

Discipline and Guidance Policy for

Barbara Jordan International Preschool

- **Discipline** must be:
 - 1. Individualized and consistent for each child:
 - 2. Appropriate to the child's level of understanding; and
 - 3. Directed toward teaching the child acceptable behavior and self-control.
- ❖ A caregiver may only use positive methods of discipline and guidance that encourage that encourage self-esteem, self-control, which include at least the following:
 - 1. Using praise and encouragement of good behavior instead of focusing only upon unacceptable behavior;
 - 2. Redirecting behavior using positive statements; and
 - 3. Using brief supervised separation or time out from the group, when appropriate for the child's age and development, which is limited to no more than one minute per year of the child's age.
- There must be no harsh, cruel, or unusual treatment of any treatment of any child. The following types of discipline and guidance are prohibited:
 - 1. Corporal punishment or threats of corporal punishment;
 - 2. Punishment associated with food, naps, or toilet training;
 - 3. Pinching, shaking, or biting a child;
 - 4. Hitting a child with hand or instrument;
 - 5. Putting anything in a child's mouth;
 - 6. Humiliating, ridiculing, rejecting, or yelling at a child;
 - 7. Subjecting a child in a locked or dark room, bathroom, or closet with the door closed; and
 - 8. Requiring a child to remain silent or inactive for inappropriately long periods of time for the child's age.

Texas Administrative Code, Title 40, Chapters 746 and 747, Subchapters L, Discipline and Guidance

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My signature verifies I have read and received a copy of the discipline and guidance policy.	
Students Name:	
Relationship to child:	
Parent/Guardian Name:	
Signature	Date