

BAY VALLEY ATHLETIC LEAGUE WRESTLING 2024-25

- First Practice: November 4
- Maximum of 40 matches
- Starting times: JV 6/6:30 pm, Varsity 7 pm
- Times, days and locations of matches may not be changed without approval of the principals or designees of the respective schools

Wednesday, January 8

Freedom @ Liberty
Pittsburg @ Deer Valley
Antioch @ Heritage***

Wednesday, January 15

Heritage @ Deer Valley
Antioch @ Liberty
Pittsburg @ Freedom***

Wednesday, January 22

Pittsburg @ Heritage
Deer Valley @ Liberty***
Antioch @ Freedom

Wednesday, January 29

Heritage @ Freedom
Liberty @ Pittsburg
Antioch @ Deer Valley***

Wednesday, February 5

Liberty @ Heritage
Deer Valley @ Freedom
Antioch @ Pittsburg***

NCS Dual applications due Weds, Feb 5, 10 pm

Saturday, February 8

NCS Dual Team Championships @ TBD

Wednesday, February 12

BVAL Championships @ Freedom

Novice Tournament 11/20 @ Heritage

NCS girls applications due Sat, Feb 15, 5 pm

NCS boys applications due Sat, Feb 15, 11:59 pm

NCS seeding meeting on Sunday, Feb 16

Friday-Saturday, February 21-22

NCS Championships @ James Logan

Thur-Saturday, February 27-March 1

CIF Championships @ Bakersfield Arena

*** = Emerald joins at that site for JV only, wrestling against host school

Approved: TBD