

Sterling Travel



Winter Getaway in Panama

Tour Dates: January 29 - February 4, 2026

Tour Highlights

- 8 Meals: 6 breakfasts and 2 lunches
- Airport transfers on tour dates when air is provided by Mayflower Cruises & Tours
- Tour the UNESCO World Heritage Site of Casco Antiguo in Panama City
- Discover the operational marvel of the Panama Canal at the Miraflores Lock Visitor Center
- Taste two local specialties: Panamanian Geisha Coffee and rum
- Create your own chocolate bar
- Sail to the Pacific Ocean on a partial transit of the Panama Canal
- Relax during a three-night stay at a beach resort

DAY 1 USA / Panama City, Panama: Depart the USA on your flight to Panama City. Upon arrival, you'll be met by a Mayflower Cruises & Tours representative and transferred to your hotel. The remainder of the day is at leisure to relax and become acquainted with your new surroundings.

DAY 2 Panama City: The day is spent discovering the diversity of this amazing city. Visit the Miraflores Lock Visitor Center where an expert guide helps you experience the construction history of the canal. Breathtaking views of the 8th Wonder of the World await. A stroll through Casco Antiguo - the oldest section of Panama City and a UNESCO World Heritage Site, showcases the variety of architecture and rich history. Visit a chocolate lab to learn about the production of this product and make your own chocolate bar! A few more tastings are in store as you sample the Panamanian Geisha Coffee (one of the most expensive in the world), and another local favorite...rum! Lunch is included during the excursion. **Meals: B, L**

DAY 3 Panama Canal Cruise: Today may well be a highlight of your trip! Depart for the Gamboa area and embark a ship to begin the partial transit of the Panama Canal, narrated by a local expert. Cruise through the Gaillard Cut, cross under the Centennial Bridge and transit the Pedro Miguel Locks. Enjoy lunch onboard while experiencing the operation of the lock as you descend 30-feet in one step and reach Miraflores Lake. Enter the Miraflores Locks in the Pacific Ocean where you are lowered 60-feet in a two-step process. Sail on the Pacific Ocean, pass under the Bridge of the Americas and disembark at Amador Causeway in the Panama Bay. After an exciting day in the Panama Canal, return to the hotel by coach for an afternoon and evening at leisure. **Meals: B, L**



Enjoy a partial transit of the Panama Canal



Relax at the Playa Bonita beach resort

DAY 4 Panama City – Playa Bonita: Depart the city and journey by coach to La Playa Bonita beach area. Enjoy the next three nights in the relaxed atmosphere of the resort. **Meal: B**

DAY 5 Playa Bonita: Enjoy a full day at leisure, discovering all the amenities of the resort, or, join an optional excursion to the Embera Indigenous Village. Mix and mingle with these happy people, living in the rainforest, with no “modern conveniences”. See some of their cultural dances and explore the area’s abundant variety of birds and wildlife during a visit to the surroundings of the village. **Meal: B**

DAY 6 Playa Bonita: A final day of rest and relaxation on the beach or poolside is in store for today. **Meal: B**

DAY 7 Panama City / USA: After breakfast, it’s time to say goodbye to Panama as you return to the Tocumen International Airport for your flight home. **Meal: B**

Itinerary subject to change and order of events may vary.

Air itineraries may not be available until documents are received. Air seats are assigned by the airline for the entire group and may not be available until airport check-in. Seat changes can only be attempted at the airport and may not be possible. If specific seat assignments are vital to your reservation, we recommend booking air on your own rather than booking air with the group.

Departure Dates	Per Person Twin	Single Room add
January 29, 2026	\$3,274	+ \$1,049

Price shown includes land and round trip air from DEN.
Please call for rates from your city.

Deposit Amount: \$250 per person
Final Payment Due Date: October 29, 2025

HOTEL ACCOMMODATIONS

Days 1 through 3 – InterContinental Miramar, Panama City
Days 4 through 6 – Westin Playa Bonita, Playa Bonita

Optional “All Inclusive” Upgrade

“All Inclusive” upgrade available at the Westin Playa Bonita for an additional \$399 per person. The upgrade includes lunch and dinner daily (days 4 through 6), unlimited premium drinks and premium house wines (all served by the glass), taxes and tips. The upgrade is available on a per ‘room’ basis (both guests in the room must purchase it), and only to guests 18 years and older. Mini-bar items are not included in the “All Inclusive” option.

Optional Excursion*

Embera Indigenous Village: \$200 per person
*Note: minimum number of guests required to operate

Mayflower
CRUISES & TOURS

USTOA
United States Tour Operators Association

ETOA
European Tour Operators Association

NTA
National Tour Association

ATA
American Tour Association

FOR RESERVATIONS OR INFORMATION CONTACT:

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Travelers Protection Plan (TPP) – \$399 per person with Mayflower air

This nonrefundable fee waives all cancellation fees when we are notified of cancellation one day before the tour departs. If you must leave the tour early due to personal illness, illness or death of a member of your immediate family, TPP guarantees full refund for any unused services after the departure of the tour. Other benefits include medical expenses for illness and injury, emergency transportation, 24 hour hot line, and lost or stolen baggage assistance. Return air transportation is included ONLY if your air tickets were provided by Mayflower Cruises & Tours. If you purchase the optional Travelers Protection Plan (TPP), you will be refunded all payments, including deposit amount, less the TPP premium amount.

Cancellation Charges Without Traveler’s Protection Plan (TPP)

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| • 91 days or more | Deposit Amount |
| • 90 to 45 days prior | 20% of tour cost |
| • 44 to 15 day prior | 30% of tour cost |
| • 14 to 1 day prior | 50% of tour cost |
| • Day 1 of departure | 100% of tour cost |
| or early departure from tour | |
| • No refund on unused portions of the tour | |

TOUR ACTIVITY LEVEL



Exclusions: Mayflower Cruises & Tours reserves the right to alter its refund and cancellation policy when a substantial amount of cancellation or postponement of travel is attributable to: conditions resulting from an act of God, natural or man-made disaster, fire, government action, civil disorder, war, hostilities between nations, or unavailability of transportation through no fault of Mayflower Cruises & Tours.

Revised: 1-9-2025