

Luke 12:1-2

Beware of the Leaven of the Pharisees - In the meantime, when so many thousands of the people had gathered together that they were trampling one another, he began to say to his disciples first, "Beware of the leven of the Pharisees, which is hypocrisy. Nothing is covered up that will not be revealed or hidden that will not be known.

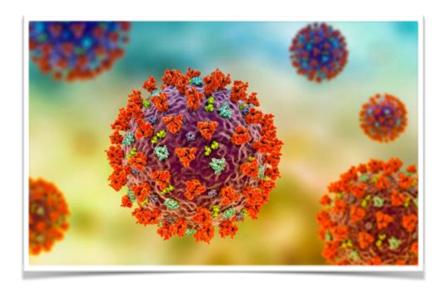
Zechariah 8:14-17

The Coming of Peace and Prosperity - For thus says the LORD of hosts: "As I purposed to bring disaster to you when your fathers provoked me to wrath, and I did not relent, says the LORD of hosts, so again have I purposed in these days to bring good to Jerusalum and to the house of judah; fear not. These are the things that you shall do: Speak the truth to one another; render in your gates judgments that are true and make for peace; do not devise evil in your hearts against one another, and love no false oath, for all these things I hate, declares the LORD."

Spike Proteins: The Real Invisible Killer

How many times over the last year and a half, have you heard the term "spike protein"? Gee, that sounds pretty intimidating, but what the hell is a spike protein and what does it do? One of the practitioners that I have followed has a wonderful way of explaining how a spike

protein works, but I will attempt to speak in simpler terms. As a nurse, I have had countless interactions with families and patients after the doctor went into their room to share information. I stand quietly while the physician uses all of his/her twenty-dollar words expecting that everyone is following the line of thought, while watching the perverbial deer-in-the-headlights look on peoples' faces. Most people don't ask questions because in the presence of someone whom they consider to be an authority figure, they don't want to appear uneducated or to ask a



"stupid question". Once I escorted the doctor back out of the room and clarify any last orders or instructions to be carried out, I would always go back into the room to find the bewildered patient and/or their family discussing what they thought they heard. I would always offer another, simplified version of the information to improve understanding using the five-dollar words, and make myself available for clarification. This is what I will do here.



Reality Check!

- Masks do NOT protect you from a virus, much less a bandana, scarf or other homemade face diaper
- Medical professionals are trained and KNOW that these masks are ineffective against a viral pathogen and are trained to wear specialized equipment yearly

	FINDING	
Mask; Mask + Hand hygiene; control	Significant reduction in ILI during weeks 4–6 in mask and hand hygiene group compared to control; No significant reduction in ILI in mask and hand group or mask-only group or control	
Mask; Mask + Hand hygiene; control	No significant reduction in rates of laboratory- confirmed influenza in mask and hand group or mask-only group or control group	
Mask; control	No significant difference in laboratory- confirmed influenza in two arms; protective effect against syndromic ILI compared to controls (31% versus 53%, p = 0.04)	
Mask; Hand hygiene; control	No significant reduction in the secondary influenza attack rate in control, mask or hand group	
Mask; Mask + Hand hygiene; control	No significant difference in rates of laboratory- confirmed influenza in hand-only or mask and hand group	
Mask + Hand hygiene; Hand hygiene; control	No significant reduction in rates of laboratory- confirmed influenza in control, hand, mask or hand group	

* Numerous SCIENTIFIC studies have proved that masks have no significant control in rates of infection.

What is a spike protein?

In a word, a spike protein is like a **skeleton key**. The spike protein lives on the surface of the virus and that is what comes in contact with our cells. When a thief wants to pick a lock, he brings a skeleton key (or tool)



to pick the lock. The lock that the spike protein is trying to pick, is on the door to your cells. Once the lock is picked by the key, the door opens and the virus carrying the key can go inside to loot the cell and cause havoc.

Why happens when the spike protein enters the cell?

Once the lock is picked the virus can enter the cell and infect it. This will cause your body under normal circumstances to launch an immune response to attack, kill and remove the infected cell. The degree to which we experience illness depends upon the number of cells that are infected, the amount of damage the virus

is causing (often known as virulence) and the strength of the immune response mounted by your body. Often times we do not experience symptoms of illness until enough cells are infected which will initiate the cascade of inflammation that is typical when any injury occurs within our body. This inflammatory response causes a rush of white blood cells (WBCs) with different jobs to rush into the affected area causing swelling. Think of when your toddler bumped their head, how quickly did the goose egg develop? This prompt reaction of your body destroys the affected cells and then

sends the clean up crew to break it down to be removed by the body. When the immune system is functioning suboptimally, the

response is not as strong and illness can be prolonged and perhaps begin to take a toll on organ systems that are used in trying to mediate the attack.





In a worst case scenario, the overwhelming infection can lead to what is called septic shock (overwhelmong infection in the bloodstream) causing organ dysfunction and ultimately organ failure and possible death.

What cells does the spike protein attack?

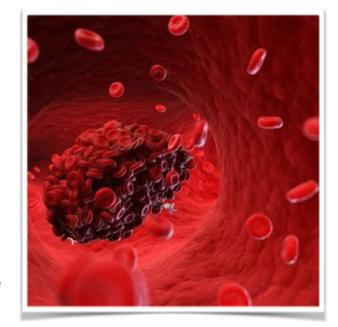
The Covid-19 spike protein "key", (if it truly exists at all as it has never been islolated in any laboratory worldwide...the invisible enemy) is **DESIGNED** to unlock the door known as ACE2 (angiotensin convertin enzyme) and binds to its' receptors. Look at it this way, imagine the childs' toy that has all the holes for the different shapes. Each shape on the ball is a receptor but they're all the same shape, lets say a star. The Covid-19 virus spike protein is also the shape of the star. So the

virus fits into the star-shaped hole and fills up all the holes so that they're not able to receive the stars it usually accepts to perform its' usual function. When this occurs, the ACE2 then becomes ineffective and unable to do it's job.

What is ACE2? ACE2 is an enzyme that lives in the vascular endothelial (inner lining of vessels) of the heart, kidneys, lungs, gut and testes. It's job is to regulate blood pressure, wound healing and inflammation. It's kind of like the princess hanging out the window of the tower and the spike protein climbs up the tower to the princess, allowing the spike protein into the cell to go about the business of

replicating itself in the machinery of the cell, creating more and more spike proteins. Because these spike proteins are not supposed to be there and are seen as a foreign invader on the inside of the vessels, the clotting cascade begins in defense.....you guessed it, creating blood clots. This is your body's natural blood defense to a foreign presence. Where does ACE2 exist again? **Inside the blood vessels of the HEART, LUNGS, KIDNEYS, GUTAND TESTES.** And what happens again? **The blood clots inside these vital organs and these formed blood clots can then travel to other organs, including the brain causing organ dysfunction and yes, strokes in the brain.**

Blood clots moving around the body is a very bad thing. This is often the cause of heart attack when a clot travels to the arteries of the heart, blocks blood flow and starves the muscle of oxygen and can result in sudden death. A blood



clot travels to the brain and depending upon which artery it is clogging, leads to symptoms of stroke that may include impaired speech or understanding, loss of use of one side of the body, decreased level of consiousness, or a number of other catastrophic and usually life-ending effects. Blood clots can block the flow of oxygen-rich blood to ANY organ downstream, causing almost immediate tissue damage due to lack of oxygenated blood flow, often resulting in end organ failure.

I won't go into Disemminated Intravascular Coagulation (DIC) too much here, but needless to say, an overwhelming clotting cascade can quickly backfire, and DIC is a condition in which blood clots are formed all over the place and can get stuck anywhere. Reports all over the world of weird episodes of bruising and deep vein thrombosis (DVT) are quite prevalent at this point since the "vaccine" NOT A VACCINE, was introduced and this is likely direct evidence of DIC.

That sounds scary, why wouldn't I get a "vaccine" then?

IT IS NOT A VACCINE!!!

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I cannot stress this enough, obviously. As an otherwise, fully vaccinated health care professional who understands the value of research and knows that those twenty-dollar words we talked about earlier would confuse most of us, I will assure you once again. It is not a vaccine. Take a moment and review the Q&A to the right of this paragraph.

Are you aware that there is a voluntary reporting system in the United States called the Vaccine Adverse Event Reporting System (VAERS)? Are you aware that there is another reporting system in the United Kingdom called the Yellow Card system? Of coarse you

Vaccine Q&A			
	Facts to help you make a decision	YES	NO
1.	Are the mRNA vaccines experimental?	V	
2.	Have they been safety tested on animals?		
3.	Have they been subject to medium or long term safety testing on humans?		-
4.	Are the effects of the vaccines reversible?		N/I
5.	Will the vaccines stop me getting COVID?		V
6.	Will the vaccines stop me spreading COVID?	$\overline{}$	
7.	Will the vaccines allow me to stop wearing a mask?	Ħ	o
8.	Do the vaccines contain genetically modified organisms (GMOs)?	□ √	
9.	Do the Astra-Zeneka & Johnson & Johnson vaccines contain aborted human or monkey cells?	V	
10.	Do doctors have concerns about the mRNA vaccine's long term effect on fertility ?	\checkmark	
11.	Is there is risk of auto immune disease , strokes, seizures, convulsions or other side effects?	A	
12.	Have the vaccines caused any deaths or injuries?	V	
13.	Are the vaccine manufacturers liable for injuries or deaths caused by the vaccines?		\checkmark
14.	Are there doctors and scientists recommending people NOT to take it?	\checkmark	

probably aren't unless you've either been in the medical profession (which I had only heard of in passing once long ago and certainly have never made a report to or been encouraged to report an event since passing my RN exam) or you're watching alternative news. What's more is they make it so very complicated to search the information for the appropriate data, that even professionals will give up in frustration. That being said, we already know from previous events like the SARS virus outbreak and Ebola outbreak that only an estimated 1-10% of adverse events are ever reported to this system in the United States. Consider this for one moment. The system is difficult to use, not required to be used to report by health care providers, is voluntary only, and only demonstrates 1-10% of actual events. One

would imagine that the data found in this database, even at the generous estimate of 10%, is a small fraction of what is actually happening, much less what injuries or deaths have been deemed due to other causes as part of a cover up. Let me interject a little experience here.

When the Covid-19 pandemic was just gearing up in the U.S. in early March 2020, my husband was one of the first to know. His company called him to ask if he would be willing to take a plane to pick up some of the cruise ship passengers that were being quarantined due to the outbreak of Covid-19 on the ship. The government was offering his company's pilots \$15,000 to do this one flight. My first thought was "make the military take a C-130 over there, not a 9 seat small jet". At the time, we didn't know much as information was only just coming out about it, but it wasn't worth the risk for any amount of money. We discussed it and I told him "absolutely not, we don't know what this thing is yet". As time progressed, I was glued to white house briefings and all the fear-porn the news was peddling. I have severe iron deficiency anemia (reduces oxygen carrying capacity of the red blood cells that caused me to have dizziness, shortness of breath with minimal activity, etc) and as someone who worked in ICUs my entire carreer, I thought my oxygen reserve would be so bad if I got this virus, I would end up dying on a ventilator...alone.

I was terrified, and as such, my husband was terrified to bring it home to me. So we made a plan to have him strip in the garage, immediately throw everything in the washer from his suitcase, and that he would live upstairs away from me and not touch anything in the house...to protect me. I remember leaving delivery packages at the door for 3 days before daring to touch them. I made homemade masks for my entire family and sent them in the mail. I even wiped all my groceries down with Lysol wipes and with big rubber gloves on. They got me too. I fell for it! But as time went on and the "two weeks to stop the spread" came and went, things stopped making any sense. Thus the research began, day and night, 1-2

> Virol J. 2005 Aug 22;2:69. doi: 10.1186/1743-422X-2-69. Chloroquine is a potent inhibitor of SARS coronavirus infection and spread Martin J Vincent ¹, Eric Bergeron, Suzanne Benjannet, Bobbie R Erickson, Pierre E Rollin, Thomas G Ksiazek, Nabil G Seidah, Stuart T Nichol Affiliations + expand PMID: 16115318 PMCID: PMC1232869 DOI: 10.1186/1743-422X-2-69 Free PMC article Background: Severe acute respiratory syndrome (SARS) is caused by a newly discovered coronavirus (SARS-CoV). No effective prophylactic or post-exposure therapy is currently available. Results: We report, however, that chloroquine has strong antiviral effects on SARS-CoV infection of primate cells. These inhibitory effects are observed when the cells are treated with the drug either before or after exposure to the virus, suggesting both prophylactic and therapeutic advantage. In addition to the well-known functions of chloroquine such as elevations of endosomal pH, the drug appears to interfere with terminal glycosylation of the cellular receptor, angiotensin-converting enzyme 2. This may negatively influence the virus-receptor binding and abrogate the infection, with further ramifications by the elevation of vesicular pH, resulting in the inhibition of infection and spread of SARS CoV at clinically admissible concentrations. Conclusion: Chloroquine is effective in preventing the spread of SARS CoV in cell culture. Favorable inhibition of virus spread was observed when the cells were either treated with chloroquine prior to or after SARS CoV infection. In addition, the indirect immunofluorescence assay described herein represents a simple and rapid method for screening SARS-CoV antiviral compounds.

hours of sleep per night for weeks. My conclusion, they were lying to all of us.

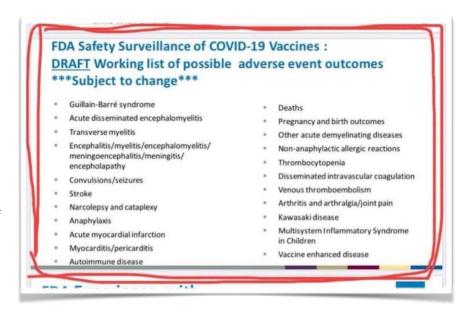
Let me tell you, that was a huge lesson in humility and the destruction of the ego. I was a nurse for 15 years. I worked in critical care hospitals. I saved lives, yet I fell for it too because they programmed me to STOP thinking and just rely on the CDC and hospital administrators to do the thinking and dictating. As the weeks ensued, I was seeing more and more evidence that the truth was being hidden. Hydroxychloraquine and Ivermectin were being forbidden by hospital administrators and those who defied them were fired or their license to practice stripped from them. Why? What could possibly motivate administrators to take such drastic action? Simple....money. The first Covid bill passed in Congress incentivized hospitals to fuel the pandemic death count. If a patient was admitted with a diagnosis, they got \$XX,XXX. If they reported a

death due to Covid, they got \$XXX,XXX. This is not a joke, that's the correct number of X's over there, this is true and this is what happened.

So as I continued to work in the ICUs in the local hospitals, I watched as they isolated "Covid positive" patients. I watched as they kept families from being at the bedside as they died...alone because doctors were being told to do the exact opposite of what should have been done to help them. I watched them label deaths that were blatently and obviously death due to a different cause, such as a crushed head from a motorcycle accident, as a Covid death because he had a positive PCR test, all to inflate the numbers. Well, we all know now that the tests themselves were flawed, inaccurate and never intended for diagnosis of such a disease. The inventor of the PCR test himself, Dr. Keri Mullins made several videos that I saw in those early days, telling the public that the PCR test should not be used to diagnose Covid, and that the laboratories were cycling the tests too high which was creating 80-97% false positives. Let me say that again....80-97% FALSE POSITIVES. Dr Mullins died last June 2020 after speaking out, supposedly of a heart attack.

Needless to say it has been difficult to watch this unfold and work with people who will not speak up when they must know the truth, if I do, they MUST!! But the power of the programming, the threats to livelihoods and the cash incentives was just too much for them to overcome.

Well, I am here to tell you that I myself have searched the VAERS system and witnessed it with my own eyes, as I would encourage all of you to do as well so you don't have to take my word for it. To date, there have been over 4,000 reported deaths in VAERS alone. If that is only a generous 10% of the truth, that means that possibly 40,000 people have died from the "vaccine" since the late December 2020 roll out. In the UK's Yellow Card system, over 10,000 deaths have been reported, which means 100,000 deaths. Keeping in mind that this does not reflect the



hundreds of thousands of reports of blood clots, strokes, heart attacks, myocarditis (enlarged and failing heart), seizures, neurological effects like full body convulsions, and blindness, not to mention other debilitating conditions. And this is just two countries!!

So I ask you. Are you willing to take the risk? Are you willing to take that risk with your child? The decision is yours and as I said before, there is no judgement here. But now that you know, what can you do about it. Keep reading.

So I realize I went a bit off topic from what was promised, but this newsletter is going to be organic in nature as the energy flows. The next Newsletter will be about the "vaccines" themselves but I wanted to be sure to provide you with some protocols you can look into trying if either you were vaccinated, you have a loved one who was and is regretful or open to trying some detoxification, or if you have even just been around the vaxxed people that may be transmissing the spike proteins to those of us who have chosen not to be jabbed.

Detoxification Protocols to Get You Started

These are protocols I am sharing privately with all of you from a resource I trust. All I ask is that you DO NOT post these on social media or any video platforms to respect the original author(s) who made this request. You may share it in private email to whomever may benefit, but please respect this request otherwise.

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These protocols should get you started. More to come.

Pine Needle Tea as an Antidote to DNA-Damaging Spike Protein Transmission

Front line doctors and medical experts have come forward and revealed that transmission from those who have taken "the shot" is happening at a rapid rate without skin to skin contact. The shot is being called an experimental bioweapon as it produces a synthetic spike protein from the pathogen they were injected with. ALL of the "serums" (shots) create these DNA-damaging spike proteins.

Note - Frontline doctors use the term "serum" since, evidently, the way to avoid taking the jab is to say, "I am allergic to the serum".

Side effects of the spike protein contagion

- massive headaches
- micro-clots and sudden bruising throughout the body
- exceptionally heavy menstrual cycles among both the young and post-menopausal
- miscarriages
- reduction in breast milk
- sterility among both women and men
- household pets dying shortly after the owners get the serum.

Those who maintain high levels of health are not affected by either the serum nor the transference contagion. Their immune system seems to be warding off side effects at this point. However, come winter when the spike protein in their bodies will be challenged with new pathogens, we will all discover our true levels of health.

Suramin - the Antidote to the Contagion

Suramin, which comes from **Pine needles**, has inhibitory effects against components of the coagulation cascade and against the inappropriate replication and modification of RNA and DNA. Excessive coagulation causes blood clots, mini-clots, strokes, and unusually heavy menstrual cycles.

There is a direct relationship between Suramin (the isolated extract), pine needle tea (a hot water extract of the pine, fir, cedar, and spruce needles), and pine oil (which is derived from the needles though an essential oil steam distillation process). While Suramin has been proven to be effective, it is far better to use pine the way nature created it – as a whole herb. There are many other benefits that can be derived from the whole herb that will be missing from the isolated chemical.

Star Anise (licorice flavor) has a higher level of suramin and is packed with antioxidants to help eliminate free radicals in the body. It is rich in B-complex vitamins and vitamin C to improve immune fuction and is a source of minerals such as iron, potassium and calcium and supports digestiive health.

Making Pine Needle/Star Anise Tea

• Recipe. Use 1-3 tablespoons of needles/star anise (whole) per cup of near boiling water. This is a maintenance health-building dose. Stronger amounts of needles to water can be used therapeutically. If it feels too acidic (due to the vitamin C), moderate the quantity, and complement the tea with alkalizing food and dark green herbs or sea vegetables. For a strong immune booster use a combination of pine, cedar, and spruce needles. Bring the water to a boil and deposit the needles into the hot water. Remove it from the heat, and immediately cover the pan. Steep 15-20 minutes. Keep the lid on while it brews and that will trap the essential oils inside the water and prevents them from evaporating out.

Use distilled water or highly purified water, like the Alexapure (available at www.patrioticstrong.com). Do NOT use tap water.

• Dosage. The dosage for normal health maintenance is 3 glasses per day, but since we are being hit with bioweapons, it would be advisable to double your intake to 6 glasses per day. You may want to alternate between the lighter pine needle tea and the stronger immunity boosting tea. If you have a strong detox reaction, lower your consumption, then build up to this dosage to avoid a strong Herxheimer (toxic overload) reaction.

Homemade HCQ (quinine)

What Is Quinine?

Quinine is one of the oldest and best natural treatments for malaria. The Jesuit missionaries discovered the antimalarial properties of quinine in the 17th century and prepared the drug, which was then called the "bark of the Jesuits." Studies have shown that its successor chloroquine, respectively hydroxychloroquine is amazing against coronaviruses, SARS, and other respiratory distress conditions. More and more new studies show that hydroxychloroquine together with zinc sulfate and azythromicin is the most effective treatment against COVID-19. The evidence continues to add up.

Studies are nowcoming out to show HCQ being effective treating other diseases and even cancer. Quinine has many uses and applications. It is analgesic, anesthetic, anti-arrhythmic, antibacterial, antimalarial, antiparasitic, antiviral, antispasmodic, antimicrobial, antipyretic, antiseptic, astringent, bactericide, cytotoxic, febrifuge, fungicide, insecticide, nervine, and a stomach tonic.

Today, doctors also prescribe it for conditions like rheumatoid arthritis and lupus. It has also been used for the SARS-associated coronavirus epidemic in 2003, according to a French study. So it's not news that it works for coronaviruses.

After being used for ages to treat malaria, some of the parasites causing malaria have developed a resistance to it. Hence, doctors created a milder version, that we know as hydroxychloroquine.

What we know for sure is that patients with COVID-19 suffer from prolonged and progressive hypoxia. This happens when the body is starved of oxygen due to low O2 in the bloodstream. Lungs don't get enough oxygen, and the same happens to the rest of the body, thus organ failure is a common cause of death in COVID-19.

Why is this actually happening?

A good explanation that we found here is that the glycoproteins in COVID-19 attach to the proteins in the hemoglobin (responsible to carry oxygen through the bloodstream) called "hemes". Hemes carry a special kind of iron ion through the bloodstream, which is normally quite toxic in its free form. When the virus binds to the hemes, it forces them to release this toxic oxidative iron ion into the bloodstream.

Two things happen: hemoglobin can no longer carry oxygen because they lack the vital ion iron to do so. Second, the released iron ion is highly reactive and causes oxidative damage in the body. Last, the overwhelmed liver doesn't know how to cope with the situation and releases an enzyme called alanine aminotransferase ALT. At this stage, the patient needs a whole lot of oxygen, just to keep the organs continue working, thus the needed ventilators.

But we now know that ventilators don't work for COVID-19. What actually works is hydroxychloroquine with zinc sulfate and azythromicin (Zithromax).

Before chloroquine and hydroxychloroquine were even synthesized in labs, doctors used natural extracts to treat malaria. Most of the natural alternatives to hydroxychloroquine below have no negative interaction with chloroquine and hydroxychloroquine, according to studies. In addition, they have little to no side-effects if used according to a medical prescription.

The most notable natural alternatives to hydroxychloroquine are: quinine artemisinin quassin arteflene

you feel a cold coming on or simply don't feel good, or want to detox your pineal gland, make your own quinine or use these other sources below.

You can make it yourself easily, and it's also available at the local grocery and liquor stores in the form of tonic water. Note: Schweppes tonic water usually is sweetened with high fructose corn syrup or some other toxic sweetener. Do not use this.

The Best Natural Sources of Quinine

1. Cinchona Tree (Jesuit's Bark) Extract

Quinine is a natural extract from the Cinchona trees family. The bark of this tree one of the highest natural sources of quinine in the world. The quinine tree (Chinchona succiruba) is native to South America and can reach heights of over 20 meters. It has long, elliptical leaves, reddish on the inside, and bright pink flowers. The outer layer of the bark is brown-gray, and the inner layer is reddish-brown. For therapeutic purposes, the bark is harvested in autumn, from quinine trees that are at least 6 years old. Once dried, the bark is ground and used in the preparation of tinctures, dry extracts, decoctions, and medicinal wine. The quinine extract is also used in the industry of alcoholic beverages (bitters) and soft drinks (tonic water). So when you think quinine, think bitter. This is one of the highest natural sources of quinine out there.

2. Grapefruit

Grapefruit contains quinine-like substances, which in turnare effective in treating malaria. Make it even more powerful by adding fresh ginger to the mix and turmeric powder. This grapefruit juice is not only a great barrier against viruses but an immune system booster against any disease. Have plenty of grapefruits and fresh grapefruit juice on a daily basis.

Homemade Grapefruit Quinine Recipe

- I. Take the rind of 2-3 grapefruits and 2-3 lemons (optional). Don't use the white part, just the rind. You can use a vegetable peeler and quickly get the rind off the fruit.
- 2. Cover the rinds with 1.5 quarts of water preferably distilled, and if not then a high-quality filtered water with no fluoride. Do not use tap water. If possible, use a glass pot.
- 3. Cover the pot with a tight-fitting lid and let simmer for about 2 hours. Wait for it to cool before you remove the lid so that none of the vital oils escape with the steam.
- 4. If desired, sweeten the tea with stevia or a bit of raw honey (do not use the honey bear kind you find in the grocery store.)

Dosage

• **For Detox:** Take 2 teaspoons every 2 hours for detoxification of your glands (pineal, thymus, etc.). Take for 30 days.

• For illness: Take 2 tablespoons every 4 hours; this will help bring phlegm from the lungs your symptoms are acute. Take for about 4 to 5 days or until you are feeling better.

Taking zinc with quinine propels the quinine into your cells for a much faster healing. (DMSO also does this and helps to heal the DNA.) If you use the kind of zinc tablets that you dissolve on your tongue, you'll know when you have enough when the taste becomes metallic.

• **For Pets:** You can give the liquid to your pets, too, adjusted for their body weight. You may need to use a syringe or dropper.

3. Sweet Wormwood (Artemisia annua)

This simple herb has been used for centuries in Chinese medicine as a treatment for malaria. According to some scientific research, artemisinin has a higher chemotherapeutic index than chloroquine and is effective in chloroquine-resistant strains of human malaria. Artemisinin, also known as qinghaosu, is an antimalarial compound, that although is not a direct natural alternative to hydroxychloroquine or chloroquine, fights the same cause. In addition, it is particularly active against chloroquine-resistant P. falciparum, the parasite that causes malaria in humans.

The aforementioned scientific paper revealed that artemisinin and its two derivatives have been used clinically for the treatment of cerebral malaria in areas where chloroquine resistance was endemic and the cure rate was greater than 90%. In addition, sweet wormwood fights viral loads and can reduce cellular immune depression caused by excess cortisol. In other words, it helps the body cells stay strong when we're going through very stressful situations, such as the COVID-19 epidemics. Purchase option.

4. Remijia Bark (Ciliosemina pedunculata)

It is a flowering shrub native to Peru, Colombia and Brazil, a cheaper version of quinine compared to Cinchona bark. Due to the high quinine and quinidine alkaloids it contains, Remija's bark is used to make tonic water and beverages. It is, as you may assume, bitter and astringent in taste. This plant is an effective treatment for fevers and is especially used as a treatment and preventative of malaria. It is a common herbal treatment for malaria, cold and influenza, sore throat as well a other conditions such as neuralgia, muscle cramps, and cardiac fibrillation. Remijia bark could be a natural alternative to hydroxychloroquine.

5. Macassar fruits (Brucea javanica)

This medicinal plant is an ancient treatment for malaria fever in the South-Eastern parts of Asia. Recent studies revealed that the biochemical compounds in this plant, namely the alkaloids, flavonoids, and phenolsin its fruits and the alkaloids, phenols, and saponins in its roots are highly effective against malaria. Other studies have revealed that the use of this extract doesn't interfere with the antiplasmodial activity of chloroquine and quinine. Moreover, doctors use it to delay the onset of chloroquine-resistant malaria. It is not a natural alternative to hydroxychloroquine or chloroquine per se, but it has the same therapeutic action and fights chloroquine-resistant malaria. Purchase option.

6. Guduchi (Tinospora cordifolia)

Guduchi, commonly known as heart-leaved moonseed, is an Ayurvedic medicine for malaria, with immunomodulatory properties just like chloroquine and hydroxychloroquine. Guduchi is a common alternative treatment for intermittent fevers due to dengue and malaria. A 2011 study compared the efficiency of a natural Ayurvedic medicine made with guduchi and ginger with hydroxychloroquine sulfate, for the treatment of rheumatoid arthritis (RA). The conclusion was that guduchi with ginger has similar effects in controlling active RA, just like hydroxychloroquine sulfate, but no side-effects. Purchase option.

7. Ylang Ylang (Cananga odorata & Artabotrys hexapetalus)

Another highly effective malarial drug is the semi-synthetic extract from the Ylang Ylang plant, know as arteflene. This compound actually has suppressive and prophylactic properties, similar to chloroquine and superior to artemisinin. According to a 1994 study, it has low acute toxicity when taken orally or in subcutaneous administration. In Java and Vietnam, the dried flowers of C. odorata are used to treat malaria and malaria-like symptoms. Native healers of The Northern Mariana Islands use the flowers and bark of this beautifully scented flowering shrub to treat pneumonia and stomach pains. Indians use the Ylang Ylang bark decoctions to treat rheumatism, phlegm, ophthalmia, ulcers, and fevers.

8. Tree of Heaven (Ailanthus altissima)

The seeds of this tree contain an active compounds, similar to hydroxychloroquine in its action against malaria. We are talking about quassin, one of the most bitter substances found in nature. Quassin is a very common ingredient in soft tonic drinks.

According to a 2003 study, quassin is highly effective against both chloroquine-resistant and chloroquine-sensitive strains of Plasmodium falciparum (the parasite that causes malaria) in vitro. There are other trees from the Simaroubaceae family, that have high levels of quassinoids. Simba Cedron is one of them. Due to its high levels of quassinoids, this tree's extract is used to treat malaria, as an alternative to chloroquine. Purchase option.

Other Foods, Herbs, and Spices That Naturally Fight Malaria

Here are other foods, herbs, and spices that naturally fight malaria and can possibly prevent coronavirus COVID-19; it seems that most all fruits contain some quinine:

- Kumquats and it looks like kumquats also help reset the DNA!
- Lemon
- Orange (low levels)
- Cherry (low levels)

Avoid oily, fatty, ready meals, junk foods or deep fried foods and try to eat as many fresh fruits and veggies as possible.

Quinine-like compounds - Google Answersanswers.google.com > answers > threadview

Please share this with those in need to help reduce fear and allow them to see that the one true living God of all Creation in all of His Glory, provides us with all that we need.

Sources:

https://www.mynaturaltreatment.com/3-highest-natural-sources-of-quinine/

https://www.mynaturaltreatment.com/natural-alternatives-to-hydroxychloroquine/https://godskingdom.org/blog/2020/08/homemade-hcq-quinine
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Meet Daisy

Daisy is named Daisy because in her youth, she had a yellow head and a white body, which reminded me of well.....a daisy.

Just like me, she had a little change in color when she got older, so we comisserate together while sittin' on the porch. She also is the one who pecks the hardest when she is hand fed and likes to sneak up behind me and peck my clothes and toes.



Special thanks to Gene Decode and his team for these protocols and additional information.

Please contact me if you need help with these protocols.



Your Creator is calling out to you. Speak to Him and ask for guidance. Then listen for His answer.

God bless you in health and healing.