



BAY VALLEY ATHLETIC LEAGUE

Commissioner: Steve Ahonen

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2024 ALL-BVAL BOYS CROSS COUNTRY

Team Champion - Heritage

Most Valuable Runner: Nicholas Woolery - Heritage - Senior

FIRST TEAM

<u>Name</u>	<u>School</u>	<u>Grade</u>
Aadit Nair	Heritage	Sophomore
Brady Lockrem	Heritage	Junior
Ethan Kirya	Pittsburg	Senior
Jack Weiler	Heritage	Senior
Tameem Sarwari	Heritage	Senior
Sanjog Sooch	Heritage	Junior
Jeremy Pelayo	Liberty	Freshman
Carter Dizon	Liberty	Sophomore
Jared Cabico	Heritage	Freshman
Draven Kessler	Deer Valley	Junior

SPORTSMANSHIP AWARD

<u>Name</u>	<u>School</u>	<u>Grade</u>
Cristian Herrera	Antioch	Freshman
Roger Bermudez III	Freedom	Junior
Kavish Dua	Heritage	Freshman
Drake Wise	Liberty	Junior
Dominic Matthews	Pittsburg	Junior