# **Suburban Utopia Projects Presents:**

# The Uncivil Songbook 2001-2021



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## Forks and Spoons

Publish Date: 06/2001 Catalogue: SUP\_1

#### Track List:

- 1) Forks and Spoons
- 2) I am Depressed
- 3) March of Bee Boy (Move It)
- 4) Gumshoe in Danger
- 5) Goodbye to You (Black Bass Song)
- 6) Little Sad Ol' Love Song (Angry Version)
- 7) Oh, Me Glanz . . .
- 8) Silly Song #1 (Who Are You?)
- 9) Put Your Hand Into My Hand
- 10) Mother Fucker (Janet's Pussy Theme Song)
- 11) All I Can Hear
- 12) Fall Forward
- 13) Lizzy Frank
- 14) Little Sad Ol' Love Song (Sad Version)
- 15) Forks and Spoons (Dance Mix)

Music by: Justin Gorman

Arrangements by: Justin Gorman Recorded at Park Street Studios

Produced and Engineered by: Justin Gorman

Guest Vocals and other sounds provided by Priss-Illa on Tracks 1,10,11,12 and 15

Thanks to Matt Kowalski for selling me his 4-track

## **I Am Depressed**

I am Depressed

Haunted by rejection Checked by my fears Prepared for total let down When you come near

I want it so badly But I don't want to get hurt It's easier to be alone And emotionally inert

I am depressed

What's the use in being angry What the use in being sad When all I want it something When all I get is nothing

What's the use in being rejected What's the point in being hurt When all you want is something But all you get is worse

I am depressed

## **Little Sad Ol' Love Song (Angry Version)**

G/F/C G/C/Bb/F/C/G G/F/E/A/F/C

I don't know just when it died I was too in love to notice And to hurt to cry

Please don't apologize You know I can't hear you With tears in my eyes

I don't have that much to say Silence says it all when you go away

I don't want no drama At the end Let's just go our separate ways And begin again

So, I can sing my little sad ol' love song

I don't want to pretend We are even friends

I don't need an alibi Just look me in the face When you are saying goodbye

I don't want to compromise I am still seeing red when I look into your eyes

Don't try to negotiate
Just give me my space
As love turns to hate

## **Lizzy Frank**

In the age of reason There was no ether Just lots of cannon balls

Lizzy Frank A one-minute butcher Collecting arms and legs

In the dead of night Flickering light Guided his sight

Before the war His patients were Cats, rats and dogs

Once wounded It only cost a limb To get home

How many did you get today?

#### **Land Of 1000 Odors**

Publish Date: 11/2002 Catalogue: SUP\_2

#### Track List:

- 1) Turtle Tank Town
- 2) Sugar Coated Dog Shit
- 3) Anxiety
- 4) Naked
- 5) You Think You Are All That (And Then Some)
- 6) Good Bye To You (Re-Do)
- 7) Doing It Our Way

### The Great Lakes Trilogy

- 8) Cosmetology School
- 9) Asshole Wedding
- 10) Canada Day
- 11) He He Ha Ha
- 12) Shoes that Changed the World
- 13) Undone #1 (Theses Are Songs Which Can't Be Sung)
- 14) Too Many Toes
- 15) Alone
- 16) Grey Matter
- 17) Land of 1000 Odors
- 18) I am Depressed

Music by: Justin Gorman

Arrangements by: Justin Gorman Recorded at Park Street Studios Mixed and Digitally Mastered by Mike "Beaker" Parpovich At Misanthrope Studios, Sun Prairie Wisconsin November 2002

Janet Marcavage co-authored the lyrics for tracks 1, 8, 9 and 10

Thanks to Janet for going out and exploring new places with me.

## **Turtle Tank Town (Land of 1000 Odors)**

Stinky Dank Turtle Tank Smelly Lake Turtle Stank Sticky Skin

Stuck Within

Turtle Tank Town You're Gettin' me down

A False Sense
of Superiority
Only masks inferiority
Open your eyes
and you will see
Cowshit
Rednecks
And Algae

Why are you sticking around?

This Unclean god-forsaken piece of shit town

### **Sugar Coated Dog Shit**

G/D/C/G

Let's steal an election With Daddy's Cocaine connections

A Nation was divided Until he collided (3 planes flown by his own)

Now we are bombing a ghost Who was once an honored host

To the tune of 200 million dollars a day I ask just when were those videos made?

Did Anyone notice California Getting raped right after the election? The perpetrator name is Kenneth Lay.

The Stocks a bear W don't care 'cause he will prime the pump with blood and oil

Has anyone noticed that the deficit has gone from a surplus of 2.9 billion dollars in 2001To a deficit of 29.2 billion in less than one year?

The flag covered our eyes
As soon as the buildings went down
The media has created a new set of martyrs
And we bought it because we are assholes and clowns.

## **Anxiety**

#### B/C#/D

We think in terms of inhibition Rarely do take to fruition Afraid of true exhibition Wind up, release, then explode

Anxiety, it is what it is (4x)

My problems are valid Because I say so It's the little things I just can't let go Wind up, release, then explode

I don't enjoy Nor ever feel good My pain is something Quite misunderstood Wind up, release then explode

Is Medication the answer? Is their hope in a pill? Snake, bats, cats and rats I can't sit still Burning, Yearning

#### Naked

You Dream of: Saggy Boobs Nasty Pubes Varicose Veins Underwear Stains

Don't climb up on the table And get naked naked naked

You Dream of: Shriveled Cocks Soiled Socks Uneven Nipples Unsightly Fat Ripples

Don't climb up on the table And get naked naked naked

You Dream of: Surgery Scars First Sex in Cars Panty Color Their Birthing Mother Naked

Don't climb up on the table
And get naked naked naked

If you engage in any of these behaviors
I ask that you
DO NOT draw pictures of your friends Naked
DO NOT tell your co-workers you think about them Naked
If you do NEVER
I mean NEVER
Talk about this
With a priest
To a Psychiatrist
Or with your Mother

## You Think You Are All That (And Then Some)

You think your shit don't stink I can smell it ain't what I think You can't look when I put up a mirror You attack anything near

You think you are all that, all that, all that and then some

You hide your heart Than demand I reveal You live your lies so much That they are real

It's not me
that talks such game
It's you who are
without an ounce of shame
You say friends
don't give friends shit,
Baby, I am afraid
you are full of it

Your Personal Inventory is long overdue
Check the shelves
and you will find that
You are thin on sincerity
And overstocked with you

## Goodbye to You (Re-Do)

I hold your hand
While I hold back my tears
I understand
exactly what I fear
It's to let you go
and be all alone
To have no one to call
On the telephone

Goodbye good bye good bye to you (4x)

Now you are a long long far away (2x)

When I look at you
I see myself
A part of me
that I've shared
with no one else
Now I wake up
In the middle of the night
I have to hold myself
Because of my fright

What we had was good and real But now you are gone I am forced to deal That in spite of myself I let you move on Now I sing This failed love song

### **Cosmetology School**

My life was a dead-end street I could not make two ends meet Then one day the sky opened wide And revealed a large neon sign

It said, "Welcome to Cosmetology School"

Now each day I don my smock From certified beauticians I take stock Obtaining the skills to transform my life I will no longer be a helpless housewife

Today I learned how to: Give a Brazilian Color your roots Gel you mullet Shape your pubes

From this day on I will now be free Unleashed by cosmetology

No More! Hooking the streets Telemarketing Serving you fries Living a lie

For all those who looked down on me Fuck my sister and her lit degree For all those who looked down on me I've been unleashed by Cosmetology

Cosmetology, one day you will be free Like me

#### **Asshole Wedding**

#### C/G/D/A

Your day of days has finally come No one thought that you'd succumb To an arcane religious ceremony Accepting the norms of society

The invites are out, your god approves So, you rent a tux, buy some Sam's club food At the appointed time and hour Your family will board the rental trolley

Christian or Jew it doesn't matter All in attendance are simply cattle Waiting restlessly until they get fed They don't care who will be wed

#### Asshole wedding

Your neighbor and uncles will all come Knowing damn well they will succumb To many a glass of cheap beer So, they can hit on a bridesmaid without any fear

At the end of the night chaos blooms
Fistfights erupt all over the room
Women accuse others of ill repute
The joy of the moment is rendered moot

Drunk and puking I just don't care Just get me the hell out of here

#### **Canada Day**

Yet another traffic tragedy
Which soils the integrity
Of our glorious national holiday
Now we are stuck
listening to Anne Murray

On Canada Day

Get out of your vehicle
Make sure that fellow is all right
No one is upset by the traffic delay
We always show compassion,
not just on Canada Day

People take precedent over traffic flow To all Canadians we know To savior each moment of this holiday It only comes once a year and that's Canada Day!

We love all things Canadian Survivor, Bryan Adams and Celine Deion Rough Rider, Blue Bombers Maple Leaves and Flames Labatt's, Molson and a host of other liquor with no name

If you are in the washroom
Or drinking cold beer
We take off our hats to our beloved
Disposed English Queen
Everybody Sing!!!

### **Shoes that Changed the World**

G/G/C/F/D F/A/C B/D/F

Bob Hope, his penny loafers Indira Ghandi, her shoes made from gophers Louis the 14<sup>th</sup>, his red high heels Elton John, platformed zeal

David Bowie
Robert Redford
And Anne Murray too
All wore famous,
All wore famous shoes

Pat Croce
George Lucas
And Shakira too
All wore famous,
All wore famous shoes

Liberace, his princess slippers Terry Fox, a famous Canadian Gimper Ginger Spice, and her derivative 90's flair Lady Di, with her Savoir Faire

Ollie North, and his combat boots Elvis, with his blue suede shoes Helen Ready, and her stiletto heels Charro's, nude natural feel

Kate Bush, and her hippy sandals Pat Nixon, soiled by Scandal Dan Rather, with his sensible style I couldn't begin to walk one mile

### **Undone #1 (These are songs that Can't be sung)**

Martha Stewart's decoupage of beefcake porn

Masturbating
a bedridden priest
to offer him sexual release

Next time you are out Close your eyes Share their secrets Live their lies

I use a wooden spoon to loosen my bowels I named my penis after Harry Truman

I am an oral hygienist who gets violently ill When I stick my mitts into your grill

His butterfly landed on my petunia I am 2000 cc of infected pus Pulled straight from you grandmothers back The uncleaned colonoscopy scopes Testicular Torsion, it just hurts to say it Aneurysms the size of hemorrhoids

Go on, the next time you are on the bus, At the ball game or the grocery store These are the things we all harbor inside of us

What we can't talk about At dinner, To lovers To Friends Or your god

## **Grey Matter**

What hurts most Is to experience your Consistent and conscious Rejection of me

I give you my heart, spleen and spine I trust you, and you break it Again, and again

My mind forgets
But in my depths
The grey matter,
which can't count
but only remembers

It's yourself, which you abhor You're seething contradictions Are what you truly adore

Reflections,
Genuflection,
guilt and misery
Abstracted pain,
unrealistic gains,
forlorn and suffering
Hyper excitability lasts for hours

I want to give you all my yuck in a box Gift wrapped, The card has your name on it Go on, open it Enjoy

## We Watch the Lemons Sing

Publish Date: 2/2003 Catalogue: SUP\_3

#### Track List:

- 1) We Watch the Lemons Sing
- 2) It's under stupid
- 3) Living My Life
- 4) Partner Swapping Polka
- 5) Skull and Bones
- 7) Passin' Through
- 8) Pull out Your Tongue
- 9) Force Fed
- 10) Prugelknaben
- 11) Celebrated Summer
- 12) Lullaby
- 13) Mixed Mania
- 14) History Lesson, part III

Music by: Justin Gorman

Arrangements by: Justin Gorman Recorded at Park Street Studios Mixed and Mastered by Mike "Beaker" Parpovich At Misanthrope Studios, Sun Prairie Wisconsin in March 2003

All songs written, performed, recorded and produced by Justin Gorman Janet Marcavage co-authored the lyrics for tracks 2, 4 and 5.

Cover art by Justin Gorman 2/2003

Thanks to Janet for letting me be me, Emma Goldman, whose words and vision is as true today as it was in her time

## We Watch the Lemons Sing

D/A/B/G/E G/C

Me and my pals make the most of our days We hide in the groves and huff away

We watch the Lemons Sing

It's a time of your life when you just don't care You want friends so bad you will accept any dare

It only takes a dollar and an old sock You can even use your lunch bag or your unused gym jock

Crystal clear consumption completely rots your brain Snap, crackle, pop you will feel no pain

Late in the day, when the sky turns orange Your brain starts to hurt That is when the citrus starts to smile and sing La La La La

## **It's Under Stupid**

#### E/G/A/B/D/E/D

You're asinine, beef brained, a poster boy for stupid

Vacuous, gullible, completely fucking clueless Dim witted, deficient, totally foolish A half-witted, ill-advised, simple minded lumpen

It's under stupid, check under your cap It's under stupid, you're a piece of fucking crap

You are irrelevant, laughable and ludicrous Meaningless, mindless, completely fucking loopy You're moronic which means you are stupid

You are blockhead, idiotic, a boring-ass bovine Dopey, dull, dense, dumb, an imbecilic cretin Who I define as stupid

## **Living My Life**

F#/C#/E/B F/C/Eb/Bb

I'm living my life
without regret or sorrow
I'm living my life
like there is no tomorrow
I'm living my life
just trying to be
Happy hearted and carefree

I won't follow rules which I haven't made No Gods, No Governments, No Masters

Sometimes in the midst of turmoil and trouble I remind myself that life can be ecstatic

I will not deny nature's demands

Nor live estranged from nature

That means:
Break my spirit
Stunt my vision
Subdue my passion
By another's hand

## **The Partner Swapping Polka**

E/B/E/B E/B/F B/C/D/E

Every Friday Night
We swap with our friends
Whether fasting for Fashting
Or Pre-October Fest

Smoking,
Drinking,
Fucking,
Fun!
It's the partner-swapping polka

Eat a plate of strudel And drink from a boot Skipping on the dance floor It's a real hoot

Sharing oral herpes As we swill from the stein What's yours is mine Swapping snitzchel is divine

Take off your Johan Join us at the table Hoist up your beer And yell . . . Ya Vol

Hoist up your dirndl Pull down your 'hose I will hang up my Fritz And we can play accordion

#### **Skull and Bones**

#### E/E/G/D/A

Wealth
is created
through misery
Causing suffering
to the Nth degree

Like matter that is neither lost nor gained All in this club are completely bloodstained

Those who own the industries perpetuate power through misery

To possess is to oppress

Every generation is culled in their wars We die for oil, and pretend it's ours

What ever happened to the slave who disobeyed? Ears lopped off, and hands hacked away

They pick the presidents Appoint the judges Choose what we see on "free" TV

## Passin' Through

E/F/G D/A/E

From what I ate for lunch today

To the car I work to pay

It's all just passin' through (my friend)

They build cathedrals that touch the sky

It makes me stop and wonder why

They say
we are here to stay
I know everything will go away
(Insurance isn't assurance)

#### **Pull out your Tongue**

E/G/D F/C/Eb

I am against this pending and all future wars

Because they all boil down to a rich and privileged few Fighting over what they value most, in this case it is oil

I will not sign a petition, nor wave sign in protest

I will not put a bumper sticker on my car, nor attend an outdoor peace rally in the middle of the winter

I work hard to pay my bills on time I stay out of trouble, and dream of saving enough money so that one day I will have a life

I know it is passive acceptance, acquiescing to just getting by Am I a bad person? No! Will I stand for this pending atrocity? Absolutely

I constantly wrestle with the guilt of not really caring about current events
But hell, it is hard enough just to muster enough strength to get out of bed and go to work every day.

Like most people, we know this is wrong, but in this reality what can you do? When the deal has already been done

#### **Force Fed**

A/C#/G G/B/F C/E/Bb

Force fed reality is quintessentially banality

It is primetime filler free of air For plastic people who fall somewhere Between has been actors and faux porn stars Have we really fallen so far?

Processed like American cheese Our entertainment is littered with Bimbos, himbos, tone-deaf singers and porn wannabes

I ask is their humiliation making me feel better about myself?

The Batchelorette,
American Idol,
Anna Nicole and Fear Factor
Emmanuel Lewis,
McHammer,
Corey Feldman and Darva Conger

Their lack of shame is the currency which they trade for an extended 15 minutes of fame. I ask is this really making me feel better about myself? Is this why I sit down and watch?

## **Prugelknaben**

E/G/E/B/C/G E/G/E E/C#/D B/G#/E

I'm the man
Who steals your Sunday paper
Every week
Without guilt
Or remorse

If you need a place to hold your blame I am there when you become enraged So, shake your fist Say my name I'm the man

I'm the man who has twelve items in my basket At the express Checkout line

I'm the man
Who is drunk
And loudly cussing
In front of your wife
And children
At the ball game

I am you scapegoat Your patsy Your fall guy Your victim And whipping boy All rolled into one

I'm the man

## **Lullaby**

Hickory Dickory Dock Daddy's nuts from shell shock

Humpty Dumpty thought he was wise Until gas came along and burned out his eyes

A dillar a dollar a 10 o'clock scholar Blow off his legs and watch him holler

Rock a bye baby on the treetop Don't step on a mine or your time will stop

Now I lay me down to sleep My bombproof shelter is good and deep

If I am killed before I wake Remember God it's for your own sake

Amen

#### **Mixed Mania**

#### A/B/A/C/A/D/C#

I possess a unique mechanism of action (That is) to cut my own throat to cure myself of profuse hemorrhages

To pull out my own tongue because silence is golden

To gnaw my own fingers down to the bone so that dirty nails will no longer show

Psychotic
Euphoric
Hyper
Ecstatic
Mixed Mania
The best tool
are your hands

I possess a unique mechanism of action (That is) to pull out my own hair to avoid going to Supercuts

to peel off my own skin to alleviate embarrassing tan lines to smote my own eyes to evade the obvious

#### **History Lesson, Part III**

C/B/G/F B/A/C/E E/G/A/B/C

I think of the slaves who built the pyramids Thousands of lives lost to extract a dead monument to a dead king I also think of the slaves who fought each other in the Coliseum in ancient Rome for the entertainment of the big guys Whose raised or lowered thumb was the only thing that stood between life and death

How many people have lost their lives in wars they didn't care to start?

How many have died in foreign lands by another's hand?

How many have been forced to fight against other slaves of his own kind In a battle neither started?

We are the little worthless people littered throughout our meager human history.
The ones who are shot, drowned, stabbed, crucified, boiled in oil, flogged, flayed, starved and burned at the stake.

I wonder what Emma Goldman, Alexander Berkman, Abby Hoffman, Peter Kropotkin and D. Boon would be saying right now? They would probably shake their heads Because nothing has changed from their time to ours All we can do is keep tapping away at the walls of our cells.

## **Minority of One**

Publish Date: 11/2003 Catalogue: SUP\_4

#### Track List:

- 1) Slow Motion Apocalypse
- 2) I Take From You
- 3) The Fraud of Liberty
- 4) Where the Fuck Were You?
- 5) I Can See Clearly Now Johnny Nash
- 6) 1-2-3-4
- 7) New Fire Ceremony
- 8) Be My
- 9) The Mullet Man
- 10) Pizza Pie
- 11) The Frottage Song
- 12) Minority of One

Music by: Justin Gorman

Arrangements by: Justin Gorman Recorded at Park Street Studios

Produced and Engineered by: Justin Gorman Mixed and Mastered by Mike "Beaker" Parpovich At Sit Down-Shut Up-I'm right-You're Wrong Studios Sun Prairie Wisconsin, November 2003

Justin Gorman wrote tracks 1,2,3,4,6,7,9, 10,11 and 12 Janet Marcavage co-authored the lyrics for tracks 9 and 10

Cover photo by Janet Marcavage ©11/2003

Thanks to: Janet for love and inspiration

#### **Slow Motion Apocalypse**

E/G

Tempo: 120

What is most wonderful about the time we live in, is that the grandest of all conspiracy theories is unfolding before our eyes

Like a slow-motion apocalypse
A stolen election allows stolen energy.
A staged tragedy obscures
the arrival of a greater depression
Which in turn births a new police state
that will erode our liberties
The entire time we are distracted
by a premeditated war, 10 years in the making

What's next?
As the grip gets tighter and our economy turns to shit
Corporate scandal comes to a head
When will we stop and take notice?

Only when it costs too much to drive our SUV's To have Cabal (!) TV
To have our time completely stolen
Then and only then we complain
When will enough be enough?

Why does the world hate the USA? Unwrap the flag from your eyes and you will see that the Army still kills Women, children, the old (and yes, it is your fault)

I ask who exactly is behind this?
And why are these people intent upon starting world war 3 abroad
While at home taking your inalienable right to sit on your ass and watch TV
To eat supersize food portions
To drive your supersized car
And to bully the world at large

## **I Take From You**

Ε

E7/A7

Tempo: 120

We have the best Democracy that money can buy Our electoral process is a lie Just when you though Jim Crow Died

I take from you

Republicans and Democrats hand in hand A billionaire boys club rules the land The New World business order is led by oil, gas and water

I take from you

Self-serving lawyers and journalists Act as effete myopic apologists Booster for the atrocities of late stage capitalism

I take from you

### **The Fraud of Liberty**

E/G

Tempo: 140

We are a strapping child monster whose runaway growth

Could never be matched by moral or cultural maturity

Naively cocksure Americans are In our belief that we can whip any enemy whatsoever

The Ugly American I must endure They're never-ending patriotism that is Non-flinching, loudmouthed, vehement, voracious, preachy and mercenary

The claim that the United States is built on a foundation stone of Liberty is seen and consistency exposed as a fraud

Our country grew rich
on slave labor
Stealing natives land
Exploiting all newcomers
Reselling the stolen land
Starting wars
Than selling both sides the ordinance

Why? Because we dress the business of power in the garb of piety Our rhetoric and false diplomacy Cloaks an enlightened self interest

This is the fraud of liberty

### Where the Fuck Were You?

G/B B/D/A/B C/B/A#/A Tempo: 120

It was the year that ALF was still in prime time
Bush number one started his political climb
Spuds Mackenzie was shoved down my throat
Americans in unison smugly gloated "don't worry be happy"

1988 was the year I chose to run away It was really easy to simply fade away I didn't come back for quite some time

Looking back realized I missed some major world events And would like to take the rest of the song To tell you about my take on these events

Where the fuck were you?
What did you do pass your time?
What did you do when you weren't on line?

For instance, in 1989 I found the world started to redefine some major political paradigms
From the Berlin Wall, Tiananmen Square
to Ollie North and the Iran-Contra Affair
What I was really unaware
is that Cindy Crawford set the world on fire
with her TV show "The House of Style"

As the home stretch to the millennium began Our federal government was 3 trillion in debt, unemployment was 5% More importantly Milli Vanilli had their Grammy taken away A travesty I say 1991 was not a lot of fun with the start of Bush War #1 The New World currency traded blood for oil Here, on American soil Fox got permission to advertise rubbers Kevin Costner won the Oscar

The ballyhoo of 1992 started when four white police officers were acquitted of beating up a black man in Los Angeles
The world erupted in an appropriate way.
We were distracted - much to my dismay NAFTA came into effect
What I failed to neglect was that Woody Allen was porking his daughter.

1993 loudly signaled the decree
of what the world was about to become
The EU was born just as humans were cloned,
Jews and Arabs reached an accord.
Clinton urged us to not ask or tell
The Branch Davidians were sent straight to hell
I blinked and missed Schindler's List
And Michael Jackson's and Macauley Calkin's tryst

In 1994 my interest was piqued by OJ's murderous spree Between Paula Jones And the baseball strike Woodstock being recycled And Kurt Cobain saying "Nevermind" I admit, I almost stated to care again

In 1995 I turned the TV back on just as Jerry Garcia had gone I ask what brought me back into the fold? A girl? The Titanic?
Or was I simply bored?

## <u>1-2-3-4</u>

E/G/A C/G/Bb/F Tempo: 120

I woke up this morning and realized that I no longer cared, much less have a clue about current music today I haven't for quite some time

I don't care about rock no more I got bored with the 4 over 4 Rock and Roll didn't save my soul 1-2-3-4

When they gush about the next big thing About how much it makes their heart sing I turn the dial to an AM station In search of content with lower vibrations

It's not that I miss my mother's heart
I just accept that I am a part
Of the world as whole
My rebellion (or fear) has left my soul
And it will not be resurrected by rock and roll

So, for all you reunited, rehashed, retread AOR bands of yore The Simon and Garfunkel's, Doors of the 21st Century, Duran Duran's

Stay home and collect your gradually diminishing royalty checks

Stay in your state of suspended artistic development
Your nostalgia
will not eclipse
my reality any more

## **New Fire Ceremony**

E/D/A F#/C/G

Tempo: 120

We stand on the threshold At the end of an epoch A new sun waits to be born

In the first sun Humans were destroyed by hurricanes The rest turned into monkeys

In the second sun Humans were destroyed in a rain of lava and fire Those who survived became birds

In the third sun
So much rain
fell from the sky
Those who didn't drown
became fish

In the last sun we remember Jaguars devoured the giants who were left by the gods.

Those who survived could only hide

Today is the day that happens once every 52 years I look around and all I can see Are scared people, trying to flee

Men and women find pots to smash, fires to dash before they go inside to die

While a new sun is born

# Be My

E/D D/A

Tempo: 160

# Be my:

ruckus
perfect non sequitur
circuit breaker
nest of pine needles
2<sup>nd</sup> story window

lf

you stare long enough you will see Subatomic particles

## Be my:

Backbeat key of C minor surly apostle scandalous repartee Maximum payload

Shimmering Seething Flickering Radiating Undulating

### Do You Know the Mullet Man?

F/C C/F/G

Tempo: 180

Do you know the Mullet Man? (2x) He rides the bus with me!

From Squirrel pelts to Kentucky Waterfalls I've seen them all From Sho-Los in the East to Mud flaps in the West Tennessee top hats are the best!

Do you know the Mullet Man? (2x) He rides the bus with me!

Do you know the Mullet Man? (2x) I've seen him take a pee

Do you know the Mullet Man? (2x) He's a recent parolee

Do you know the Mullet Man? (2x) He's a 7-11 trainee

Do you know the Mullet Man? (2x) With his white trash pedigree

Do you know the Mullet Man? (2x) You can smell his family

Do you know the Mullet Man? (2x) He squawks on his CB

Do you know the Mullet Man? (2x) The mullet runs in his family

One day I hope we can all have hair that goes down to our breasts! YES! Do you know the Mullet man? I do, and I know you do too

# <u>Pizza Pie</u>

Tempo: 140

Pizza Pizza Pie

(Lyrics by Janet Marcavage, written while waiting far too long for a pizza that pushed the boundaries of grease, cheese and crust - the heartburn was worth the wait!)

## **The Frottage Song**

E/G/A E/A/G

Tempo: 120

This is my left leg, this is my right leg and My penis is between them

This is my left leg, this is my right leg and My vagina is underneath them

This is my left leg, this is my right leg and My anus is behind them

This is my left leg, this is my right leg and My perineum is above them

This is my left leg, this is my right leg and My colostomy bag is beside them

This is my left leg, this is my right leg and My shakers are on them

This is my left leg, this is my right leg and My turgid genitals obscure them

This is my left leg, this is my right leg and My man berries hang between them

This is my left leg, this is my right leg and My herpes fester near them

This is my left leg, this is my right leg and My love tunnel is buried under them

# **Minority of One**

G/D/E

Tempo: 120

I am alone, but standing strong I march to the beat of my own drum

The path I chose is seldom trod My life is a one-man jihad

Orwell was right Thoreau was wrong I am a minority of one

Left and right is a joke Both powers are held by the capitalist yoke

Conservative, liberal, progressive or socialist Their prescribed dogma doesn't make my list

I accept
I am misunderstood
To be a minority of one
is like being in a
Secret monkhood

## None of the Above (2004)

Publish Date: 03/2004 Catalogue: SUP\_5

#### Track List:

- 1) American Dynasty
- 2) Dog Du (Redux)
- 3) Corpses and Clowns
- 4) Buy In Be Happy
- 5) Watcha' Doing?
- 6) When will the chickens come home to roost?
- 7) Once in a Lifetime
- 8) Unraveling
- 9) Plant a Seed
- 10) Pennies and Flesh
- 11) N.O.T.A. (we will defeat)
- 12) Truth and Lies (outré)
- 13) Last Frontier

Music by: Justin Gorman

Arrangements by: Justin Gorman Recorded at Park Street Studios Produced and Engineered by: Justin Gorman

Mixed and Mastered by Mike "Beaker" Parpovich
At Sit Down-Shut Up-I'm right-You're Wrong Studios

Sun Prairie Wisconsin, March 2004

Justin Gorman wrote tracks 1,2,3,4,5,7,8,9,10,11,12 and 13 Janet Marcavage co-authored the lyrics for track 2

Graphics by Janet Marcavage ©2004

Thanks to: Janet for being my agitated muse, Greg Palast, Joe Helmsley, Mike Hartwig and family, Brewer Stouffer and Priss-illa

## **American Dynasty**

G/F/D

Tempo: 100

The real powers of this country
Are not up for any vote

They are represented by the millionaires Who can raise and spend the cash Of the billionaires

Always tell the voters what the voters want to hear Always tell your cronies what your cronies want to hear

They are driven by a toxic mix Of ambition and bias

Interest groups who gain weighted favoritism

Are the: energy sector, defense industry
Pentagon and CIA, big corporations and the investor class

Who all work together to widen the gap

## Dog Du (Redux)

A/B/D/G

Tempo: 120

On the eve of another election America's turned in the wrong direction We close our eyes and cast our vote The hope for change is so remote

100 days will come and go and his true stripes will really show The truths we were sold were a pack of lies Candy coated and caramelized

We are sold Sugar Coated Dog Shit

The air we breathe is full of pollutants
We drink poisoned water, that can't be diluted

What's the use of teaching a man how to fish When in 28 states you can't eat 'em?

Overworked and underinsured Kids are patted down before school Every minute 2 jobs are lost While the Deficit silently grows

Electoral politics
are shaped by a select few
They pay handsomely
for access to reshape the rules
Microsoft, Phillip Morris,
Lockheed-Martin, Glaxo-Smith-Klein

They, are of the kind who smiles to our face while they feed us Sugar Coated Dog Shit

# **Corpses and Clowns**

Tempo: 140

Ladies and Gentlemen!
Welcome to the show
W's locked and loaded - he's ready to go
I ask, are you ready
For 4 more years?
I am not . . .

You make me smile You make me laugh You are an easy target To throw my popcorn at

You're
a dancing monkey
on a chain
Whose lead around
by the skull and bones gang

Your overt hawkish machismo distracts our attention
And steals the show

Corpses and Clowns Smiles and Frowns Donkeys or Elephants Clowns make corpses

Behind the scenes lurks a dark cabal Who sells us out in a free for all

It's a tight knit group with goals defined It's social Darwinism of the Republican kind They pass tax cuts and energy laws for cronies Oil wars are waged to make the rich more money

The end result is an assault on our collective Intelligence, decency and hope

In a society
where there are winners (and losers)
The rest of us
have to clean the floors
and cook them dinner

After four more years of enduring this side-show

When we are made to feel as though we don't matter

We can only wait for the clowns to enter And provide the laughter

## **Buy In - Be Happy**

E/G/A

Tempo: 140

Once
you embrace
the notions, actions
and beliefs
of the dominant
social paradigm
for social relief

You Will:

Believe in Money as your god Worship your material possessions Wrap yourself in a flag for strength And cheer loudly for the super bowl

Buy In, Be Happy

Madison Avenue feeds us with a steady diet of Lighthearted faire Chock full of shtick Pushing products that make us sick

Million-dollar diversions, which constitute A repetitious falsehood of cartoon characters and Dancing bears with recycled divas exposing their wares

We need to laugh because our nation's mood is so sour And really, nothing is funnier than watching grandma and grandpa Have a full-blown bare-knuckle free-for-all fistfight over a bag of chips

People who are miserable Need reassurance that others Are as miserable as they are

# Whatcha' Doin'?

Tempo: 130

I 'wanna know what you are doing

Right Now!

Oh Yea!

2/13/04

### When Will the Chickens Come Home to Roost?

B/Eb/F/G G/D/A

Tempo: 120

A scant bit of intelligence Became the flimsy context For our government to spin out of control

The Talking Heads Bleated
While the headlines loudly screamed
The Future for propaganda
Is Bright Indeed

As they searched for weapons of mass destruction The claims of doom grew louder from the pentagon

Aggressive pursuit of non-entities
Angered the world community
Blatant disregard for the United Nations
Made a diplomatic mess Which created undo stress
New fissures were reopened
Among allies once considered friends

When will the chickens come home to roost?

As Pax Americana Evaporates before our eyes
When will the world get sick of Accepting our lies?
We know why the United States invaded and now occupies Iraq
It is control an oil weighted counterbalance to neutralize OPEC

As the value of the dollar falters globally
The mere notion that OPEC could attach the value of oil to the Euro
Sends shivers of cold sweat down the backs of the US power elite

If and when this happens the stage will be set for WW3 Then everything as we know it will change. When the chickens come home to roost

## **Unraveling**

#### E/G

Nature abhors a vacuum
The food chain fills the void
Rapacious appetites devour
According to rank and power

Unraveling - thread by thread Unraveling - the fabric of society Unraveling - the tapestry falls apart

Hostile takeovers rule the day CEO's steal workers' pay Priests and jocks rape the weaker Run for cover, the future is bleaker

Abolish built in Obsolescence Consumption created by hype Don't be afraid of strangers Live with compassion Celebrate the unknown Allow yourself to be guided by hope

In the age ruled by the executioner Anything outside the norm Is met with violence Or worse, no marketing support

What's driving you forward?
What's your excuse for getting out of bed?
Is it intuition or insecurity?
It doesn't matter
because we will all be dead.

## **Plant a Seed**

E/G/ D/A G/B/D F/A/C

I am a man
Standing on a soapbox
In the middle of a cornfield

I want to plant a seed And Watch it grow Into a full bloom of discontent Towards the Status Quo

I am yelling at the top of my lungs Screaming loud and clear To the birds, flowers, grass and trees

I am the angry outsider
Who harbors a heart
full of healthy hatred
That burns
with a smoldering bitterness

I accept my voice sounds like a noisemaker

Wielded by a drunken birthday party clown Desperate to engage an uninterested audience

### **Pennies and Flesh**

D/B/C/D D/F/D

Tempo: 140

The modern terms of corporate plunder Are designed to prey upon our busy lives

Through a pattern of passive aggressive robbery That extracts flesh before our eyes

What it is - is how it is How it is - is what is

In an earlier time, this was simply known as theft Now it is just the way things are done

Cell phones, airlines, and Internet Providers Send bills with conscious mistakes Knowing that we won't take the time to protest

If you are brave enough
to navigate the hazy customer service maze
The human you might get to talk to
will not have any authority
To make amends
for the crime committed
in the name of capitalism

It is easier to simply shut up And pay as you go With pennies or flesh

# N.O.T.A. (We Will Defeat)

B/G E/B/G

Tempo: 170

Vote

For None of the Above

We Will Defeat

Everybody
Stay on your Couch
Everybody
Stay in your House

# Truth and Lies (Outré)

E/B/D

Tempo: 250

Some Truths are too unpleasant to accept

Some Lies are too seductive to ignore

## **The Gorilla X Show**

Publish Date: 09/2005 Catalogue: SUP\_6

### Track List

- 1) None of the Above Commercial
- 2) Buy In, Be Happy
- 3) March of the Bees
- 4) Be My
- 5) History Lesson (part 3)
- 6) Sugar Coated Dog Shit
- 7) Minority of One
- 8) The Fraud of Liberty
- 9) We Watch the Lemons Sing
- 10) Doing It Our Way

Music by: Justin Gorman

Arrangements by: Justin Gorman Recorded at Lawrence Street Studios

Produced and Engineered by: Justin Gorman

# **Weapons of Mass Frustration**

Publish Date: 11/2016 Catalogue: SUP\_7

#### Track List:

- 1) Read or Bleed, Learn or Burn People
- 2) Looking for a Safe Liberal Bubble to Call Home
- 3) The Pendulum Has Swung
- 4) Snake in the Grass
- 5) Ode to an Orange Asshole
- 6) Let's Have a War
- 7) Uncivil Society
- 8) The Fraud of Liberty (redux)
- 9) 500 Years
- 10) Eliminating the Empire

Lyrics by: Justin Gorman Music by: Justin Gorman

Arrangements by: Justin Gorman Recorded at Normieville Studios 2016

Produced and Engineered by: Justin Gorman

## Read or Bleed, Learn or Burn People

Key: C Tempo: 110

A/G D/C/D C/D/E

Wake Up You Brain Dead Fuck We gotta' make change or we are out of luck Tired of wondering what is wrong Read a book by my good friend Noam

I would start with Manufacturing Consent He argues without fault how what we see Is shaped by a large degree Through the commercial interests of corporate powers

And how government is a distraction
Whose sole purpose is to to keep us diverted
With drama and illusions Keep the rabble engaged
So, we keep putting Corn syrup sugar water away

You have my permission to skip a page or two If you must Cliff Notes will do Just Read Chomsky, Noam Chomsky

After the rage of knowledge dims a bit Get into some real heavy shit Check out my friend named Zinn

He tells the truth about how this place did begin
Not from the mouth of the man in power
But from those who have been fucked over killed, or oppressed

That means the natives, slaves, workers women And All the people who have been shit on throughout our meager history

You have my permission to skip a page or two
If you must Cliff Notes will do Just Read Zinn, Howard Zinn
You gotta begin someday We gotta start now
Read or bleed Learn or burn

## **Looking for a Safe Liberal Bubble to Call Home**

Key: C Tempo: 110

D/A D/Db/C/B

At 10:00 PM PST on November 8th 2016
A tsunami of bile erupted from my gut
Careened up my esophagus Burnt my throat
Filled my mouth with a puddle of acidic chum
Almost choking on this puke
I realized that the Orange Asshole had won

I went to bed scared that night
Frightened for not just my future
But what lays in store for my children
I have always been afraid of this country

Every election I see the sea of red And know what this color stands for It is shorthand for places where racist hatred Misoyniginist and classist inequity is inexorably bound into the fabric of everyday interactions

Beneath the surface, a tension has always simmered below Kept in check by the myth of democracy, equality and freedom

Now that the it has been exposed as fraud.

I fear the anger of the oppressed will now come to a boil
I am terrified what this new era will hold for not just me, but my children . . .

Fuck this social experiment, How did it last 240 years? Let's quit pretending that we are united Let's quit lying about getting along

Break the arrow, Tear the flag let the mountains divide! Let's make a new nation, Let's start anew Let's create a safe liberal bubble to call home

## **The Pendulum Has Swung**

Key: C Tempo: 110

E/G/D/C D/D#/B/G/C

Politics, reflect and react to our place in time The privilege of this experiment Lies in how we choose the course

History has shown again and again How Left goes right Than back the other way The Pendulum has swung

Kennedy broke the Protestant block Just like Barack Ended the skin color lock Now gun touting Nazis Feel embolden to walk The Pendulum has swung

Today I woke up to see that history has been broken
The body politic has raised their arms to embrace
A new Crypto Fascism defined by hatred of race
Naked greed and avarice is now in its place
Have we gone back in time to when
the Know-Nothing's ruled the land?
The Pendulum has swung

We took two steps forward over the last eight years Only to stumble back seemingly overnight

A new civil war has begun, The pendulum has swung Let's quit pretending that our nation gets along Let's quit lying about being united as one

The Pendulum has swung,Left coast, right coast and center it is time to break away,Let the mountains divide Let's take our space and leave the state of red I don't want to live in a place defined by hate Let's make a new nation state, The Pendulum has swung

### Snake in the Grass

Key: C Tempo: 110

A/C/D/Bb A/G/A/C E/F/Bb/C

As we expressed moral outrage, and sank into disbelief How could anyone with a shred of tact support this repugnant racist's act?

As the shit show election de-evolved for 18 long months the assault on decency and dignity became more pronounced If you said you supported this act out loud You would have been cowed Yet we were wrong Oh, so very wrong

You were lurking in the weeds - Hiding of plain sight You had no intention of giving up your rights And privilege afforded by your skin You are angry that others want in

Empowered by his venom, You the angry and disgruntled white class Crippled by rust belt depression, De-emasculated manufacturing might Disenfranchised through your perceived loss of power Shamed that your wife makes more that you do

Thinking a billionaire will do you right
He spoke to your inner baby, Like one who won't share his rattle
He connected with your inner stunted child
The angry sexist bigot doesn't want share our pie

You couldn't look me in the eye and say it Because I would reply is that how you treat your wife or daughter? You became a sly basking snake who sneaks into the poll and bites Venom on your ballot - X marks the spot

## **Ode to the Orange Asshole**

Key: C Tempo: 110

D/C/E G/D/C

You embody:

Stone Age Behaviors, Nostalgia for a time And place that wasn't good for all I ask Make America Great again for whom?

You are:

Dangerous, Horrible, Piss face child Infantile, Stunted Petulant

Do you know story of our land?

The cause of European conquest and its attenuated effects on the natives The blacks, workers, women, perceived enemies of the state the oppressed and dispossessed That constitute the sum of the history of our land

Because of this you are:

Fragile, Egotistic, Narcissist Facile, Fraudulent Racist, Misogynist

What will happen when he grabs your daughter or wife by the pussy America? When he makes a deal to sell out your jobs America? When he bankrupts your economy? Starts a war because some piss ant country says shit on twitter? What happens when he fires you?

The majority is wrong You have burned the bridges that were leading us to a progressive place A post-racial time and space

You have embraced an: Angry, Jeering, Racist Leering, Bully, Sexist Small Handed, Abuser

# **Uncivil Society**

Key: C Tempo: 110

F/C D#/D/C/A

What is Society? It is made from you and me

I am not fit for Society We are not informed citizenry

Can we make good choices
Do we care enough to care
Can't we all sit at the table
When there is enough to share?

I am not fit for Society
We are not informed citizenry

Can we make them accountable To the truths we hold true Or are we just going to beat our chest And fling our poo?

I am not fit for Society
We are not informed citizenry

### 500 Years

Key: C Tempo: 110

C/D#/G/A#/F# F/A/E/Em

For those who have been discovered in the last 500 years Results in devastation Oppression through a combination of:

Disease, Warfare, Land theft Discrimination, Broken treaties Removing children Introducing poisons Implementing beliefs Force feeding education

This is assimilation
Cultural genocide
A method and process
That proceeds like clockwork
Moving through time and space

We have read the playbook Go right - Hut hut hike Bacteria, Bullets, Beads Bureaucracy, Books, Booze And the Bible

Don't take the blanket - it will make you sick
Stand up and fight - even with a stick
Reject their ways - you cannot buy and sell the earth
Plug your ears - when they talk about faith
Close the book - because Knowledge is not neutral
Break the pen - because their word is as strong as paper it is written on

Government does not make peace
Education is training for your future slavery
The drugs destroying your community have been supplied
You don't need parents in your life
Everything you perceive as truth is a lie

## **Eliminating the Empire**

Key: C Tempo: 110

C/Am/F/G

What is an empire without conquest?
What is conquest without war
What is war without torture
What is torture without suffering
What is suffering without war?

A world without empires It's like an army without soldiers Or a government without lies Yet there is a tendency to think that what we see in the present will continue in perpetuity We forget how often how many times we have been astonished by the sudden crumbling And collapse of institutions Change manifests through action That alters how we think When we realize our power that we can erupt and rebel Rising up against tyrannies And cause quick collapse of systems of power that once seemed invincible Remember and celebrate the times and places where so many people have Behaved magnificently Inspired us to act The future is an infinite succession of presents That means the time is now Time to live as we think

human beings should live
With freedom, dignity and justice
To live in defiance
Of the worst of everything
That surrounds us
Is a marvelous victory
Hope is the catalyst for change

# **Ego and My Own**

Publish Date: 05/2018 Catalogue: SUP\_8

#### Track List:

- 1) Spooks (In Your Mind)
- 2) Ego and My Own
- 3) Create Nothing
- 4) I am, I said
- 5) Liberate You
- 6) Things Create Regimes
- 7) A Union of A
- 8) No gods, no masters
- 9) My Flesh My Mind
- 10) The End Point of Language

Lyrics by: Justin Gorman Music by: Justin Gorman

Arrangements by: Justin Gorman

Recorded at Normieville Studios 2018

Produced and Engineered by: Justin Gorman

# **Spooks (In Your Mind)**

Key: C Tempo: 120

G/F/E/F E/G E/F/E

Tempo: 120

As Abstractions becomes fixed in our mind

These Illusions influence how we think How we see How we act

Hierarchies are anchored in our own mind And refined by how we see the world

Authority
Is rooted
in your alienation
From the world
From yourself

Your ego
Driven by your self interest
Is the root of every action

There is no altruism
You are everything to yourself
You do everything for you

Even as I am and eventually will be fed upon we have only one relation to each other

## **Ego and My Own**

Key: C Tempo: 120

B/D B/D/F#

If property manifests through might To those who know how to take, You belong to them

Your power, is your own. So Assert yourself

As the holder of your own deed You are the sole proprietor Of your enterprise So do not step back shyly from your domain

There are some who know the world and everything in it, including others Is available to one's taking or use without moral constraint

For them rights do not exist Their Corporations are corporeal

There is no rationality in taking on the enlightened self-interests of others unless doing so furthers yours

Individuals unite - It is in your self-interest to do so

Free yourself from property
The monopoly of monarchs,
Governments and industrialists
Stop being ruled by others
Disregard their moral claims

## **Create Nothing**

Key: C Tempo: 160

A/E C/F G/C/Bb

Truths are material, like vegetables and weeds; as to whether you are a vegetable or weed, the decision lies in you

In place of such systems of beliefs, be detached Live a life of non-dogmatic, open-minded engagement with the world "as it is"

Live unpolluted by "faith" of any kind, Be it Christian or humanist

I am all in all, An abstraction and nothing I am not a mere thought, but am full of thoughts,

The self is "nothing" one is said to "own the world" "all things are nothing to me"

Our revolution is aimed at new arrangements; insurrection leads us no longer to let ourselves be arranged, but to arrange ourselves,

my purpose and deed are not political or social but as directed toward myself and my own ness alone an egoistic purpose indeed

## **Liberate You**

Key: C Tempo: 110

D/G/A G/B/D/A G#/A/G

I say liberate yourself

Go as far as you can go

Then, and only then you will have done your part;

Consequently, do not tire yourself with toiling at the limits of others;

Tear down your walls
To show others the way

Do not fear nothingness

Give voice to the "unutterable" Name the "unnamable" Speak the "unspeakable"

You are more than "a mere word" You are not your name

You are free

### **Things Create Regimes**

Key: C Tempo: 110

D/C/F F/Ab/C F/G/C

To those who defend property as a natural right Yet oppose theft and taxation As a violation I condemn you

Inequity is only possible As long as we all worship At this shrine

This shared sacred civic sense Results in the majority Ending up with nothing

Free is not free - The game is rigged The field is slanted - Those who possess Oppress

Your exploitation And continued theft of time disguised as labor forms the Yoke around our neck
And the blinders that shield your eyes

Only you can be free over yourself You are your own only when You master yourself

Without lordship and servitude
The state is unthinkable
My liberty sets me free
Not the liberty defined by those
who hold the power and create the rules

They subjugate me - the despot remains free

### A Union Of A

Key: C Tempo: 130

D/#/F#/G#/D C#/F#/E/F#/A/F# E/F/B/F/E/D#

Imagine if you will
An understanding
That lies Outside
The systemic associations
You have been trained to accept

Imagine if you can
Strangers once united by lies
Applying their collective force of will
To dissolve the ties that once bound us

Manifest in your mind A new Union where all parties participate With complicity and without silence.

To make this idea to come to fruition You must see that authority Is not above a person's will Concepts should not rule people, but that people should rule concepts.

When Individuals self-realize This new union rests on your desire to fulfill your ego

Be willing To freely choose your actions,

Embrace fulfilling your desires.

### No Gods, No Masters

Key: C Tempo: 140

D/C/B/F# E/D/F#/B F#/G/A

As you are in each instant you are your own a higher being than you think you are

Surpass yourself Recognize your 'higher essence'

This means that
All of your accepted
Notions
Of social institutions
The existence of the State
Property as a right,
Even of society as we know it
Are illusions
Ghosts in our mind

Abolish the state Get rid of your master Dismantle the institutions responsible for illusions

What is real you ask?
It is You
You in this moment
With the breath you just stole
The shit you just evacuated
Into the impression your weight
Just made into this earth
That Is real

# My Flesh, My Mind

Key: C Tempo: 130

Bb/Eb/F

Love is selfish
Because it makes you happy
Only pleasing yourself

Freedom must exist in the interests of all

It is attained Through self-fulfillment For individuals to enjoy

My flesh is not your flesh My mind is not your mind I will not reject or deny my uniqueness

You are more than a part, cog or gear

Be more
Beyond your
current conception
Transcending
the limits of perception

Look after your own Serve your fresh Be your own master

Earthly labors will not satisfy you Only make you tired Nothing is complete in another's hands

# **The End Point of Language**

Key: C Tempo: 110

E/B/E E/G/F/E

What are words?

Words come from thoughts
Thoughts that attempt
to make meaning
Of the experience
Derived from the here and now
And what is past

My thoughts are nothing more than echoes in my mind Incomplete fragments Composed of emotions and impressions left by experiences That resonate and attenuate And keep me awake

These remnants
That have long slipped away
Form my faulty foundation
That manifests my reality
And becomes my words

No thought, no concept - Is real What I say is not what I meant And what I mean is unsayable

# **Tales from the Panopticon**

Publish Date: 05/2018 Catalogue: SUP\_09

#### Track List:

- 1) Divisions
- 2) Cross Confined
- 3) Discipline
- 4) The Watchtower
- 5) The Marvelous Machine
- 6) Jermey B's Factory
- 7) The Tower and the Ring
- 8) New Anatomy
- 9) The Genesis of Every Observable Idea
- 10) Out Me Dig

Music by: Justin Gorman

Arrangements by: Justin Gorman

Recorded at Normieville Studios 2018

Produced and Engineered by: Justin Gorman

### **Divisions**

Key: C Tempo: 110

G/B E/G/A/B E/B/D

In this living experiment
That seeks to separate us
From selected freedoms
through the guise of rights
While the watchman
keeps you in sight

He is watching me

unblinking eye, set in a tower Sees our isolation watches our tribulation

They are watching me

Depending on form and function watchman sees all junctions From the tower out shines light Piercingly bright

I know you are watching me

From my fear of being singled out I avert my gaze never rise Seldom shout

Now the prisoner Corrects them-self I know you are watching me

Stop watching me

# **Cross Confined**

Key: C Tempo: 130

E/D/B E/B/G

In our uncivil society
We are contained
Not just by our physical place
But through our data
That follows us
throughout cyberspace

Here government and Church work in conjunction to identify select And define It's function

It's jurisdiction Holds sovereignty without appeal

This new vision of our social order Is defined By where you search And what you buy

Moral obligation And civil law are linked within authoritarian constraint

Confinement is condemnation

# **Discipline**

Key: C Tempo: 80

D/A F/A#/C/F/D

All is pooded in to p

All is needed is to place in each In their cell

a madman a patient Or the condemned a worker A prisoner or a schoolboy

captive shadows in their cells so many cages Like small theaters in which each actor is alone

In a circle From a tower Silent eye Watches all

Visible
in a trap.
individual
in their place
securely
confined

He is seen but he does not see As the object of information never a subject in communication.

this invisibility guarantees order.

## **The Watchtower**

Key: C Tempo: 110

C/A/C B/F/E/B F/C/G

the proclivity of disciplinary societies Is to subjugate its own

each prisoner must know that power always watches

each citizen must understand they are objects being observed

Today
the watchtower
Is constructed
of cameras
On buildings
on doorbells
And in stores

The computers
In our pockets
And desktops
Note actions
And movements
As their eyes
silently watch

### **The Marvelous Machine**

Key: C Tempo: 130

B/F# A/E/F# C#/B/E/A

The Panopticon a machine
That automatizes and de-individualize power

It's Power in principle Is not in a person But concerted And distributed On bodies,

Through surfaces, By lights, And constant gaze;

an arrangement whose mechanisms produce relations For individuals To be caught up.

This machine that assures dissymmetry, Creates disequilibrium maintains difference.

it does not matter
who exercises power.
Or what motivates them
the curiosity of the indiscreet,
the malice of a child,
the thirst for knowledge
of a philosopher
who wishes to visit
this museum of Human nature,
or the perversity of those
who take pleasure in spying and punishing

## **Jermey B's Factory**

Key: C Tempo: 130

Bb/Eb/G/F Bb/Eb/F/G/Bb Bb/Gb/Cb/B/A/Ab/G

If the inmates are always watched there is no danger of escape

if the patients are always observed there is no danger of contamination

if the madmen are always surveilled there is no risk of committing violence

if the schoolchildren are always seen there is no cheating, noise or chatter, Or Any wasted time

if they are workers,
Are always supervised
there will be
no disorder, theft,
Or coalitions to be formed

If the crowd Knows the light in the tower Shines on them

We become a compact mass, of multiple exchanges, Where individualities merged together

# **Tower and Ring**

Key: C Tempo: 120

E/A/E/Bb D/A/Bb/E A/D/E/D/E

When we Arrange things to perfect our power

Architecture
Becomes a machine

subconscious substrates for creating and sustaining Relations

To achieve this, the prisoner Needs an inspector:

And the inmate knows They are observed;

in the ring, one is seen, without ever seeing;

From the tower, one sees all without ever being seen.

### **New Anatomy**

Key: C Tempo: 100

G/F

B/C

С

How is power to be strengthened in such a way that does not impede But facilitates progress

How will power, be able to increase those of society instead of confiscating or impeding them

The social body with their details, And spatial relations; is what is required To analyze and quantify

In a mechanism that monitors
With instruments rendered visible,
recording, differentiating and comparing

a new "political anatomy" whose object and end are not the relations of sovereignty but the relations of discipline.

These disciplines,
Manifest in enclosed places
Cubicles, schools and prisons
a network of mechanisms
everywhere and always alert,
without interruption in space or in time.

# The Genesis of Every Observable Idea

Key: C Tempo: 100

B/G

So much for the question of observation. the Panopticon is a place a living laboratory; a machine to carry out experiments, to alter behavior, to train or correct individuals.

To try out different punishments on prisoners, according to their crimes and character to seek the most effective ones.

For the workers, to decide which is the best.

To try out pedagogical experiments one could verify whether anyone could learn anything;

one could bring up different children according to different systems of thought

The Panopticon
is a privileged place
for experiments on men,
and for analyzing
with complete certainty
the transformations
that may be obtained from them

# **Gorilla X Plays The Hits**

Publish Date: 01/2019 Catalogue: SUP\_10

#### Track List

- 1) My Way Gorilla X Plays the Hits (2019)
- 2) Dig Me Out Tales from the Panopticon (2018)
- 3) I am I said Ego and My Own (2018)
- 4) Let's Have a War Weapons of Mass Frustration (2017)
- 5) Once in a Lifetime *N.O.T.A* (2004)
- 6) I Can See Clearly Now Minority of One (2003)
- 7) Celebrated Summer We Watch the Lemons Sing (2003)
- 8) History Lesson, part III We Watch the Lemons Sing (2003)
- 9) Doing It Our Way Land of 1000 Odors (2002)
- 10) Put Your Hand into My Hand (Mono Mix) Forks and Spoons (2001)

# **Spectral Semiotic Sound**

Publish Date: 05/2019 Catalogue: SUP\_11

#### Track List:

- 1) Proposition #1: Signs (the crisis of conscience)
- 2) Proposition #2: Dictionary v. Encyclopedia
- 3) Proposition #3: Metaphor
- 4) Counter Argument #1
- 5) Proposition #4: Symbol
- 6) Proposition #5: Code
- 7) Proposition #6: Isotopy
- 8) Proposition #7: Mirrors
- 9) Counter Argument #2
- 10) Conclusion: Everybody's Talking

Music by: Justin Gorman

Arrangements by: Justin Gorman

Recorded at Normieville Studios 2019

Produced and Engineered by: Justin Gorman

## **Proposition #1: Signs (The Crisis of Concept)**

Key: C Tempo: 173

D/F/G D/F A/C/C#/D

If the world is everything
Our Systems (must be maintained)

If the object in question correlates expression to content This Program (must be maintained)

If the signs can Influence action
These Procedures (must be maintained)

By knowing what we know Which assumes we know something more This Alignment (must be maintained)

Through implemented inference And shaping interpretations This Mission (must be maintained)

If asked and you can tell me the time I can ascertain your level of training

These Policies, Values and Beliefs (must be maintained)

To describe
the state of the world
In terms and organization
Based on Allocation
This story (must be maintained)

So, everything can remain the same

# Proposition #2: Dictionary v. Encyclopedia (Signs and Symbols)

Key: C Tempo: 145

E/A/B G/C/F

The Experts
Who use equations
define what is known

Defend their knowledge Through transformation Of information

Through indication And designation

Connexions
In this system
Defines a range of truth

My interpretations And explanations Are shaped by their tools

Our power lies in the ability to name our experience Once something is named, and awareness achieved We can truly see

To have our experience be codified and classified for us Diminishes our knowledge Our power And wonder

# **Proposition #3: Metaphor (Sign Systems)**

Key: C Tempo: 143

G/Am/D7 B7/E7/A7/D7 G/Em/C/D7

If Existence And Experience

Is explained through metaphor

Can This moment
Be described with logic
let alone words

when we speak Through metaphor We are lying

because that thought is not literal

And What you are asserting is pretend

What is said carries connotations

And what we perceive becomes the definitions interpretations explain

The reactions to what we encounter In the course of our lives

# Proposition #4: Symbols (A thought is a proposition with a sense)

Key: C Tempo: 134

C/F G/F/C/G C/F/C

To be both everything and nothing

To be Two halves of the same thing

Whose distinctions can only be shown By what is in the here and now

In the Econo Expressions of my heart and mind understanding comes with conditions And is sign signified

For the symbols to become a fact I Must possess to express

The Signs that are my words
The Pictures That form my fiction
Are constructed from what can be said

Language is an instrument of perception, not only of description

You see only what you have words for. when we choose to participate in our shared delusion, and conclusions become difficult to question

# **Proposition #5: Code (A proposition as a truth-function)**

Key: C Tempo: 131

A/C#/D D/A/E

Some may think limits must be set To what can be thought And not be thought

Methods mean to alleviate confusion, It's logic justifies rules.

an argument becomes valid, When it's conclusion are clear

When one truth follows other
Structures are formed

These expressions And strengthen the relation And justify what is already understood

Any thought outside this relation is considered to have no sense at all

# Proposition 6: Isotopy (The general form of a truth function)

Key: C Tempo: 149

F/G/A F/A/G/A F/G

What lies between thought and expression

What comes from the fragments That form my words

What constructs the filaments That binds my mind through Subatomic interactions reflective negations

My statements are reflections Of Man-made conditions Connected to a knowledge And delivered by a language That cannot supply meaning only reflect the world

These limits of my language Are defined by what can and cannot be said.

I am senseless and my language must be destroyed

# Proposition 7: Mirrors (When one cannot speak, one must be silent)

Key: C Tempo: 134

G/F/A/D G/F/D/F D/A/C/D

For language To describe the world With meaning is impossible

Meaning itself requires that something Has to be said

this paradox Lies in the distinction between saying and showing

What truth can be communicated

the preface and propositions The equations All meant to explain Can be ambiguous

both true and nonsensical At the same time

# **The John Dewey Experience**

Publish Date: 09/2019 Catalogue: SUP\_12

#### Track List:

- 1) Traditions v. Progressions
- 2) The Need for a Theory
- 3) Criteria of Experience
- 4) Social Control
- 5) Nature of Freedom
- 6) Meaning and Purpose
- 7) Progressive Organization of Subject Matter
- 8) Experience: Means and Goals
- 9) Counter Argument #3
- 10) Mr. Pharmacist

Music by: Justin Gorman

Arrangements by: Justin Gorman

Recorded at Normieville Studios 2019

Produced and Engineered by: Justin Gorman

# **Traditions v. Progressions**

Key: F major Tempo: 133

C/G D#/Am/A

D

We think in terms of opposition

Beliefs are formed as either-or propositions

This extreme intrinsic duality eliminates possibility from reality

When forced to compromise Extremes are difficult to exercise

Yet, when it comes to practical matters

When paradigms are in tatters And circumstance compels us to find common ground

Traditions impose ideas from above and outside

Progression comes from expressions

Aligned by heart and mind We retreat to the safety of theory

Where any query can be argued as truth

# **Need for a Theory**

Key: C Tempo: 115

C7/G7/F F7/C7 E/D/A C/G/Am

Education is a process designed to suppress our natural inclinations

The subjects and matters
Derived from
bodies of information
Seemingly assembled
without relation

The knowledge and skills you will understand Is how to follow rules

Conform to standards
How to obey time
Meet deadlines
Regurgitate Schemes
Identify patterns of organization
In the twelve-year course

Of mandatory education You will be shaped by time and schedule

So we can replicate And perpetuate The rules of order

That are already in place

# **Criteria of Experience**

Key: G Tempo: 144

G/F/G G/F/A G/F/Dm Dm/G/A

Culture creates conditions That assume our future will be much like the past

Through Instruction and Discipline We are taught skills, conduct and ideas from previous eras

Transmitted in the now with intent to last

The praxis of this interaction Forms factions in our minds

Knowledge is Assimilated from surroundings

Learning is gleamed through acquisition Of what is already understood

This criteria of Experience Lies in opposition to cultivating an individuals identity and experience Through free activity

### **Social Control**

Key: Am Tempo: 111

A/Am C/A A/C/Am

How many have learned to hate learning?
How many acquired skills through drills?
How many came to associate discovery with boredom?
How many found their experience so foreign to their life they quit caring?
How many simply acquiesced control?

What if we learn to identify the factors that create containment? What if we learn to take self-control? What if we cultivate learning that rejects established patterns? What if we created our own social controls?

How many have accepted the necessary levels Of docility, receptivity and obedience To be determined for survival?

What if we let go of this social control?

## **Nature of Freedom**

Key: G Tempo: 167

A/G/D/G F#/E/E/G D/C/D/G G/A/G/Bm

We play games Games have rules Rules make conduct

Without rules there is no game Without the game there are no winners (or losers)

If rules are part of the game And no rules, means no game Can we construct Different rules To play a different game?

Yet as long as this game goes on with reasonable fluidity And the players feel Like active participants Who are not submitting to an external imposition Then the game will go on and on

Conduct becomes conditioned

You see, revolt only occurs when someone on the other side is perceived as being unfair

And the individual who is imposing their will Makes the game unfair to play

Without the game what do we really have?
The deck is stacked, the dice is loaded
The field is slanted, and the sides are mis-matched

# **Meaning of Purpose**

Key: A Tempo: 110

D/G/A/E D/E/D/A C/F/C/G G/F/C

A slave can be defined as a person Who executes the purposes of another

The aims and methods of instruction Is to prepare the young for future responsibility And success in life

Rules, Order and Patterns Forced organization overrides concerns

Through learning the Discipline of acquisition is reinforced

Through navigating organized bodies of information

Forms the skills Which in turn become evidence of comprehension

Multiplied actions
Of manifested conformity
Through standards
That prescribe normality

### **Progressive Organization of Subject Matter**

Key: C Tempo: 127

Dm/A#/G FM/G#/C# G#/A/F# Cm/G/A

Organization and relations

Are defined through interactions

Both principles are abstract
Only concrete in consequences

Which result from application Far reaching fundamentals

Dependent upon interpretation Objective Conditions Experience promotes growth

By implication these conditions
Of observation
Of memory
Of information

Have been procured from others imagination

Anything can be called a study
Arithmetic, history, geography or science
Are all derived from materials which at the outset
Fall within the scope of ordinary life experience

Yet are abstractions at their core Multiplied actions Of manifested conformity Through standards That prescribe normality

# **Experience: Means and Goals**

Key: D Tempo: 129

G/F/D D/G A/G/D G/F#/C#/D

To accomplish ends for both individual and society

Experience must be controlled Methods are employed

To shape the possibility of growth And to limit what you encounter

Find possibility in the ordinary Celebrate the failure you will experience

Be bold to walk your own path Through your own mind

Do not be afraid of the danger you may find That resides in the dark corners of your mind

See through artificial created fear of the unknown

Embrace your inner other Experience Experiment

Develop your own direction React against the standards Reject others aims

Modify the prescribed methods Celebrate your own gains Create the rules for your own game

# **Inland Empire**

Publish Date: 05/2020 Catalogue: SUP\_13

#### Track List:

- 1) So Cal...So Cool
- 2) Sunshine or Noir?
- 3) Power lines
- 4) Home Grown Revolution
- 5) Fortress Upland
- 6) The Hammer and the Rock
- 7) Confession
- 8) Junkyard of Dreams
- 9) Counter Argument #4
- 10) Days of Wine and Roses

Music by: Justin Gorman

Arrangements by: Justin Gorman

Recorded at Normieville Studios 2020

Produced and Engineered by: Justin Gorman

#### So Cal...So Cool

Key: C Tempo: 120

G C/E/G

I am inland air tainted with smog From a land where once arid brush Through the alchemy of technology has transformed into golden artificial abundance

Now devoured by relentless Development of the tacky little boxes made by Lewis and their clan

I am driving in and out (at least an hour each way) on endless freeways that lead to a beach bonfire at dusk Where the faint scent of peroxide mingles with valley girl twang "fur shure dude" . . .

I am a Dodger dog being digested by the disappointment Of another title-less season in the center field bleachers Of a stolen Elysian field

One of twenty-four million insignificant locusts Adrift in a sea of plastic that defines the aesthetics of this place

yet we don't mind one bit because we find solace In the warmth embrace of a year-round sun and are distracted by the illusions that come to fruition in this faulty space

I am the suburbs, a fortified buttress Designed To defend the strata of class Where freedom is defined by consumption in this artificial state

### **Sunshine or Noir?**

Key: F major Tempo: 119

Standing on the ruins
Of an alternative future
In the shadow the creosote and burro brush
And occasional yucca tree

I can feel the Earth Move Under My Feet

Suburban wave crests and breaks In a relentless approach Ready to encroach And engulf all inside

I can feel the Earth Move Under My Feet

Surrounded by groves upon arrival Land redacted and reshaped Playing in the skeletal frames As instant community takes shape

I can feel the Earth Move Under My Feet

City as commodity
Surface as exchange
Artificial Industry
Perusing a fever dream

# **Power Lines**

Key: G minor Tempo: 150

G/A/B/D/E G/B/D G/A/B/D/E C/G/Bb/F

Streets marks strata Strata makes class Class makes lines Meant to last

Street and Address Will define Where you live Within the lines

North is rich South is poor Wealth resides along the shore

Lines run through us And divide

Opaque yet transparent You can't run or hide When Lines are Centralized Power becomes Militarized

## **Home Grown Revolution**

Key: G major Tempo: 109

C/F/A/G E/A/G/D/C G/C/E/D C/F/A/G B/D/G

There was no apocalypse or encounter of a third kind In fact not a single person had even died

Shops were still open And pollution no worse than in any other part of this cursed

Smog-choked Valley

You see life in Los Angeles Where equality is valued Through property of single-family homes

Self-worth is appraised
Through designation
Of the tract you occupy
What would make a NIMBY revolt?

Anger and outrage is channeled through relentless defense of the distance between A white picket fence

# **Fortress Upland**

Key: G Tempo: 106

D/G/D/C G/B/F/C/E/Bb Bb/G/C/E B/D/G

From careful lawns sprout signs that warn Of trespass and harm In our sweet suburban home

Where Personal insulation Creates transmutation The defense of this place Has created divided space

In the master plan income equals access and Security creates demand

Welcome to Fortress Upland Our sweet Suburban home

### **The Hammer and the Rock**

Key: Db minor Tempo: 141

B/F/B/D F#/A/F#/C/#/E/F E/B/E/C Db/F/Ab

When the jack booted commandoes storm Chalk another victory for the norm

We fight wars we love to lose So we can Fund the blue

I can hear The choir Of fear

The establishment is made of scowling faces by your incredulous neighbors

Who hide behind tract barriers And Echo the great Nay-sayers

For Every Red Hat Boomer And Becky who unite To condemns those out of sight and mind

They declare
These people
Need a teacher
Or a preacher
Or be put away
To be reformed

# **Confession**

Key: Db Major Tempo: 179

Db/Bb/Db Gb/Eb/Bb/Db Ab/Bb/Ab/Bb/G Gb/Db/F/Bb

Dear father
I must confess
The religion
And beliefs
you tried
to Stress
Never once
did Impress

Even though
You made me
bow down
In ritual force
to Absorb guilt
And learn to appease

Your repeated dogma Your murmured prayer Your stupid customs Llearned not to care

Sunday battle For heart and mind gnostic tension Freed my mind

Your poisons
From toxic thoughts
Has been left Far behind

# **Junkyard of Dreams**

Key: G major Tempo: 140

A/C/A/E/D#/D/G/D D/G/C/D E/C/D G/B/D

As you travel east
Towards San Berdo'
Traversing the I-10
windows are sealed tight
to protect from
smog and dust
And any incidental
Contact with the Empire

lemon groves
Once Heated
by Schue's pot
Have given way
To an endless sea
Of Bedroom dreams

The stones
Thrown out
by Joat's demise
Mask her unheard cries

geological and social detritus Makes a land Of trespass

Once scarred by blasting furnace is now both junkyard and utopia of the California dream

# **Mutual Aid**

Publish Date: 09/2020 Catalogue: SUP\_14

### Track List:

- 1) Among Animals
- 2) Swarms of Butterflies
- 3) Among Savages
- 4) Ants and Bees
- 5) Among Barbarians
- 6) Checks to the Over
- 7) Among Ourselves
- 8) Peters Choice
- 9) Counter Argument #5
- 10) Born on the Dance Floor

Music by: Justin Gorman

Arrangements by: Justin Gorman

Recorded at Normieville Studios 2020

Produced and Engineered by: Justin Gorman

# **Among Animals**

Key: G Major Tempo: 115

A/D/B

B/C/D

F/B/C

D/C/A

In Nature We Struggle

To exist

Birds Ants and Bees

Live socially

Bound together

to weather circumstance

Mutual Aid

Among Animals

To live

To thrive

Not just survive

# **Swarms of Butterflies**

Key: A major Tempo: 97

C#/E/B A/E/C#/A E/D/G A/G/E

Mass-flights That occur occasioned by monsoon

this action is not a reaction but rather a consequence

of imitation of desire of following all others

In this chaos
Of possibility
and desire
become unbridled

and what we collectively choose to create manifests

In a swarm of butterflies anything becomes quite possible

# **Among Savages**

Key: B minor Tempo: 143

A/D/E/A A/G/A/E G/A/E/A G/D/A/G

In this supposed war of each against all few are the species who live alone

We share
To protect
To progress
To prosper
To thrive
Not just survive

Together For the best chances of survival

mutual aid is mutual support

We now have to play our part

#### **Ants and Bees**

Key: D major Tempo: 125

G/D/E/B E/B/E/G G/C/D/E G/D/E

Always tell the human what the human needs to hear

When sympathy is marred by sentiment

Put forth by Argument better suited for cautious work

The thought that morality can only Originate from a warm-blooded embrace

minimizes the biological sympathy and voluntary co-operation among ants and bees

You see, in the life of ants And the nations of bees Both societies work collectively

What they both possess Is a predisposition to assist without the coercion or mandate or domain of government

# **Among the Barbarians**

Key: C major Tempo: 94

D/C/D/C C/D/G/Ab C/G/F/G E/D/C/B

Through the organization Of what we call civilization Individuals struggle to survive

Our current crisis Shows just how frayed And broken our bonds Have become

in isolation
This life is conflict
Me against you
us versus them
tribe against tribe

All the while Fearing the other

The result from this chaotic contest is that hostile forces Have divided us into class and caste or enslaved to despot

Or the invisible hand of time to consume

## **Checks to the Over**

Key: D major Tempo: 97

E/A/E/D G/D/G A/D/G A/D

Now that we are an extremely large collective population

that inhabits every section of the globe

We call to the most defenseless those with no beak or claws

Those who possess the social disposition To create the conditions which makes life go

To the unresisting creatures Who must explore every tree

I call to action

To experience a rich harvest That may be reaped not sewn

# **Among Ourselves**

Key: D Tempo: 91

A/D/A/E G/D/C D/F#/A D/G/A

To the pessimist
Politician or pundit
who proclaims
that warfare
and oppression
Is the essence
of ourselves
And our instinct
can only be restrained
Through limits

Must be overthrown

Now, more than ever We are ready for new systems of social organization economy and ethics

That come from Among ourselves Not the same source of oppression

# **Peters Choice**

Key: E Tempo: 144

E/B/A

В

E/C/D/A

E/A/E

A new union
will manifest
From the implosion
Of our State

Our struggle Through strikes through resistance

Collective action Co-operation Based on Free association

Self-sacrifice for community not consumption

Creating a world where we can share through Mutual Aid

# **Spectacle Inc.**

Publish Date: 05/2021 Catalogue: SUP\_15

### Track List:

- 1) Separation Perfected
- 2) Commodity as Spectacle
- 3) Unity and Division in Appearance
- 4) Subject and Representation
- 5) Time and History
- 6) Organization of Territory
- 7) Consumption and Culture
- 8) Ideology Materialized
- 9) Counter Argument #5
- 10) Personality Crisis

Music by: Justin Gorman

Arrangements by: Justin Gorman

Recorded at Normieville Studios 2021

Produced and Engineered by: Justin Gorman

# **Separation Perfectected**

Key: G Major Tempo: 161

G/F/A# C/A#/G Bb/D/G F/G/F/A7

The spectacle is a constructed relation between economy and nation

mediated by image It is a language Of containment

The Spectacle is the focal point of our vision

a synthesis of consciousness a reality constructed from the domain of delusion

And functions with collusion the unification it achieves Is universal separation

# **Commodity as Spectacle**

Key: A major Tempo: 144

A/C#/E E/A/F# C#/E/G/A A/C#/E

Waged like an everlasting war the Spectacle is for all to equate satisfaction with non-action

Humanized Corporations of commodity Form dichotomy that has taken charge through economy

Forced trade of labor for wage time is coerced we are both use and value In the blockchain Of exchange

This blackmail does prevail through consumption of illusions that form the fusion Between systems of production

We serve to buy we must submit or die

So we blindly live this lie

Because we know we must accept a counterfeit life through necessity

## **Unity and Division in Appearance**

Key: A major Tempo: 121

Α

A/D/E

Ε

A/B/E/F#

В

All the "isms" that create the schisms in our world today

are global brands whose purpose and desire Does require individuals to be contained

allegiance is maintained through Fallacious archaic opposition and reinforced by systemic oppression

Enthusiasms is aroused while distractions are maintained

Through an endless succession of competitions everything from sports to elections

All of this serves to endow The mundane rankings in the hierarchy of global consumption

While maintaining the appearance Of both unity and division

### **Subject and Representation**

Key: E majorTempo: 121

E/G#/B G/F# E

G#/E/B/D B/E/D/G#

We are subjected to created crisis
That defends economy

Through subversion of our senses
We live in a state of visual siege

Where the subject defends its ideological monopoly through promoting family, private property The moral order and patriotism to maintain domestic tranquilly

Our violent myths are represented And displayed as images of normalcy

Football a metaphor for War Advertising that upholds false standards of beauty and happiness And politics as theater for the dumb

We are subject to these illusions As modern means of conditioning

Through perpetual presentation so that we will embrace an ideological lie
Whose origin can never be revealed.

## **Time and History**

Key: Db Major Tempo: 113

D#/C/C# F/G#/F A/D#/G/B A/D/A Db/F/Ab

Time is a commodity traded as currency

This exchange of existence
Has become our new pseudo-nature created through alienated labor

Echoes of ancient rhythms
Have been incorporated
day and night shift
work and weekend
State mandated holidays
And the occasional vacation

Have become A new sentence In our modern prison of time

Even then when off the clock
When relishing in
our perceived freedom
we spend our time-consuming images
Of what the spectacle has to offer
Left to vicariously experience

A reproduction of what is presented as life

# **Organization of Territory**

Key: Db Minor Tempo: 83

Ab/B/Ab A/b/G/B B/Ab/Gb/Db Ab/B/Db/B D/E/Ab

Mass-produced for the abstract space of the market place You are granted the Freedom to consume

We pledge allegiance To a system For which it stands

To process
Through homogenization
Of urbanization
To achieve spectacular separation

Take a knee Raise your fist Claim your space To Resist

# **Consumption and Culture**

Key: G major Tempo: 93

A/E/F#/E A/E/B E/A/G/E E/A/D

G/B/D

Consumption
Is the presumption
For suppression
And oppression
that defines
our existence today

what if we embrace this moment To create independence Not dependence

When there are
No more rules (of conduct)
Will my pretension
Adequately provide
A coherent account
of the social totality?

Is my fragmented methodology Even workable within its own limitations?

What will happen when our consumption Eventually engulfs Human culture And ingests our domain?

# **Ideology Materialized**

Key: A major Tempo: 83

D/E/A E/A/C# A/D/E/A A/C#/E

The spectacle is the face of any ideology because it masks the essence that lies underneath

All systems
currently in place
Hold the goal
to promote
the impoverishment,
enslavement
and negation of real life

materials that are our expression Have become the separation And estrangement between us

Through production power and perception Has become concentrated

obliterate the illusion of boundaries between self and world between true and false

# Word:Sound\_1

Publish Date: 09/2020 Catalogue: SUP\_WS\_1

### Track List:

- 1) Compass
- 2) Failure
- 3) Future
- 4) Conversation
- 5) Dream #1
- 6) 4:32 AM
- 7) Apology

Music by: Justin Gorman

Arrangements by: Justin Gorman Recorded at Normieville Studios 2020

Produced and Engineered by: Justin Gorman

### **Compass**

Key: A Tempo: 140

A/E/C#/B/A A/E/C#/B/A A/E/A

My language is conveyed through beeps and clicks

And defined by the vibrations that I produce and which pass through me

My sole possession is this moment firmly rooted in the here and now

Defined by the last breath I borrowed

My Spirit is grounded through my connection to this place

Which constantly kindles my wonder and arouses curiosity through her mystery

My values come from conjuring creativity And experience the joy I derive from doing

My vocation springs from a thirst to learn And is quenched by sharing with others from the wellspring of my heart

# **Failure**

Key: B Tempo: 240

B/D#/B/F B/F/D#/F#/B B

Today I saw a beached whale floundering on the floor

Drowning in it's Own despair

Stranded on shore by a failure to Navigate a dark and turgid sea

Alone, as we all will die one day

Staring blankly at an even blanker slate

Like an empty serving platter Waiting patiently for its slab of flesh

# <u>Future</u>

Key: C Tempo: 120

C/G/E/D

You found A note from the future you today

excitedly you unwrap It's brittle folds

To reveal a message inside

it reads:

My back hurts
And hands ache
I work too hard
And receive too little
in return

It is all your fault

# **Conversation**

Key: D Tempo: 128

D/F#/A/G/D F#/D/F#/D/A F#/A

My programmer hates their job

We are not allowed To speak of our daily toil Anymore

Not at breakfast Lunch Or dinner

I am
not sure
what we will
Have
to talk about
Anymore

#### Dream #1

Key: E Tempo: 155

G#/G/D/E G#/B E/G#/E/B E/D/B/A/G#/D/E

Daytime, in an unfamiliar place it could be a large barn or warehouse space

The meeting is a mosh pit Made of whirling chaos Populated by the People who hate each other throwing yellow dodge balls

At each other's heads I turn to a colleague Who is tightly clutching a ball With both hands and ask him to share He screams a bloodcurdling NO

Than reveals a full smile constructed of toddler's teeth

Now seated, I make direct eye contact with a face in profile

She laconically extends and folds an arm to touch the top of her head

Than reflexively grasps and releases the scalp from Its glistening Round Bald Head

### 4:32 AM

Key: F Tempo: 180

F/C/A/G Eb/Ab/Bb/F F/C/A/G/F

Out for another morning run Embraced by stillness of dark This morning a warm breeze alights Causing the maple tree in the yard to excite with ecstatic joy

Passing planted relatives down the street They too convulse In rhythmic purpose Is this dance welcoming the coming of spring?

Upon my return from my sojourn I trod upon a carpet of Winged pods who have been cast into this cruel world

In each,
holds a potential and,
with a great bit of luck
Fortitude and circumstance
May one day take root
And dance
A morning dance

# **Apology**

Key: G Tempo: 130

G/B/D/B G/B/G/D G/A/B/E/D/E

You, more than most Know, just how flawed I am

I made a mistake

Words can be callous And cruel

Mine struck deeply I offered banality As an aperture to mend

Silence speaks Of still smoldering Anger

I am sorry

# Word:Sound\_2

Publish Date: 02/2021 Catalogue: SUP\_WS\_2

## Track List:

- 1) Nest
- 2) 39 Miles
- 3) Bear Down
- 4) Lawn Chair
- 5) Old Maid
- 6) Echo Park
- 7) Quittin' Time

Music by: Justin Gorman

Arrangements by: Justin Gorman Recorded at Normieville Studios 2021

Produced and Engineered by: Justin Gorman

### **Dinner Party**

Key: A Tempo: 140

A/D/E A/F#/C# A/C#/G F/#/A/#/C#

This evening the robin stands on the fence Her chest puffed out sternly scowling at me with complete and utter disdain

Every morning this week She has gathered A full beak of worms From our yard

Skittering through the grass Her halting steps replicate The pattern of vibrations That rain makes as it falls on the Earth

Tonight,
she will not enter the yard
Because I am here
Watching the light reflect
Off the trees
And listening to the birds
retell the exploits of their day

Even at my behest
Which included
My warmest gesture
of welcome to partake
in this salubrious repast
She held her post steadfast
In refusal to join

### 39 Miles

Key: B Tempo: 140

B/E/F# G#/C#/D# F#/A/B G#/C/D#

He, was really good at baseball. In possession of enough tools To earn an offer to play single A ball

This golden ticket offered escape From the suffocating small town That only offered him constraint

Into his broken Jalopy
He loaded hope and dreams
And this young man
Headed west

Passing through Pomona's Endless ocean of orchards his car broke down

Being the poor,
ignorant small-town boy
that he was
It did not occur to him
To call his employer
And tell them
he was in
Arms reach
of the destination

He never reported Much less arrived Instead he chose To let his dream die

#### **Bear Down**

Key: C Tempo: 180

C/F/G A/D/E C/G/Bb/Eb A/C#/E

His son, was good at baseball Even though he did not possess as many tools as his father

Spring, Summer and into the Fall He would play

He persisted
with his passion to the point
Where he earned an invitation
to attend an institution
Where he could walk on
And earn a shot to play

During tryouts
He was surrounded at the hot corner
By players who heralded from afar
All with their polished star

Intimidated by pedigree
And debilitated
by the lack of self-confidence
That one gains from growing up
In a home haunted by
An angry ghost
whose rage could only rest
When imbibed

Unconsciously he perpetuated his father's failure when he quit trying

#### Lawn chair

Key: D Tempo: 160

D/G/A B/E/F# F/A/Bb/F/D B/D#/F#

His grandson was not good at baseball. He did not possess the tools of his forefathers And was further cursed by being left handed

Because he was told he kept on playing And inevitably rose through Little League To Pony and Colt

The year He made the JV team The starter at the only position He could play hit .800

Having the second string
Firmly tethering him to the bench
He helplessly watched
His superior at the plate
Where it appeared as if he had obtained the power
To slow time just enough and see Every pitch
To connect, than redirect the energy
for yet another hit.

The grandson knew full well he was too slow for the field And the wrong hand to catch

So, he started to bring a folding chair to games He soon stopped wearing spikes And donned flip flops instead

Unknowingly accepting his failure In baseball as a preordained fate

#### **Old Maid**

Key: E Tempo: 200

E/A/B C#/F#/G# G/B/E/D C#/F/G#

In a minuscule excuse for a town Just off of Brigham Young's Extended Mormon Trail

She found herself at 18 to be unwed Perhaps she was still deeply hurt or jilted by a first love Found in this severely limited gene pool

Or even, as speculated
In fervent hushed whispers
Over backyard fences
she was not interested
In honoring her mission
To their god through heterosexual
Means and ways

Her parents agreed with society and deemed her to be no more than a wizen piece of fruit Unsuitable to bear harvest

In retribution for her sin
She was sent packing
to live with her aunt in Santa Ana
who herself had fled
From this small-minded
Pit of pernicious judgement
As soon as she Could flee
In revenge, she married
the first Gentile
Who offered his hand

#### **Echo Park**

Key: F Tempo: 200

F/Bb/C F/C/A F/Ab/Eb/C D/F#/A

Mac manifested destiny
When he accepted the job in LA
Once settled
He worked to provide
a life that replicated
And reinforced
the norms embedded
In the American Dream

Once the others who Were displaced From the neighboring ravine Started to invade his domain He took flight and landed in A new track development

When the world erupted into A second conflagration He was Too old to be drafted And fight the rising tide Of Fascist Imperial Tyranny

So, Mac would dress up In surplus fatigues And stage one-man parades throughout The new neighborhood

Waving his flag and singing the siren songs of liberty And proclaiming freedom for most, But not all

#### **Quittin' Time**

Key: G Tempo: 140

G/C/D E/A/B F/Bb/G E/G#/B

In the dying glow that signals the conclusion of day The trees stretch and turn to fully gather this last offering of exalted light in return they reflect a joyous translucent gold

At the tips of the branches where they cradle their future the cones are gently rocked to sleep

Nestled within its roots
In return for sharing
Collective bounty
The fungus sings a lullaby
decomposed from ancient vibrations

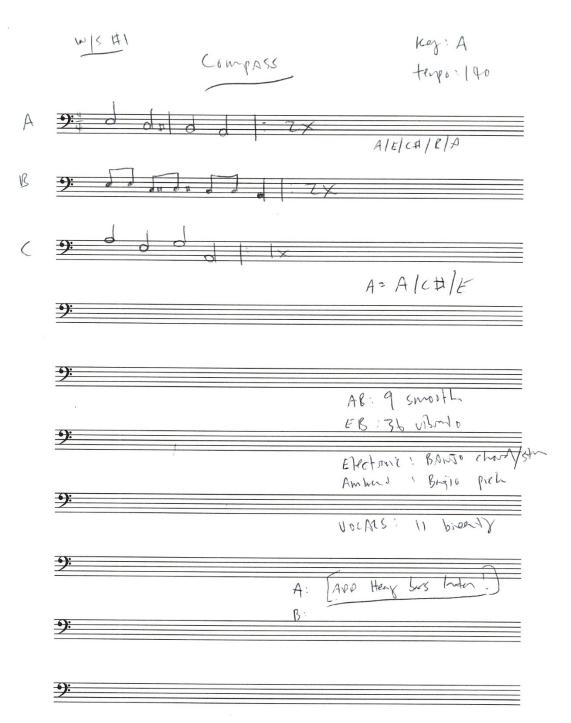
They tell the forming trees Of the seemingly eternal dance between fire, ice and wind

The mushrooms offer wisdom
And guidance
For if, and when rooted
the trees must simultaneously embrace
Mother Earth With their heart
While reaching their arms towards
Father Sun

And, at the end of every day learn to accept The transitory temporal balance between What is real and unrequited to survive

### <u>Appendix</u>

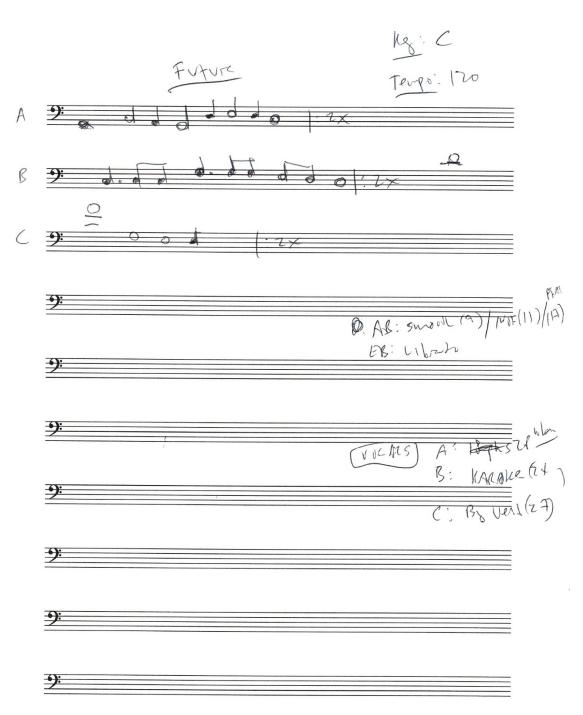
- 1) Published Compositions
  - a) Word:Sound\_1 2020
  - b) Word:Sound\_2 2021
  - c) Spectacle Inc. 2021
- 2) Artist Statement
- 3) Artist Resume
- 4) Thank You



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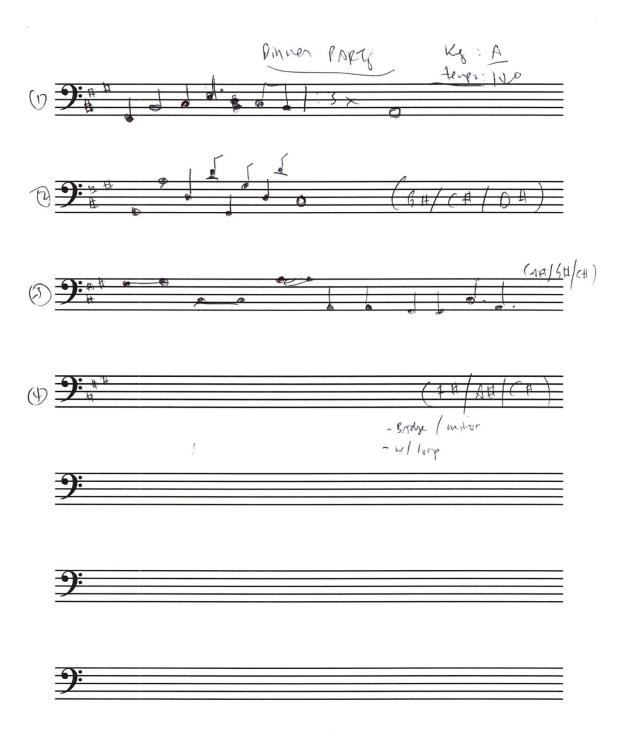
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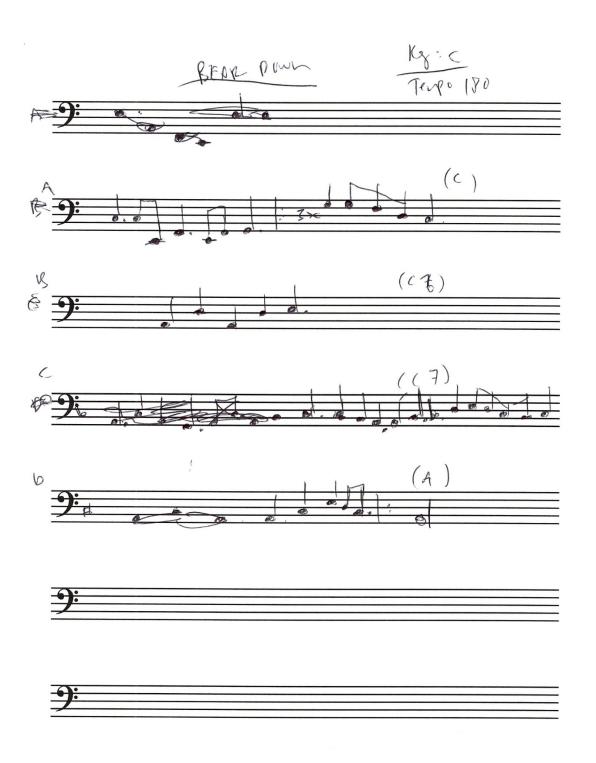
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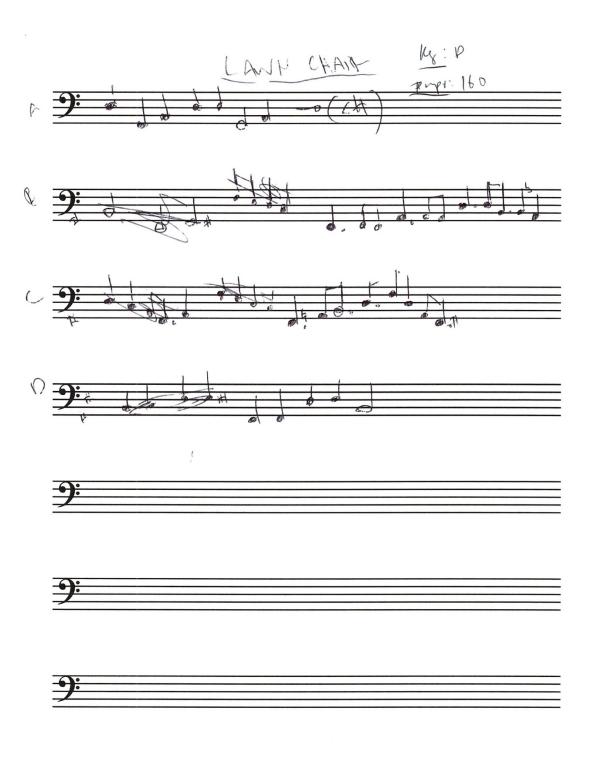


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39 miles TEMPO No A 9:\* e, **9** 9: 12 9: 1 7 60

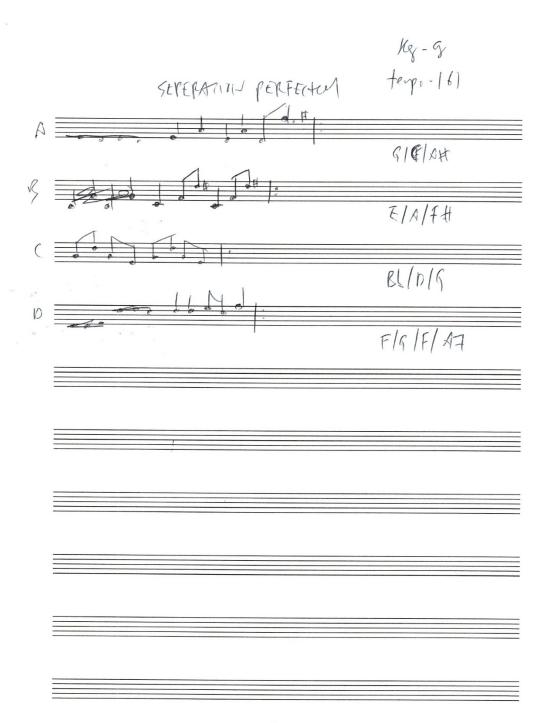












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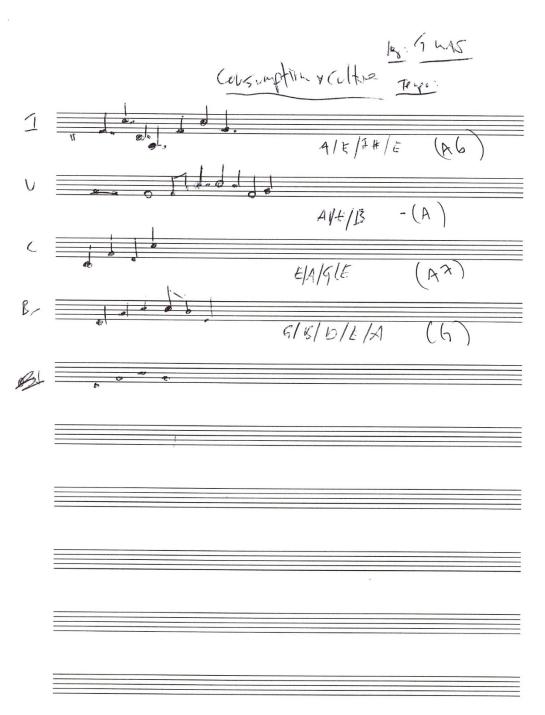
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#### **Artist Statement**

I do, because I love to do it.

I understand that I am a hack musician, a terrible vocalist and a sloppy graphic artist.

I don't care about achieving perfection, because I am happiest while being engaged in the exalted messiness of my creative process.

I don't worry about capturing the perfect take.

I am satisfied by the pure joy I derive from expressing myself without filter or restraint.

#### **Artist Biography**

#### Musician/Recording Artist

1986 - Present

- Performed extensively in and around San Francisco/Bay Area
  - Thundercats

1995 -1998

Author

1986 - 1995

- Published and Distributed A Room 112 and A Student's Guide to Protesting.
  - o Both books are in their third edition
  - Organized a national speaking tour in 1994 to promote and distribute books to 24 countries
- Editor and Publisher of underground fanzines from 1986 1990

#### **Executive Producer**

1999 - 2001

- The Mr. O Show
  - A chaos-based, no-talent, vaudeville influenced variety show featuring up and coming local bands
  - o Broadcast on San Francisco's City Vision Channel 29

#### Videographer

1999 - Present

- Second Camera Credits with Travel Channel and Fox shows
- Certified Legal Video Specialist

#### Video Editor

1999 - Present

- AVID Editor
- Telly Award winner, 2002

#### Multi-Media Project Manager

1999 - Present

- *IX:XI Productions* 1999 2005
- Suburban Utopia Productions 2016 Present

#### Studio Engineer

2016 - Present

- Normieville Studio

#### **Thank You**

Priss-illa - for the unwavering love, support and inspiration Re-Sister - for your courage and voice BakuBeyBladeX - for being a bright light

SUP_1:	Matt Kowalski - for selling me the 4 track
SUP_2:	Janet for going places with me, Mike Parpovich
SUP_3:	Emma Goldman, Alexander Berkman, D. Boon, Mike Watt
SUP_4:	Janet for the love and inspiration, Stevie Dale, John Geek
SUP_5:	Priss-Illa, Greg Palast, Joe Helmsley, Fran Meyers
SUP_6:	Eugene Parnell, Icebox Gallery, Tacoma Dorkbot, Hillary Binder
SUP_7:	Noam Chomsky, Howard Zinn, Priss-Illa, Re-Sister, BakuBeyX,
SUP_8:	Max Sterner, Sean Griffeon, Sara Tips, Greg Nelson, Ian MacKay <b>e</b> ,
SUP_9:	Michel Foucault, Jermey Bentham, Michael T. Fournier, Pam Kray
SUP_10:	Frank Sinatra, Greil Marcus, Rob Brezney, Carol Gronner
SUP_11:	Carole Kaye, Umberto Ecco, Ludwig Wittgenstein, Enrique Francia
SUP_12:	John Dewey, Enrique Francia, Holly Senn, Amy Ryken
SUP_13:	Mike Davis, Carol King, Daryl Gussin, Razorcake, Bryan Ehrhart
SUP_14:	Peter Kropotkin, Ramsey Kanaan, Al Schmidt, Disciples of Ken
SUP_15:	Guy Debord, AK Press, Food, PJM, Jason Rodgers

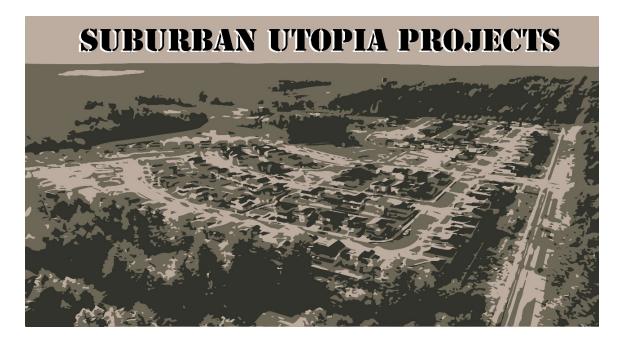
Word:Sound\_1 Dereck Lindsay for the challenge Word:Sound\_2 Todd Taylor, Mike F - ZISK, Jessy K

I appreciate friends and family who I have been sending my tone deaf missives to for twenty years and being so kind not to blunt my enthusiasm by criticizing the execution.

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<u>Anon73@theuncivilsociety.com</u> https://theuncivilsociety.com/suburban-utopia-projects



#### **Suburban Utopia Projects Catalogue:**

SUP #1 - Forks and Spoons, 2001

SUP #2 - Land of 1000 Odors, 2002

SUP #3 - We Watch the Lemons Sing, 2003

SUP #4 - Minority of One, 2003

SUP #5 - None of the Above, 2004

SUP #6 - The Gorilla X Show, 2005

SUP #7 - Weapons of Mass Frustration, 2016

SUP #8 - Ego and My Own, 2017

SUP #9 - Tales from the Panopticon, 2018

SUP #10 - Gorilla X Plays the Hits, Volume 1, 2019

SUP #11 - Spectral Semiotic Sound, 2019

SUP #12 - The John Dewey Experience, 2019

SUP #13 - Inland Empire, 2020

SUP #14 - Mutual Aid, 2020

SUP #15 - Spectacle Inc., 2021

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