaws.

Contests:

- A. Home and Away sites in league games are designated by the commissioner. Each team will play each other twice during the league season. The first five scheduled league games will be considered the first round and the second five scheduled league games will be considered the second round.
- B. League contest dates will be on Tuesdays and Thursdays after Unified Basketball and opposite the Boys Volleyball Schedule.

Participation of Players

- A. Junior varsity player may move up to the varsity anytime, but he/she cannot return to the junior varsity team in the same calendar week (Sunday through Saturday). This rule applies to movement from freshmen to junior varsity teams.
- B. If a player suits up for a contest s/he is considered to have participated.
- C. Seniors shall not compete at the junior varsity level.
- D. It shall be the coach's responsibility to record the number of contests participated in so that player does not exceed the 24-contest limit.

Rules

- A. Contests will be played under the rules of the USA Cheer Stunt, CIF, and NCS with the exception of those modifications approved by the BVAL Board of Managers.
- B. The home team is responsible for calling the media and reporting the scores.
- C. The home scorebook is the official record of play and shall be kept by a competent and knowledgeable scorer.
- D. All scores must be reported by the home team to MaxPreps in accordance with NCS Rules.

Competition

- 20-minute official warm-up prior to competition
- Home team provides music for routines and person to play music
- Home team provides judges scoresheets and scoring table
- Home team provides 9-mat floor and 2 warm-up mats

Equipment and Uniforms

- A. Uniforms must conform to the rules of the National Federation of High School rule book.
- B. The home team shall wear uniforms that distinguish participants as members of the league school.

Officials

- A. There shall be two league-approved officials for each varsity contest. If only one official is present the game shall be played; if no official is present the game shall be cancelled and rescheduled at the earliest agreeable date.

League Champion/ NCS Qualifier Determination

- A. In the event of a tie for first place the team that wins the second-round game shall be declared the NCS qualifier.
- B. In the event of a three-way tie for first place, the team with the better second half record against its other opponents tied for first shall be declared the NCS qualifier.
- C. In the event that the above tie breakers do not produce an NCS qualifier the qualifier shall be determined by the number assigned to the school by a drawing of the coaches at the time of the pre-season meeting. The number 1 shall be assigned the highest priority followed by numbers 2-6 in sequential order. Thus, in a three-way tie if the three schools tied held numbers 2 – 5 – 6, the school holding the number 2 would be declared the NCS qualifier. A school that does not have a representative at the pre-season meeting will receive a number of 6.

All League Selection

- MVP will be selected from the 1st place team
- Two additional members of the 1st place team will also receive first team All-BVAL honors
- Two members of the 2nd place team will receive first team honors

- The 3rd place team will have one player receive first team honors and one player receive 2nd team honors
- The 4th place team will have two players receive second team honors
- The 5th place team will have two players receive Honorable Mention honors
- Honorable Mentions may also be selected from other teams
- Selections are made by the coaches receiving the designated awards

BVAL All Sportsmanship Team

- A. At the BVAL postseason meeting, the BVAL specific sport coaches will recognize those individuals at each school that have demonstrated and serve as models for others with their Sportsmanship Award.

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